

Comparative document Competition rules 2010 vs 2008 Editions,

The numbering structure has changed.

2010	2008	Notes	Impact level
1.1.a)	A.1 a)	New wording	Very low
1.1.c)	A.1 c)	New wording	Very low
1.1.f)	A.1.f)	New wording	Very low
1.2. (iv)	A.2.d)	New wording	Very low
1.3. a)	A.3 a)	New wording	Very low
1.3. b)	A.3 b)	New wording	Very low
1.4 a)	A.4	New wording	Very low
1.5	A.5	Fixed time limit to communicate the specific regulation. One week.	Low
1.7 a)	A.7	New wording	Very low
2.1 a)	B.1	New wording	Very low
Deleted	B.1 g)		Very low
Deleted	B.2 first sentence	This was an statement, not a rule	Very low
2.2. a)	B.2 a)	New wording	Very low
2.2. b)	B.2 b)	New wording	Very low
2.3 a)	B.3 a)	To enter in the race means the declaration of appropriate physical condition.	Low
2.3 b)	B.3 b)	New wording	Very low
2.4 a)	B.4. a)	Entries can be done only by NFs	Medium (1)
2.4 b)	B.4 b)	New wording	Very low
2.4 c)	Didn't exist	Age limit are now in the rules	Medium
2.4 d)	Didn't exist	Age limit are now in the rules	Medium
2.4 g)	B.4 f)	More precise limits to the participation in close events.	High (2)
2.5	B.5	More clear	Very low
2.6.a) (i)	B.6.1 a)	Age group athletes can qualify for the World Championships in other ways than the NF qualification system.	High
2.6.a) (ii)	B.6.1 b)	New wording	Very low
2.6.a) (iii)	B.6.1 c)	New wording	Very low
2.6.c) (i)	B.6.3 a)	The coaches will receive the accreditation at the coaches meeting	Low (3)
2.6.c) (ii)	B.6.3 b)	New wording	Very low
2.6.c) (iii)	B.6.3 c)	More severe penalties if the athletes miss the race briefing.	Medium (4)
2.6.c) (iv)	B.6.c) (iii)	New wording and new allocation	Very low
2.6 c) (v)	Didn't exist	Competition Jury will decide on protest against Race Referee decisions regarding briefing infringements and penalties.	Medium (5)
2.6 c) (vi)	B.6. d)	Includes the definition of being late to the	Medium (4)



		briefing means do not attend the briefing.	
2.6 d) (i)	B.6.4a)	New wording	Very low
2.6 d) (ii)	B.6.4b)	New wording	Very low
2.6 e)	B.6.5	New wording	Very low
2.6 f)	B.7	Includes the 5 time splits as mandatory and new abbreviations. DSQ instead of DQF	Medium (6)
3 (Title)	C (Title)	New wording	Very low
3.1 a)	C.1 a)	New wording	Very low
3.1.b)	C.1.b)	New wording	Very low
3.1 c)	C.1 c)	New wording	Very low
3.1 d)	C.1 d)	New allocation	Medium (7)
3.1 e)	Didn't exist	Allow the officials to asses penalties, even if the situation is not included in appendix L	Low (8)
3.2 & 3.2 a)	C.2	New wording	Very low
3.2 c)	C.2 b)	More clear wording.	Low
3.2 d)	Didn't exist	The penalty box is introduced	Medium (9)
3.2 e) (i)	C.2 c)	New wording: "Time penalty" instead of "Stop"	Very low
3.2. f)	C.2.d)	Paragraph (iv) is deleted	Low (10)
3.2 g) (i)	C.2 e) (i)	New location, same rule.	Very low
	C.2 e) (ii) & C.2 e) (iii)	Deleted as consequence of introduction of the penalty box.	High
3.2 h)	Didn't exist	New rule	High (11)
3.2 i)	Didn't exist	New rule	High (12)
3.3 a)	C.3 a)	Dangerous and unsportsmanlike conduct is included as reasons for disqualification.	Medium
3.3.b)	C.3 b)	New numbering organization, same rule	Very low
3.3 c) (i)	C.3 c)	The judgment calls are now subject of appeal.	High (13)
3.4 a)	C.4 a)	New wording	Very low
3.4 b)	C.4 b)	New wording	Very low
3.4 c)	C.4.b)	The list of infringements is moved to appendix L	Very low
3.5 a)	C.5 a)	New wording	Very low
3.5 b) (ii)	C.5 d)	New allocation same rule	Very low
3.5 c)	C.5 e)	New wording	Very low
3.6	C.6	The judgment calls are now subject of appeal.	High (13)
3.7	C.7	The reinstatement will be done by the same body which apply it: The ITU EB	Low
4.1 a)	D.1 a)	The use of the bottom to push it is now allowed, but only at the beginning or the end of the swim laps.	Medium
4.1.b)	Didn't exist	It is obvious.	Medium
4.1 c)	D.1 b)	New wording	Very low
4.1 d)	D.1 c)	New wording	Very low
4.2 a)	D.2 a)	New wording	Very low
4.2 a)	D.2 b)	The wetsuit is mandatory, for age group	Low

