1. **CALL TO ORDER:** ITU President, Mr. Les McDonald called the 8th Congress to order at 9:00 a.m., with the following present:

a) **ITU Executive Board:**

- **Table Officers**
  - Mr. Les McDonald, President (CAN)
  - Dr. Sarah Springman, Vice Pres. (GBR)
  - Mr. Mark Sisson, Treasurer (USA)

- **Board Members**
  - Mr. Phil Briars (NZL)
  - Mr. Brian Hinton (AUS)
  - Ms. Lise Jahnson (DEN)
  - Mr. Chihrui Igaya, IOC (JPN)
  - Mr. Didier Lehenaff (FRA)
  - Mr. Kevin Nel (RSA)

- Regrets were received from:
  - Honorary President, Mr. Gunnar Ericsson, IOC (SWE)
  - General-Secretary: Mr. Phil Coles, IOC (AUS)

b) **ITU Council:**

(i) Representation from the following standing committees:

- Technical Committee
- Women's Committee
- Credentials Committee
- Duathlon Committee
- Medical Committee
- Constitution Committee
- Audit Committee

(ii) Representation from the following commissions:

- Coaching and Youth
- Anti-Doping
- Marketing

(iii) The following Regional Representatives were present:

- **Asia:** Mr. Ramy Ramachandran (IND)
- **Europe:** Mr. Andrew McNabnet (GBR)
- **South America:** Mr. Jorge Mejia (COL)
- **CA y Carib:** Mr. Guillermo Saenz (CRC)
- **Oceania:** Bill Walker (AUS)

- Regrets were received from:
  - Mr. Cyril Cure (OBE) (MRI), Africa
c) **National Federations (NFs):** Delegates from the following countries were present:

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<th>The Americas</th>
<th>Asia</th>
<th>Europe</th>
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<td>Puerto Rico</td>
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<td>St. Kitts &amp; Nevis</td>
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<td>USA</td>
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2. **WELCOME:** Mr. Sergio Mucino (MEX) welcomed delegates to Mexico on behalf of the Mexican Federation.

3. **REPORT OF THE CREDENTIALS COMMITTEE:** Mr. Henning Muller (GER) reported on the status of the NFs present. The report was accepted as read.

4. **APPOINTMENT OF TELLERS:** President Les McDonald appointed the following as tellers:
   a) Ms. Ann Charlotte Thoren
   b) Mr. Henning Muller
   c) Mr. Greg Stine

5. **MINUTES OF THE 1994 CONGRESS:** The minutes of the 1994 7th ITU Wellington Congress were adopted as previously circulated.

6. **REPORT ON THE WORLD CHAMPIONSHIPS:** Mr. Sergio Mucino, Mexico, reported on the 1995 Triathlon World Championships and 1995 Duathlon World Championships. The reports were adopted as presented.
7. **ELECTIONS:**

   a) **Executive Board:** Mr. Chihiro Iigaya (IOC member in Japan) was elected unanimously to the vacant Executive Board position.

   b) **Technical Committee:** Mr. Michel Gignoux (France) was elected unanimously to the vacant position on the Technical Committee.

   c) **Constitution Committee:** Mr. Patrice Brunet (Canada) was elected unanimously to fill the vacancy on the Constitution Committee.

   d) **Audit Committee:** Three to be elected. There were four candidates. Results of the election ballot as follows:

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<thead>
<tr>
<th>Name</th>
<th>Country</th>
<th>Status</th>
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<tbody>
<tr>
<td>Ms. Leslie Beckerman</td>
<td>Canada</td>
<td>elected</td>
</tr>
<tr>
<td>Mr. Emil Stoinev</td>
<td>Bulgaria</td>
<td>elected</td>
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<tr>
<td>Mr. Paul Tremenian</td>
<td>New Zealand</td>
<td>elected</td>
</tr>
<tr>
<td>Ms. Irene Charuruks</td>
<td>Malaysia</td>
<td>not elected</td>
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   e) **Duathlon Committee:** Two (2) to be elected. There were four candidates. Results of the election ballot as follows:

