



**COACH EDUCATION PROGRAMME**

**Revalidation of World  
Triathlon Coach Certifications  
pre-2014**

**Version 1.0 – December 2022**

*A summary of the procedures for Continental Confederations, National Federations, and Coaches*

## Changes in the World Triathlon Coaching Development Pathway

In 2014 World Triathlon launched the Education & Knowledge HUB and simultaneously updated and expanded the curriculum of the former “Level 1 Club Coaches” and “Level 2 Competitive Coaches” courses.

For this reason the backbone of the content of the current Level 1 and Level 2 courses dates back to 2014. Both curriculums have had a significant amount of updates and reviews over the years with a major change into a modular structure in 2021. See the online [World Triathlon Coach Education Program documentation](#) for further information on the remit and other aspects of the Coaching Development Pathway.

In 2018 World Triathlon has developed and launched a process that supports and encourages coaches to maintain their learning and development. This is fully based on online learning. The purpose of the [Certification Revalidation of Coaches \(CRoC\) Scheme](#) is to encourage and enable the continued development of coaches and to ensure they remain up to date with best practice and guidelines to further enhance the quality, safety and welfare of triathlon coaching worldwide and promote the development of the sport. It also provides World Triathlon with a way of assessing the engagement of coaches in best practice.

During the 3-year introductory phase of the CRoC scheme, in 2019 World Triathlon announced two specific courses (one for Level 1 and one for Level 2) aimed at individuals who were certified before 2014 and did not join the new pathway outlined above. As a number of requests keep arriving every year for the reactivation of pre-2014 certificates, World Triathlon Development decided to launch an e-course to serve this need. This is the “Revalidation of World Triathlon Coach Certifications pre-2014” e-course.

If you have a question on anything in this curriculum document, please contact World Triathlon Development at [development@triathlon.org](mailto:development@triathlon.org).

## Introduction

Whether the delivery is face-to-face, fully online or a mix of these two options, the general format of World Triathlon coach education courses involves introducing ‘bite-size’ topics of facilitated information, followed by an activity (group task or practical coaching) that allows coaches to apply the information in a coaching-relevant situation. Every subject is introduced on the [Education & Knowledge HUB](#) and then is taken further to practical application, discussion and feedback.

As the practical aspect has always been in the focus of World Triathlon coach education, the main difference between pre-2014 courses and the recent system is the availability of the above-mentioned e-learning platform with a wide range of various resources embedded into it. For this reason World Triathlon would like reactivating coaches - who were already assessed and certified and are hopefully active since their initial certifications - to become familiar with the Education & Knowledge HUB, refresh and complement what they learned during their previous courses, and become familiar with those content elements, which have been developed and added since 2014.

This course is a **pay-based opportunity** aimed to close this gap.

## Delivery

To provide maximum efficiency and flexibility, the course is designed to run fully online. Participants are required to complete a series of e-learning modules, which include books, videos, quizzes and other tasks.

After enrolment, the course is available for 4 weeks, candidates must complete all modules and activities during this timeframe.

## Attendees

Individuals who wish to revalidate their pre-2014 World Triathlon Coach Certificates, should apply through the Education & Knowledge HUB with the details of their initial certification, and their brief curriculum since

certification. World Triathlon Development will review the applications, notify accepted coaches and once the applicable fee is paid, will enrol them to the course. When access is given to the Education & Knowledge HUB, participants will receive an automated email with their login credentials and a welcome email from World Triathlon Development with course timelines and key information.

## Target Audience

This course is aimed only at individuals, who were already certified before 2014 by World Triathlon either as Level 1 Club Coach or Level 2 Competitive Coach and are not part of the current World Triathlon Coach Education Pathway yet. The course is not open for any other coach certifications, including triathlon-specific courses of NFs or coaching courses of other sports.

Candidates ideally are actively coaching in triathlon since their initial certification.

## Entry Requirements

In order to participate, applicants are required to:

- Fill in an application form on the World Triathlon Education & Knowledge HUB.
- Provide a brief curriculum since their initial certification.
- Pay the course fee.

World Triathlon Development also asks applicants to share their initial pre-2014 coaching certificates for checking and identification purposes.

## Selection process

Applications will be reviewed by World Triathlon Development, with potential consultations with Continental Coordinators and respective National Federation representatives.

Applications without initial certification prior 2014 will be automatically rejected.

## Entry fee

This course is available on a pay-basis, the course fee is **150 USD**. All income from this course will be reinvested into World Triathlon's Coach Education.

## Course Overview

The topics/modules/activities covered during the course are the following:

Subject	Level 1	Level 2
World Triathlon Coaching Code of Conduct	✓	✓
Introduction to Triathlon <sup>1</sup>	✓	✓
The Governing Body of Triathlon <sup>2</sup>	✓	✓
Equity, Diversity and Inclusion	✓	✓
Nutrition <sup>3</sup>	✓	✓
Anti-doping (Level 1)	✓	
Anti-doping (Level 2)		✓
Safeguarding and Welfare <sup>4</sup>	✓	✓
Sport Science Basics	✓	
Holistic Coaching		✓
Prevention of Competition Manipulation		✓
Certificate Revalidation of Coaches (intro)	✓	✓

## Supporting Resources

The course is running on the World Triathlon [Education & Knowledge Hub](#), which contains all the information (written and video) required to complete the course and develop your own coaching knowledge and skills. Candidates will be required to complete some tasks and quizzes which might require a significant amount of reading.

## Course Schedule

- Application: continuously available on the Education & Knowledge HUB.
- Enrolment to the course: automatic, right after the review and acceptance of the application and the settlement of the course fee.
- Completion of topics and modules (9 on Level 1 and 10 on Level 2 as detailed above): within 3 weeks from enrolment.
- Participants can progress in their own pace and set up their own schedules respecting the 4-week timeframe available. To support flexibility, the e-learning platform is also available on mobile devices, using the Moodle app ([iOS version](#), [Android version](#)) with the same login credentials.

## Key Outcomes

- By completing this reactivation self-study course, participants will become familiar with the World Triathlon Education & Knowledge HUB, where many other coaching resources are available.

<sup>1</sup> New module developed in 2022

<sup>2</sup> New module developed in 2022

<sup>3</sup> New module developed in 2022

<sup>4</sup> New module developed in 2022

- They will be required to refresh what they learned during their initial certification courses in terms of sport science (“Sport Science Basics” for Level 1 coaches and “Holistic Coaching” for Level 2 coaches).
- Topics newly added to the certification courses over the past couple of years are also covered, so participants will get an understanding of those as well, similar to their peers, who got certified more recently.
- They will get an introduction to the Certification Revalidation of Coaches (CRoC) scheme, which they are required to follow.
- Upon successful completion, they will get full access to the respective Level 1 or Level 2 course content for future reference.

## Assessment

As the aim of the course is to make sure that coaches are up-to-date regarding subjects and knowledge content that has been developed since 2014, they are assessed based on:

- **Immersing into the full course content** – by reading all books, viewing all videos and completing all tasks.
- **Quizzes** – these quizzes are aimed at newly introduced topics, but may be also re-confirming learning at the initial certification course, and may require candidates to refresh reading of material.
- **Meeting course deadline** - course duration is set, there are no extension opportunities.

## Maintaining Coaching Certification

Consistent with international best practice in many professions the World Triathlon considers that coaches should maintain their knowledge and experience and ensure that it is up to date and relevant. There is therefore an World Triathlon [Certificate Revalidation of Coaches \(CRoC\) Scheme](#) which seeks to encourage and support coaches to keep up to date. See the separate document on the scheme and its impact for coaches.

The CRoC applies in the following year after successfully completing the course.