CITY TRIATHLON

2017 ITU triathlon World Cup Karlovy Vary

Greetings and welcome to the 2017 Karlovy Vary World Cup,

It is with great pleasure that we welcome Karlovy Vary to the ITU World Cup series. Even though this city has been welcoming triathlon events for a very long time, this is the first time ever that Karlovy Vary hosts a World Cup, ITU second tier events, with dozens of talented athletes from around the world descending on the city, for what promises to be a show stopping weekend.

Karlovy Vary has always delivered a competitive and fast course, in particular, on the bike and run section, providing athletes an opportunity for a challenging, fast paced race along the long winding roads. We trust this year will provide another exciting atmosphere with plenty of action packed triathlon entertainment.

Our athletes and spectators alike will be spoilt by what this incredible city has to offer. Known as the most visited spa town in the Czech Republic, nestled in the heart of a forested valley, one of Karlovy Vary's greatest wealth is its 13 hot mineral springs, not to mentioned its unique architecture and historical landmarks including the magnificent Church of St. Mary Magdalene.

This stunning fairy-tale town is a fantastic spot to host a Triathlon World Cup and we are expecting an exciting atmosphere with plenty of exhilarating triathlon entertainment.

I would like to extend my sincere gratitude to the Czech Republic Triathlon Federation, City Triathlon Karlovy Vary, the local organising committee, volunteers and ITU staff for helping to stage what I'm sure will be another fantastic ITU World Cup.

I encourage everyone to enjoy the beautiful city of Karlovy Vary and the spectacle of ITU triathlon at its best.

Have a wonderful weekend and enjoy the season!

Marisol Casado
President, International Triathlon Union (ITU)
IOC Member

GENERAL INFORMATION

The purpose of the Athletes Guide is to ensure all athletes and team officials are well informed about all procedures concerning the 2017 Karlovy Vary ITU Triathlon World Cup.

Any late information or last minute changes during the race week will be communicated on the event website:
http://www.triathlon.org/events/event/2017_karlovy_vary_itu_triathlon_world_cup

KEY DATES

WEDNESDAY 30th AUGUST

Time	Action	Location
10:00 - 11:00	Press conference	SPA Hotel Thermal

FRIDAY 1st SEPTEMBER

Time	Action	Location
18:00 - 18:30	Elite Athletes Briefing	SPA Hotel Thermal
18:30 - 19:00	Race Pack Pick Up	SPA Hotel Thermal
19:00 - 20:30	Pasta Party	SPA Hotel Thermal

SATURDAY 2nd SEPTEMBER

Time	Action	Location
10:00 - 11:00	Elite Bike Course Familiarisation	Lake Rolava - Swim start
11:30 - 12:30	Elite Swim Course Familiarisation	Lake Rolava - Swim start

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SUNDAY 3rd SEPTEMBER

ELITE WOMEN

Time	Action	Location
08:00 - 08:30	Elite Women TA2 Check-in	SPA Hotel Thermal
08:15 - 09:30	Elite Women Athletes Lounge open	Lake Rolava - Swim start
08:30 - 09:45	Elite Women TA1 Check-in	Lake Rolava - Swim start
09:00 - 09:45	Elite Women Swim Warm-up	Lake Rolava - Swim start
09:50 - 09:59	Elite Women line up and Presentation	Lake Rolava - Swim start
10:00	Start ITU World Cup Women	Lake Rolava - Swim start
17:00	Elite Women Official awarding ceremony	SPA Hotel Thermal

ELITE MEN

Time	Action	Location
13:00 - 14:00	Elite Men TA2 Check-in	SPA Hotel Thermal
13:15 - 14:30	Elite Men Athletes Lounge open	Lake Rolava - Swim start
13:30 - 14:45	Elite Men TA1 Check-in	Lake Rolava - Swim start
14:00 - 14:45	Elite Men Swim Warm-up	Lake Rolava - Swim start
14:50 - 14:59	Elite Men line up and Presentation	Lake Rolava - Swim start
15:00	Start ITU World Cup Men	Lake Rolava - Swim start
17:00	Elite Men Official awarding ceremony	SPA Hotel Thermal
18:00	Elite Men and Elite Women Press Cor	SPA Hotel Thermal