		athletes, below 16° for 3000 m swim length, versus 15° in the former rules	
4.3 a)	Didn't exist	Modification of the official water temperature depending on the air temperature.	High (14)
4.3 b)	D.2 c)	The Medical delegate is involved.	Low
4.3 c)	D.2 d)	One of the places to measure the water temperature is fixed now at the middle of the course.	Low
4.3 d)	D.2 e)	The rule now applies to all distance events.	Medium
4.4	D.3	New wording	Very low
4.5	D.4	More detailed description.	Low (15)
4.6 a) (i)	D.5.1 a)	New wording	Very low
4.6. a) (iii)	Didn't exist	The approval now is an out of competition process	High (16)
4.6 b)	D.5.2	More detailed description.	Medium
5.1	E.1	New wording	Very low
5.2 a) (i)	E.3.1	New wording	Very low
5.2 a) (ii)	E.3.2 c)	New wording	Very low
5.2 a) (ii)	E.3.2 d)	Technical Delegate and no Technical Committee can determine which athletes are exception to this rule	Very low
5.2 a) (ii)	E.3.2 f)	Only one person: TD can decide on the use of unusual bikes.	Low
5.2 b)	E.3.2	New wording	Very low (17)
5.2 c)	E.3.3	The certification process is now involved, but not limited to.	Medium (16)
5.2 c) (iii)	E.3.3. b) i)	The former inconsistency disappears	High
5.2 d)	E.3.4 and E.3.5	The new text includes the reference to UCI rules and the extension to official training and familiarizations.	Low
5.2 e)	Didn't exist	Now it is clear that the platforms are allowed and the security design they have to comply.	High
5.3	E.1.2	New wording	Very low
5.4	E.1.3	New wording	Very low
5.5 a)	E.2.1	Paratriathlon has now a dedicated column	Very low
5.5 b) (i), (ii) and (iii)	E.2.2 a), b) and c)	New wording	Very low
5.5.b) iv)	E.2.2 d)	New drafting distance is set. Different drafting distance depending on the different events. Different time of overpass depending on the different events	Medium
5.5. b) (v)	E.2.2 d)	Different time of overpass depending on the different events Only TD can authorize draft in sections of the event.	medium
5.5. b)(vi)	E.2.2 e)	New wording	Very low
5.5.b)(vii)	E.2.2 e)	Diagrams adapted	
5.6	E.2.3	Totally new structure on penalties for	High (11)

