



COACH EDUCATION PROGRAMME

Revalidation of Expired World Triathlon Coach Certifications

Version 1.0 – January 2023

A summary of the procedures for Continental Confederations, National Federations, and Coaches

The Certificate Revalidation of Coaches (CRoC) Scheme

In 2018 World Triathlon has developed and launched a process that supports and encourages coaches to maintain their learning and development. The purpose of the [Certification Revalidation of Coaches \(CRoC\) Scheme](#) is to encourage and enable the continued development of coaches and to ensure they remain up to date with best practice and guidelines to further enhance the quality, safety and welfare of triathlon coaching worldwide and enhance the further development of the sport. It also provides World Triathlon with a way of assessing the engagement of coaches in best practice.

If you have a question on anything in this curriculum document, please contact World Triathlon Development at development@triathlon.org.

Introduction

Within the CRoC process certified coaches are required to complete a set of knowledge check and update tasks every year. Having any incomplete annual revalidations in their 4-year cycle of certificate validity will automatically result in the expiry of the certificate after four years and the removal of the individual from the List of Certified Coaches.

World Triathlon Development provides a **single, pay-based opportunity** for each individual with expired certificates to get back on track, with the firm intention to bring those who missed any parts of the CRoC process to the same level as where coaches are, who followed up regularly as required.

For this reason World Triathlon would like returning coaches to provide proof of their literacy regarding current competition rules, anti-doping regulations, and other topics that are in the recent focus of our education.

Delivery

To provide maximum efficiency and flexibility, the course is designed to run fully online. Participants are required to complete a series of e-learning modules, which include books, videos, quizzes and other tasks.

As topics might vary from one year to the other, the course is only available parallel to the annual revalidations, between 1 February and 31 March each year. Candidates must complete all modules and activities during this timeframe.

Attendees

Individuals who wish to revalidate their expired coaching certificates, should apply through the Education & Knowledge HUB with their brief curriculum since expiry of certification. World Triathlon Development will review the applications, notify accepted coaches and once the applicable fee is paid, will enrol them to the course. When access is given to the Education & Knowledge HUB, participants will receive a welcome email from World Triathlon Development with course timelines and key information.

Target Audience

This course is aimed only at individuals, who were already World Triathlon Level 1 or Level 2 Certified Coaches in 2014 or later and their certificates expired because of missing annual revalidations. The course is not open for coaches who were certified before 2014 or for any other coach certifications, including triathlon-specific courses of NFs or coaching courses of other sports.

Candidates ideally are actively coaching in triathlon since their initial certification.

Entry Requirements

In order to participate, applicants are required to:

- Fill in an application form on the World Triathlon Education & Knowledge HUB.
- Provide a brief curriculum since their expiry of certification.
- Pay the course fee.

Entry fee

This course is available on a pay-basis, the course fee is **250 USD**. All income from this course will be reinvested into World Triathlon's Coach Education.

Course Overview

The topics/modules/activities covered during the course are the following:

Subject	Level 1	Level 2
World Triathlon Coaching Code of Conduct	✓	✓
Introduction to Triathlon ¹	✓	✓
The Governing Body of Triathlon ²	✓	✓
Nutrition ³	✓	✓
Safeguarding and Welfare ⁴	✓	✓
Anti-doping update 2023	✓	✓
Rule changes update 2023	✓	✓
First aid survey 2023	✓	✓
Terminology quiz	✓	✓
Training plan task - simple session plan	✓	
Training plan task - linked session plan		✓

Supporting Resources

The e-course is running on the World Triathlon [Education & Knowledge Hub](#), which contains all the information (written and video) required to complete the course and develop your own coaching knowledge and skills. Candidates will be required to complete some tasks and quizzes which might require a significant amount of reading.

Course Schedule

- Application: continuously available on the Education & Knowledge HUB.
- Enrolment to the course: automatic, right after the review and acceptance of the application and the settlement of the entry fee.
- Completion of topics and modules (10 on Level 1 and 10 on Level 2 as detailed above): within 4 weeks from course enrolment (payment).
- Participants can progress in their own pace and set up their own schedules respecting the timeframe available. To support flexibility, the e-learning platform is also available on mobile devices, using the Moodle app ([iOS version](#), [Android version](#)) with the same login credentials.

¹ New module developed in 2022

² New module developed in 2022

³ New module developed in 2022

⁴ New module developed in 2022

Key Outcomes

- By completing this revalidation self-study course, participants will become familiar with the most important updates on competition rules and anti-doping.
- They will be required to refresh what they learned during their initial certification courses in terms of sport science in order to complete the terminology quiz relevant training planning tasks.
- Topics recently added to the certification courses are also covered, so participants will get an understanding of those as well, similar to their peers, who got certified recently.
- Upon successful completion, they will get full access again to the respective Level 1 or Level 2 course content for future reference.

Assessment

As the aim of the course is to make sure that coaches are up-to-date regarding subjects and knowledge content that has been developed since 2014, they are assessed based on:

- **Immersing into the full course content** – by reading all books, viewing all videos and completing all tasks.
- **Quizzes** – these quizzes are aimed at newly introduced topics, but may be also re-confirming learning at the initial certification course, and may require candidates to refresh reading of material.
- **Meeting course deadline** - course duration is set, there are no extension opportunities.

Maintaining Accreditation

Consistent with international best practice in many professions the World Triathlon considers that coaches should maintain their knowledge and experience and ensure that it is up to date and relevant. There is therefore a World Triathlon [Certificate Revalidation of Coaches \(CRoC\) Scheme](#) which seeks to encourage and support coaches to keep up to date. See the separate document on the scheme and its impact for coaches.