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ELITE ATHLETES BRIEFING

The Elite Athletes Briefing will take place in the Conference Venue of the Hotel Thermal

Date: Friday 1st September
Time: 18:00 - 19:00
Address: SPA Hotel Thermal
Ivana Petroviče Pavlova 2001/11
360 01
Karlovy Vary

KEY CONTACTS

ITU Team Leader	**Johanne Suss-Burckel**	
ITU Technical Delegate	**Fritz Schwarz**	
ITU Medical Delegate	**Dr. Jaroslav Novak**	
LOC Event Director	**Vladimír Malý**	**+420 604 480 763**
LOC Technical Director	**Jiří Křížek**	**+420 723 090 631**

EVENT ORGANISER

CITY TRIATHLON KARLOVY VARY z.s.
Address: Šmeralova 320/26, Rybáře, 360 05 Karlovy Vary
Tel: +27 (0) 21 426 5775
Email: info@citytriathlon.cz
Website: www.citytriathlon.cz

HOST NATIONAL FEDERATION

Česká Triatlonová Asociace
Address: Zátopkova 100/2 , Praha - Břevnov, 169 00 Praha
Tel: 242 429 259
E-mail: triatlon@triatlon.cz
Website: www.triatlon.cz

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TV COVERAGE

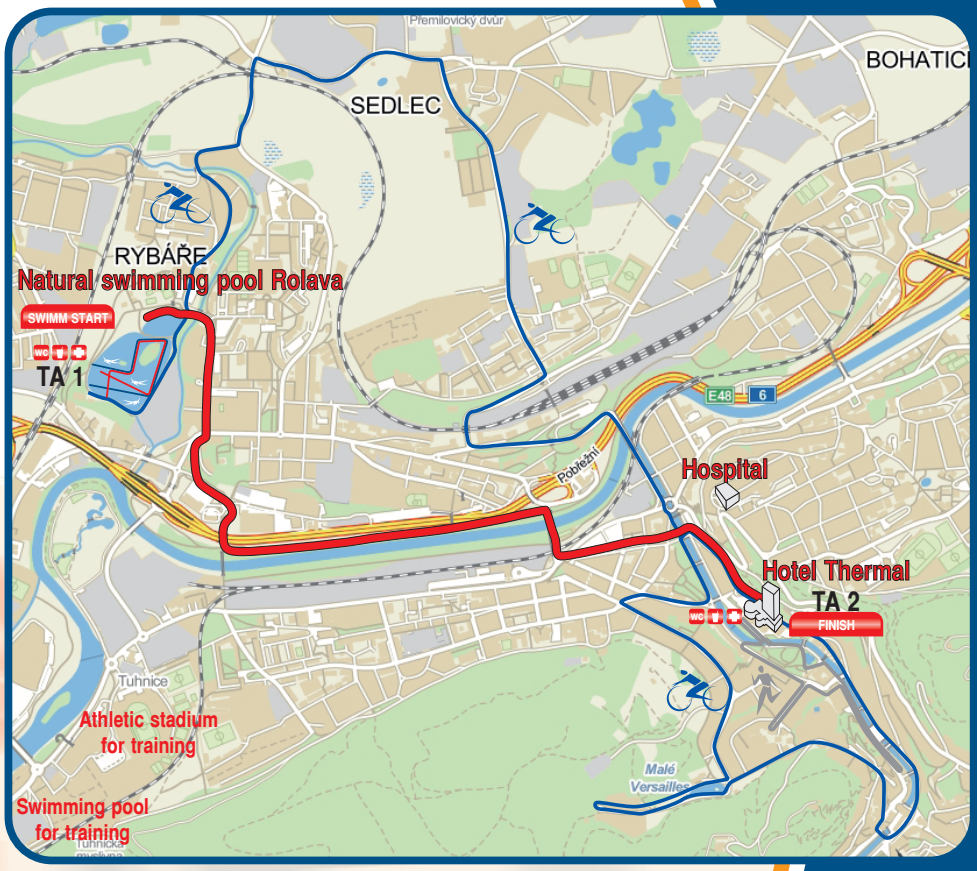
Česká Televize - ČT Sport

Live Broadcast

VENUE

The race venue is spread across the city centre to the open air pool Rolava.

