

ATHLETES GUIDE

ALANYA ITU TRIATHLON WORLD CUP 2014

SEPTEMBER 27- 28





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1. GENERAL INFORMATION

1.1 Introduction

The purpose of the Athletes Info Guide is to ensure that all Athletes and Team Leaders are well informed about all procedures concerning the Alanya ITU Triathlon World Cup 2014.

The LOC has made every effort to ensure that the information contained in this Guide is correct and up-to-date. **However, Team Leaders are advised to check with the Information Center LOC OFFICE during the Championship's week, and its web site www.alanyatriathlon.com prior to that week, regarding any changes on information included**



1.2 Key Dates

WHAT	WHERE	WHEN	START
AG Team Manager's Briefing	Culture Center	Friday 26th	17:30
AG Athlete's Briefing	Culture Center	Friday 26th	17:30
Junior Women Athlete's Briefing	Culture Center	Friday 26th	16:30
Junior Men Athlete's Briefing	Culture Center	Friday 26th	16:30
Elite Men Athlete's Briefing	Culture Center	Thursday 25th	17:00
Elite Women Athlete's Briefing	Culture Center	Thursday 25th	17:00
Parade-Opening Ceremony	Culture Center to Harbour	Friday 26th	18:30
Pasta Party	Harbour	Friday 26th	19:00
Race Start AG Olympic	Venue Pontoon	Saturday 27th	07:00
Race Start Junior Women	Venue Pontoon	Saturday 27th	11:00
Race Start Elite Women	Venue Pontoon	Saturday 27th	14:00
Medal Ceremony Elite Women	Finish Area	Saturday 27th	16:15
Medal Ceremony Junior Women	Finish Area	Saturday 27th	16:15
Medal Ceremony AG Olympic	Finish Area	Saturday 27th	16:45
Race Start AG Sprint	Venue Pontoon	Sunday 28th	08:00
Race Start Junior Men	Venue Pontoon	Sunday 28th	11:00
Race Start Elite Men	Venue Pontoon	Sunday 28th	14:00
Medal Ceremony Junior Men	Finish Area	Sunday 28th	16:15
Medal Ceremony Elite Men	Finish Area	Sunday 28th	16:15
Closing Ceremony	Filika Restaurant	Sunday 28th	19:30
Triathlon Party		Sunday 28th	23:00

in this guide.

1.3 Key Contacts

Executive Director	Mehmet Zafer Peker
LOC Office	Saim Kanlı
Press Office	Nurkan Şaşmaz
Director of Operations	Ahmet Emre Payalioğlu
Technical Delegates	Howard Vine
Team Leader	Alpar Nagy

1.4 Contact Details

Mehmet Zafer Peker

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mpeker@triathlon.org.tr

www.alanyatriathlon.com

Ahmet Emre Payalioğlu

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sports@alanya.bel.tr

Saim Kanlı

Tel: 0090 532 422 69 69

spororg@hotmail.com

Howard Vine

viney@waitrose.com

Nurkan Şaşmaz

Tel: 0090 532 257 17 77

nurkansasmaz@alanya.bel.tr

Alpar Nagy

alpar.nagy@triathlon.org



2. VENUE

2.1 Venue

The venue is located close to the Alanya Municipality City Hall where the Finish Area will be located.

2.2 Athletes' Lounge

Facilities including athlete's lounge and toilets are provided to the athletes (Elite, Junior) near the Pontoon, and there is also a waiting area for Age Groups near the Pontoon.

*Please check **Map n°1***

2.3 Doping Control

Doping Control will be performed according to the ITU/WADA rules. *Please check **Map Nol** in the **Maps** section (**City Hall**).*

2.4 Medical Services

First Aid and Emergency Medical Services at the Finish Area will be available to anyone requiring medical assistance during the competition hours.

Medical and paramedical personnel will be available throughout the _ courses and the races themselves.

Medical areas will be available on site, at the finish area. Teams should ensure that they have appropriate medical insurance.

2.5 Bike Mechanic Centre

There will be Bike Mechanic Support available on June, Friday 26th and up to Sunday 28th by SHIMANO and the timetable will be as follows:

Friday	06:00 to 18:00	by SHIMANO at the VENUE
Saturday	06:00 to 19:00	by SHIMANO at the VENUE
Sunday	06:30 to 18:00	by SHIMANO at the VENUE

there will be a Bike Mechanic Support near the start area (venue).

*Please check **Map Nol** in the **Maps** section.*

2.6 Information Centre/LOC OFFICE

The Information Center/LOC OFFICE, will be at open at:

- **Culture Center** on Wednesday 24th from 08:00-12:00 and 13:00-18:00 ;Thursday 25th from 08:00-20:00
- **Race center/City Hall**, from Friday to Sunday and open all day.