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<thead>
<tr>
<th>Name</th>
<th>Country</th>
<th>Status</th>
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</thead>
<tbody>
<tr>
<td>Mr. Alfredo Olebegoia</td>
<td>Spain</td>
<td>elected</td>
</tr>
<tr>
<td>Mr. Hubert Konig</td>
<td>Austria</td>
<td>elected</td>
</tr>
<tr>
<td>Dr. Andreas Rudolf</td>
<td>Germany</td>
<td>not elected</td>
</tr>
<tr>
<td>Mr. Rick Margiota</td>
<td>USA</td>
<td>not elected</td>
</tr>
</tbody>
</table>

   f) **Credentials Committee:** One (1) to be elected due to a vacancy. Mr. Antonio Alvarez (Mexico) was elected unanimously.

   g) **Regional Representatives:** The following recently elected regional representatives were endorsed by Congress: **Europe:** Mr. Andrew McBarnet (Great Britain), **Africa:** Mr. Cyril Cure OBE (Mauritius), **Oceania:** Mr. Bill Walker (Australia)

8. **PRESIDENT'S REPORT:** ITU President, Les McDonald presented the following report:

   a) This year, only our sixth as an International Federation, has been an important one for us. The numerous activities expected of the President of an Olympic Sport to benefit both our sport, and the Olympic family, it's Solidarity and unity, are listed for your information.

   b) The ITU Headquarters has turned out an enormous volume of texts, information, calendars, race results, newsletters, on a very meagre budget, and with volunteer help. No International Federation in the world operates at this level of competence, with part-time dedicated volunteers. Many thanks to Ms. Loreen Barnett, Ms. Christine Brown and Ms. Leslie Beckerman. The World Cup Series '95 has been the “best ever”, with
high profile, exciting and television/spectator friendly events, thanks to Coca-Cola and Reebok, our charter sponsors, plus TYR, the official supplier.

c) The dedicated crew behind the success has been the ITU Marketing Director, Mr. Mike Gilmore (USA), with assistance from the Global Sports T.V. Production crew of Mr. Martin Perry (GBR), Ms. Catherine Davies (ESP) and Mr. Don Ryder (CAN).

d) The Derry Race in Ireland was a contribution to the peace process in that troubled isle. The race was successful, and if it contributed one grain of sand to peace it was worth every bawbee (penny).

e) The travel was often long and arduous between events, and to the athletes who endured the pain, we owe our heartfelt thanks.

f) Outstanding in their loyalty to the World Cup in 1995 were: Brad Beven (AUS), Hamish Carter (NZL), Ralf Eggert (GER), Philippe Fattori (FRA), Jean-Claude Guichard (SUI), Benjamin Sanson (FRA), Nate Llerandi (USA), Cameron Brown (NZL), Richard Allan (GBR) and Miles Stewart (AUS). In the women, Emma Carney (AUS), Isabelle Mouton (FRA), Carol Montgomery (CAN), Gail Laurence (USA), Janet Hatfield (USA), Sophie Delemor (FRA), Katie Webb (USA), Kirstie Otto (CAN), Natasha Hilgholt (NZL), Rina Bradshaw (AUS).

g) The winners of the World Cup Series will be decided in Cancun at the World Championships. They will receive the coveted IOC President’s Trophy.

h) Television Broadcasts of each World Cup went to over 200 million households in 1995 - the greatest exposure which Triathlon has ever received.

i) The Nice Long Distance World Championships was a pleasant vindication of our decision to re-visit Nice one year after the unfortunate experience of 1994, due largely to the vagaries of a Mediterranean storm. Nice `95 was a magnificent success, thanks to Mr. Jacques LaParade, president of FFTri, the gregarious sponsor, Mr. Mario Chiesi of ARENA, and the Municipality of Nice. The overall winner, Simon Lessing of Great Britain and Jenny Rose of New Zealand, are outstanding athletes and role models for our sport.

j) The Duathlon Grand Prix `95 was the best yet and will reach its climax at the Duathlon World Championships, Cancun on November 5, 1995.

k) The ITU Olympic Solidarity Junior Training Camp which took place November 1 to 10 at the Carisa y Palma Hotel in Cancun included over 100 athletes from 25 countries. I hope you had an opportunity to drop by and encourage these young athletes and future Olympians. Find the time to say "hello" to the principle organisers of the camp, Mr. Scott LeDrew and Ms. Christine Brown (Canada). Our thanks to "IOC Solidarity" and H.E. Anselmo Lopez.

l) Congress `95 will debate many resolutions, all in the spirit of harmony, which has become our trademark. Think long and hard. We are at a crossroads in our very, very short history. We either march confidently forward under the banner of "modernization and Olympism" or perhaps "mark time" under the banner of "tradition and commercialism". You, the delegates will decide. Once more, and just for the record, the position of President ITU is an unpaid, volunteer position - just like you, because "nous nous sommes pas commes les autres."

