

## **WORLD TRIATHLON YEAR END ANTI- DOPING REPORT 2023**

The following is an overview of the 2023 World Triathlon Anti-Doping Program and looks ahead to 2024.

### **World Triathlon's 2023 Testing Pools had 159 athletes in its Testing Pools**

- 61 athletes in the RTP;
- 98 athletes in the TP.

### **Athlete Biological Passport:**

- 164 blood samples were collected by World Triathlon for the purpose of the Athlete Biological Passport (ABP).
- 1208 blood samples were collected by all ADOs for the purpose of ABP

### **TUE in 2023:**

- 10 TUE were approved by World Triathlon
- 20 TUE were recognised by World Triathlon
- 2 TUE was denied by World Triathlon

### **In-Competition Testing:**

- 1316 in-competition urine samples were collected and analyzed;

### **Out-of-Competition Testing:**

- In total, 188 samples out-of-competition were collected.
- There were 30 unsuccessful attempts during 2023.
- There were 22 Whereabouts Failure in 2023.

## Global Testing Data:

- 800 Athletes were tested by World Triathlon.
- 1751 Athletes were tested by all the ADOs.
- 3806 tests were conducted in the sport of Triathlon and Para Triathlon in all the different disciplines (by World Triathlon and all the other WAD-Code Signatories). Out of competition: 2302 and In-competition: 1504.

## Anti-Doping Rule Violations

As of Dec 31, 2023, 4 Anti-Doping Rule Violations (ADRVs) were asserted as a result of World Triathlon's international-level testing conducted in 2023.

Not all national-level anti-doping rule violations have been reported for the year but as of December 31 2023, Anti-Doping Organisations (ADO) reported to World Triathlon that 12 ADRV had been committed by triathletes in 2022.

With the help of focused and intelligent testing, education, deterrence and vigilance, World Triathlon is confident these numbers should continue to diminish in the coming years. World Triathlon can proudly and confidently assert that all the testing and education initiatives it has undertaken in the past years have played an instrumental role in keeping the number of anti-doping rule violations and doping cases low.

## Education

- In total, 1559 certificates were delivered. World Triathlon recognised 451 certificates from other Signatories and delivered 1108 certificates.
- Pool A: 193 Athletes were part of this Education Pool. In total 96% completed the course.
- Pool B: 99 Athletes were part of this Education Pool. In total 95% completed the course.
- Pool C: 145 Athletes were part of this Education Pool. In total, 83% completed the course.
- Pool D: 656 coaches completed the course.

## Looking ahead to 2024

World Triathlon is committed to maintaining and implementing its anti-doping program and promoting clean sport. We shall continue to tackle all anti-doping issues with the same determination and conviction in 2024:

### Testing

The World Triathlon Test Distribution Plan which has been carefully and mindfully established with the help of our partners in anti-doping shall, as per usual, be carefully monitored throughout the year. It shall also be evaluated, modified and updated periodically, as required by World Triathlon and the International Testing Agency (ITA).

The monitoring shall focus on efficiency, efficacy and targeted testing all the while considering the ongoing importance of deterrence and detection. The monitoring shall apply to both in-

competition and out-of-competition testing and as part of World Triathlon's ongoing implementation of its Athlete Biological Passport Program.

The monitoring shall also be based on World Triathlon's intelligence gathering and shall include the acknowledgment of various red-flags such as significant performance improvements, suspicious behaviour, follow-up testing on atypical findings, filing failures and missed tests, etc.

World Triathlon is also committed to coordinating all its testing efforts with all NADOs to ensure that global anti-doping efforts encourage maximum efficacy.

### Education

World Triathlon firmly believes that education is critical to successfully deter all our athletes at all levels of competition from using performance-enhancing substances, to inform them of the risks of using supplements and their many responsibilities under the World Triathlon Anti-Doping Rules and to underline the importance of verifying everything they ingest.

World Triathlon will continue its Education Program in 2024 in accordance with the International Standard and encourages all its Athletes and Athlete Support Personnel to register for ADEL [WADA Anti-Doping eLearning \(ADEL\) Platform \(wada-ama.org\)](https://wada-ama.org), to designate World Triathlon as their "organisation" and complete as many modules as possible.

World Triathlon shall also continue to offer valuable information on anti-doping on its website and to distribute various educational materials to triathletes of all levels. We will also continue to work closely with our National Federations and NADOs to facilitate the dissemination of these materials. We trust that anyone will contact World Triathlon directly should they require assistance in this regard.

Finally, looking ahead to this new year that is upon us, we would like to take this opportunity to thank you all for your continued commitment to clean sport.

If World Triathlon is proud of the work it continues to accomplish in carrying out its anti-doping program, it is equally proud to acknowledge all of the partners' contributions to our doping program and their pledges to respect the obligations with regards to anti-doping.

- To our National Federations who have respected their testing, reporting and results management obligations;
- To our RTP and TP athletes who continue to submit timely and accurate whereabouts information notwithstanding the burden this may impose;
- and,
- To each athlete who has made a personal decision to not use prohibited substances or methods to enhance his or her performance and discouraged others to do so as well.
- To ITA who is now the World Triathlon active partner and ally in the operation of its anti-doping program;
- To the Montreal World Anti-doping Agency (WADA) Accredited Laboratory who has done a great job as our Athlete Passport Management Unit;
- To the doctors who serve as our Therapeutic Use Exemption Committee (TUEC) as a member of World Triathlon's Medical and Anti-doping Committee;

- To all the National Federation medical staff, including our event medical delegates, for being mindful of the Prohibited List, offering Code-compliant consultations and properly filling out timely TUE applications;
- To the Local Organising Committees (LOC) who ensure that sample collection can take place at their events;
- To all athlete support personnel who continue to deter athletes to resort to the use of performance enhance substances by emphasizing the importance of proper training and nutrition and the adoption of ethical sporting values;

We thank you. We hope that 2024 will be a happy, healthy year with clean sport for all.