

# 2010 WEIHAI ITU LONG DISTANCE TRIATHLON WORLD SERIES EVENT

September 25<sup>th</sup> 2010



Newsletter June 2010



François CHABAUD:  
«I will come to win»



François CHABAUD the silver medalist of the 2008 Almere ITU LD Triathlon World Champs was injured in 2009. He returned to the LD triathlon worlds with a beautiful 6<sup>th</sup> place in Perth. François will be one of the favorites at Weihai.

## François what about Weihai?

“It is a real challenge for me, 2010 must be a springboard after my little seed health in 2009. Participating in this race motivates me twice, I am first and foremost to win but also discover a country where I have never put my wheels. I like the firsts, they lead me luck, so I cross my fingers for 2010 Weihai being sure to participate in an event that will take time for the future. With the combination of Eric Le Lostec and the team that organized the Olympics in Beijing, I bet on a sporting success story. Then, go to Weihai on September 25.”

TV: never seen the LD, a diffusion of madness in over 70 countries

The organization recently signed a first class distribution for the first edition of this event, because to date more than **70 TV channels will broadcast the event on every continent**. Chlorophyll Production, a French company specializing in triathlon, has been entrusted with the implementation and especially brings its expertise. A team will not fail to work closely with local producers.



# RACE INFORMATION

**Prize money: 35 000 €**

## Registration, Package Pick-Up, Briefing:

At the official hotel – Hotel Blue Sky

## Filling of material:

Bicycles should be left in the Transition Area before the race Saturday, September 24, 2010 between 14:30 and 20:00.



## Shuttle Services:

A shuttle service will drop you from your hotel to the place of departure. Attendants can also use the shuttle to get to the start.

## The race

[www.weihaitriathlon.com](http://www.weihaitriathlon.com)

### Swim:

2 loops of 1.5 km

In September the water temperature is between 19 °C and 21 °C, the wetsuit is strongly recommended.

The swim course can be found in the Bay of Weihai, starting from the beach with two loops of 1.5 km and then a trip to the Australian attack for the second loop.

You can test the swim course the day before the race, a permanent locker room will be installed on the beach.

**TIME LIMIT FIXED OUTPUT A  
SWIMMING**  
(By 2h after departure)

### Bike:

2 loops of 40 km

Gears tip:

- Good: 40-52 x 19
- Intermediate level: 39-50 x 23

**TIME LIMIT FIXED:  
BIKE + SWIMMING: 6 h**

### Run:

4 loops of 5 km between the city and the waterfront

**TIME LIMIT FOR ALL: 8 h**

