

Huatulco ITU 
triathlon
World Cup

ATHLETES GUIDE



Huatulco ITU triathlon World Cup



GREETINGS AND WELCOME TO THE **2016 HUATULCO ITU TRIATHLON WORLD CUP**

It is a pleasure to celebrate for the ninth consecutive time, a World Cup event in the beautiful host city of Huatulco. Although the race offers one of the most challenging yet scenic courses in the circuit, I know for a fact that it has become one of the athletes' favourites.

It is also a very exciting year for triathlon in Mexico. This year, not only will a World Cup race be held, but it is also the host nation for the 2016 ITU World Triathlon Series Grand Final, which will be held in the city of Cozumel this September.

There is quite a field riding on the Huatulco race this year, as one of the last opportunities to secure important Olympic qualifying points. With the race being contested over an Olympic-distance course, Huatulco will see some of the best athletes in the world before they head off to Rio.

Huatulco has always provided thrilling triathlon racing, a reminder that while the ITU World Triathlon Series is the premier level of triathlon in the world, the world cup series is still a crucial part of the ITU's elite pathway and still creates lasting memories. Last year, Chile's Valentina Carvallo was able to capture her first career World Cup victory, while the local crowd was able to witness their own Irving Perez become the first Mexican to win in Huatulco.

This is why we will always remain committed to the series; as it was our first and it helped in positioning triathlon where it is today.

The ITU would like to thank the local organising committee, the city of Huatulco and the Mexican Triathlon Federation for helping to stage what I'm sure will be another fantastic ITU World Cup.

Overall, I encourage all athletes, volunteers, organisers, media and supporters to enjoy the beautiful city of Huatulco and the spectacle of ITU triathlon. Have a wonderful weekend.

Sincerely

A handwritten signature in blue ink, appearing to read 'Marisol Casado', with a stylized flourish at the end.

Marisol Casado
President, International Triathlon Union
IOC Member



GENERAL INFORMATION

INTRODUCTION

The purpose of the Athletes and Team Officials Guide is to ensure that all Elite Athletes and Team Leaders are well informed about all procedures concerning the 2015 Huatulco ITU World Cup. Please keep in mind that this information can change and the final race information will be provided to the athletes and the team managers at the athletes' briefing.

KEY DATES

ELITE ATHLETES BRIEFING	Friday, May 6 th 18:00 (Binniguenda Hotel)
BIKE FAMILIARIZATION	Friday, May 6 th 09:00 (Venue)
SWIM FAMILIARIZATION	Friday, May 6 th 10:15 (Swim Start)
ELITE WOMEN COMPETITION	Saturday, May 7 th 17:00
ELITE MALE COMPETITION	Sunday, May 8 th 08:30

KEY CONTACTS

ITU TEAM LEADER	LESLIE BUCHANAN	Leslie.buchanan@triathlon.org
ITU TECHNICAL DELEGATE	ROBERTO MENESCAL	betomenescal@cbtri.org.br
ITU MEDICAL DELEGATE	DR. HUMBERTO AGUILAR	drhumbertoaguilar@mac.com
LOC EVENT DIRECTOR	JORGE REYES	jreyes@asdeporte.com
LOC OFFICE COORDINATOR	PATRICK DIETZEL	pdietzel@asdeporte.com
CHIEF RACE OFFICAL	FELIX MOLINA	felix@triatlon.com.mx

CONTACT DETAILS

Federación Mexicana de Triatlón
Av Conscripto S/N esq. Anillo Periferico
México, D.F.
Telephone: +52 55 5395 4712
E-Mail: info@triatlon.com.mx



VENUE

The venue is located in the Santa Cruz Plaza, at Huatulco. The swimming will take place in Santa Cruz Bay.

ELITE ATHLETES LOUNGE

Facilities including athletes' lounge and toilets are provided to the athletes at the finish area, Santa Cruz Plaza. Sealed bottles of water, fruit and energy bars will be offered to the athletes before and after the race in the athletes' lounge.

DOPING CONTROL

Doping Control will be performed according to the ITU /WADA rules. The doping tests will be at the Castillo Hotel (Boulevard Santa Cruz 303, Santa Cruz Sector A, Santa Cruz Huatulco, 70989 Oax.).

MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the venue on May 6TH, 7TH and 8TH before and during the competition hours.

Medical and paramedical personnel from Cruz Roja (Red Cross) will be available throughout competition times. Several ambulances will be available to provide emergency transfer to the hospital. A medical tent will be provided on site at the post finish area.

Possible medical services at the venue are free of charge. Treatment in clinics and practices is to be paid by the participants.

Athletes / teams should ensure that they have appropriate medical insurance.

