



ITU Points List Criteria

1. Purpose: ITU Points will be used to determine athletes' eligibility to enter World Cup and World Championship events. Continental confederations may also use the ITU Points to determine national federation quotas for Continental Championships. The ITU Points will be posted on the ITU website; www.triathlon.org from time to time but will not be published as a "ranking".

2. ITU Points Scoring Events : Athletes will earn the points according to the table below. The base points are the points for the winner. The maximum depth indicates the maximum number of athletes earning points.

ITU Event	Base Points	Depth
World Championships	1000	50
World Cup	500	50
Continental Championships	400	50
U23 World Championships	200	20
Continental Cup & Continental Cup Premium	200	20

The athletes placing in the next position will receive 7.5% points less than the preceding one. (i.e., if the World Championship winner gets 1000 points, the second will get 925, the third 855.62 , the fourth 791.45, the fifth 732.09, etc.)

3. Cut off. Only the athletes finishing the race before the cut off time will earn points. The cut off is determined adding 5% to the winner's time for the men and 8% for the women.

4. Quality of field. The athletes starting the race who are among the top 20 of the current ITU points list, increase the value of the event by 2% each. This increase is limited to the 20%.

5. Races scoring. The total number of points acquired by an athlete in a given year is the result of the addition of the six best scores in the current year races plus 1/3 of the points earned in the preceding year.

6. Removing from the list. Athletes with two complete years without earn any point will be removed from the list. This adjustment take place every Jan 1st.

ITU Points are earned from the following competitions:

- Triathlon World Championships
- Triathlon World Cups
- Continental Championships
- U 23 Triathlon World Championships
- Continental Cups & Continental Cup Premium (the three best)