		drafting.	
6.1 (v), (vi) and (vii)	F.1	New items, self explanatory	Medium (18)
6.2	F.2	New definition of torso	High (19)
6.3	F.3	New wording	Very low
6.3 g)	F.3 g)	New wording	Very low (20)
6.3 h)	F. 3 h)	Applicable to Transition 1	Low
6.3 l)	Didn't exist	New wording	Low
8.1	H.1	Paratriathlon has now a dedicated column	Very low
8.2	H.2	New wording	Very low
9.1	I.1	New wording	Very low
9.2	I.2	All finishers are eligible.	Low (21)
9.3	I.2.3	When teams, medal will be given to the athletes and trophy for the team.	Low
10.2 a) (ii)	Didn't exist		Very low
10.2 a) (iii)	J.1.1 c)	New wording	Very low
10.2 a) (v)	J.1.1 e)	Penalty boxes officials are included now	Low
10.2 a) (vii)	J.1.1 g)	New wording	Very low
10.3	J.1.2	New composition of CJ. 5 members only for WCS GF. Any competition else 3 members. More people eligible to be CJ members.	High
10.3 b)	J.1.4	More detailed duties. Need to be able to meet, till the race briefing.	Medium
10.3 c) (i)	J.1 4 d)	New wording	Very low
10.3 c) (ii)	Didn't exist	Detailed description of conflict of interest	High
10.4	J.1.6	Includes any existing technology tool	Low
11.1 a)	K.1 a)	New wording	Very low
11.1 b)	K.2 b)	New numbering organization	Very low
11.2 a)	K.2.1 a)	Detailed procedure on eligibility protest	Medium
11.3	K.2.2	New wording	Very low
11.4	K.2.3	New wording	Very low
11.5	K.2.4	Results protests has to be addressed to ITU TD	Low
11.6	K.2.5	New wording	Very low
11.7	K.3	New wording	Very low
11.8	K.4	Time limit for team competitions is included.	Medium (22)
12.1	L.1	New wording	Very low
12.2	L.2	Time limit for team competitions is included.	Low
12.4	L.4	New wording	Very low
Spific Competition rules		In this edition only the details what are different for an specific sport are related. The general rules apply always to the different multisports	Low
13.1	M.1	New wording	Very low
13.4 b)	M.3 b)	Draft is allowed even if lapped	High
14.1	N.1.1 a)	New wording	Very low
14.2	N.1.3	New wording	Very low



14.3	N.2	New wording	Very low
14.4	N.4	New penatnlty<. Stop at penalty box	High
14.5	Didn't exist		Low
14.6	Didn't exist		Low
15.1 a)	O.1	New chart, with slight shorter distances	Low
15.2 a)	O.1 a)	New wording	Very low
16	P	This will be considered in a document apart	High
17.1	Q.1	New wording	Very low
17.2	Q.3	New wording	Very low
17.4 a)	Q.4 a)	New wording, now without contradiction	Low
17.5	Didn't exist		Low
17.6	Q.6	New wording	Very low
17.7 b)	Didn't exist		Low
17.8	Q.8	New wording	Very low
18	R	New wording	Very low
Appendix A	Appendix A	New wording	Very low
Appendix B	Appendix B	New wording	Very low
Appendix C	Appendix C	New wording	Very low
Appendix D	Appendix D	Definitions will follow	
Aid/outside assistance	Aid/nutrition	New wording	Very low
Appeal	Appeal	New wording	Very low
Appellant	Appellant	New wording	Very low
Assistance	Assistance	New wording	Very low
Athletes	Didn't exist		Medium
Athletes briefing	Didn't exist		Medium
Bike Course	Bicycle Course	New wording	Very low
Blocking	Blocking	New wording	Very low
Charge	Charge	New wording	Very low
Competition Jury	Competition Jury	New wording	Low
Competition Rules	Competition Rules	New wording	Very low
Dismount Line	Bicycle Dismount Line	New wording	Very low
Disqualification	Disqualification	New wording	Very low
Draft Zone Bicycle	Draft Zone Bicycle	New wording	Low as definition; medium as rule.
Draft Zone Vehicle	Draft Zone Vehicle	New wording	Very low
Drafting	Drafting	New wording	Very low
Elite	Elite	The Elite quality is related with the race, not with the licence.	Medium
Event Organizers manual (EOM)	Didn't exist		Medium