The President's Report was accepted as circulated.
9. **VICE PRESIDENT'S REPORT**: ITU Vice President, Dr. Sarah Springman. Her work included:
   a) helped to create the Derry World Cup event by introducing potential funding agencies and organisers to ITU and supporting the event via public relations and other areas.
   b) assisted the ITU Marketing Director with introductions to sponsors
   c) represented ITU at the General Assembly of International Sports Federations (GAISF) Congress in Seoul with associated lobbying, networking and information gathering.
   d) contributed to the administration of the International Masters Games Association as a Governor, during the transition to ownership by the International Federations of the core sports (15 in total) and for ongoing preparation for the Games in Portland 1996, whilst assuring that Triathlon will be included.
   e) Liaised with the Commonwealth Games Federation and the Manchester Bid Committee regarding the inclusion of Triathlon in the Games of 2002.

The Vice President's Report was accepted as circulated.

**RESOLUTIONS FROM THE EXECUTIVE BOARD:**

10. **MOVED SECONDED, CARRIED**: That the ITU Executive Board be increased by one (1) additional member for a total of eleven. (The appointment of Mr. Joao Calazans (Brazil) was endorsed by Congress, to fill this new position.)

11. **MOVED, SECONDED, CARRIED**: That elite athletes who compete in "self-declared" world events in 1996 and 1997 will not be permitted to compete in the following events in 1997:
   - All ITU Events
   - Regional Championships
   - Multi-Sport Games

12. **MOVED, SECONDED, CARRIED**: Whereas ITU is the world governing body for the sport of Triathlon, recognised as such by the International Olympic Committee, and all other International Sport Federations, and whereas ITU has the sole right to award the status of Triathlon and Duathlon World Championships, Triathlon World Cups, Duathlon Grand Prix, Olympic qualifying events, regional games, qualifying events. Therefore be it resolved that the Congress of ITU again reiterate its opposition to self-declared "world" events.

13. **MOVED, SECONDED, CARRIED**: That whereas the modernisation of sport and its rules and regulations have become a key factor in whether those sports reluctant to change are faced with virtual extinction as a result of a non-spectator, non-television friendly spectacle, coupled with an incomprehension for disqualifications, and whereas, for the past 10 years it has not been possible to control the violations of drafting, other than destroying the event itself, and whereas, drafting has not been part of the creation of the sport, and whereas drafting exists in both the swim and run, and whereas the proliferation of officials on motorcycles attempting to police the drafting rule are inimical to the origins and raison d'etre of Triathlon as a free spirited charismatic sport, and whereas the insistence of an unenforceable rule in a court of law could curtail ITU, the LOC, the NFs, sponsors, enormous litigation sufficient to bankrupt us all, and whereas all of the above will place the "provisional" status of Triathlon on the Olympic
Programme in severe jeopardy. THEREFORE BE IT RESOLVED that this Congress adopt draft legal events in Triathlon World Cup, Duathlon Grand Prix and Triathlon and Duathlon World Championships for elite athletes only. It remains within the power of the NFs to continue to organise traditional races for events in their jurisdiction.

14. MOVED, SECONDED, CARRIED: That whereas ITU awarded the title of 1996 Triathlon World Championships to Cleveland, Ohio, and whereas the 1995 Cleveland World Cup, a precursor of the 1996 World Championships was of an unacceptable standard. Therefore be it resolved that the ITU Executive Board be empowered to resolve the outstanding issues and bring the event up to acceptable international standard; or cancel the event, and move it to another location.

15. MOVED, SECONDED, CARRIED: That the Executive Board, in consultation with the Technical Committee, Medical Committee and Athletes' Commission, be empowered to amend the Operations Manual from time to time, as experience demands, to ensure fair and safe events for athletes.

