



2007 ITU African Cup Triathlon Official Results – Elite Women



Location:	Langebaan (RSA)	Distance Swim/Bike/Run:	Olympic Distance (1,5km/40km/10km)
Date:	3 March 2007	Starting Time:	11:00:49

Officials

ITU Technical Delegate:	Alain St Louis (MAU)	Competition Jury:	Debbie Alexander (RSA)
Referee:	Colin Williamson (RSA)	"	Alain St Louis (MAU)
Chief Race Official:	Libby Burrel (ITU)	"	Libby Burrel (ITU)

Data of Course

Swim 1,5 km 2 lap(s) Water Temperature: 19 °C	Bike 40 km 3 lap(s) Air Temperature: 22 °C	Run 10 km 4 lap(s) Air Temperature: 20 °C Wind and Rain
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Rank	No	Name	NF	Swim	T-1	Bike	T-2	Run	Total	Diff
1	31	LISK, Ricarda	GER	18:14 (1)	00:25 (8)	01:10:55 (3)	00:15 (1)	00:39:23 (1)	02:09:10	
2	34	NORDEN, Lisa	SWE	18:49 (8)	00:22 (4)	01:10:19 (1)	00:18 (3)	00:39:46 (4)	02:09:32	00:22
3	38	IDE, Juri	JPN	18:17 (4)	00:23 (6)	01:13:03 (4)	00:18 (4)	00:39:37 (3)	02:11:36	02:27
4	44	SWALLOW, Jodie	GBR	18:15 (2)	00:27 (10)	01:13:04 (5)	00:22 (7)	00:39:36 (2)	02:11:41	02:31
5	32	RABIE, Mari	RSA	18:18 (5)	00:20 (2)	01:10:53 (2)	00:17 (2)	00:43:04 (7)	02:12:51	03:41
6	35	ZELENKOVA, Lucie	CZE	18:17 (3)	00:20 (1)	01:13:05 (6)	00:21 (6)	00:43:13 (8)	02:15:14	06:04
7	36	BERG, Corinne	RSA	20:16 (10)	00:24 (7)	01:13:52 (7)	00:19 (5)	00:41:42 (6)	02:16:31	07:21
8	41	STEWART, Anel	RSA	18:43 (7)	00:26 (9)	01:15:38 (8)	00:23 (8)	00:44:12 (9)	02:19:20	10:10
9	43	CURR, Gillian	RSA	21:22 (13)	00:28 (11)	01:19:46 (11)	00:23 (9)	00:41:12 (5)	02:23:09	13:59
10	37	KINSLEY, Claire	RSA	20:44 (11)	00:23 (5)	01:17:55 (9)	00:24 (10)	00:46:07 (11)	02:25:31	16:21
11	40	HEYMAN, Maureen	RSA	20:54 (12)	00:29 (12)	01:18:37 (10)	00:26 (11)	00:45:51 (10)	02:26:15	17:05
DNF	33	ROBERTS, Kate	RSA	18:24 (6)	00:21 (3)					
DNF	42	DANIEL, Wilma	RSA	19:58 (9)						
DNF	39	WEIR, Kristy	RSA							

Cut-Off Time: 2:19:30

Athletes within Cut-Off Time: 8