Expulsion	Expulsion	New wording	Very low
Field of Play (FOP)	Didn't exist		Medium
Finisher	Finisher	New wording	Very low
Force Majeure	Didn't exist		Low
Incapable Athlete	Incapable Competitor	New wording	Very low
Indecent Exposure	Indecent Exposure	New wording	Very low
Interference	Interference	New wording	Very low
International Technical Officials (ITOs)	Didn't exist		Low
International Triathlon Union (ITU)	Didn't exist		Low
ITU Competition Rules	Competition Rules	New wording	Very low
ITU Rules	Didn't exist		Medium
Local Organizing Committee (LOC)	Didn't exist		Medium
Mount Line	Bicycle Mounting Line	New wording	Very low
National Federation (NF)	Didn't exist		Low
National Technical Officials (ITOs)	Didn't exist		Low
Overtake	Overtake	New wording	Very low
Pack	Pack	New wording	Very low
Pass	Pass	New wording	Very low
Penalty	Didn't exist		Low
Penalty Box	Didn't exist		High
Protest	Protest	New wording	Very low
Referee	Race referee	New wording	Very low
Results	Results	New wording	Very low
Right of Way	Right of Way	New wording	Very low
Run Course	Run Course	New wording	Very low
Sports Conduct	Sports Conduct	New wording	Very low
Stop and Go Time Penalty	Stop-Start Penalty	Penalty box is included	Medium
Suspension	Suspension	New wording	Very low
Swim course	Swim course	New wording	Very low
Technical Delegate	Technical Delegate	New wording	Very low
Transition Area	Transition Area	New wording	Very low



Triathlon	Triathlon	Individual and team.	Medium
Venue	Didn't exists		Low
Warning	Warning	New wording	Very low
Appendix E	Appendix E	The contents of these criteria changed slightly at the beginning of 2010. Those in the 3 rd entrance are not ITU rules, but UCI rules.	Medium
Appendix F	Appendix G	In relation with events, the changes at the beginning of 2010 are not very relevant. The NOC code has to be included at the bottom.	Medium
Appendix G	Didn't exists	To be delevoped	High
Appendix H	Didn't exists	The important thing for the events is that for some equipment the certification is mandatory. Wetsuits, Swimsuits and Handlebars are the pieces of equipment requiring certification.	High
Appendix I	Didn't exists	To be applied by the TD in all ITU events	High
Appendix J	Didn't exists	This includes all the sports referred in the ITU Competition rules, when is mentioned "Other related Multisports"	Medium
Appendix K	Didn't exists	This includes all the ITU events and categories, mentioned in the ITU Competition Rules	Medium
Appendix L	Didn't exists	This lists all the faults defined in the ITU Competition Rules and the penalties to apply.	Medium

Comments on some of the rule changes..

- (1) All the entries received by LOCs without the agreement of the NF may be invalidated. In the cases that LOCs implement entries systems different than the ITU one, this provision has to be included. The entry system will allow only NFs to enter athletes and athletes have to proceed through NFs. [Back](#)
- (2) **Text**: Athletes are not allowed to compete within 48 hours in more than one event of the same individual ITU related multisport. See Appendix J for a list all ITU related multisports.

Examples: Compete in aquathlon and triathlon in the same weekend is allowed. Compete in individual and relay events same weekend is allowed. Compete in Sprint and Olympic distance events within 48 hours is not allowed. Compete in the elite event and U23 or AG within 48 hours is not allowed. Compete in two events in different places within 48hours is not allowed.

Determination of the 48 hours term: From the start of the first wave of one competition to the start of the first wave of the other competition.



Incompatibilities: It will be not admitted an entry to the wait list of one event if it is not compatible according with this rule. The first entry will be considered and the second one will be cancelled by ITU on-line entry system. NFs can cancel the entry in one event and proceed with the second one. [Back](#)

(3) **Text:** The Coaches' Accreditation will be handed out at this meeting;

Procedure for World Championships (Series Events, Grand Final and Multisports), World Cup (Triathlon) and Continental Championships (Triathlon): The coaches will be entered in the ITU on-line entry system by the NFs. ITU will approve a number of coaches per NF, depending on the number of athletes entered in the race. The list of approved athletes is visible for the LOC and the NF in www.triathlon.org. LOC will produce these accreditations and will give to the TD to be delivered to the coaches at the coaches meeting. LOC will not deliver any accreditation to coaches, and TD will not deliver any accreditation to coaches at other time than the coaches meeting.

