

K-Swiss Subic Bay ASTC Asian Triathlon Championships 2013

(The 20th Subic Bay International Triathlon)

27-29 April 2013, Subic Bay Freeport, Philippines



EVENT INFORMATION

This is an **International Triathlon Union (ITU) Asian Cup Series** event organized by the **Triathlon Association of the Philippines (TRAP)** under the supervision of **International Technical Officials** of ITU and the **Asian Triathlon Confederation (ASTC)**.

The **K-SWISS Subic Bay ASTC Asian Triathlon Championships (ATC) 2013** is the 21st edition of the ATC and is the 3rd time the event will be held in the Subic Bay, having been held there in 1997 and 2004. This race is also the **20th Subic Bay International Triathlon**.

Environmental protection and conservation measures will be implemented in this event as part of the **Green Triathlon Initiative**. Part of the proceeds from race fees will go to the **TriGiving** program to support triathletes in the Youth Developmental Pool.



Event Venues:

Start at Dungaree Beach and Finish at Lincoln Street near Waterfront Road

Race Dates:

27 April, Saturday, 06:00	All Elite, U23 Elite, Junior Elite; 13-14, 15-16 YOG Aspirants
28 April, Sunday, 06:00	All Age Group Standard Distance; Inter-Club Competition; Age Group Relay All Age Group Sprint
29 April, Monday, 06:00	Asian Mixed Team Relay Championships, Paratriathlon

Getting to Subic Bay Freeport:

Subic Bay Freeport is accessible by land travel from the NAI Airport (Terminal 1, 2 or 3) in Manila; which is about 2½ hours travel via NLEX and SCTEX; or from the DMIA Airport in Clark Airfield; which is about 45 minutes travel to Subic. There are direct flights to Clark from Taipei, Bangkok, Busan, Incheon, Kuala Lumpur, Kota Kinabalu, Beijing, Shanghai, Osaka, Singapore and other cities in Asia.

Race Distances:

Elite Standard	- Swim 1.5km (2 laps), Bike 42km (10km + 4 laps), Run 10km (3 laps)
Elite Sprint	- Swim 750m (1 lap), Bike 18km (10km + 1 lap), Run 5km (2 laps)
AG Standard	- Swim 1.5km (2 laps), Bike 38km (1 big loop + 1 lap), Run 10km (3 laps)
AG Sprint	- Swim 750m (1 lap), Bike 18km (10km + 1 lap), Run 5km (2 laps)
Paratriathlon	- Swim 750m (1 lap), Bike 18km (2 laps), Run 5km (2 laps)
Mixed Relay	- Swim 300m (1 lap), Bike 6km (1 lap), Run 2km (1 lap)
Mini Sprint	- Swim 350m (1 lap), Bike 10km, Run 2.5km (1 lap)
YOG Aspirants	- Swim 500m (1 lap), Bike 18km (10km + 1 lap), Run 3.3km (1 lap)



Consider the ENVIRONMENT before printing this document. If you must print this, use RECYCLED OR USED PAPER.

Participants' Categories:

Elite Open; U23 Elite, Junior Elite (16~19): open only to Asian Athletes entered by their NFs through ITU.

Age Group Sprint, Men & Women: (16~19, 20~29, 30~39, 40~49, 50 & over)

Men Age Groups (SD): 18~19, 20~24, 25~29, 30~34, 35~39, 40~44, 45~49, 50~54, 55~59, 60 & over

Women Age Groups (SD): 18~24, 25~29, 30~34, 35~39, 40-44; 45-49; 50 & over

Inter-Club Competition (Standard Distance, Age Groupers)

Mini Sprint, Boys & Girls (13~14); **YOG Aspirants** (15~16)

Age Group Relay (Standard Distance, 2 or 3 members per team)

Asian Mixed Team Relay (Elite athletes, 2 Women + 2 Men)

