



# INTERNATIONAL TRIATHLON UNION ATHLETE PROFILE 2009



## KRIS GEMMELL (NZL)



**Nickname:** "Gemmellman"  
**Nationality:** New Zealand   
**Date of Birth:** 28 April 1977  
**Place of Birth:** Napier, New Zealand  
**Residence:** Palmerston North, New Zealand  
 Saarbrucken, Germany during winter  
**Height:** 5'10" (1.79m)  
**Weight:** 150 lbs (68kg)

**2008 Year-End  
Ranking:** 12

**Current Coach:** Chris Pilone

**Current training location:** Palmerston North, New Zealand

**Favourite ITU Race & why:** Cornerbrook and Gamagori (in 2004) these were hard courses that's what I love. Also Mooloolaba is a tough race with the hill and Hamburg kicks butt for atmosphere

**First Triathlon and reason:** 1997 was my first triathlon and it was because I thought it would be fun!! I didn't know it would hurt so much....

**Proudest Moment:** Winning my first world cup. Seeing the joy on kids faces when competing

**Triathlon Goals:** To become a world champion and Olympic champion

**Personal Best:** Swim (1500m) - 17:50      Bike (40km) - 56:00      Run (10km) - 29:37

**Most influential person in sporting career:** John Hellemans

**Sponsors:** Powerade, Suzuki, Avanti bikes, Oakley, Puma, Orca, Lufthansa, DHL Global Forwarding

### PERSONAL

**Profession:** Triathlete      **Marital Status:** single

**Education:** Awatapu College

**Language(s):** English, German      **Sibling(s):** two sisters

**Father's Occupation:** Manager      **Mother's Occupation:** Bank manager

**Family History in Sport:** Mum played Netball at local and regional level and Dad played rugby and cricket at the same level.

**Biggest Obstacle Overcome in Life:** Injury...enough said...

**Goals outside Triathlon:** To always be smiling and be proud of what I have achieved in life.

**Website:** [www.gemmell.co.nz](http://www.gemmell.co.nz)

## **CAREER**

### **Ranking History:**

2008 - 12th   2007 - 5th   2006 - 6th   2005 - 8th   2004 - 5th   2003 - 14th   2002 - 13th   2001 - 38th

*Rankings unavailable prior to 2000*

### **World Cup Highlights:**

2008 Huatulco World Cup winner (Huatulco, MEX)

2007 Rhodes World Cup winner (Rhodes, GRE)

2006 Corner Brook World Cup winner (Corner Brook, CAN)

2004 Gamagori World Cup winner (Gamagori, JPN)

13 World Cup medals

### **World Championship Highlights:**

2006 Triathlon World Championships - 4th Place (Lausanne, SUI)

2004 Aquathlon World Championships - Bronze Medallist (Madeira, POR)

2002 Aquathlon World Champion (Cancun, MEX)

1997 Triathlon Junior World Championships - 6th Place (Perth, AUS)

### **Olympics:**

2008 Olympic Games - 39th Place (Beijing, CHN)

### **Other:**

2006 Commonwealth Games - 5th Place (Melbourne, AUS)

2002 Commonwealth Games - 6th Place (Manchester, GBR)