ITU triathlon World Cup Karlovy Vary



The fastest way between Rolava - TA1 (swim start) and Hotel Thermal - TA2

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ELITE ATHLETES LOUNGE

Facilities including the Athletes Lounge Area and toilets are provided for the athletes at the start and a recovery area is available at the finish area.
Sealed bottles of water, fruit and energy bars will be offered to the athletes before and after the race in the Athletes Lounges and recovery areas.

ATHLETE LOUNGE OPENING TIMES

Course Familiarisation:	Saturday 2nd September 10:00 - 12:30
Elite Women's Race:	Sunday 3rd September 08:15 - 09:30
Elite Men's Race:	Sunday 3rd September 13:15 - 14:30

DOPING CONTROL

Doping Control will be performed according to the ITU/WADA rules. Doping control will be located at the Finish area next to the medical and recovery areas. ID/passport must be produced by athletes selected for doping control.

MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Briefing venue at the Hotel Thermal, from 1st to 3rd September, before and during the training sessions and competition schedule. There will be First Aid and Emergency Medical Services at the open air pool Rolava (swim area) on competition days.

Medical personnel will be available throughout competition times. Several ambulances will be available to provide emergency transfer to hospital. A medical area will be provided on-site at the finish area.

Only Team Medical Doctors with accreditations will be able to access these areas. Accreditations for Medical Doctors are given after the Athletes Briefing, by the ITU Medical Delegate.

Medical services at the venue are free of charge. Treatment in clinics and practices is to be paid by the participants.

Athletes/teams should ensure that they have appropriate medical insurance.
If you require medical assistance during your stay in Karlovy Vary but away from the venue, contact the Emergency Medical Services. In a medical emergency, dial 112 from a mobile phone. The number is free of charge from any telephone.

The hospitals nearest to the Venue and official hotels are:

Karlovarská krajská nemocnice
Bezručova 1190/19, 360 01 Karlovy Vary, 354 225 111

Nemocnice Ostrov
U nemocnice 1161, 363 01 Ostrov

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BANKING

Banks can be found in the city centre as well as within a 5-minute walk from the official hotels.

BIKE MECHANIC SERVICE

Our official bike supplier, Kola Chrobák, will have a bike mechanic available at the following times:

SATURDAY 2nd SEPTEMBER

Time	Action	Location
10:00 - 18:00	Start of Bike Course Familiarisation	Lake Rolava - Swim start

SUNDAY 3rd SEPTEMBER

Time	Action	Location
09:00 - 12:00	Women Elite Races	Lake Rolava - Swim start
14:00 - 17:00	Men Elite Races	Lake Rolava - Swim start

INFORMATION CENTRE / LOC OFFICE

The LOC Information Office is located at the hotel Thermal and is open daily, 31st August - 3rd September 2017:

OPENING HOURS

Thursday, 31st August:	12:00 - 20:00
Friday, 1st September:	12:00 - 20:00
Saturday, 2nd September:	12:00 - 20:00
Sunday, 3rd September:	12:00 - 20:00

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SECURITY

A private security company will be responsible for the venue security. Police will manage the road closures and the traffic throughout the course.

Emergency services telephone number: 112

POST OFFICE

The nearest post office to the race venue is within a 1-minute walk from the Hotel Thermal:

Česká Pošta
T. G. Masaryka 559/1
360 01 Karlovy Vary
954 330 304

OPENING HOURS

Monday - Friday:	07:30 - 19:00
Saturday:	08:00 - 13:00
Sunday:	08:00 - 12:00

ACCOMMODATION

There are many accommodation available in Karlovy Vary, we as organiser recommend these:

SPA Hotel Thermal
Ivana Petroviče Pavlova 2001/11, 360 01 Karlovy Vary
359 001 111
www.thermal.cz

Hotel Dvorana
Chebská 394, 360 06 Karlovy Vary
355 311 311
www.hoteldvorana.cz

Vienna House Dvořák Karlovy Vary
Nová louka 2053/11, 360 21 Karlovy Vary
353 102 111

AIRPORT TRANSFERS

The Organizer will provide transportation from the PRAGUE airport from 7:00 AM to 10:00 PM from 29th of Aug till 1st of Sept, and to the airport from 5:00 AM to 8:00 PM from 3rd of Sept to 6th of Sept 2017.

