# 2024 Hong Kong World Triathlon Technical Officials Level 1 Seminar

## 2024, Hong Kong – 16-17Mar 2024

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| DAY 1 – 16 Mar 2024 |
| 08:30 – 08:45 | Opening Speech |
| 08:45 – 10:00 | Introductions, Triathlon History, About World Triathlon |
| 10:00 – 10:15 | Short Break |
| 10:15 – 11:45 | Technical Operations 1(TOs’ pathway, TOs’ education) |
| 11:45 – 12:00 | Short Break |
| 12:00 – 13:30 | Technical Operations 2(Building rapport, Code of Behaviour, TOs' Responsibilities) |
| 13:30 – 14:30 | Lunch Break |
| 14:30 – 16:00 | Technical Operations 3(Penalties, Penalty Box) |
| 16:00 – 16:15 | Short Break |
| 16:15 – 17:30 | Technical Operations 4(Conduct of Athletes, Registration, Bike check) |
| 17:30 – 17:45 | Short Break |
| 17:45 – 19:00 | Technical Operations 5(Athletes' Introduction, Start Procedures) |

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| DAY 2 – 17 Mar 2024 |
| 08:30 – 10:00 | Technical Operations 6(Swim, Transition) |
| 10:00 – 10:15 | Short Break |
| 10:15 – 11:45 | Technical Operations 7(Bike, Wheel Station, Lap Audit) |
| 11:45 – 12:00 | Short Break |
| 12:00 – 13:30 | Technical Operations 8(Run, Aid station) |
| 13:30 – 14:30 | Lunch Break |
| 14:30 – 16:00 | Technical Operations 9(Finish, Timing & Results, Protest / appeals) |
| 16:00 – 16:15 | Short Break |
| 16:15 – 17:45 | Technical Operations 10(Awarding Ceremony, Doping Control, CPR) |
| 18:00 – 18:15 | Short Break |
| 18:15 – 19:00 | Open book exam |