Otherwise, contact M .Zafer Peker (+90 536 353 34 38), Saim Kanlı (+90 532 422 69 69)



2.7 Security

Safety during the whole competition will be guaranteed by a specific Security Plan. In the swim course security will be guaranteed by the Sea Civil Guard together with lifesaving staff. In the cycle course Local Police and the Traffic Civil Guard will guarantee security along with a large and very well trained volunteer team. Along the running course security will be guaranteed by the Local Police. In addition, a private security company will be in charge of accesses into venues.

3. ACCOMMODATION

Cartier Tour, our Official Travel Agency, offers a wide range of hotel rooms and prices in order to provide better rates for the athletes.

For more information, prices and payment conditions, please enter our web site www.alanyatriathlon.com and click on to the travel section.

For any information regarding accommodation arrangements, reduced mobility or special needs, please contact www.cartiertour.com triathlon@cartiertour.com

4. TRANSFER AND TRANSPORT

The LOC will provide through the Official Travel Agency a **Transfer service** from either both airports, Gazipaşa and Antalya to all Alanya's hotels.

To book this service you need to fill in the reservation form in the travel section in www.alanyatriathlon.com or send an e-mail with detailed flight information to servis@cartiertour.com **not later than 2 weeks before the event.**

The Official Travel Agency offers a private **TRANSPORT** service (shuttle) between hotels in and ALANYA city. This service is a 4 days Forfait (thursday, friday, saturday and sunday).

For other Transport services, and any information about transfer or transport, please contact servis@cartiertour.com

5. TRAINING

Pre-competition swimming training will take place: for Elite, Junior, Olympic Swimming Pool is located 4 km from at the venue.

Look for map.

For your bike training, a number of secured routes are proposed below. For your running training, there are several routes in Alanya city, all safe and appropriate.

5.1 Elite, Junior, training sessions in the Alanya Olympic Swimming pool.

- **Friday, September 26th.**

08:00-12:00



- Saturday, September 27th.

08:00-12:00

NOTE: IT IS IMPORTANT THAT EACH NATIONAL FEDERATION SENDS TRAINING SESSIONS' REQUEST FOR THEIR TEAM (ATHLETE'S NAME, HOUR AND DAY) UNTIL ONE WEEK BEFORE THE RACES, TO spororg@hotmail.om

5.2 Age Groups training sessions in Alanya Olympic Swimmig Pool

- Friday, September 26th..

14:00 – 18:00

5.3 Bike Training

Please find below the proposed training routes for your bike training. Be always aware of the Traffic Rules and Regulations. Bike training will be at your own risk.

5.4 Familiarization

The bike and swim familiarization times:

- Swim, Friday 26 th

WHERE	START	END	EVENT
Venue Pontoon	10:30	11:30	Elite Men
Venue Pontoon	10:30	11:30	Elite Women
Venue Pontoon	10:30	11:30	Junior Men
Venue Pontoon	10:30	11:30	Junior Women

- Bike, Friday 26 th

WHERE	START	END	EVENT
Venue Elite Transition	06:30	07:00	Elite Men
Venue Elite Transition	06:30	07:00	Elite Women
Venue Elite Transition	06:30	07:00	Junior Men
Venue Elite Transition	06:30	07:00	Junior Women

During the swimming familiarization course there will be lifeguards and medical service available. During the bike familiarization course, Police and LOC will escort the athletes around the course.

5.5 Sport Massage Service

Sports Massage Therapy will be available to Elite, Junior, athletes after all the races at the Recovery area. Age Groups will have their own Sports Massage Therapy at the Recovery area.



6. COMPETITION INFORMATION

6.1 Competition Schedule

ELITE WOMEN

WHAT	WHERE	WHEN	START	END
Bike Course Familiarisation	Venue Elite Transition	Friday 26th	06:30	07:00
Swim Course Familiarisation	Venue Pontoon	Friday 26th	10:30	11:30
Elite Athletes Briefing/ Registration	Culture Center	Thursday 25th	18:00	19:00
Press Conference	Culture Center			
Parade of Nations and Opening Ceremony	Culture Center to Harbour	Friday 26th	18:30	19:00
Pasta Party	Harbour	Friday 26th	19:00	20:00
Athlete's Lounge Open for check	Main venue	Saturday 27th	12:30	13:30
Transition Area Opens	Elite Transition Area	Saturday 27th	13:00	13:45
Swim Warm Up	Main venue	Saturday 27th	13:00	13:45
Athlete's Presentation	Main venue	Saturday 27th	13:50	14:00
Race Start	Main venue	Saturday 27th	14:00	16:15
Award Ceremony	Finish Area	Saturday 27th	16:15	
Bike Check Out	Elite Transition Area	Saturday 27th	16:15	17:00
Closing Party & Ceramony	Filika Restaurant	Sunday 28th	19:30	23:00