The transfer takes around 2 hours and 20 minutes.

The Organizer provides transportation for elite athletes for free of charge. The price for any additional member of an escorting team is 10€ per person for one journey.
In case of delayed flight free seats are not guaranteed in the next bus transfer.
Please send your flight information (arrival time and flight number) to the mail address transfer@citytriathlon.cz until 20th of August 2017.
Free transportation cannot be provided beyond these days.

LOC also offers an individual transfer at any time. For 1-3 persons for 120€/one transfer or for 4-7 persons for 170€/one transfer.
Please contact transfer@citytriathlon.cz

If you need transfer from/to another airport (Karlovy Vary, Nürnberg, Dresden, Hof) please contact transfer@citytriathlon.cz

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TRAINING

SWIM TRAINING

Swimming Pool KV Aréna
Západní 1812/73,
360 01 Karlovy Vary

OPENING HOURS

Monday, Friday:	07:00 - 21:00
Wednesday:	07:00 - 16:00 / 18:30 - 21:00
Tue, Thu, Sat, Sun:	09:00 - 21:00

Entry fees outside of the times provided by LOC:

1 hour	- 80 CZK (approx. 3 EUR)
2 hours	- 130 CZK (approx. 5 EUR)
3 hours	- 160 CZK (approx. 6 EUR)

Karlovy Vary LOC will provide for free 2 lines for the Elite athletes for training in the swimming pool on Friday and Saturday from 8 am to 5 pm.

Please send an email to patrik.pursch@gmail.com and to jiri.krizek@citytriathlon.cz to let the LOC knows what time you will come for training. This is in order to make sure not everyone comes at the same moment.
1st in, 1st serve.

BIKE TRAINING

The roads are well used by local cyclists and a suggested route would be to cycle in and around the open-air **pool Rolava**, where one can create a loop and enjoy the picturesque views. The route is not closed to traffic, so you will be cycling at your own risk.

RUN TRAINING

We recommend Stadium AC for training.
Západní 1781/69,
360 01 Karlovy Var

COURSE FAMILIARISATION

BIKE

You will be able to familiarise yourself with the bike course on Saturday, 2nd September, 10:00 - 11:00. Athletes are requested to gather at the swim course and T1 start area in the air pool Rolava.

SWIM

You will be able to familiarise yourself with the swimming course on Saturday, 2nd September, 11:30 - 12:30. The location will be the same as the start of the race, the open-air pool Rolava.

COMPETITION RULES

The race will follow the latest published competition rules of the International Triathlon Union.
http://www.triathlon.org/uploads/docs/itusport_competition-rules_2017.pdf

INFORMATION ABOUT THE FIELD OF PLAY (FOP)

START

The start area is at the open air pool Rolava. Athletes will start from a pontoon (0.6m high) and stand in a starting position approximately 70cm wide.
The athletes are required to leave their last-minute equipment inside a dedicated bag before the Swim start and the LOC will carry those bags back to the Athletes' Lounge at the open air pool Rolava. This equipment will be transported by the LOC from the open air pool Rolava to the finish area.