Procedure for other ITU events: TD will decide on number of accreditations (total and per NF) and in the way of delivery after the site visit. The number of coaches accreditations per NF will never be more than 5. [Back](#)

(4) **Text:** Elite Athletes' Briefing: At all ITU Events, an Athletes' Briefing will be conducted by the TD. Elite athletes must be in attendance. Elite coaches may also attend the briefing. The following penalties apply to athletes who miss the briefing:

- Athletes not attending the briefing, without informing the TD about their absence, will be removed from the start list;
- Athlete not attending the briefing, but who have informed the TD about their absence, will be reallocated to the last position on the pre-start line up;
- For the World Championship Series or Triathlon World Cup events, if an athlete misses more than two briefings in a calendar year, they will be removed from the start list for the third missed briefing and each missed briefing thereafter;

Explanation 1: The full text is applicable for the World Championship Series or Triathlon World Cup. The full text except the last bullet is applicable for all the other ITU events.

Explanation 2: Athletes on wait list can attend the Athletes briefing. If not they will be deleted from the wait list.

Definition of not attendance: Athletes not signing the attendance control sheet before the athletes briefing start will be consider as not attending.

Definition of information to TD about the absence: Athlete can inform the TD about the absence by:

- Email till 1 hour before the race briefing scheduled time. TD's email is able at www.triathlon.org



- Phone call or personally till 5 minutes after the briefing finished. This includes athletes getting into the briefing once started.

Procedure: After the briefing the Race Referee will check the attendance control sheet, will check with the Technical Delegate if the absences has been communicated or not. The list of previous absence in the year will be checked as well. In case of force majeure, the athletes' status will be referred to the Competition Jury. Penalties will be applied in this moment, or after the Competition Jury decision, if involved..

Deleting athletes from the start list: The penalized athletes will be removed from the start list and the TD will call the athletes in the wait list, who attended the briefing, and will be admitted in the race, as much new athletes as those removed from the start list. The new athletes will get the last race numbers.

Moving athletes to the last position of the pre-start line up: A new line up list will be produced reallocating the penalized athletes after the former last athlete.

Producing a new start list: After the Athletes briefing a new start list will be produced, if necessary. This list will not include the removed athletes and will include the athletes admitted after the briefing. The previous numbering will remain and the new admitted athletes will receive race numbers after the last one in the previous start list, and according with the order of admittance.

Producing a new pre-start line up list: After the briefing this list will be produced as follows.

- 1st The athletes attending the briefing according with the race numbers
- 2nd The athletes admitted in the start list after the briefing, according with the race numbers
- 3rd The athletes penalized with the last position in this list, according with the start numbers. [Back](#)

- (5) **Text:** In the case of force majeure, the athletes' status will be referred to the Competition Jury.

Comment: All the Race Referee decisions can be appealed to the Competition Jury. Even those one related to the composition of the start list. This case is specifically mentioned in the rules for a total clarification.

Procedure: In the case that an athlete like to appeal the decision of being removed of the race or reallocated in the last position of the pre-start line up, the procedures written in the Chapter 12 of the ITU competition rules have to be followed. Therefore the appeal has to be announced till 5 minutes after the briefing finishes, and presented after 15 minutes after the briefing finishes.

It is mandatory for the Competition Jury members to attend the briefing. TD has to consider this when selects the Competition Jury members. [Back](#)

(6) Text:

ii) Results will include disqualifications (DSQ) and reasons;

(iii) Results will include athletes who do not finish (DNF) and those athletes who were entered but did not start (DNS).

Explanation 1: Lapped athletes should appear in the results as DNF.

Explanation 2: Only the athletes who were included in the start list after the briefing and didn't start the race, should appear as DNS [Back](#)

(7) **Text:** Reasons for Penalty: An athlete may be issued a warning (verbal or a "stop and go" time penalty) or disqualified for failing to abide by the ITU Competition Rules. All the infringements and penalties are listed in Appendix L.

Explanation. The ITU Competition Rules contains definitions of situations which can result in an infringement and, as consequence, in a penalty. All of these reference are listed together in appendix L [Back](#)

(8) **Text:** The Technical Officials are allowed to assess penalties, even if the infringement is not listed, if the Technical Official judges that an unfair advantage has been gained, or if a dangerous situation has been created intentionally.