ELITE MEN

WHERE	WHAT	WHEN	START	END
Bike Course Familiarisation	Venue Elite Transition	Friday 26th	06:30	07:00
Swim Course Familiarisation	Venue Pontoon	Friday 26th	10:30	11:30
Elite Athletes Briefing/ Registration	Culture Center	Thursday 25th	18:00	19:00
Press Conference	Culture Center			
Parade of Nations and Opening Ceremony	Culture Center to Harbour	Friday 26th	18:30	19:00
Pasta Party	Harbour	Friday 26th	19:00	20:00
Athlete's Lounge Opens	Main venue	Sunday 28th	12:30	13:30
Transition Area Opens	Elite Transition Area	Sunday 28th	13:00	13:45
Swim Warm Up	Main venue	Sunday 28th	13:00	13:45
Athlete's Presentation	Main venue	Sunday 28th	13:50	14:00
Race Start	Main venue	Sunday 28th	14:00	16:15
Award Ceremony	Finish Area	Sunday 28th	16:15	
Bike Check Out	Elite Transition Area	Sunday 28th	16:15	17:00
Closing Party & Ceramony	Filika Restaurant	Sunday 28th	19:30	23:00



JUNIOR WOMEN

WHAT	WHERE	WHEN	START	END
Bike Course Familiarization	Venue Elite Transition	Friday 26th	06:30	07:00
Swim Course Familiarization	Venue Pontoon	Friday 26th	10:30	11:30
Junior Athletes Briefing/ Registration	Culture Center	Friday 26th	16:30	17:30
Parade of Nations and Opening Ceremony	Culture Center to harbour	Friday 26th	18:30	19:00
Pasta Party	Harbour	Friday 26th	19:00	20:00
Athlete's Lounge Open for check	Main venue	Saturday 27th	09:30	10:30
Transition Area Opens	Elite Transition Area	Saturday 27th	10:00	10:45
Swim Warm Up	Main venue	Saturday 27th	10:00	10:45
Athlete's Presentation	Main venue	Saturday 27th	10:50	11:00
Race Start	Main venue	Saturday 27th	11:00	12:15
Bike Check Out	Elite Transition Area	Saturday 27th	12:15	13:45
Award Ceremony	Finish Area	Saturday 27th	16:15	
Closing Party & Ceramony	Filika Restaurant	Sunday 28th	19:30	23:00

JUNIOR MEN

WHAT	WHERE	WHEN	START	END
Bike Course Familiarisation	Venue Elite Transition	Friday 26th	06:30	07:00
Swim Course Familiarisation	Venue Pontoon	Friday 26th	10:30	11:30
Junior Athletes Briefing/ Registration	Culture Center	Friday 26th	16:30	17:30
Parade of Nations and Opening Ceremony	Culture Center to Harbour	Friday 26th	18:30	19:00
Pasta Party	Harbour	Friday 26th	19:00	20:00
Athlete's Lounge Opens	Main venue	Sunday 28th	09:30	10:30
Transition Area Opens	Elite Transition Area	Sunday 28th	10:00	10:45
Swim Warm Up	Main venue	Sunday 28th	10:00	10:45
Athlete's Presentation	Main venue	Sunday 28th	10:50	11:00
Race Start	Main venue	Sunday 28th	11:00	12:15
Bike Check Out	Elite Transition Area	Sunday 28th	12:15	12:45
Award Ceremony	Finish Area	Sunday 28th	16:15	
Closing Party & Ceramony	Filika Restaurant	Sunday 28th	19:30	23:00



AGE GROUP OLYMPIC

WHAT	WHERE	WHEN	START	END
Age Group Team Managers Briefing	Culture Center	Friday 26th	17:30	18:30
Age Group Athlets Briefing	Culture Center	Friday 26th	17:30	18:30
Age Group Registration	Culture Center	Friday 26th	09:00	18:00
Parade of Nations and Opening Ceremony	Culture Center to Harbour	Friday 26th	18:30	19:00
Pasta Party	Harbour	Friday 26th	19:00	20:00
Transition Area Opens	Age Group Transition Area	Saturday 27th	06:00	07:00
Race Start	Venue Pontoon	Saturday 27th	07:00	10:30
Bike Check Out	Age Group Transition Area	Saturday 27th	10:30	11:30
Medal Ceremony	Finish Area	Saturday 27th	16:45	
Closing Ceremony	Filika Restaurant	Sunday 28th	19:30	23:00