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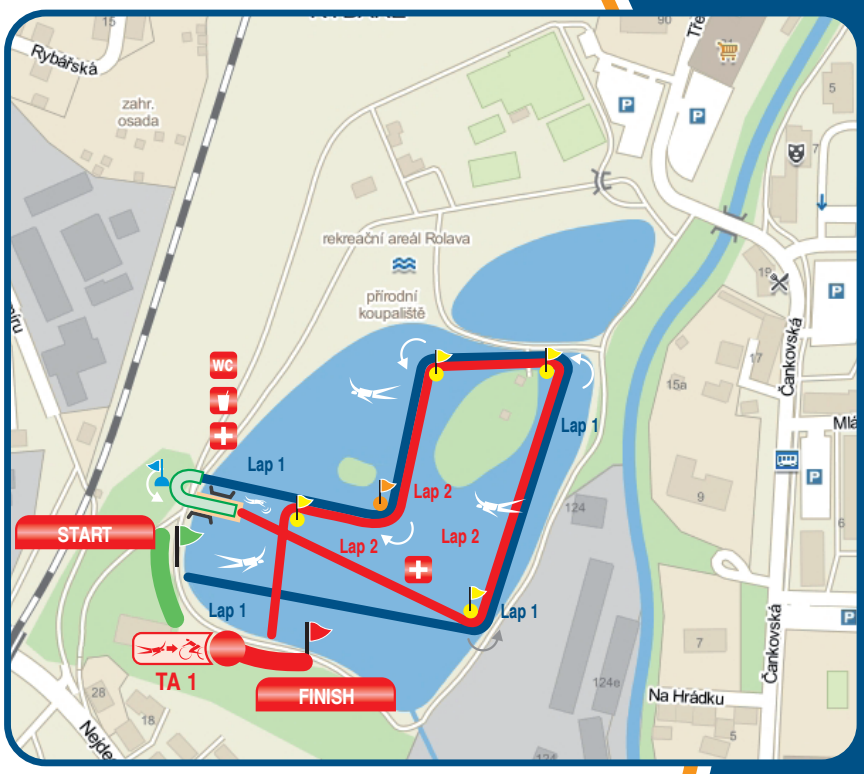
SWIMMING

2 laps – 0,75 km



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Swimming
Transition Area 1
Detailview

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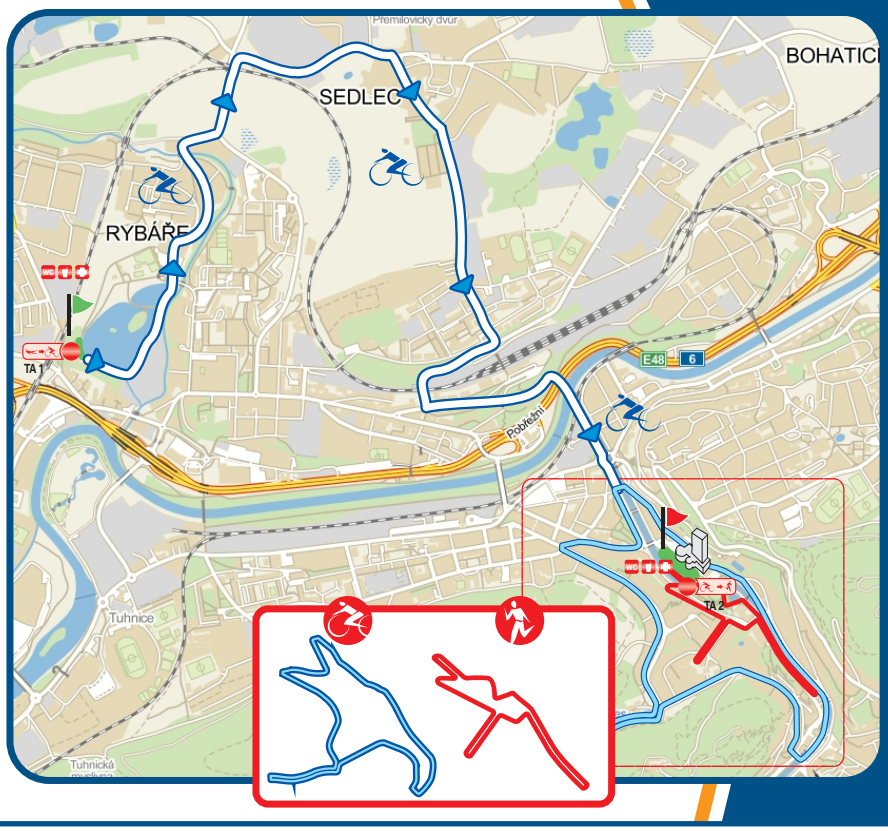
RACE COURSE CYCLING