16. MOVED, SECONDED, CARRIED: That ITU adopt the IOC Medical Code as an integral part of the ITU Constitution and Doping Control Rules.

17. MOVED, SECONDED, CARRIED: That when the "A" sample of an athlete tests positive in a country other than their own, the result and all evidence associated with the test will be sent to the athletes NF and to the President of ITU within 14 days of receiving such information. The athlete's NF will then be responsible for the ensuing investigation and penalty, (according to ITU/IOC recommendations) and in correspondence with the IOC testing laboratory. Appeals will also be conducted by the athletes own NF.

18. MOVED, SECONDED, CARRIED: That the following be added to the section on Definitions: "Country": means a self-governing geographical area of the world recognised as such by international law and international governmental bodies.

19. MOVED, SECONDED, CARRIED: That "Territories": means a geographical territory or region which is not a Country, but which has certain aspects of self-government, at least to the extent of being autonomous in the control of its sport and which is thus recognised as such by ITU.

20. MOVED, SECONDED, CARRIED: That the following be added to Chapter 1. Objects: To ensure that all contests between NFs, including Area and Group Championships or Games, shall be held under the laws and rules of ITU.

21. MOVED, SECONDED, CARRIED: That where the constitution refers to NGB (National Governing Body) change to NF (national federation) as per standard international terminology.

22. MOVED, SECONDED, CARRIED: That where the constitution refers to world governing body (WGB) change to IF (international federation) as per standard international terminology.

23. MOVED, SECONDED, CARRIED: That the following be added to Chapter 3. Membership: The annual fee from each NF affiliated to ITU shall be paid in advance, by 1st January.
24. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 3: **Membership:** All Member Federations shall be required to submit, within the first three months of each year, an annual report which shall include the following information:
   a) Federation's address, telephone and fax, etc.
   b) List of Officers of the Federation
   c) Major Championships and events held during the year, including date and location.

25. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 6: **Duties of the Executive Board:** The Executive Board's duties shall include: To examine any proposals from NFs, Committees or Commissions which are to be discussed at Congress, and to submit such reports as they think fit to Congress on any other proposals they may deem desirable.

26. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 6: **Duties of the Executive Board:** The Executive Board's duties shall include: To make the necessary appointments, including Technical Delegates for the Olympic Games, World Championships, multi-sport games and World Cup Series.

27. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 6: **Duties of the Executive Board:** The Executive Board's duties shall include: To appoint the official ITU Representatives at Regional Games. These representatives shall ensure that ITU rules are implemented.

28. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 6: **Duties of the Executive Board:** The Executive Board's duties shall include: To promote a Development Programme for the benefit of NFs requiring assistance in the training of coaches, officials, etc.

29. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 6: **Duties of the Executive Board:** A member of the ITU Executive Board shall be an ex-officio member of the Executive Body of their national federation (NF). They may also take part in the General Assembly, Congress or Annual General Meeting of their National Federation.

30. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 5: **Congress:** Only NFs who have paid their fees for the current year may take part in the Congress of ITU.

31. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 6: **Duties of the Officers:** **Authority for Rules:** The Executive Board shall be the interpreter of the ITU Rules. All matters not provided for under ITU Rules shall be decided by the Executive Board.

32. **MOVED, SECONDED, CARRIED:** That Chapter 14 be added to read: **International Events:** At the following International Events, the rules and regulations of ITU must apply:
   a) Olympic Games, Triathlon and Duathlon World Championships, Triathlon World Cups and Duathlon Grand Prix
   b) Group Games: Area or Group Games at which Triathlon and Duathlon competitions in addition to several other sports take place, i.e., Commonwealth Games, Pan American Games, Central American Games, Mediterranean Games, Asian Games, African, Goodwill Games, Military Games, World Games, Maccabii, Masters, etc.
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33. **MOVED, SECONDED, CARRIED:** That Chapter 2. **Eligibility:** be revised to include: Residence in a country for at least three years since the date when the athlete last represented another NF in any sanctioned event. The period of residence may be reduced to one year, if the two NFs concerned agree, and if the Executive Board of ITU approves.

