Bunch riding

What you need to know
Communication

• Each & every person in a bunch is relying on you to communicate on cars, holes, direction.
• You are also relying on everybody else to do their job!
  • **Point** to a Hole (Left/right/middle)
  • **Wave** an obstacle on the right (Car, another cyclist, walkers)
  • **Call** ‘yep’ when crossing roads or round-a-bouts
  • **Signal** when slowing or stopping
Formation

• Ride directly behind the wheel in front of you
• Leave a gap suitable for your skill level and conditions
• Keep your handlebars even with the person next to you. Do not “half wheel”
• Ride 2 abreast where possible, otherwise “single up”. NEVER 3 abreast
How the bunch should ride!
Moving across lanes

- Cyclists need to know when it is safe to move across to lanes
- The cyclist positioned at the back left of the bunch must call “yes” when it is safe for the bunch to move across
- The “yes” call must be made by each cyclist up to the front of the pack. Therefore cyclists at the front do not need to look behind them & risk falling!
Moving across lanes

Cyclist in RED is calling “clear” or “yep” to move into next lane

Direction of travel
Single up

• The call to “single up” will come from the front cyclists
• The cyclist on the inside (right) stays in their position but opens a gap for outside riders to come in
• The cyclist on the outside (left) will move in behind the rider to their right
Single up

Call made to "single up"

RED riders make gap for Green riders

NEVER BRAKE

All merge into single file

Direction of travel
Rolling Through

Front left rider moves forward and over to the right

CLOCKWISE
REMEMBER

• If talking to each other, do not look at each other, stay focused on the road;
• NEVER you use your TT bars in a bunch;
• NEVER overtake on the right (inside)
• Ensure your bike is road worthy
• Have you got all your equipment?
• Bunch riding on roads is not a game!
RIDE SAFE