BIKE MECHANIC SERVICE

The Mexican Federation Mechanics will offer a comprehensive bike mechanic support from May 6th until May 8th and is also available in case of emergency.

ONSITE SERVICES

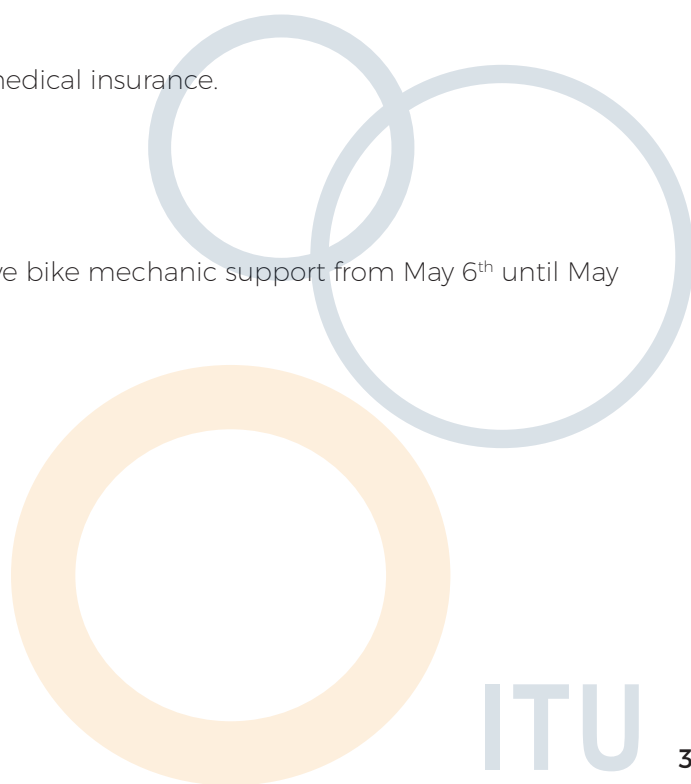
In Expo at Barceló Hotel

Friday 12:00 – 20:00

IN THE ATHLETES LOUNGE AT THE VENUE

Saturday 06:00 – 12:00 (age group race)

Sunday 06:00 – 12:00





INFORMATION CENTRE / LOC OFFICE

The LOC Information Office is located at the Hotel Castillo commercial area (200 m from the swim start), And is open daily from Tuesday, May 3rd until Sunday, May 8th, 2016.

LOC Office: Hotel Castillo

LOC Contact: Patrick Dietzel, +52 55 21829945

Airport Transfer: Paulina Sanchez +52 55 34197961 paulina.sanchez@asdeporte.com

ITU Office: Hotel Holiday Inn

ITU Contact: Roberto Menescal whatsapp (+5521982587473)

OPENING HOURS:

Thursday, May 5th, 10:00 – 17:30

Friday, May 6th, 8:00 – 18:00

Saturday, May 7th, 8:00 – 20:00

Sunday, May 8th, 8:00 – 20:00

SECURITY

A private security company, COPRO, will be responsible for the venue security and community police and Field of Play (FOP) marshals will patrol around the Field of Play. Police and a certified traffic management company will manage the road closures and the traffic around the course.

ACCOMODATION

The official hotel of the race is the Hotel Binniguenda, located 300m from the swim start. The second official hotel is Hotel Castillo, located 100m and the Holiday Inn is located 50m from the venue.

POST OFFICE

The official hotel of the race is the Hotel Binniguenda, located 300m from the swim start. The second official hotel is Hotel Castillo, located 100m and the Holiday Inn is located 50m from the venue.

BANK

The nearest bank is Banamex. It is located within walking distance from Host Hotels.



TRANSPORTATION

The LOC will provide free transportation for elite athletes and their team's officials from the airport-hotels-airport.

Please contact Paulina Sanchez at paulina.sanchez@asdeporte.com or by phone at + 52 98787 85 522

TRAINING

Pre-competition swimming training can either be done at Hotel Brisas (50m pool) or Xquenda Spa (25m pool).

HOTEL BRISAS

Blvd. Tangolunda lote 1

Tel: (52) 958 583 0200

Pool hours:
Monday to Friday from 07:00
to 9.45 am, only registered athletes
will be able to attend.

XQUENDA SPA

Lote 2 manzana 8 sector P. Playa
principal bahía de Chahue.

Tel. 52 958 5 83 4448

Pool hours:
Monday to Friday from 07.00 am to
20.00

Price for admission is:
Adult: 5 USD

Athletes train in the swimming pool at their own risk. Please note:
There are no pre-reservations available..