34. **MOVED, SECONDED, CARRIED:** That Chapter 2. **Eligibility:** be revised to include: Where an athlete holds or is legally entitled to hold citizenship of two or more countries, provided that it is at least three years since the athlete last represented the first NF in any competition, The period of residence may be reduced to one year, if the two NFs concerned agree, and if the Executive Board of ITU approves.

35. **MOVED, SECONDED, CARRIED:** That Chapter 2. **Eligibility:** be revised to include: An athlete may represent his/her new federation in international competitions after completing a period of three years continuous residence in his/her new country.

36. **MOVED, SECONDED, CARRIED:** That the following be added to Chapter 12: **Suspensions and Other Sanctions:** The Executive shall have the following powers:

   a) to suspend NFs from membership until the next meeting of Congress or for any shorter period;

   b) to suspend NFs from any one or more types of International events, until the next meeting of Congress or for any shorter period; and

   c) to caution or censure an NF;

   d) to reinstate an NF which was previously suspended.

37. **MOVED, SECONDED, CARRIED:** Be it resolved that the following be added to Chapter 12: **Suspensions and Other Sanctions:** Before the Executive may exercise its suspensive powers, the NF must have been sent notice in writing of the alleged infringement or failure, at least one month before the next Executive meeting, at which the NF will be afforded a reasonable opportunity of being heard.

38. **MOVED, SECONDED, CARRIED:** Be it resolved that the following be added to Chapter 12: **Suspensions and Other Sanctions:** The Congress shall have the following powers:

   a) to suspend an NF from membership for a fixed period, or until a specified set of circumstances changes or ceases to exist;

   b) to suspend an NF from any one or more types of International events for a fixed period or until a specified set of circumstances changes or ceases to exist;

   c) to caution or censure an NF;

   d) to reinstate an NF who has been suspended before the end of the fixed period or before the set of circumstances specified has changed or ceased to exist.

39. **MOVED, SECONDED, CARRIED:** Be it resolved that the following be added to Chapter 12: **General Disputes:** Unresolved disputes between an NF and the Executive or Congress, however arising, shall be submitted to the Court of Arbitration for Sport for determination within three months of the date upon which the disputed decision was made.

40. **MOVED, SECONDED, CARRIED:** Be it resolved that the following be added to Chapter 12: **General Disputes:** Each NF shall incorporate in its constitution provision that all disputes between that NF and an athlete and ITU, shall be submitted to arbitration. In the case of a
dispute between any NF and an athlete, this dispute should be submitted to an arbitration panel constituted by the NF. In the case of a dispute between an athlete and ITU, this dispute may by submitted to the Court of Arbitration for Sport (CAS).

41. **MOVED, SECONDED, CARRIED:** That the term for the previous "Olympic" distance event be "The Triathlon".

42. **MOVED, SECONDED, CARRIED:** That the word "duathlon" be added after "triathlon" wherever appropriate in the constitution.

43. **MOVED, SECONDED, CARRIED:** That an accreditation system be established for the position of "race medical director" and "race medical staff" by the ITU Medical Committee

**BIDS FOR FUTURE ITU EVENTS**

44. **1997 TRIATHLON WORLD CHAMPIONSHIPS:** Mr. Alan Melcher, Events Corporation of Western Australia, supported by Triathlon Australia, made a bid presentation for the 1997 Triathlon World Championships to be held in Perth, Australia. Congress voted to endorse the bid pending successful contract negotiations with ITU.

45. **1997 TRIATHLON LONG DISTANCE WORLD CHAMPIONSHIPS:** Mr. Didier Lehenaff, ITU Executive Board, supported by FFTri, made a bid presentation for the 1997 Triathlon Long Distance World Championships, to be held in Nice, France. Congress voted to endorse the bid pending successful contract negotiations with ITU.

46. **1997 DUATHLON WORLD CHAMPIONSHIPS:** Presentations were made to Congress on behalf of Budapest, Hungary, and Gernika, Spain, for the 1997 Duathlon World Championships. Congress voted to award the event to Gernika pending successful contract negotiations with ITU.