Paratriathlon (Categories: Tri1, Tri 2, Tri3, Tri4, Tri5, Tri6)

Inter-Club Triathlon Competition Guidelines (Male & Female Categories)

- Each triathlon club may field one or more teams composed of 5 members each, with at least 1 female. 4-member teams are also accepted. Only 2 of a club's teams are qualified for the Top 3 podium awards.
- The aggregate time will include the best 3 male members plus the time of the female member.
- Only age groupers are eligible for this race.
- Current members of the National Triathlon Team are not allowed to join the team competition.
- Filipinos who are not current members of the National Triathlon Team but join the Elite category are also not allowed to join the team competition
- Drafting in the bike leg is not allowed.
- Team members are still qualified for individual awards.
- DNF (did not finish) will be assigned a default time of 4:00:00, in case less than 4 members and/or no female finishes.
- Each of the 5 members of the top 3 teams (maximum of 2 teams from the same club) gets a medal.
- To register, email the team name and names of 5 members to: fabiedavid@yahoo.com
- Deadline for submission: 14 April 2013.
- The members must already be registered as individual entries.
- There are no additional separate fees for team entries.
- Team Captains must attend a Captain's Meeting after the race briefing on Saturday, 27 April .

Age Group Relay Competition Guidelines

- Each relay team will be composed of 2 or 3 members, with each member doing one or two legs
- The timing chip must be transferred to the next athlete in T1 & T2 at the team's spot in transition.

Awards and Prizes: over US\$12,000 in prize money

Medals and cash prizes will be awarded to the top athletes in the following categories.

Category	Champion	2nd Place	3rd Place	4th Place	5th Place
Elite Open - Men & Women	US\$1,500	US\$1,250	US\$1,000	US\$750	US\$500
U23 Elite - Men & Women	US\$250	US\$200	US\$150		
Junior Elite - Men & Women	US\$200	US\$150	US\$100		

- Medal each for Top 5 Finishers of the Standard Distance- Age Group categories. Age Groups with 5 or less participants may be merged with next elder AG.
- Medal for Top 3 in the Sprint categories.
- Female and Male with the Best Time in the SD AG will get a pair of K-SWISS shoes and a K-SWISS Tri Suit; plus, a free trip to the Hong Kong International Triathlon. The 2nd & 3rd Best Times get a pair of K-SWISS shoes.
- GC for Best Swim, Best Bike, Best Run Splits, Male & Female SD AG category
- Medal for all the 5 members of the Top 3 teams in the Inter-Club Competition
- Gift certificates from DAVID'S SALON for Age Group winners
- Medal each for Top 5 Finishers of the Sprint- Age Group categories.
- K-SWISS event shirt for all Finishers
- Medals for Top 3 teams in the ff Relay Categories- All Men; All Women; Mixed Gender



Consider the ENVIRONMENT before printing this document. If you must print this, use RECYCLED OR USED PAPER.

Schedule of Activities/Waves:

Date Day	Time	Activity	Location	
26 April Friday	10:00	Bike & Run Course Familiarization (for Elite only)	Travelers Hotel	
	13:00~15:00	Bike, Helmet, & Uniform Check, for Elite Open, U23 Elite, Junior Elite, & U23 Elite (compulsory)	Secretariat, GF Travelers Hotel	
	14:00~17:00	Distribution of Race Packets for Age Groupers		
		Deposit of T2 equipment & special needs for Saturday race Bike mechanic available		
	17:30	Registration for Elite Open, U23 Elite, Junior Elite	Verona Hall Travelers Hotel	
	18:00	Race Briefing for Saturday races		
	18:45	Distribution of Race Packets for Elite		
	19:00~20:00	Pre-race Dinner (walk-in price P650)	Secretariat, GF Travelers Hotel	
	19:00~20:00	Distribution of Race Packets (Age Groupers) Deposit of T2 equipment & special needs for Saturday race		
27 April Saturday	4:15	Guide Elite Athletes to T1	From Trav. Hotel	
	5:00	Opening of Transition; Check in, Body marking	T1	
	5:30	Closing of Transition Area	T1	
	6:00	5:40a.m.	Mini-Sprint Men	Dungaree Beach
		5:42a.m.	Mini-Sprint Women	
		5:44a.m.	YOG Aspirants Men	
		5:46a.m.	YOG Aspirants Women	
		6:00a.m.	Junior Men	
		6:20a.m.	Junior Women	
		6:45a.m.	U23 Men	
		6:50a.m.	U23 Women	
	8:00a.m.	Elite Women		
	9:30a.m.	Elite Men		
10:30	Awarding	Finish		
11:00	Post-race brunch (walk-in price P450)	Travelers Hotel		
13:00~16:00	Distribution of Race Packets for Age Groupers	Secretariat, GF Travelers Hotel		
	Deposit of T2 equipment & special needs for Sunday race			
	Bike mechanic available			
17:00~18:00	Race Briefing for Sunday races, Media briefing	Verona Hall		
18:00~20:00	Pre-race Dinner (walk-in price P650)	Travelers Hotel		
18:00~20:00	Deposit of T2 equipment & special needs for Sunday race	Secretariat		
28 April Sunday	5:00	Opening of Transition; Check in, Body marking	T1	
	5:45	Closing of Transition Area	T1	
	6:00	6:00a.m.	Sprint AG Women	Dungaree Beach
		6:05a.m.	Sprint AG Men	
		6:40a.m.	Standard AG (Wave 1)	
		6:55a.m.	Standard AG (Wave 2)	
		7:10a.m.	Standard AG (Wave 3)	
	7:25a.m.	Standard AG (Wave 4)		
	09:00	Brunch (walk-in price P450)	Verona Hall	
	10:30	Awarding	Travelers Hotel	
13:00~16:00	Distribution of Race Packets for Monday races	Secretariat, GF		
	Paratriathlon Classification	Traveler Hotel		
17:00	Relay & Paratriathlon Briefing	Verona Hall		



Consider the ENVIRONMENT before printing this document. If you must print this, use RECYCLED OR USED PAPER.

29 April Monday	05:30	Check-in, Body marking, Opening of T1	T1, Dungaree
	06:00	Start of Paratriathlon race	Dungaree
	07:30	Start of Mixed-Team Relay Competition	
	0:930	Awarding	

Registration Fees:

Category	Until 31 Jan 2013	01~28 Feb 2013	01 Mar~08 Apr 2013
Standard Distance	P4,500	P5,000	P6,000
	US\$200 for non-resident foreigners		
Sprint Distance & Mini-Sprint	P3,500	P4,000	P5,000
	US\$150 for non-resident foreigners		
2-Member Relay	P7,000	P8,000	P10,000
3-Member Relay	P10,500	P12,000	P15,000

10% discount for TRAP-registered Athletes; 20% discount for students and senior citizens. Only one type of discount applies. Paid fees are non-refundable, non-transferrable and not applicable for future races.

Fees will cover cost of participation, race packet, K-SWISS event t-shirt, rental of timing chip, rental of swim venue, and post-race brunch. The pre-race dinner on Saturday evening is only for Age Group Standard Distance participants.

Peso payments can be made through:

- **Bank of the Philippine Islands** - C/A # 0081-0483-63 Tomas T. Carrasco Jr. or
- **Philippine National Bank** - C/A # 1002-3310-0013 of Triathlon Association of the Philippines, or
- **Bank of Commerce** - C/A # 066-000011755 of Triathlon Association of the Philippines

Foreign participants can send US\$ payments through:

- Citibank, Alabang Muntinlupa branch, Philippines (US\$ Account # 8-542000-598 of T. Carrasco)
- Keep receipt and submit during registration at the Secretariat in Subic, or
- Scan receipt and email to afc_0412@yahoo.com with full name, country, gender, date of birth and contact numbers.
- All bank charges will be shouldered by the sender.
- The waiver will be signed at the Secretariat in Subic Bay Freeport.

