Lisa Norden - SWE

Gender: Female
Athlete Year of Birth: 1984
Athlete Place of Birth: Kristianstad
Athlete Weight: 58 kg
Athlete Height: 176 cm
Athlete Lives: Hoor Sweden
Website: http://www.lisanorden.com
Current WTS Ranking: No Ranking

Athlete Biography

Took up triathlon in 2002 when my horse got injured and I needed to get rid of excess energy. And then I got stuck into it and decided to found out if I ever would be able to compete at an international level. Without a swim background learning how to swim freestyle was a big challange(and still is today). I grew up in a medium sized swedish town where I graduated from High School. The same year I went down under to Sydney as a “year off” before starting UNI. I thought triathlon would be a great thing to do as a break from the studying. My mum worked in Sydney for two years which made it possible for me to live down here. After 7 months I came back to europe but decided to do another block of 6 months. And that followed by a third 3 months trip down this year. So for three years now I have lived in a constant summer, which I really don’t have any complaints about….

Athlete Sponsors: Specialized, Asics, TYR, JTT, Oakley

Athlete Language: Swedish, English and some German

Athlete Tri Entry Year: 2002

Athlete Other Sports: Grew up in the stable and competed in equestrian

Athlete Hobbies: Coffee-drinking and bread baking

Athlete Sports Hero: Stefan Holm

Athlete Proudest Moment: Being on the podium together with Snowsill and Fernandes in the Mooloolaba WC. It was my first ever WC podium and a feeling I\'ll never forget.

Athlete Injuries: Over the past year plentiful, a slipped disc -10, inflamed HFL -11, multiple calf tears -12-

Athlete Coach: Darren Smith

Major Games Results

Date	Event Name	Position
04/08/2012	2012 London Olympic Games	2
18/08/2008	2008 Beijing Olympic Games	18

Recent World Triathlon Series Results

Date	Event Name	Position
20/10/2012	2012 Barfoot&Thompson World Triathlon Grand Final Auckland (Elite Women)	4
29/09/2012	2012 ITU World Triathlon Yokohama (Elite Women)	1
25/08/2012	2012 ITU World Triathlon Stockholm (Elite Women)	1
25/08/2012	2012 ITU World Triathlon Stockholm (4xMixed Relay)	12
23/06/2012	2012 ITU World Triathlon Kitzbuehel (Elite Women)	2
14/04/2012	2012 Dextro Energy World Triathlon Sydney (Elite Women)	17
19/09/2011	2011 Dextro Energy Triathlon - ITU World Championship Series Yokohama (Elite Women)	7
09/09/2011	2011 Dextro Energy Triathlon - ITU World Championship Grand Final Beijing (Elite Women)	4

World Championship Medals

Date	Event Name	Position
21/08/2010	2010 Lausanne ITU Elite Sprint Triathlon World Championships (Elite Women)	1
30/08/2007	2007 Hamburg BG Triathlon World Championships (U23 Women)	1

1 World Cup Wins

3 Total World Cup Podiums

Date	Event Name	Position
27/09/2008	2008 Lorient BG Triathlon World Cup	1
06/04/2008	2008 New Plymouth BG Triathlon World Cup	2
30/03/2008	2008 Mooloolaba BG Triathlon World Cup	3