# 2020 Matrahaza World Triathlon Technical Officials Level 1 Seminar

## Mátraháza, Hungary – 6-8 November 2020

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| DAY 1 – Friday, 6 November 2020 | |
| 16:00 – 16:15 | Opening Speech |
| 16:15 – 17:15 | Introductions, Triathlon History, About World Triathlonturday,  Technical Operations 1 (TOs’ pathway, TOs’ education) |
| 17:15 – 17:30 | Short Break |
| 17:30 – 19:00 | Technical Operations 2 (Building rapport, Code of Behaviour, TOs' Responsibilities) |

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| DAY 2 – Saturday, 7 November 2020 | |
| 08:15 – 09:45 | Technical Operations 3 (Penalties, Penalty Box) |
| 09:45 – 10:00 | Short Break |
| 10:00 – 11:30 | Technical Operations 4 (Conduct of Athletes, Registration, Bike check) |
| 11:30 – 11:45 | Short Break |
| 11:45 – 13:00 | Technical Operations 5 (Athletes' Introduction, Start Procedures) |
| 13:00 – 14:00 | Lunch Break |
| 14:00 – 15:30 | Technical Operations 6 (Swim, Transition) |
| 15:30 – 15:45 | Short Break |
| 15:45 – 17:15 | Technical Operations 7 (Bike, Wheel Station, Lap Audit) |
| 17:15 – 17:30 | Short Break |
| 17:30 – 19:00 | Technical Operations 8 (Run, Aid station, Finish, Timing & Results, Protest / appeals) |

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| DAY 3 – Sunday, 8 November 2020 | |
| 09:00 – 09:30 | Reflection on the topics of DAY 2 |
| 09:30 – 11:15 | Technical Operations 9 (Award Ceremony, Doping Control, CPR) |
| 11:15 – 11:30 | Short Break |
| 11:30 – 13:00 | Exam |
| 13:00 – 14:00 | Lunch Break |
| 14:00 – 16:00 | Correction of exams, feedback to the participants, wrap-up |