47. **1998 TRIATHLON LONG DISTANCE WORLD CHAMPIONSHIPS:** A presentation from Sado Island, Japan, was made by a delegation led by Mr. Kazuo Saitoh, Mayor of Sawata, and supported by the Japan Triathlon Union, for the 1998 Triathlon Long Distance World Championships. Congress voted to endorse the bid pending successful contract negotiations with ITU.

48. **1996 DUATHLON WORLD CHAMPIONSHIPS:** A presentation was made by Mr. Renato Locatelli on behalf of the Duathlon World Championships 1996, Imola, Italy. The report was accepted as presented.

49. **1996 TRIATHLON LONG DISTANCE WORLD CHAMPIONSHIPS:** A presentation was made on planning developments for the 1996 Triathlon Long Distance World Championships by Ms Andrea Allen. The event will be September 1, 1996. The report was accepted as presented.

50. **1996 TRIATHLON WORLD CHAMPIONSHIPS:** A presentation was made on planning developments for the 1996 Triathlon World Championships by Mr. Jack Caress. The event will be August 24, 1996. The report was accepted as presented.
RESOLUTIONS FROM THE TECHNICAL COMMITTEE

51. MOVED, SECONDED, CARRIED: Be it resolved that during a competition, all competitors must have their helmets securely fastened from the time that they remove their bicycle from the rack at the start of the cycle, and until after they have placed their bicycle on the rack at the finish of the cycle.

52. MOVED, SECONDED, CARRIED: Be it resolved that all officials, drivers, media and race personnel who ride a motorcycle before and/or during ITU events, must wear a securely fastened, approved motorcycle helmet.

53. MOVED, SECONDED, CARRIED: Be it resolved that athletes entered in ITU events who do not wear approved helmets while cycling at the race site, within 7 days of the event may be disqualified from the competition.

54. MOVED, SECONDED, CARRIED: Be it resolved that team competitions be eliminated from ITU World Championships in its present format after 1995, and that a new team scoring format be developed.

55. MOVED, SECONDED, CARRIED: That each NF be allowed to qualify a maximum of 3 entries in the elite wave at the Triathlon World Championships. This will not include athletes qualified on the Triathlon World Ranking.

RESOLUTIONS FROM THE WOMEN'S COMMITTEE

56. MOVED, SECONDED, CARRIED: That ITU supports in principle the growth of an "all women's" series which focuses on age group triathletes, and further that the ITU Marketing Director makes marketing advice available so the ITU style and format be integrated into the series.

57. MOVED, SECONDED, CARRIED: That ITU supports in principle the formation of a fund to send age group athletes to the ITU Women's Series, and that problems relating to potential conflict of interest be resolved.

58. MOVED, SECONDED, CARRIED: That ITU supports aid to women athletes and coaches from "developing countries" to compete in the World Championships.

RESOLUTIONS FROM NATIONAL FEDERATIONS (NFs)

59. MOVED (SUI), SECONDED (USA), DEFEATED: That representatives from the Ironman Corporation, a private company based in Florida, USA, with a "self-declared" Triathlon World Championships, be allowed to address and attend Congress.

60. MOVED, (NZL) SECONDED (GBR), CARRIED: That ITU abandon the World Youth Sprint Distance Championships for competitors under 15 years (13-15 years), beginning in 1996.
61. **MOVED, SECONDED (COL), CARRIED:** That the Junior Categories be as follows:

**Junior A:** 18 and 19 years old with eligibility on January 1.
**Junior B:** 16 and 17 years old with eligibility on January 1

62. **MOVED, SECONDED, CARRIED:** That Mr. Sture Jonasson (Sweden), and original founder of ITU and the first Secretary-General, be elected as an Honorary member of ITU.

63. **REPORT OF THE AUDIT COMMITTEE:** The report was adopted as presented.

64. **ADOPTION OF THE ANNUAL BUDGET:** The report was adopted as presented.

65. **ADJOURNMENT:** The President, Mr. Les McDonald thanked the Mexican Federation and its President, Mr. Antonio Alvarez, for providing excellent working conditions for the Congress. He congratulated the assembled National Federations for their hard work and success in bringing together 2,500 athletes to the World Championships, and a further 2,000 supporters and friends for the largest gathering ever. The Congress was adjourned at 6:00 p.m., followed by a reception, graciously offered by Mr. Mario Vasquez Rana, IOC member in Mexico.