

## 2023 World Triathlon Rest and Recovery CDP Course

### Schedule

Registration opens	October, 16th, 2023		
Registration Deadline	October, 29th, 2023		
Pre-course activities	October, 30th to November, 6th, 2023		
<b>Session dates and times</b>		<b>English</b>	<b>Spanish</b>
Key webinar 1	7th, November, 2023	10:00 am CET	20:00 CET
Key webinar 2	14th, November, 2023	10:00 am CET	20:00 CET
Key webinar 3	21st, November, 2023	10:00 am CET	20:00 CET
Key webinar 4	28th, November, 2023	10:00 am CET	20:00 CET