AGE GROUP SPRINT

WHAT	WHERE	WHEN	START	END
Age Group Team Managers Briefing	Culture Center	Friday 26th	17:30	18:30
Age Group Athlets Briefing	Culture Center	Friday 26th	17:30	18:30
Age Group Sprint Registration	Culture Center	Friday 26th	09:00	18:00
Parade of Nations and Opening Ceremony	Culture Center to Harbour	Friday 26th	18:0	19:00
Pasta Party	Harbour	Friday 26th	19:00	20:00
Transition Area Opens	Age Group Transition Area	Sunday 28 th	07:00	08:00
Race Start AG Sprint	Venue Pontoon	Sunday 28 th	08:00	09:30
Bike Check Out	Age Group Transition Area	Sunday 28 th	09:30	10:30
Medal Ceremony	Finish Area	Sunday 28 th	16:30	
Closing Ceremony	Filika Restaurant	Sunday 28 th	19:30	23:00

6.2 Competition Rules

The ITU Triathlon World Cup will follow the latest published Competitions Rules of the International Triathlon Union.

6.3 Insurance

All athletes and team support personal must carry their own medical insurances.



6.4 Warm up

The LOC will provide the swim course for warm-up, under the best secure conditions, as follows:

WHAT	WHERE	WHEN	START	END	EVENT
Swim Warm Up	Venue Pontoon	Saturday 27th	10:00	10:45	Junior Women
Swim Warm Up	Venue Pontoon	Saturday 27th	13:00	13:45	Elite Women
Swim Warm Up	Venue Pontoon	Sunday 28th	10:00	10:45	Junior Men
Swim Warm Up	Venue Pontoon	Sunday 28th	13:00	13:45	Elite Men

6.5 Athletes Race Pack

Athletes' race packs will be handled over at the Culture Center and during the briefing and registration, as follows:

WHAT	WHERE	WHEN	START	END		EVENT
Briefing-Registration	Culture Center	Friday 26th	16:30	17:30		Junior Men
Briefing-Registration	Culture Center	Friday 26th	16:30	17:30		Junior Women
Briefing-Registration	Culture Center	Thursday 25th	18:00	19:00		Elite Men
Briefing-Registration	Culture Center	Thursday 25th	18:00	19:00		Elite Women
Registration	Culture Center	Friday 26th	09:00	18:00		AG Sprint
Registration	Culture Center	Friday 26th	09:00	18:00		AG Olympic

6.6 Timing Bands

On the race day, athletes are given a Chip Timing band, to be worn on the athlete's right ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure. Athletes have to return the timing band, in order to collect their bike from the Transition Area, after the race.

6.7 Information About the FOP

6.7.1 Start

The start is a pontoon start. The start platform is 70m long and each athlete will stand in a starting position approximately 75cm wide. The Race Referee with the assistance of ITU Technical Officials, who are assigned to the start, will start each race.



6.7.2 Swim Course

The start area is located at Galip Dere Beach, in front of the Alanya Municipality Building. At each turn there will be yellow buoys.

*Please check the **Maps** section for each race.*

It is forbidden to use wetsuits. Average temperature is expected to be 24°C.

6.7.3 Transition T1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in a box placed beside the bike racks. For T1 the bike is racked with the bike facing towards the exit. Athletes name and number are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line.

6.7.4 Transition T2

From the dismount line, athletes run in the centre lane with the bike towards their bike rack. Running shoes may be placed beside the rack or in the box. After putting on their shoes, athletes will run forward in the outer run lane.

6.7.5 Bike Course

The bike course is all covered. The course is flat and some technical turns after start and before finish. For Bike course elevation maps, please check the **Maps** section for each race.

6.7.6 Wheel Stations

Two (2) wheel stations will be located along the bike course. First of the venue this one team wheel station. The LOC will provide a number of wheels at the second wheel station 300 metres after the venue on turning point. These wheels are:

- 10- 700cc 10 cassette shimano,
- 10- 700cc front wheel,
- *Please check the **Maps** section*

for each race.

6.7.7 Run Course

The run course is through the city center. The athletes will run on asphalt, and enter the Finish line and in the last lap, cross the finish line.

For Run Course Elevation Maps check the **Maps** section for each race.

6.7.8 Aid Stations

Two (2) aid stations will be located along the run course and one at the end (behind the finish line).

*Please check the **Maps** section for each race.*



6.8 Weather Conditions

Please find below the average Weather Conditions for June:

Maximum Temp	28,2°C
Minimum Temp	17,4°C
Average Temp	25,5°C
Wind Speed (m/s)	
Rain	2,7 days

6.9 Results

Results will be uploaded live at the race official website

www.alanyatriathlon.com Also live coverage of the race will be displayed through the web.

All the Results information will be distributed to the Team Leaders at the Information Centre.

