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| **Nam of the nominating National Federation or Continental Confederation** |  |
| **NF/CC Contact**  |  |
| **E-mail** |  |
| **Date of the nomination**  | date |  | month |  | **2013** |

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| **Name /details of proposed athlete** |
| Family name: | First Name: |
| Date of Birth: |  dd mm yyyy  | Gender: | Male |  | Female |  |
| E-mail: |  |
| Passport number: |  |
| Passport expiry date: |  |
| **Contact details of the Parent or Guardians** |
| Parent or Guardians Name: |  |
| Postal Address: |  |
| Phone: |  |
| E-mail:  |  |
| **Contact details of athlete’s Coach(s)**  |
| Family Name: | First name: |
| E-mail: |  |

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| **Athlete - background in sport\*** |
| **How many years have you participated in other sports before starting triathlon?**  |
| Sport: |  | Years in sport: |  |
| Sport: |  | Years in sport: |  |
| **How many years have you participated in Triathlon?**  |  |
| **Current training frequency & volume**  | **Current km’s per week** | **Current Sessions per week**  |
| Swim |  |  |
| Bike |  |  |
| Run |  |  |

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| **Athlete - Primary sporting achievement\*** |
| **Event** | **Result** | **Date (yyyy)** | **Place** |
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| Athlete Profile (Please provide a brief description of the athlete’s character and abilities. Include a rationale for nominating this athlete.) |  |

 *\* NFs can supplement this information with the athlete’s sporting CV if available*

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| **Athlete - Participation in ITU and/or Continental Development Projects**  |
| **Have you participated in any ITU or Continental Development Projects (scholarship, camp, Team ITU)?** | Yes |  | No |  |
| If, yes… please specify. |
| Project | Where? | When? |
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| **Attachments to enclose**(will facilitate approval procedure if submitted) | Enclosed |
| 1. Detailed sporting curriculum of athlete
 | Yes |  | No |  |
| 1. Copy of athlete’s passport
 | Yes |  | No |  |
| **Optional Attachments** (will facilitate approval procedure if submitted) | Enclosed |
| 1. Long Term Strategic Plan of the National Federation
 | Yes |  | No |  |
| 1. Individual Training Plan
 | Yes |  | No |  |

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| **DUE DATE FOR APPLICATION: MONDAY 15th JULY 2013****Please submit the application form to Zita Csovelyak at** **zita@triathlon.org** **on or before due dates.** |