

WORLD TRIATHLON YEAR END ANTI- DOPING REPORT 2020

The following is an overview of the 2020 World Triathlon Anti-Doping Program and looks ahead at 2021.

Of course, because of the COVID-19 pandemic, our testing program and Test Distribution Plan (TDP) was significantly altered.

Still, while in-competition testing was reduced, out-of-competition testing on Registered Testing Pool (RTP) and Testing Pool (TP) athletes was maintained throughout the year as well as could be using Covid-19 protocols.

World Triathlon's 2020 Testing Pools had approximately 168 athletes in its Testing Pools

- 55 athletes in the RTP;
- 113 athletes in the TP.

Athlete Biological Passport:

- 136 blood samples were collected for the purpose of the Athlete Biological Passport (ABP).

In-Competition Testing:

- 238 in-competition urine samples were collected and analyzed;
- 6 in-competition blood samples were collected and analyzed.

Out-of-Competition Testing:

- 308 urine, blood, or blood passport samples were collected from a total of 152 tests;
- ~67% of these attempts took place inside an athlete's 60-minute slot;
- Athletes from 26 different countries were tested;
- ~30% of tests were conducted on athletes while they were living and/or training outside their home country;
- There were 19 unsuccessful attempts during 2020.

Anti-Doping Rule Violations

As of Dec 31, 2020, no anti-doping rule violations (ADRVs) were asserted as a result of World Triathlon's international- level testing conducted in 2020.

Not all national-level anti-doping rule violations have been reported for the year but as of December 31 2020, National Anti-doping Organisations (ADOs) reported to World Triathlon that 5 national-level anti-doping rule violations had been committed by triathletes in 2020.

With the help of focused and intelligent testing, education, deterrence and vigilance, World Triathlon is confident these numbers should continue to diminish in the coming years. World Triathlon can proudly and confidently assert that all the testing and education initiatives it has undertaken in the past years have played an instrumental role in keeping the number of anti-doping rule violations and doping cases low.

Looking ahead to 2021

A delayed Olympic year is finally upon us!

World Triathlon is committed to maintaining and implementing its anti-doping program and promoting clean sport. We shall continue to tackle all anti-doping issues with the same determination and conviction in 2021:

Testing

The World Triathlon Test Distribution Plan which has been carefully and mindfully established with the help of our partners in anti-doping shall, as per usual, be carefully monitored throughout the year. It shall also be evaluated, modified and updated periodically, as required by World Triathlon and the Canadian Center for Ethics in Sport (CCES), who manages World Triathlon's testing program.

The monitoring shall focus on efficiency, efficacy and targeted testing all the while considering the ongoing importance of deterrence and detection. The monitoring shall apply to both in-competition and out-of-competition testing and as part of World Triathlon's ongoing implementation of its Athlete Biological Passport Program.

The monitoring shall also be based on World Triathlon's intelligence gathering and shall include the acknowledgment of various red-flags such as significant performance improvements, suspicious behaviour, follow-up testing on atypical findings, filing failures and missed tests, etc.

World Triathlon is also committed to coordinating all its testing efforts with all NADOs to ensure that global anti-doping efforts encourage maximum efficacy.

Education

World Triathlon firmly believes that education is critical to successfully deter all our athletes at all levels of competition from using performance enhancing substances, to inform them of the risks of using supplements and their many responsibilities under the World Triathlon Anti-Doping Rules and to underline the importance of verifying everything they ingest.

World Triathlon has designated an Education Pool for 2021 and encourages all its Athletes and Athlete Support Personnel to register for ADEL [WADA Anti-Doping eLearning \(ADEL\) Platform \(wada-ama.org\)](https://wada-ama.org), to designate World Triathlon as their "organisation" and complete as many modules as possible.

World Triathlon shall also continue to offer valuable information on anti-doping on its website and to distribute various educational materials to triathletes of all levels. We will also continue to work closely with our national federations and NADOs to facilitate the dissemination of

these materials. We trust that anyone will contact World Triathlon directly should they require assistance in this regard.

The year 2021 sees some changes within our own World Triathlon's anti-doping department. As former Anti-doping Director, Leslie Buchanan, transitioned to a World Triathlon Executive Board member after over twenty years as a staff member at the end of 2020, we are pleased to announce that Jeanne Courbe and Eriketti Margari have taken over her anti-doping duties. Please feel free to reach out to them if you have any anti-doping questions.

Finally, looking ahead to this new year that is upon us, we would like to take this opportunity to thank you all for your continued commitment to clean sport.

If World Triathlon is proud of the work it continues to accomplish in carrying out its anti-doping program, it is equally proud to acknowledge all of partner's contributions to our doping program and their pledges to respect the obligations with regards to anti-doping.

- To our national federations who have respected their testing, reporting and results management obligations;
 - To the CCES who continues to be World Triathlon active partner and ally in the operation of its anti-doping program;
 - To the Montreal World Anti-doping Agency (WADA) Accredited Laboratory who has done a great job as our Athlete Passport Management Unit;
 - To the International Testing Authority (ITA) who is our partner in clean sport;
 - To the doctors who serve as our Therapeutic Use Exemption Committee (TUEC) as a member of World Triathlon's Medical and Anti-doping Committee;
 - To all the national federation medical staffs, including our event medical delegates, for being mindful of the Prohibited List, offering Code-compliant consultations and properly filing out timely TUE applications;
 - To the Local Organising Committees who ensure that sample collection can take place at their events;
 - To all athlete support personnel who continue to deter athletes to resort to the use of performance enhance substances by emphasizing the importance of proper training and nutrition and the adoption of ethical sporting values;
 - To our RTP athletes who continue to submit timely and accurate whereabouts information notwithstanding the burden this may impose;
- and,
- To each athlete who has made a personal decision to not use prohibited substances or methods to enhance his or her performance and discouraged others to do so as well:

We thank you. We hope that 2021 will be a happy, healthy year with clean sport for all.