Explanation: This rule allows the Technical Officials to extend the spirit and philosophy of these ITU Competition Rules to other cases of similar nature and which are not listed. Doesn't allow to apply sanctions different than listed to infringements listed. According to ITU constitution is responsibility of ITU TC to ensure that all the rules are correctly applied and the officials perfectly educated on them. ITU events department is implementing this constitutional request through a continue education program. In this programs the rules are the procedure are explained, but also the principles of the sport, which give the Technical Officials the necessary education to interpret the situation and apply a sanction if an unexpected situation happens. [Back](#)

(9) **Text:** Time penalties will be served in a designated "Penalty Box".

Explanation: It will be penalty boxes, along the bike circuit and at the end of the run circuit. Athletes penalized will stop in these penalty boxes during the time established for the different infringements. [Back](#)

(10) **Text:** There are some cases when it is no possible to amend and we asses a warning with time penalty (i.e. early start) Therefore this paragraph (iv) was deleted. [Back](#)

(11) Text:

h.) Time Penalty at the Bike Penalty Box:

(i) The athlete will be told by the Technical Official to enter the next Penalty Box and follow the instructions of the Technical Official;



(ii) The Technical Official will say "GO" after the appropriate time has elapsed, at which time the athlete will leave the Penalty Box and continue in a safe manner.

Implementation: The official giving the penalty will inform the athlete about the obligation to stop in the next penalty box, and will register this call. The official at the penalty box will record all the athletes stopping and will allow the athletes to exit once the time is elapsed. At the end of the race the lists of the penalties assessed will be checked with the lists of penalties served. The punished athletes who didn't served the time penalty will be DQ, by posting this sanction in the penalty board.

This procedure can be improved with the use of the radio, but the radio support will be not used as the only support. Due to the distances, we cannot warranty that all the radio communications will be received. The paper record is the only valid document to check. [Back](#)

(12)**Text:**

i.) Time Penalty at the Run Penalty Box:

(i) Penalized athlete's numbers will be clearly displayed on a board before the Penalty Box;

(ii) Penalized athlete will proceed into the Penalty Box and will inform the Technical Official in charge of their identity. The penalty time starts upon the athlete is entering to the Penalty Box. At the end of the penalty time, the Technical Official will allow the athlete to exit, and the sanctioned athlete will continue with the race;

(iii) The penalized athlete's number will be removed from the board.

Explanation: The Penalty box is located at the end of the run lap to permit the direct communication between the Technical officials in the transition area and those in the penalty box.

Implementation: See previous item. [Back](#)

(13) **Explanation:** Every decision taken by Technical Officials are subject to appeal to the Competition Jury. The Competition Jury will decide if the sanction is consequence of a judgment call. The qualification of "judgment call" has been difficult in the past. Now a different body will give this qualification and not the same which apply the sanction. [Back](#)

(14)**Explanation:** there are two tables in this article 4.3 The first one shows the distances to swim when official water temperature is lower than 16.9° C. The second one is to determine the official water temperature when the air temperature is lower than the water temperature. Once the official water temperature is determined TD will take the decisions regarding the use of wetsuits (rule 4.2) , and the distance to swim (rule 4.3).

Examples:

Water temperature WT	Air temperature AT	Official water temperature OWT	Decisions on swim distance	Notes
20,1°	21°	20°	None	The air temperature is higher than the water temperature. OWT=WT
20°	19°	20°	none	The water temperature is modified only when it is 18°C or lower OWT=WT
17°	16°	17°	none	The water temperature is modified only when the air temperature is 15°C or lower OWT=WT
14°	15°	14°	Swim reduced to 1500 mts if it was planned longer.	The air temperature is higher than the water temperature. OWT=WT
16°	10°	13°	Swim reduced to 750 mts if planned up to 1500 mts. Swim cancelled is it planned longer than 1500 mts.	OWT modified according to 4.3 a)
15°	9°	Cancel	Cancel Swim	OWT modified according to 4.3 a)

Determination of the air temperature: At the exit of the transition area 1 hur prior the race.