Registration Procedure for Local Entries:

To register in person or through a representative, proceed to any of the following registration centers and submit the filled-up entry form with entry fee.

- **TRAP Head Office** Room 101, Building B, Philsports Complex (ULTRA), Pasig City Tel# 710-8259
- **Bike King**, Bonifacio High Street. Tel# 856-3362
- **SPEEDO Concept Stores** at Ayala Alabang Town Center, SM Megamall, The Podium, Glorietta 4 Makati, Bonifacio High Street BGC

To register via email:

1. Deposit of entry fee at BPI, PNB or BoC.
2. Scan deposit slip and e-mail to fabiedavid@yahoo.com and afc_0412@yahoo.com.
3. E-mail name, date of birth, gender, race category, club (if any), and contact numbers in the email message.
4. The waiver will be signed at the Secretariat in Subic upon pick up of race packet.



Consider the ENVIRONMENT before printing this document. If you must print this, use RECYCLED OR USED PAPER.

Official Event Hotel and Residence/Local Transportation:

Subic Bay Travelers Hotel , Canal Street corner Aguinaldo St., Subic Bay Freeport

- Deluxe Room (Single/Twin, 54 Rooms) P2,977 net /room / night
- Executive Suite (6 Rooms) P4,437 net /room /night
Additional person - P700 per head

Contact Sales Manager **Ms. Lynn Gambe**, Mobile #: +63-917-584-9235



Subic International Hotel (SIH)

- Single/Twin, Delta Bldg - P3,600/night, Additional person up to 4: P750.
- Single/Twin, Bravo Bldg- P2,250/night, Additional person up to 4: P500.

These rates are available only to participants duly registered in this event.

For inquiries on **hotel reservations**, contact:

Ms. Carol Tobias E-mail: enilorac825@yahoo.com.ph Mobile #: +63919-401-8272

For **airport shuttles to & from Subic** (foreign participants only) and to avail of the above special rates, contact:

Mr. Paul Ycasas E-mail: ycasaspaul@gmail.com Mobile #: +63-919-459-5440

Sponsors:

K-SWISS, Century Tuna, SPEEDO Swimming Apparel, David's Salon, Asian Centre for Insulation Philippines, Gatorade, Fitness First, Philippine Sports Commission (PSC); Ayala Malls, Harbor Point, Garmin, Light House, Travelers Hotel, Canon,

Media Partners:

The Philippine Star, MultiSport Philippines, Swim Philippines, One Sport, 105.9 FM Radio High, DZSR Sports Radio 918 Khz, Channel 4's TeleDyaryo Program, Solar Sports, other television channels.

For event sponsorship, please call Sarita Zafra of Chili Grass, the official marketing arm of TRAP at mobile # +63-917-8135027 or send email at saritazafra@yahoo.com

Event Organizers:

The Triathlon Association of the Philippines (TRAP) in cooperation with the International Triathlon Union (ITU), Philippine Sports Commission (PSC), Subic Bay Metropolitan Authority (SBMA), and the Asian Triathlon Confederation (ASTC)

Technical Delegate: **Qin Jianqiu** (CHN) Race Referee: **Kiriyo Suzuki** (JPN)

TRAP Contacts:

Office # +632-710-8259; +632-399-6598 Fax # +632-809-3136 Website: www.triathlon.org.ph

Rick Reyes E-mail: rreyes_upm@yahoo.com Mobile : +63-916-504-6513

Fabie David E-mail: fabiedavid@yahoo.com Mobile : +63-915-639-4233

Allan Carrasco E-mail: afc_0412@yahoo.com Mobile : +63-921-995-4764



Consider the ENVIRONMENT before printing this document. If you must print this, use RECYCLED OR USED PAPER.