Enkhjargal Tuvshinjargal - MGL

Gender: Female
Athlete Year of Birth: 1992
Athlete Place of Birth: Ulaanbaatar, Mongolia
Athlete Weight: 51kg
Athlete Height: 161cm
Athlete Lives: U Array
Website: http://www.sportnews.mn
Current WTS Ranking: No Ranking

Athlete Biography

I've been involved in triathlon since 2008, because it was and is very interesting to me. Before triathlon, I trained as a swimmer from the time I was seven years old. I became National Junior Champion in 2004 and 2005, and National Champion in 2006 and 2007. Also, I won gold medals at the National Junior Tennis Championships in 2004. The people who have had the most influence on my sporting career are my parents.

I currently train at the central club of the Mongolian Triathlon Union, and during a typical training week I do three hours of swimming, five hours of cycling, and three hours of running. My personal best swim time (1500m) is 26:16m, bike (40km) 1:13:55, and run (10km) 45:05. I was a participant at the 2009 Asian Junior Camp in Singapore. My favorite ITU race has been the 2009 YOG Asian Qualifier in Korea, because it was my first international race. My triathlon goals are to win medals in international races.

Athlete Sponsors: Intel Mongolia

Athlete Language: Mongolian and English

Athlete Tri Entry Year: 2008

Athlete Other Sports: Swimming, tennis

Athlete Education: student at University of Science and Technology

Athlete Proudest Moment: Within triathlon, my proudest moments have been winning the first-ever triathlon in Mongolia in 2005, and qualifying for the YOG. Outside of triathlon, I\'m proud of my national record in swimming in 2007.

Athlete Coach: Nasanbat Naranbat

Major Games Results

Date	Event Name	Position

13/11/2010	2010 Guangzhou Asian Games	11
14/08/2010	2010 Singapore Youth Olympic Games	28
14/08/2010	2010 Singapore Youth Olympic Games	15

Recent World Triathlon Series Results

This athlete does not have any recent World Triathlon Series Results

World Championship Medals

This athlete does not have any World Championship Medals

0 World Cup Wins

This athlete has not any World Cup Podiums