



# INTERNATIONAL TRIATHLON UNION ATHLETE PROFILE 2008



## VANESSA FERNANDES (POR)

**Nationality:** Portuguese  
**Date of Birth:** 14 September 1985  
**Place of Birth:** Perosinho, Portugal  
**Residence:** Oeiras, Portugal



**Height:** 5'6" (1.68m)  
**Weight:** 126 lbs (57kg)



**Current Coach:** Sérgio Santos, António Jourdan  
**Current training location:** Sport Lisboa e Benfica  
**Favourite ITU Race & why:** Madrid World Cup

**2007 Year-End  
Ranking:** 1

**First Triathlon and reason:** I was introduced to triathlon in 1999 by my father

**Proudest Moment:** 1st in Madrid ITU World Cup at my favorite triathlon race.

**Personal Best:** Swim (1500m) - N/A      Bike (40km) - N/A      Run (10km) - N/A

**Most influential person in sporting career:** My father

**Sponsors:** Nike, Litespeed bicycles, Halcon, Isostar, Aquaman, ZIPP, GIRO, Carlos Cruz Associados, VOLKSWAGEN.

### PERSONAL

**Profession:** Triathlete      **Marital Status:** single  
**Language(s):** Portuguese, English, Spanish      **Sibling(s):** one brother, one sister  
**Family History in Sport:** Father Venceslau Fernandes was a former cyclist and winner of the 1984 Volta a Portugal  
**Website:** [www.vanessafernandes.net](http://www.vanessafernandes.net)

### CAREER

#### Ranking History:

2007 - 1st    2006 - 1st    2005 - 3rd    2004 - 6th    2003 - 32nd    2002 - 117th

#### World Cup Highlights:

2008 Madrid World Cup Winner (Madrid, ESP)  
 2007 World Cup Series Champion  
 2007 Rhodes World Cup Winner (Rhodes, GRE)

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2007 Beijing World Cup Winner (Beijing, CHN)  
2007 Salford World Cup Winner (Salford, GBR)  
2007 Madrid World Cup Winner (Madrid, ESP)  
2007 Lisbon World Cup Winner (Lisbon, POR)  
2007 Ishigaki World Cup Winner (Ishigaki, JPN)  
2006 World Cup Series Champion  
2006 Beijing World Cup Winner (Beijing, CHN)  
2006 Hamburg World Cup Winner (Hamburg, GER)  
2006 Corner Brook World Cup Winner (Corner Brook, CAN)  
2006 Madrid World Cup Winner (Madrid, ESP)  
2006 Mazatlan World Cup Winner (Mazatlan, MEX)  
2006 Aqaba World Cup Winner (Aqaba, JOR)  
2005 New Plymouth World Cup Winner (New Plymouth, NZL)  
2005 Beijing World Cup Winner (Beijing, CHN)  
2005 Madrid World Cup Winner (Madrid, ESP)  
2005 Mazatlan World Cup Winner (Mazatlan, MEX)  
2004 Rio de Janeiro World Cup Winner (Rio de Janeiro, BRA)  
2004 Madrid World Cup Winner (Madrid, ESP)  
2003 Madrid World Cup Winner (Madrid, ESP)  
24 World Cup medals

**World Championships Highlights:**

2008 Duathlon World Champion (Rimini, ITA)  
2007 Triathlon World Champion (Hamburg, GER)  
2007 Duathlon World Champion (Gyor, HUN)  
2006 Triathlon World Championships - Silver Medallist (Lausanne, SUI)  
2003 Triathlon Junior World Championships - Bronze Medallist (Queenstown, NZL)

**Olympics:**

2008 Olympic Games - Silver Medallist (Beijing, CHN)  
2004 Olympic Games - 8th Place (Athens, GRE)

**Other:**

5-time Triathlon Elite European Champion - 2004, 2005, 2006, 2007, 2008  
3-time Triathlon Under23 European Champion - 2006, 2006, 2008  
2006 Duathlon European Champion (Rimini, ITA)  
2003 Triathlon Junior European Champion (Carlsbad, CZE)