Course approach - 5km



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CYCLING

7 laps – 4,6 km

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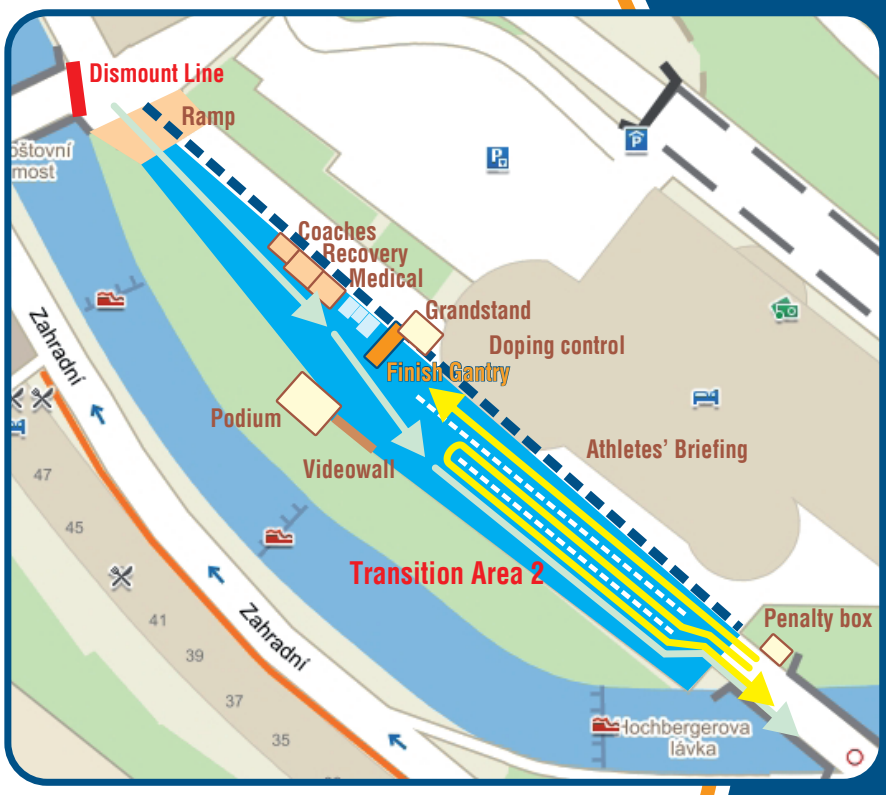
Thermal
Transition Area 2
Detail view



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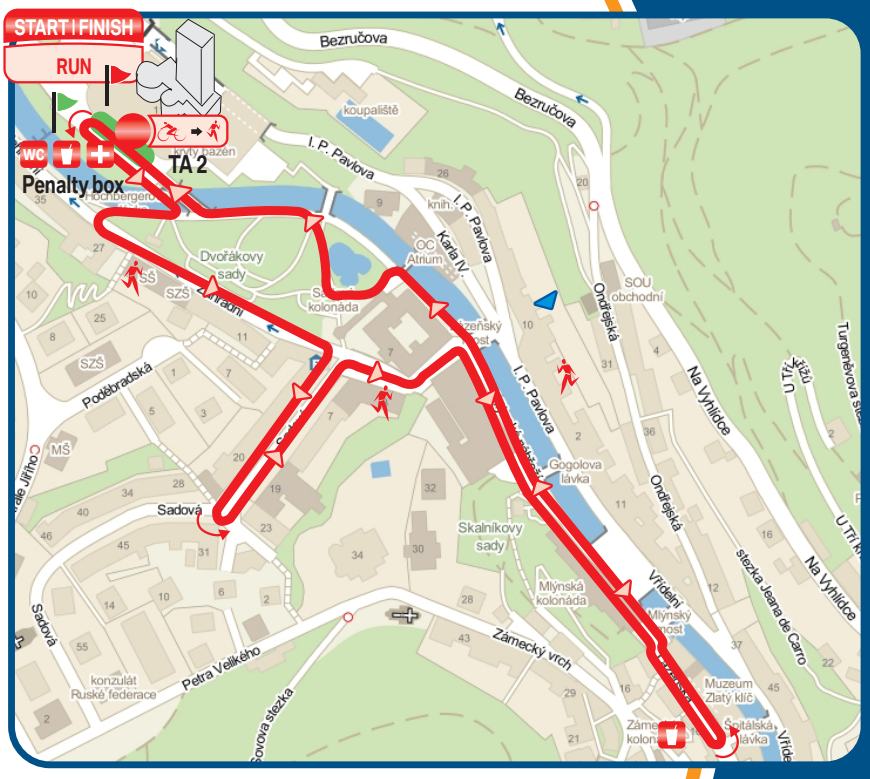
RUN
4 laps – 2,5 km



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SWIM COURSE

The Swim course will be two anti-clockwise laps of 750m. The first turn buoy is at 200m. Then swim over the big island and under the bridge, then turn left between the two islands, then turn right to the wooden pier, where is the swim exist and a short run on the wooden pier jump to the pool for the second lap. At the end of the second lap turn left on the last buoy l swim exit and to the TA1.