Please remmember: PRIZE MONEY WILL BE GIVEN ONLY WHEN PRESENTING PASSAPORT, OR DNI FOR TUKISH ATHLETES

6.10 Protest & Appeals

Standard procedures will be followed according to the ITU Competition Rules.

7. IDENTIFICATION

Organizers will provide to all the Organizing Committee members, ITU Technical Officials, athletes, VIPs, journalists, technical staff, court personnel, volunteers, etc with an official **Identification card**.

Only accredited persons will be allowed to access certain venue areas. Identification Cards are colour/number-coded and provide access to specific areas of the competition areas. **All accredited persons are requested to carry their Identification Cards with them at all times and to show them upon request. Identification Card is mandatory to enter the Culture Center and City Hall.**

7.1 Training Facilities Access

In order to enter the Swimming Pool Center, athletes and team officials should carry and show their identification cards upon their arrival to the Center.

7.2 Identification Card Request

The National Federations apply for identification for their athletes and team officials, by sending list with their names by e-mail to zaferpekers@hotmail.com

The identification cards will be handed to the athletes' delegations upon registration at the Race Center/Culture Center.



8. VISA PROCEDURE

Visitors must make their appeals about visa personally to our foreign representative offices. It is better for you to have procedures done at least a month before when you want to come as there might be delay because of other procedures.

[Click here to check visa applications that also concerns foreigners.](http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa)
<http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

9. USEFUL INFORMATION

9.1 Language

The official languages of Turkey is Turkish. A lot of the citizens speak English and German.

9.2 Population

350.000 people live in Alanya City

9.3 Currency

The Turkey's currency is the Lira. The exchange rate on January the 4th was **1 € = 3,12 tl**
1US\$ =2,10. Most currencies may be exchanged in banks (open hours: Monday to Friday 09:00-17:00). Otherwise, exchange bureau and travel agencies may provide currency exchange facilities and can use all shops,restaurants, etc euro and dollars.

9.4 Time

Alanya time is located on GMT+2 timezone and it is 2 hours forward from England, 1 hour forward from Central Europe.

9.5 Electricity

Main voltage in Turkey is 220 V and 50 Hz. Sockets for two-pin connectors are standard.

9.6 Water

Tap water is suitable for drinking.

9.7 Post

The main post office in Alanya, is on Atatürk Street .Open hours: 08:30 to 17:30, from Monday to Friday .

9.8 Hospital

The hospital of reference in ALANYA for this Alanya ETU Triathlon European Championships 2013, are the **State Hospital Alanya and Private YASAM Hospital** . On race days it will remain on high alert, in order to cover athletes and team officials' needs.

9.9 Telephone Connections

Calling from abroad with mobile phones, dial +90 before the number.



To call abroad from telephones, dial 00, then the country code and last the phone number you wish to call.

TURKCELL, Vodafone, Avea are the mobile phone providers in Alanya. Check with your home service provider to find out if Roaming Service is available for you - but be aware that a "local" call will then be routed internationally and will turn out to be very expensive.

9.10 Getting Around

Alanya is an ancient city in the south of the Turkey.

In ALANYA there is a sea side to the Mediterrenian and a climate that makes it very pleasant to welcome tourism throughout the year. Visitors come to our Historical Center, as well as to our countryside, and many times whether by foot, mountain biking or motorbike all the way along the Alanya to Anatolia.

This city holds major sports events as, the ;

- ETU Triathlon European Championship 2013
- World Deaf Beach Volleyball Championship
- World University Beach Volleyball Championship
- European Modern Pentathlon Championship
- FIVB Beach Volleyball Swatch Youth World Championship (U19 – U21)
- European Deaf Beach Volleyball Championship
- CEV Beach volleyball European Championship
- European Beach Handball Championship

Below are some tips to get you started:

Air: **Gazipaşa International Airport**- Gazipaşa is just 40 Km from Alanya , Antalya International Airport –Antalya is 120 km from Alanya.

Transfer: The **Official Travel Agency** offers a **TRANSFER** service from either both airports, **GAZİPAŞA** and **ANTALYA** to all **Alanya's** hotels. To book this service you need to fill in the reservation form in the travel section in www.alanyatriathlon.com

Transport: a private **TRANSPORT** service is offered by the **Official Travel Agency** between hotels in and **ALANYA** city. This service is a 4 days Forfait (thursday, friday, saturday and sunday) and only applies when booking hotel through the Official Travel Office. To book this service you need to fill in the reservation form in the travel section in ,

For other Transport services, and any information about transfer or transport, please contact www.cartiertour.com

Car: The best way to get to Alanya from:

İstanbul, is entering and then driving on the highways through Afyon, Antalya and to Alanya. There are approximately 800 km.