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(15)**Lines:** Two parallel lines are needed: the start line and the pre-start line. In addition, other lines will determine every start position.

Different start scenarios:

- Clean start: all the athletes start after the horn. The race continues.
- Valid start with early starters: Almost all the athletes start after the horn, but few of them did start before the horn. The start is declared valid and the early starters will receive a time penalty warning in T1.
- Invalid start: Some athletes start clearly before the horn, and some others stay behind the start line. The start is not clean and is declared invalid.

Definition of start: One athlete is considered as started when one of the feet crossed the vertical plane of the start line.

Procedure on time penalty in T1: The athlete arrives to his/her position and the Technical Official shows a yellow card, and order the athlete to stop in front of his/her transition space without touching any equipment. Once the athlete stops, the Technical Official start to count the 15 seconds penalty. When the penalty time is exhausted the athlete can continue with the transition operations. [Back](#)

(16)**Certification:** The certification process will start in 2010, and will be fully implemented by December 2010. Till this moment the officials will check the wetsuits on spot according to this ITU Competition Rules. [Back](#)

(17) Text:

b.) Wheels:

(i) UCI rules will apply, as indicated above.

(ii) For draft legal competitions, wheels must have the following characteristics:

- A diameter between 70 cm maximum and 55 cm minimum, including the tyre.
- Both wheels should be either 26" or 28".
- Wheels shall have at least 12 spokes.

(iii) Spokes can be round, flattened or oval, provided their width does not exceed 10 mm.

(iv) Only wheel designs approved by UCI may be used.

(v) No wheel may contain any mechanisms, which are capable of accelerating it.

(vi) Tyres must be well glued, headsets tight and wheels true.



(vii) There must be a brake on each wheel.

(viii) For draft illegal competitions, covers are allowed on the rear wheel. However, this provision may be changed by the Technical Delegate in the interest of safety, i.e. high-winds.

(ix) Wheels can be replaced only at official Wheel Stations where provided.

(x) Officials at the Wheel Station will give the proper wheel to the athlete. The athlete is responsible for replacing the wheel in the forks. Wheels designated specifically for other athletes or teams can't be used.

Explanation: The text refers twice to the UCI rules: UCI rules are hosted under this link <http://www.uci.ch/Modules/BUILTIN/getObject.asp?MenuId=MTkzNg&ObjTypeCode=FILE&type=FILE&id=34033&LangId=1>

Articles from 1.3.004 to 1.3.025 (pgs 56 to 69)

An explanatory document is hosted under this link:

<http://www.uci.ch/Modules/BUILTIN/getObject.asp?MenuId=MTkzNg&ObjTypeCode=FILE&type=FILE&id=NTIOMDY&LangId=1>

And the non-standard authorized wheels list is hosted under this link:

<http://www.uci.ch/Modules/BUILTIN/getObject.asp?MenuId=MTkzNg&ObjTypeCode=FILE&type=FILE&id=NDkyNTc&LangId=1> [Back](#)

(18) Text:

(vi) Not use posts, trees or other fixed elements to assist maneuvering curves

Explanation: This includes the use of the hands to push any object in order to help the advance. Only is admitted in case of fall, and to stand up, not to crawl. [Back](#)

(19)**Explanation:** The torso is the section of the body extending from the base of the neck to the base of the sternum. [Back](#)

(20)**Text** : g.) Cycling is not permitted inside the Transition Area: Athletes must mount their bicycles after the mount line and dismount their bicycles before the dismount line;

Definition of "mount after the mount line" It has to be one contact of the athlete foot with the floor after the mount line. If this contact doesn't occur the action is considered as mount the bike before the mount line.

Definition of "dismount after the mount line" It has to be one contact of the athlete foot with the floor before the dismount line. If this contact doesn't occur the action is considered as dismount the bike before the dismount line. [Back](#)

(21) Information: It will be changes on this, and the obligation to have the primes in WCS and WC will be removed. [Back](#)

(22) The procedures has to be follow in the races exactly as they are written. [Back](#)