Ai Ueda - JPN

Gender: Female
Athlete Year of Birth: 1983
Athlete Place of Birth: Kyoto, Japan
Athlete Weight: 45 kg
Athlete Height: 155 cm
Athlete Lives: Chiba Japan
Website: http://www.aiueda.com/
Current WTS Ranking: 24 - 418pts

Athlete Biography

Early life
Ai Ueda was born and raised in Kyoto, Japan. Her parents are KIMONO painters. She has an older brother who is also a painter. She went to a swimming club with her brother when she was in elementary school. When she was 14 years old, it was by pure chance that she participated in the EKIDEN race in which she became a record holder of the section.
By the time she was in high school, she had switched to track and field from swimming.

Triathlon life
After graduating high school in the spring of 2002, she moved from Kyoto to Chiba so as to strengthen her abilities in Triathlon. That same year, she became the Junior Asian Champion. Since 2003, she has been an Elite Triathlete.
In 2005, she was ranked 1st in Japan. She won a silver medal in the 2006 the Asian Games in Doha. The Japanese press took her up as, “Ai the IRON GIRL”, “Ai is strong, but small and cute like a japanese hybrid compact car.” Ever since, she has become known as “the Triathlon Ai.” In 2007, she won the gold medal in the Japan Championships.
In the 2008 Asian Triathlon Championship, she dramatically came from behind to win. Her bold and aggressive run won her way to the Olympics. The spectators are always carried away by her performance.

Outside of Triathlon
She enjoys painting. You can see her paintings at her japanese website.
She highly respects her parents. Her family gives her great support and power.

Athlete Sponsors: Shaklee, Green Tower, SWAT, Folk, TYR, New Balance, Kitachiba Sports Spine Clinic, Inage Inter,Bridgestone Anchor, Smith, Suunto, MET, Comformable, Buff, Reguard

Athlete Language: Japanese

Athlete Hobbies: Painting

Athlete Coach: Hideki Yamane

Major Games Results

Date	Event Name	Position
04/08/2012	2012 London Olympic Games	39
18/08/2008	2008 Beijing Olympic Games	17
08/12/2006	2006 Doha Asian Games	2

Recent World Triathlon Series Results

Date	Event Name	Position
11/05/2013	2013 ITU World Triathlon Yokohama (Elite Women)	19
19/04/2013	2013 ITU World Triathlon San Diego (Elite Women)	31
06/04/2013	2013 ITU World Triathlon Auckland (Elite Women)	23
20/10/2012	2012 Barfoot&Thompson World Triathlon Grand Final Auckland (Elite Women)	14
29/09/2012	2012 ITU World Triathlon Yokohama (Elite Women)	22
23/06/2012	2012 ITU World Triathlon Kitzbuehel (Elite Women)	29
10/05/2012	2012 ITU World Triathlon San Diego (Elite Women)	DNF
14/04/2012	2012 Dextro Energy World Triathlon Sydney (Elite Women)	54

World Championship Medals

This athlete does not have any World Championship Medals

3 World Cup Wins

5 Total World Cup Podiums

Date	Event Name	Position
14/04/2013	2013 Ishigaki ITU Triathlon World Cup	1
08/05/2011	2011 Monterrey ITU Triathlon World Cup	2
10/10/2010	2010 Huatulco ITU Triathlon World Cup	1
18/04/2010	2010 Monterrey ITU Triathlon World Cup	2
08/11/2009	2009 Huatulco ITU Triathlon World Cup	1