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# ITU PARATRIATHLON

## Fair Start System (Staggered Start System)

**ITU Paratriathlon Staggered Start System**

**(Addition to the ITU Competition Rules - Paratriathlon)**

Approved by the ITU Executive Board, in April 2014

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## IMPLEMENTATION WITHIN A PARATRIATHLON RACE

An new set of rule modifications will need to be added to the official rules in order to accommodate the staggered “Fair Start System”. This new system will impact on (*but not limited to*) the following four (4) areas:

### 1. Race start time and start procedures. Timing and results.

New start lists layout has to be created and include the athletes’ sub-category and the time difference.

### 2. Start area layout and procedures.

The start area should be selected considering there will be group of athletes starting within 3 minutes difference. The paratriathletes who need more time to prepare themselves for the start (*removing prosthetic devices, interacting with handlers, etc.*), the start area should be longer that the normal 50m.

### 3. Length of bike course.

Considering that there will be an extend use of the swim course, with athletes coming out of the water later than our current set limits, we need to make sure that there is no overlapping and crossing between bikers and swimmers.

### 4. Overlapping with an AG event

A Paratriathlon event with a staggered start cannot be part of an AG event. However, if it is not possible to separate the two races, the time difference between the AG and Paratriathlon waves starts should be increased.

## RULE MODIFICATIONS

To add to 17.4

e) The PT5 athletes may compete either starting together, or using the staggered start called “Fair Start System”

- (i) In races where all sub-classes start together, the relevant compensation time will be subtracted from the final times of the athletes competing in the sub-class. (*Time Compensation values (intervals) for a Paratriathlon are as shown in the example below*):

Men		
	Sub class	Compensation
1	B1	-00:03:43
2	B2-B3	00:00:00

Women		
	Sub class	Compensation
1	B1	-00:04:16
2	B2-B3	00:00:00

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- (ii) In races utilizing the staggered "Fair Start System", the start list should be prepared according to the following examples:

PT5 men Start list				
Start number	Name	NF	Sub Class	Start time
1	Svensson, Lars	SWE	B1	00:00:00
2	Arkajanow, Nikolai	RUS	B1	00:00:00
3	Nice, John	USA	B2	00:03:43
4	Goodwill, David	AUS	B2	00:03:43
5	Krecek, Jan	CZE	B3	00:03:43
6	Crogic, Gergely	CRO	B3	00:03:43

PT5 Women Start list				
Start number	Name	NF	Sub Class	Start time
11	Smith, Petra	GER	B1	00:00:00
12	Donner, Melissa	USA	B1	00:00:00
13	Williams, Lucy	AUS	B2	00:04:16
14	Merini, Sofia	ITA	B2	00:04:16
15	Jun, Ji	KOR	B3	00:04:16
16	Mendes, Fernanda	POR	B3	00:04:16

PT5 Men and Women Start list				
Start number	Name	NF	Sub Class	Start time
1	Svensson, Lars	SWE	B1 M	00:00:00
2	Arkajanow, Nikolai	RUS	B1 M	00:00:00
11	Smith, Petra	GER	B1 F	00:00:00
12	Donner, Melissa	USA	B1 F	00:00:00
3	Nice, John	USA	B2 M	00:03:43
4	Goodwill, David	AUS	B2 M	00:03:43
5	Krecek, Jan	CZE	B3 M	00:03:43
6	Crogic, Gergely	CRO	B3 M	00:03:43
14	Williams, Lucy	AUS	B2 F	00:04:16
15	Merini, Sofia	ITA	B2 F	00:04:16
16	Jun, Ji	KOR	B3 F	00:04:16
17	Mendes, Fernanda	POR	B3 F	00:04:16

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- (iii) If an athlete is reclassified into a different sub-class following observation, their finishing time will be adjusted according to the designated compensation times;
  - (iv) In order to avoid overlapping or issues due to time constraints, the Referee may allow a mass start.
  - (v) Any protests that are filed regarding the starting order and/or compensation times, shall take place according to ITU Art. 12.2 , "Protest of Eligibility." ;

To add in Chapter 4 the following section in between the current 4.6 and 4.7

#### 4.7 Start procedure (Interval starts and Fair Start System)

- a) Athletes are responsible for being at the start line on time;
  - b) A video camera shall be used to record the entire start;
  - c) The start officials are responsible for synchronizing their own and the Timekeepers' watches;
  - d) Start officials must provide all athletes with the opportunity to start at their correct times. An assistant responsible for recording the details for any violations at the start must be placed near the starter. With both electric and hand-timing, the athletes' actual start time must be noted, in case the Jury decides his/her late start was due to Force Majeure;
  - e) Athletes will be called to the start area and will occupy the start positions according to the TOs' instructions;
  - f) Ten minutes before their start time, all the athletes should be ready at the start area;
  - g) Five minutes before their start time, athletes will be asked to take their position at the start area;
  - h) One minute before their start time, athletes will be asked to enter the water;
  - i) When all athletes are in position, the "start procedure " will be initiated. "On your marks!" will be announced;
  - j) The start signal (*Horn Blast*) will be sounded at the exact start time of the wave;
  - k) An athlete who is an "early starter" in a "valid start" will not be recalled to the start line.
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- l) The early starters will receive a time penalty in Transition 1;
  - m) An athlete who starts any time before the beginning of the “start procedure” or who starts in a wave they are not assigned to, will be disqualified;
  - n) Athletes who are late to their assigned wave must get approval of the start TO to start.
  - o) The athlete start time will be the start time of the assigned wave, and no adjustment to his/her start time can be made
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