BIKE COURSE

The Bike Course has an approach of 5 km to TA2 and 7 technically and very challenging laps of 4,6 km with a total of 37,2 km. The course approach is 100% asphalt; the laps are corrugated terrain 80% asphalt and 20% pavement. There is one 20% ascent in every lap. The bike course is completely closed to the traffic. Athletes who are lapped are taken out of the race.

WHEEL STATIONS

The team wheel station is located close to TA2 and the neutral wheel station is located in Stara louka street.

RUN COURSE

Four laps with plenty of narrow turns. The terrain is asphalt, pavement and gravel.
There is a short and steep ascent on each lap.

AID STATION

PENALTY BOX

Closed to the TA2.

AID STATIONS

First will be situated on the turning point on the run course and the second will be located near TA2.

WEATHER CONDITIONS

Average Water Temperature	20,5°C
Average Air Temperature (High)	22°C
Daylight Hours	13.5 hours
Average Precipitation	77 m

RESULTS

Results will be uploaded live on the ITU's official website: www.triathlon.org All the results information will be distributed to the Team Leaders at the LOC Information Office.

PROTEST & APPEALS

Standard procedures will be followed according to the ITU Competition Rules.

ACCREDITATION

The LOC will provide all athletes, coaches and any team medical staff with an official accreditation card according to the ITU Event Operational and Technical Requirements.

Only accredited persons that have been registered through the ITU system in advance will be given accreditation and allowed to access certain venue areas. Accreditation cards are number-coded and provide access to specific areas of the competition. All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.

All accreditation cards will be distributed on 1st September after the Race Briefing at the **Hotel Thermal.**
Ivana Petroviče Pavlova 2001/11, 360 01 Karlovy Vary

PUBLIC TRANSPORTATION

Except for the routes to and from the airport, you'll need a Citybus card or bus tickets to transport within Karlovy Vary. The LOC will provide transportation to the race venue in specific times.

SHUTTLE TRANSPORTATION

The organiser provides free shuttle transportation during 2. 9. Saturday and 3. 9. Sunday. See map below the timetable for the locations of the bus stops.

BUS TIMETABLE - 2.9. SATURDAY									
BUS STOP	**Departure times:**								
Hlavní Pošta (1)	09:30	10:45	11:15	12:45	13:30	14:00	xx	xx	xx
Open air pool Rolava (2)	10:30	11:00	12:00	13:10	13:45	14:50	17:20	17:50	xx
Tržnice (3)	16:20	17:35	xx	xx	xx	xx	xx	xx	xx

BUS TIMETABLE - 3.9. SUNDAY (ELITE WOMEN)									
BUS STOP	**Departure times:**								
Hlavní Pošta (1)	08:00	08:30	09:00	09:30	09:45	xx	xx	xx	xx
Open air pool Rolava (2)	08:15	08:45	09:15	09:45	10:20	10:25	10:35	10:40	xx
Tržnice (3)	10:00	xx	xx	xx	xx	xx	xx	xx	xx

BUS TIMETABLE - 3.9. SUNDAY (ELITE MEN)									
BUS STOP	**Departure times:**								
Hlavní Pošta (1)	13:00	13:30	14:00	14:30	14:45	xx	xx	xx	xx
Open air pool Rolava (2)	13:15	13:45	14:15	14:30	15:20	15:25	15:35	15:40	xx
Tržnice (3)	xx	xx	xx	xx	xx	xx	xx	xx	xx