Antalya, is entering Mediterrenian through and driving on the highway and then until Alanya. There are approximately 120 km.

Bus: Several bus services link ALANYA to the rest of all TURKEY.



10. TOURISM INFORMATION

ALANYA CASTLE

Alanya Castle, whose ramparts are about 6.5 kilometers long, is on the peninsula 250 meter high above the sea. The settlement on Alanya peninsula, which is also known as "Kandeleri", not only dates back to hellenistic era but also reflects the 13. century as a Seljukian site. The castle was built by Seljukian Sultan Alaaddin Keykubat, who reconstructed Alanya when he conquered it in 1221. The castle has 83 towers and 140 bastions. There are nearly 400 cisterns made for fulfilling the water need of town which was inside the castle in medieval ages. Some of these cisterns are still in use.

KIZILKULE

This is an octagonal building inherited from Seljukians of 13. century as well as the symbol of Alanya. It is named as Kızilkule due to its upper parts' being made of fired red bricks because of the difficulty of lifting stone blocks to higher parts. The tower, which was set against raids coming from the sea to protect the port and navy yard, has been used for military purposes for centuries.

NAVYYARD

The navy yard, having five arched rooms, was constructed in such a way that it receives sunlight almost all the time sun is up. Alanya navy yard is the first yard in of Seljukians the Mediterranean region. There is a praying room on one side, and a guardsman room on the other side of the navy yard. Therefore, there is a well inside of one of the rooms, which has dried up in time.

ARMORY

There is an armory located on a rock 10 meters high above the sea, next to the navy yard to protect it. It is also known that is this armory, which was built in 1227 and made of dimension stones and has a rectangular infrastructure, cannons had been produced for battleships.

EHMEDEK

It was rebuilt as a midpoint castle in Seljukian era in the place of little castle which was located on the north the main castle and inherited from Byzantium Empire. The structure is in such a location that has strategical advantage against land attacks and able to protect the keep, in which the sultan's palace was placed.

SÜLEYMANİYE MOSQUE

It was at first built by Seljukian Sultan Alaaddin Keykubat in 1231, however, when it fell down, it was rebuilt by Kanuni Sultan Süleyman (The Magnificent) in the 16th century, during the Ottoman era. In order to provide acoustic to the mosque, 15 little cubes were placed to the dome, which was working as a hanger. This feature stands out during prayers.

BEDESTEN

It is in the castle, near Süleymaniye Mosque. It is thought to have been built as a bazaar or inn in the time of Karamanoğulları Seigniory, in 14th or 15th century. The historical building is used as a hotel, restaurant and cafeteria today.

ROYALMINTS

They are the structures that are located on Cilvarda Cape, which is composed of steep rocks 400 meters long, on the tip of the peninsula. Although it is called as a royal mint in public, in these with dimension stone made buildings are there not money being printed. One of the stony structures is a little church built in the 11th century. The others were most likely to have been used as monasteries.

AKŞABE SULTAN SMALL MOSQUE

It is in the castle, on the west of Bedesten, nearly 100 meters ahead of Süleymaniye Mosque. It was built by Akşabe Sultan, who was the first commander of Alaaddin Keykubat in Alanya Castle, in 1230. It has a square infrastructure and 2 rooms. One of the rooms is a prayer room and the other one is the tomb of Akşabe Sultan. There are 3 other tombs as well.

ANTIQUCITIES

Both on the west and east of Alanya are there plenty of ancient sites' remains. These are sites



of Pamphylia's and Cilicia's some of which are on the coast while some other are on steep slopes. The ruins reflect the characteristics of the region. The ash pans carved in stones which are on display at Alanya Archeology Museum, also reflect the burial traditions of Cilicia region. It is free to visit some ancient sites around which archeological excavations are still being carried out and areas protected owing to their being ruins. Those who would like to sight-see the remains around had better wear clothes which are suitable for long walkings around rocky terrains and among tall bushes and keep water with themselves when it is summer.

COLYBRASSUS

It is a historical site located on Toros Mountains, inherited from Romans, the northwest of Alanya, 30 kilometers far. The historical background of this site has not been clearly found out yet, though, there are a lot of epigraphs spread around which includes important informations about past.

HAMAXIA

It is on the northwest of Alanya, 12 kilometers far. Strabon, geographer of his time, spoke of the abundance of cedar trees, which were used for making ships, in the region known as Pamphylia. It has a great view of Mediterranean.

SYEDRA

It is on the east of Alanya, 20 kilometers far. The site's history is thought to be dating back to 7th century BC. The entrance to the site which sustained its existence until the 13th century AD is a still-standing monumental gate. The site is surrounded by ramparts.

