

# INTERNATIONAL TRIATHLON UNION ATHLETE PROFILE 2009



# **ALISTAIR BROWNLEE (GBR)**

Nickname: "Ali"
Nationality: British

Date of Birth: 23 April 1988

Place of Birth: Yorkshire, Great Britain Residence: Yorkshire, Great Britain

**Height:** 5'9" (1.76m) **Weight:** 137 lbs (62kg)

Current Coach: Jack Maitland

**Current training location:** Yorkshire, Great Britain

First Triathlon and reason: Age 11. It looked fun and interesting.

Proudest Winning World Junior Champs in 20006 and Winning English School's Cross-

Moment: Country Championships.

**Triathlon Goals:** To be Olympic Triathlon Champion!

Personal Best: Swim (1500m) - N/A Bike (40km) - N/A Run (10km) - N/A

Training Week: Swim - 8 hours Bike - 8 hours Run - 5 hours

Most influential

**person in** Many people, my parents, my family, my school teachers and coaches.

sporting career:

**PERSONAL** 

Profession: Student Marital Status: Single

**Education:** Bradford Grammar 10-18, Leeds University

Language(s): English Sibling(s): two brothers

Father's Occupation: Doctor Mother's Occupation: Doctor

**Family History** Mum was a swimmer, Dad did a bit of running. Younger brother Jonathan is a junior triathlete on British team and bronze medallist at 2008 world championships.

Biggest Obstacle Overcome in Life: I've been lucky so far!



2008 Year-End Ranking:

28

#### **CAREER**

# **Ranking History:**

2008 - 28th 2007 - 41st

# **World Cup Highlights:**

2 World Cup medals

#### **World Championship Highlights:**

2009 Dextro Energy Triathlon - ITU World Championship Series - Gold medal (K

2009 Dextro Energy Triathlon - ITU World Championship Series - Gold medal (V

2009 Dextro Energy Triathlon - ITU World Championship Series - Gold medal (N

2008 Triathlon Under23 World Champion (Vancouver, CAN)

2007 Triathlon Junior World Championships - Silver Medallist (Hamburg, GER)

2007 Duathlon Junior World Championships - Silver Medallist (Gyor, HUN)

2006 Duathlon Junior World Championships - Silver Medallist (Corner Brook, CAN)

2006 Triathlon Junior World Champion (Lausanne, SUI)

## Olympics:

2008 Olympic Games - 12th Place (Beijing, CHN)

#### Other:

2007 Triathlon Junior European Champion (Copenhagen, DEN) 2006 Triathlon Junior European Championships - Bronze Medallist (Autun, FRA) 2006 Duathlon Junior European Champion (Rimini, ITA)