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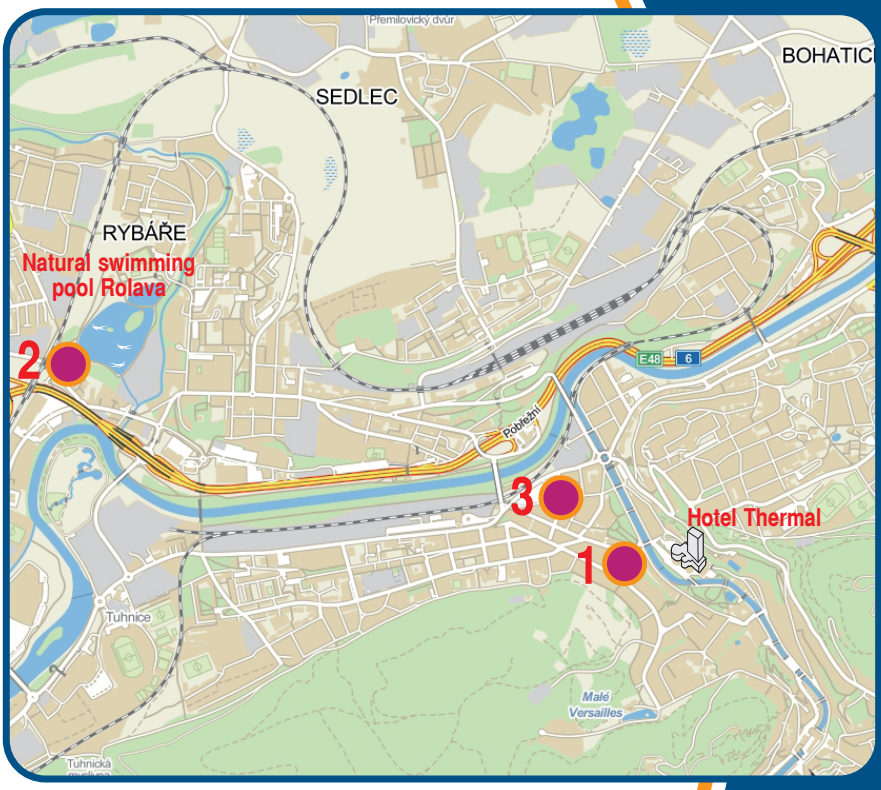
Locations of the bus stops



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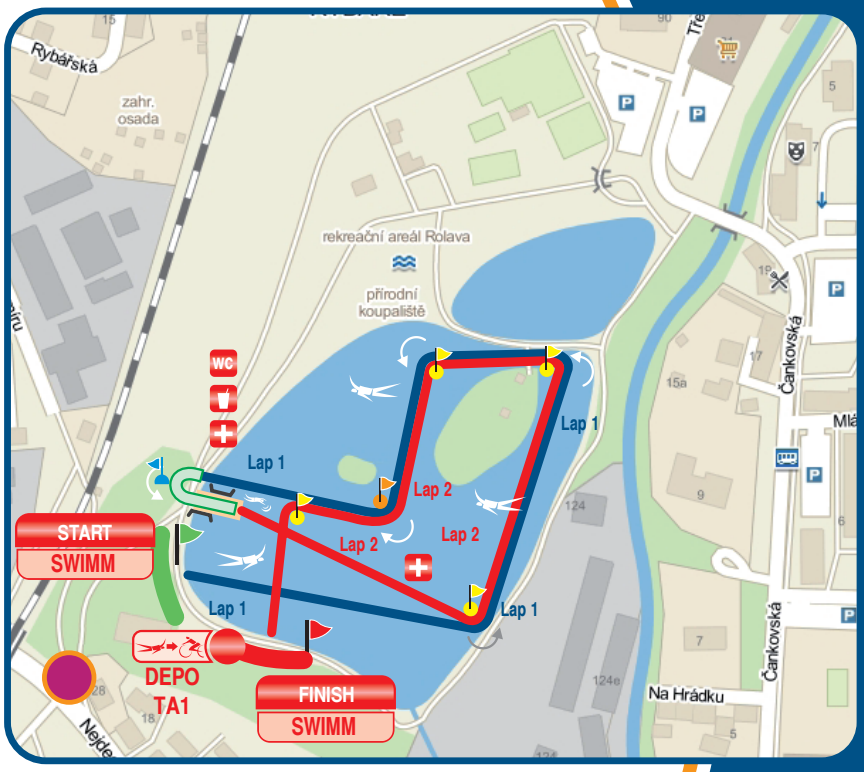
Detailed map of the bus stop at the open air pool Rolava



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