LEARTES

Learthes is located on the feet of a slope that is next to the entrance of a plateau in Toros Mountains, east of Alanya, 25 kilometers far. It is in the region which was known as Mountainous Cilicia in the ancient times. Epigraphs whose 3 sections were written in phoenician language in 7th century BC is on display at Alanya Museum.

IOTAPE

It is on the east of Alanya, 33 kilometers far. The promontory leans over the sea is the acropolis of the site. Where the acropolis is connected to mainland is Liman Main Road. The tiny bay in which there are ancient port remains has a beach that you can settle for swimming.

SELINUS

It is an ancient site located on the hillside of a little peninsula, east of Alanya, 45 kilometers far. Its history dates back to 6th century BC. Trajanus, the emperor of Rome, who died in the 9th of August 117, passed away here and his ashes were sent to Rome.



11. MAPS

11.1 Venue Map

Maps No 1



11.2 Elite Courses

Maps No 2



Maps No 3

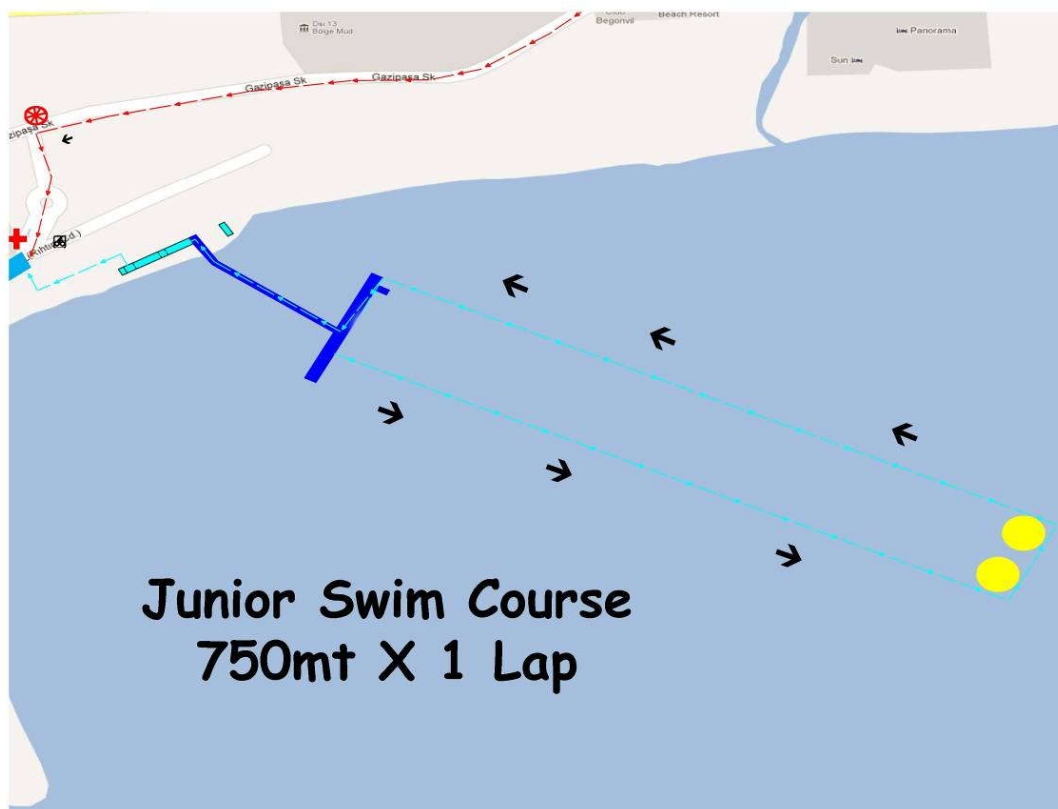


Maps No 4



11.3 Junior Courses

Maps No 5



Maps No 6



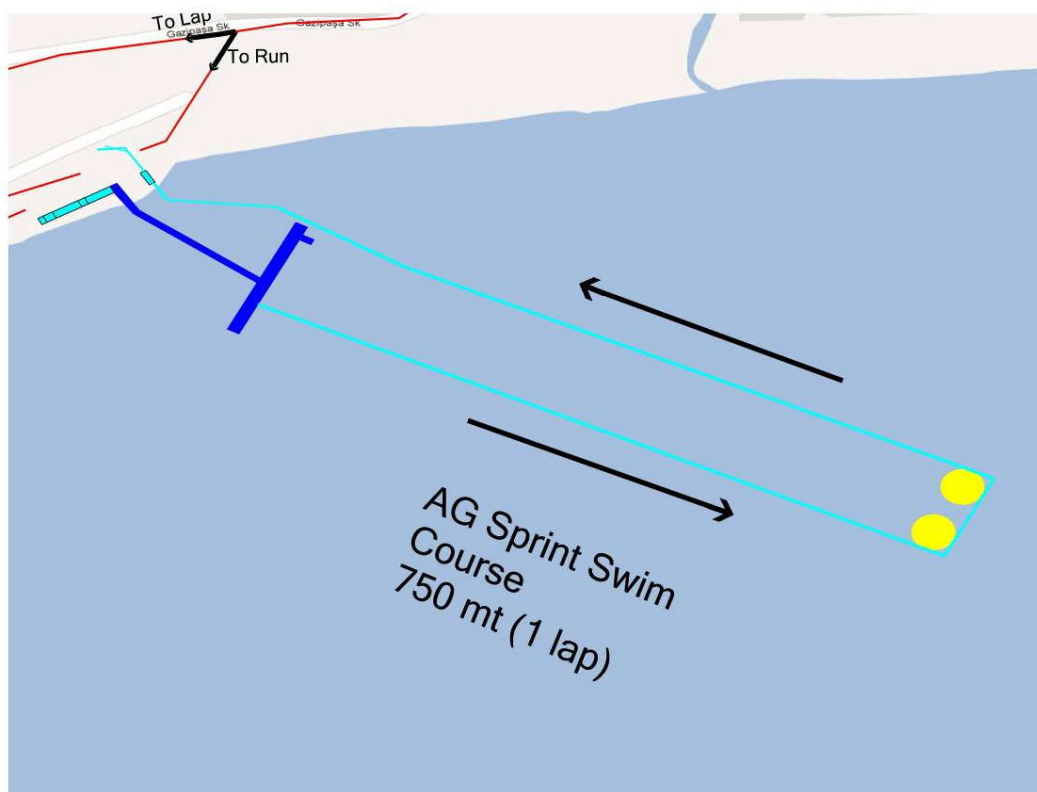
Maps No 7





11.4 Age Group Sprint Courses

Maps No 8



Maps No 9





Maps No 10



11.5 Age Group Olympic Courses

Maps No 11





Maps No 12



Maps No 13







12 ENTRY FEE and PRIZE DISTRUBITION



12.1 Entry Fee

Elite	Non
Junior	70 \$ - 50 €
Age Group Olympic	100\$ - 70 €
