



INTERNATIONAL TRIATHLON UNION ATHLETE PROFILE 2009



VANESSA FERNANDES (POR)

Nationality: Portuguese
Date of Birth: 14 September 1985
Place of Birth: Perosinho, Portugal
Residence: Oeiras, Portugal



Height: 5'6" (1.68m)
Weight: 126 lbs (57kg)



Current Coach: Sérgio Santos, António Jourdan

Current training location: Sport Lisboa e Benfica

Favourite ITU Race & why: Madrid World Cup

First Triathlon and reason: I was introduced to triathlon in 1999 by my father

Proudest Moment: 1st in Madrid ITU World Cup at my favorite triathlon race.

Personal Best: Swim (1500m) - N/A Bike (40km) - N/A Run (10km) - N/A

Most influential person in sporting career: My father

Sponsors: Nike, Litespeed bicycles, Halcon, Isostar, Aquaman, ZIPP, GIRO, Carlos Cruz Associados, VOLKSWAGEN.

2008 Year-End Ranking: 11

PERSONAL

Profession: Triathlete **Marital Status:** single
Language(s): Portuguese, English, Spanish **Sibling(s):** one brother, one sister
Family History in Sport: Father Venceslau Fernandes was a former cyclist and winner of the 1984 Volta a Portugal
Website: www.vanessafernandes.net

CAREER

Ranking History:

2008 - 11th 2007 - 1st 2006 - 1st 2005 - 3rd 2004 - 6th 2003 - 32nd 2002 - 117th

World Cup Highlights:

2008 Madrid World Cup Winner (Madrid, ESP)
 2007 World Cup Series Champion
 2007 Rhodes World Cup Winner (Rhodes, GRE)

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2007 Beijing World Cup Winner (Beijing, CHN)
2007 Salford World Cup Winner (Salford, GBR)
2007 Madrid World Cup Winner (Madrid, ESP)
2007 Lisbon World Cup Winner (Lisbon, POR)
2007 Ishigaki World Cup Winner (Ishigaki, JPN)
2006 World Cup Series Champion
2006 Beijing World Cup Winner (Beijing, CHN)
2006 Hamburg World Cup Winner (Hamburg, GER)
2006 Corner Brook World Cup Winner (Corner Brook, CAN)
2006 Madrid World Cup Winner (Madrid, ESP)
2006 Mazatlan World Cup Winner (Mazatlan, MEX)
2006 Aqaba World Cup Winner (Aqaba, JOR)
2005 New Plymouth World Cup Winner (New Plymouth, NZL)
2005 Beijing World Cup Winner (Beijing, CHN)
2005 Madrid World Cup Winner (Madrid, ESP)
2005 Mazatlan World Cup Winner (Mazatlan, MEX)
2004 Rio de Janeiro World Cup Winner (Rio de Janeiro, BRA)
2004 Madrid World Cup Winner (Madrid, ESP)
2003 Madrid World Cup Winner (Madrid, ESP)
24 World Cup medals

World Championships Highlights:

2008 Duathlon World Champion (Rimini, ITA)
2007 Triathlon World Champion (Hamburg, GER)
2007 Duathlon World Champion (Gyor, HUN)
2006 Triathlon World Championships - Silver Medallist (Lausanne, SUI)
2003 Triathlon Junior World Championships - Bronze Medallist (Queenstown, NZL)

Olympics:

2008 Olympic Games - Silver Medallist (Beijing, CHN)
2004 Olympic Games - 8th Place (Athens, GRE)

Other:

5-time Triathlon Elite European Champion - 2004, 2005, 2006, 2007, 2008
3-time Triathlon Under23 European Champion - 2006, 2006, 2008
2006 Duathlon European Champion (Rimini, ITA)
2003 Triathlon Junior European Champion (Carlsbad, CZE)