Miguel Fernandes - POR

Gender: Male
Athlete Year of Birth: 1992
Athlete Place of Birth: Lisbon
Athlete Weight: 62kg
Athlete Height: 179cm
Website: http://www.miguelfernandes.net
Current WTS Ranking: No Ranking

Athlete Biography

I first started training for triathlon in 2007. I loved the three sports on their own, and thought it would be nice if I could do them all in only one race! My family, who are always there to support me, have had a big influence on my sporting career.

I currently train in Lisbon, and during a typical training week I do 12 hours of swimming, 10 hours of cycling, and six hours of running. My personal best swim time over 1500 is 17:50, and run over 10km is 32:52. My favorite ITU race has been Hamburg, because of the big crowds…it's a great race to watch, and would be even better if I got the chance to compete there! My triathlon goals are to get a good result at YOG, and to try to qualify for the Games in 2016.

Athlete Sponsors: Scott, Outisde Bikestore, Aquaman

Athlete Language: Portuguese, English , French

Athlete Tri Entry Year: 2007

Athlete Education: High school

Athlete Hobbies: School, hanging out with friends

Athlete Proudest Moment: My proudest moment within triathlon has been representing my country for the first time at the Pulpi Youth Triathlon European Champs.

Athlete Coach: Bruno Salvador and Filipe Coelho

Major Games Results

Date	Event Name	Position
14/08/2010	2010 Singapore Youth Olympic Games	4
14/08/2010	2010 Singapore Youth Olympic Games	1

Recent World Triathlon Series Results

Date	Event Name	Position
08/09/2010	2010 Dextro Energy Triathlon - ITU Triathlon World Championship Grand Final Budapest (Junior Men)	65

World Championship Medals

This athlete does not have any World Championship Medals

0 World Cup Wins

This athlete has not any World Cup Podiums