Age Group Sprint	100\$ - 70 €

12.2 Prize Distribution

2014 ALANYA ITU TRIATHLON WORLD CUP				ELITE PRIZE DISTRIBUTION	
ELITE MEN				ELITE WOMEN	
1.	7500			1.	7500
2.	6000			2.	6000
3.	4500			3.	4500
4.	3000			4.	3000
5.	2100			5.	2100
6.	1800			6.	1800
7.	1500			7.	1500
8.	900			8.	900
9.	675			9.	675
10.	525			10.	525
11.	450			11.	450
12.	375			12.	375
13.	300			13.	300
14.	225			14.	225
15.	150			15.	150
TOTAL	30.000			TOTAL	30.000
GRAND TOTAL: 60.000 USD					

2014 LANYA ETU TRIATHLON EUROPEAN CUP JUNIOR PRIZE DISTRIBUTION					
JUNIOR MEN			JUNIOR WOMEN		
1.	300		1.	300	
2.	180		2.	180	
3.	120		3.	120	
TOTAL	600		TOTAL	600	
GRAND TOTAL: 1.200 USD					



2014 ALANYA ITU TRIATHLON WORLD CUP

AGE GROUP PRIZE DISTRIBUTION

CATEGORY	Olympic Distance Men	Olympic Distance Women	Sprint Distance Men	Sprint Distance Women
16-19	1. (-)	1. (-)	1. 100	1. 100
	2. (-)	2. (-)	2. 75	2. 75
	3. (-)	3. (-)	3. 50	3. 50
20-29	1. 150	1. 150	1. 100	1. 100
	2. 100	2. 100	2. 75	2. 75
	3. 50	3. 50	3. 50	3. 50
30-39	1. 150	1. 150	1. 100	1. 100
	2. 100	2. 100	2. 75	2. 75
	3. 50	3. 50	3. 50	3. 50
40-49	1. 150	1. 150	1. 100	1. 100
	2. 100	2. 100	2. 75	2. 75
	3. 50	3. 50	3. 50	3. 50
50-59	1. 150	1. 150	1. 100	1. 100
	2. 100	2. 100	2. 75	2. 75
	3. 50	3. 50	3. 50	3. 50
60- +	1. 150	1. 150	1. 100	1. 100
	2. 100	2. 100	2. 75	2. 75
	3. 50	3. 50	3. 50	3. 50
	1500 USD	1500 USD	1350 USD	1350 USD
GRAND TOTAL:5.700 USD				