COURSE FAMILIARIZATION

SWIM

You will be able to familiarize yourself with the swimming course on Friday, May 6th from 10:15 to 11:00. The location will be the same as the start of the race, "Santa Cruz".

Please note: It is forbidden to swim outside the test swimming zone at any time because of safety reasons and marine traffic!



BIKE/RUN

You will be able to familiarize yourself with the bike course on Friday, May 6th at 09.00 (Starting). Athletes gather at the Venue. You will be escorted by police on the bike course for a total of 45 minutes.

Please note, that the official race courses are otherwise not open for training before the race.

The race courses are in general NOT suitable for training.

COMPETITION SCHEDULE

COACHES BRIEFING:

There will not be Coaches Briefing

ELITE ATHLETE BRIEFING:

Packet pick up and the compulsory athlete briefing will take place on Friday, May 6th at 6:00 p.m. at the Binniguen da Hotel

www.binniguendahuatulco.com.mx

FRIDAY MAY 6TH 2016

09:00 am Bike course familiarization 3 laps with police escort Santa Cruz Plaza Venue

10:15 am Swim course familiarization Santa Cruz Bay Venue

6:00pm Elite Athlete Briefing/packet pick up Binniguenda Hotel

SATURDAY MAY 7TH, 2016

03:15pm Athlete Lounge Opens and Ready for Elite Women

03:30pm Transition opens for Bike Check for Elite Women

04:40pm Transition for Elite Women closed

07:00pm Elite Women Start

07:30pm Medal Presentations - Elite Women



SUNDAY MAY 8TH

06:45am Athlete Lounge Opens and Ready for Elite Male

07:00am Transition opens for Bike Check for Elite Male

08:10am Transition for Elite Male closed

08:30am Elite Male Start

11:00am Medal Presentations - Elite Men

11:30am Closing Ceremony

7:00pm Pasta Party and Celebration at Guelaguetza Plaza

COMPETITION RULES

The race will follow the latest published competition rules of the ITU..



INFORMATION ABOUT THE FOP

START

The start area is at "Santa Cruz Bay". Athletes will line up ocean beach mass formation. The Race Referee with the assistance of ITU Technical Officials, who are assigned to the start, will start each race.

The athletes are required to leave their last minute gear at the swim start inside a dedicated box and the LOC will carry those boxes back to the Athletes Lounge.

SWIM COURSE

The course consists of 2 laps. The water temperature during the first weeks of May is usually around 22- 25 Celsius.

BIKE COURSE

Generally flat, with a major hill in the middle of each lap. There are 8 laps of 5km to ride. The route is technically demanding, due to many changes of direction and tight turns. Athletes who are lapped are taken out of the race. The "First runner, last biker" scenario is applicable for this event. In this case the biker will be taken off the course.

WHEEL STATION

Two wheel stations will be provided, the first one will be located prior to the hill, and the second one will be located at the roundabout next to Hotel Castillo. The wheel station will hold both LOC provided wheels and your own.



PENALTY BOX

The penalty box will be located before the finish line.

RUN COURSE

Flat with a minor hill in the start. There are 4 laps of 2.5 km to run. Two 180* turns per lap, the surface is mostly cobblestone and tarmac.

AID STATION

The aid stations are located on the run course every 800m, we will be providing 0.33 sealed bottles of water.



WEATHER CONDITIONS

The calm waters of Santa Cruz Bay invites you to take a splash, Santa Cruz Bay is ideal for a full range of water sports. Temperatures in May range between 24 C to 32 C.



RESULTS

Results will be uploaded live at the ITU'S official website: www.triathlon.org

All the results information will be distributed to Team Leaders at the LOC Information Office.



PROTESTS AND APPEALS

Standard procedures will be followed according to the ITU competition rules.



ACCREDITATION

LOC will provide all athletes, coaches, technical officials, journalists, etc. with an official accreditation card according to the ITU Event Operational and Technical Requirements.

