

Appendix E17

ITU Duathlon Points List Criteria

1. PURPOSE:

1.1. ITU Duathlon Points Lists will be used to determine the best performing duathletes.

2. POINTS AND SCORING:

2.1. Scoring events:

- a) There will be 6 levels of events included in the ITU World Duathlon Points Lists:
- The ITU Duathlon World Championships;
 - The ITU Long Distance Duathlon World Championships;
 - The ITU Duathlon World Series events (long and standard distances);
 - The ITU Duathlon Continental Championships events (long and standard distances); (*)
 - The Duathlon National Championships. (**)

(*) Athletes from all the continents are eligible to earn points.

(**) Only athletes representing the respective NF will earn points. If the National Federation holds National Championships, in Standard, Long and/or Sprint Distance, the Standard Distance Championship will be preferred over the Long distance one, and the Long Distance will be preferred over the Sprint distance.

- b) The points earned by the winner of each event will be:
- 1000 for the ITU Duathlon World Championships (long and standard distances);
 - 600 for the ITU Duathlon Continental Championships (long and standard distances);
 - 400 for the ITU Duathlon World Series events (long and standard distances);
 - 150 for the Duathlon National Championships.
- c) The points table for each level of event will be from:
- 1st to 25th for the ITU Duathlon World Championships;
 - 1st to 15th for the ITU Long Distance Duathlon World Championships;
 - 1st to 15th for the ITU Duathlon World Series events;
 - 1st to 15th for the ITU Duathlon Continental Championships;
 - 1st to 10th for the ITU Duathlon Continental Cup events;
 - 1st to 5th for the Duathlon National Championships;
- d) The points will be decreased by 7.5% every position;
- e) The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall

event and points for the National Championships) only the highest score will be considered;

2.2. Total Events to Count:

The total number of points acquired by an athlete in a given year will be the result of adding:

- a) The **3** best scores in the previous 53 weeks (current year);
- b) 1/3 of the value of the the **3** best scores gained in the weeks between the 54th and the 106th previous to the date of publication. (previous period).

2.3. Value of the points depending on the periods:

- a) The value of the points in the current period will be the same as those gained in the event;
- b) b) The value of the points in the previous period will be 1/3 of those gained in the event.

Appendix E18

ITU Long Distance Triathlon Points List Criteria

1. PURPOSE:

- 1.1. ITU Long Distance Triathlon Points Lists will be used to determine the best performing long distance triathletes.

2. POINTS AND SCORING:

2.1. Scoring events:

- a) There will be 5 levels of events included in the ITU World Long Distance Triathlon Points Lists:
 - The ITU Long Distance Triathlon World Championships;
 - The ITU Long Distance Triathlon World Series events;
 - The ITU Long Distance Triathlon Continental Championships;(*)
 - The ITU Long Distance Triathlon Continental Cup events;
 - The Long Distance Triathlon National Championships. (**)
- (*) Athletes from all the continents are eligible to earn points.
- (**) Only athletes representing the respective NF will earn points. If the National Federation holds two National Championships, in Long and Middle Distance, the Long Distance Championship will be the one considered.
- b) The points earned by the winner of each event will be:
 - 750 for the ITU Long Distance Triathlon World Championships;
 - 500 for the ITU Long Distance Triathlon World Series events;
 - 500 for the ITU Long Distance Triathlon Continental Championships;
 - 250 for the ITU Long Distance Triathlon Continental Cup events;
 - 150 for the Long Distance Triathlon National Championships. The points table for each level of event will be from:
 - 1st to 25th for the ITU Long Distance Triathlon World Championships;
 - 1st to 15th for the ITU Long Distance Triathlon World Series events;
 - 1st to 15th for the ITU Long Distance Triathlon Continental Championships;
 - 1st to 10th for the ITU Long Distance Triathlon Continental Cup events;
 - 1st to 5th for the Long Distance Triathlon National Championships.
- c) The points will be decreased by 7.5% every position;
- d) The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered;

- 2.2. **Total Events to Count:** The total number of points acquired by an athlete in a given year will be the result of adding:
- a) the 3 best scores in the previous 53 weeks (current year);
 - b.) 1/3 of the value of the the 3 best scores gained in the weeks between the 54th and the 106th previous to the date of publication. (previous period).
- 2.3. **Value of the points depending on the periods:**
- a) The value of the points in the current period will be the same as those gained in the event;
 - b) b) The value of the points in the previous period will be 1/3 of those gained in the event.

Appendix E19

ITU Winter Triathlon Points List Criteria

1. PURPOSE:

1.1. ITU Long Distance Triathlon Points Lists will be used to determine the best performing Winter triathletes.

2. POINTS AND SCORING:

2.1. Scoring events:

a.) There will be 5 levels of events included in the ITU World Winter Triathlon Points Lists:

- The ITU Winter Triathlon World Championships;
- The ITU Winter Triathlon World Cup events;
- The ITU Winter Triathlon Continental Championships;(*)
- The ITU Winter Triathlon Continental Cup events;
- The Winter Triathlon National Championships. (**)

(*) Athletes from all the continents are eligible to earn points.

(**) Only athletes representing the respective NF will earn points.

b.) The points earned by the winner of each event will be:

- 750 for the ITU Winter Triathlon World Championships;
- 500 for the ITU Winter Triathlon World Cup events;
- 500 for the ITU Winter Triathlon Continental Championships;
- 250 for the ITU Winter Triathlon Continental Cup events;
- 150 for the Long Distance Triathlon National Championships.

c.) The points table for each level of event will be from:

- 1st to 25th for the ITU Winter Triathlon World Championships;
- 1st to 15th for the ITU Winter Triathlon World Cup events;
- 1st to 15th for the ITU Winter Triathlon Continental Championships;
- 1st to 10th for the ITU Winter Triathlon Continental Cup events;
- 1st to 5th for Winter Triathlon National Championships.

d.) The points will be decreased by 7.5% every position;

e.) The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered;

2.2. **Total Events to Count:** The total number of points acquired by an athlete in a given year will be the result of adding:

a) the 3 best scores in the previous 53 weeks (current year);

b.) 1/3 of the value of the the 3 best scores gained in the weeks between the 54th and the 106th previous to the date of publication. (previous period).

2.3. Value of the points depending on the periods:

a.) The value of the points in the current period will be the same as those gained in the event;

b.) b) The value of the points in the previous period will be 1/3 of those gained in the event.