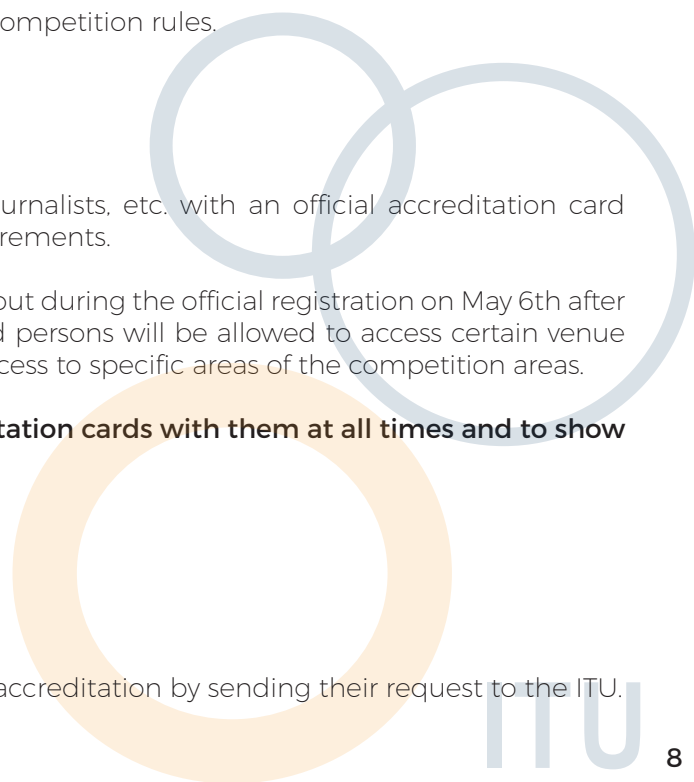
Accreditation cards for athletes and coaches will be handed out during the official registration on May 6th after the Race Briefing at the Hotel Binniguenda. Only accredited persons will be allowed to access certain venue areas. Accreditation cards are number-coded and provide access to specific areas of the competition areas.

All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.



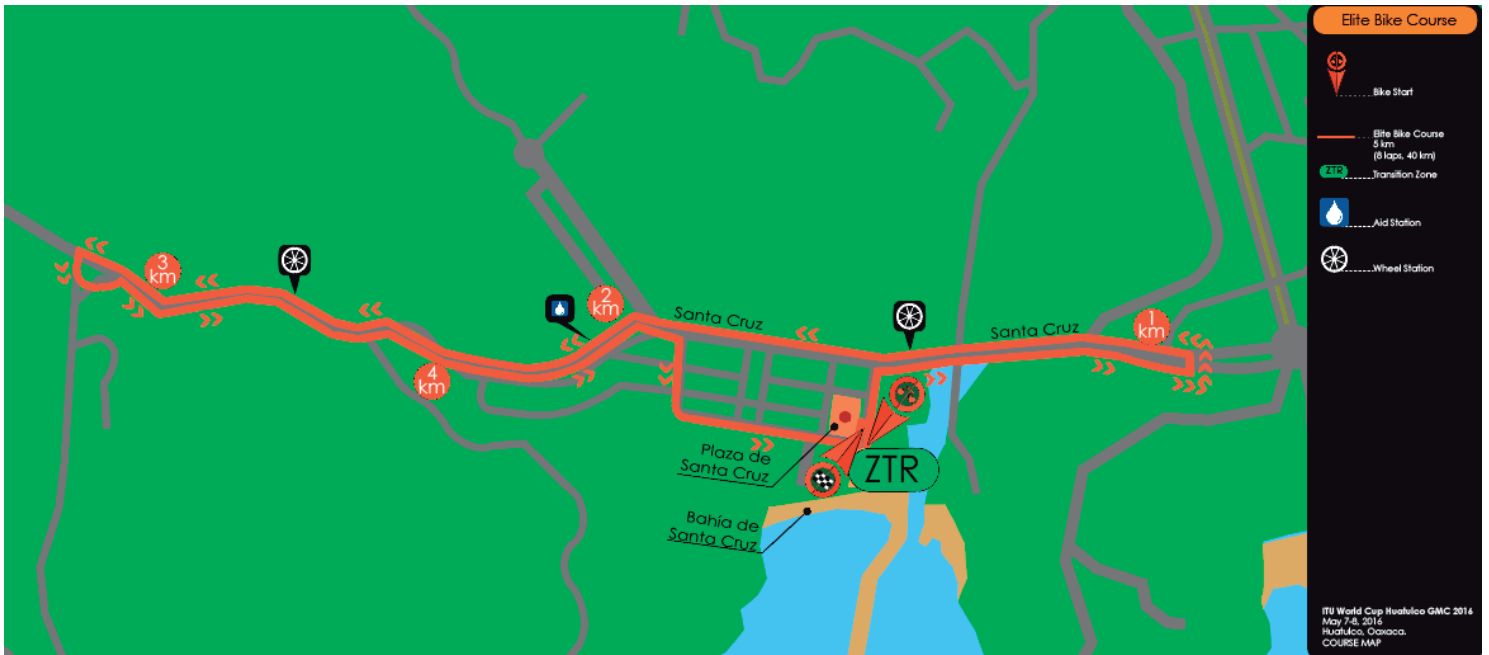
ACCREDITATION CARD

National Federation representatives and observers apply for accreditation by sending their request to the ITU.





FIELD OF PLAY MAPS





FIELD OF PLAY MAPS

