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525 aniversario del encuentro entre dos mundos Huelva-América

ITU triathlon World Cup Huelva

September, 24th 2017

Athlete's briefing

Briefing agenda

- Welcome and Introductions
- Competition Jury
- Schedules and Timetables
- Check-in and Procedures
- The course
- Post-Race Procedures
- Weather forecast

Welcome and Introductions

- Marisol Casado (ESP), ITU President and IOC member
- Renato Bertrandi (ITA), ITU Board member and ETU President
- David Bonilla (ESP), ITU Team Leader
- Jan Philipp Krawczyk (GER), ITU Technical Delegate
- Tom Roberts (WAL), ITU Assistant Technical Delegate
- Claire Hannan (NZL), ITU Race Referee
- Javier Aznar and Jorge Garcia (ESP), Event Directors

Competition Jury

- Jan Philipp Krawczyk (GER), Chair
- Renato Bertrandi (ITA), ITU representative
- Alicia Garcia (ESP), NF representative

Schedule and Timelines

Friday

18:30 – 19:00 Race pack pick-up

Your race package includes:
Helmet stickers (3x), Bike sticker (1x), Body decals (4x) – both arms and both legs

19:00 – 20:00 Official Reception

Schedule and Timelines

Saturday

11:00 – 12:00	Swim course familiarization; leave bikes and clothes in TA1 – will be secured
16:30 – 17:00	Bike course familiarization; one lap inside Huelva; meeting at Casa Colon
17:00 – 19:00	Check-In gear for TA2 (at official hotel Punta Umbria Mar and LOC office, Casa Colon)
	Check-in spare wheels for team wheel stop
	Bike check-in possible in Punta Umbria Mar for all athletes staying in Huelva

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Schedule and Timelines

Sunday

07:30 – 08:30	Athletes' Lounge open and check-in
08:00 – 08:45	Transition Area open for Elite Women
08:00 – 08:45	Swim Warm-up for Elite Women
08:45	Calling area
08:50	Athletes' Introduction
09:00	Elite Women Start
14:30	Medal ceremony

Schedule and Timelines

Sunday

10:45 – 11:45	Athletes' Lounge open and check-in
11:15 – 12:00	Transition Area open for Elite Men
11:15 – 12:00	Swim Warm-up for Elite Men
12:00	Calling Area
12:05	Athletes' Introduction
12:15	Elite Men Start
14:30	Medal ceremony

Shuttle times

- Please check posted plans outside briefing room; posted in official hotels in Punta Umbria and Huelva; provided as hand-out inr ace package; sent by e-mail to all athletes
- No transfers on Saturday
- Equipment from TA1 (goggles, wetsuit) will not be brought to Huelva and can be collected at Punta Umbria between 15:00 and 17:00
- Bags with clothes which you need after the finish will be transported from athletes' lounge to finish

Check-in procedures

TA2 check-in

- Either at Punta Umbria Mar or Casa Colon
- You will receive a bag for your equipment at registration (women – white; men – blue)
- The bag will be securely closed
- Tag the bag with your name and number
- The bag will be brought in TA2 and unpacked at your space
- The shoes will be placed in front of the bin
- Check-in spare wheels for team wheel-stop; will be brought to wheel-stop

Check-in procedures

Bike check-in

- For athletes staying in Huelva, the bike check can be done on Saturday between 17:00 and 19:00
- Bikes will be securely stored in athletes lounge

Map Athletes' Lounge

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Check-in procedures

Athletes Lounge

- Uniform & race gear check (name, country, logos, ITU logo) – photos taken of each uniform. Wearing other uniform during the race = DQF!
- Body marking check (both arms, both legs)
- Timing chip distribution Swim cap distribution
- Leave your bag in the Athletes' Lounge they will be taken to the Recovery Area in Huelva

Check-in procedures

Athletes Lounge (Bike check)

- Refer to 5.2 in competition rules
- Handle bars with clips-on
- Wheels and spare wheels (non authorized UCI wheels rule)
- Leave your spare wheels at check-in on saturday
- Bike frame
- Saddle position (-5 cm ≤ Men & -2 cm ≤ Women)
- Approved exceptions on ITU website

Check-in procedures

Athletes Lounge (Bike check)

- Approval for the addition/modification of any equipment to the bike, MUST be obtained from the TD at the end of the athletes' briefing
- Mechanic service available

Check-in procedures

Transition Area 1 (close to swim start)

- Helmet check- Don't leave your helmet fastened in the transition

  The athlete who misses to comply with this rule will receive a time penalty in TA1.

Transition Area 2 (Next to finish chute)

- Running Shoes will be placed in front of the bin

In an individual bike rack, the bike must be racked in the first transition by the rear wheel and in the second transition by either of the wheels.

Pre-start Procedure

Athlete Introduction:

- 10 minutes before start - line-up Jog to the platform
- Select your position and stay behind the line!
- Do not block more than one positions - DSQ
- Athlete's are required to wear the official swim cap from the moment of the athletes' line-up

Start Procedure

Athletes in position:

- The start can be given any time after the TD announces ”On your mark”
- Electronic horn blast
- The race starts

Athletes not moving forward at the start will receive a time penalty in TA1.

False Start Procedures

False start with many athletes:

- Several horn blasts
- Kayaks move in front of you
- Everyone goes back to her/his original start spot

Valid start with early starters:

- If a few athletes start before the horn and everyone else starts with the horn, the false starter(s) will receive a 15 second penalty in TA1.
- During the time penalty, the athlete(s) may NOT touch any equipment.

The Course

Swim

2 laps of 750m

Bike

1 lap of 20,5km and 4 laps of 5,1km

Run

4 laps of 2,5km

The Course

Swim course

- Water temperature: water 19/20,1° C
  today 09:00/12:00 air 18/24,7° C
  WBGT 24,0° C

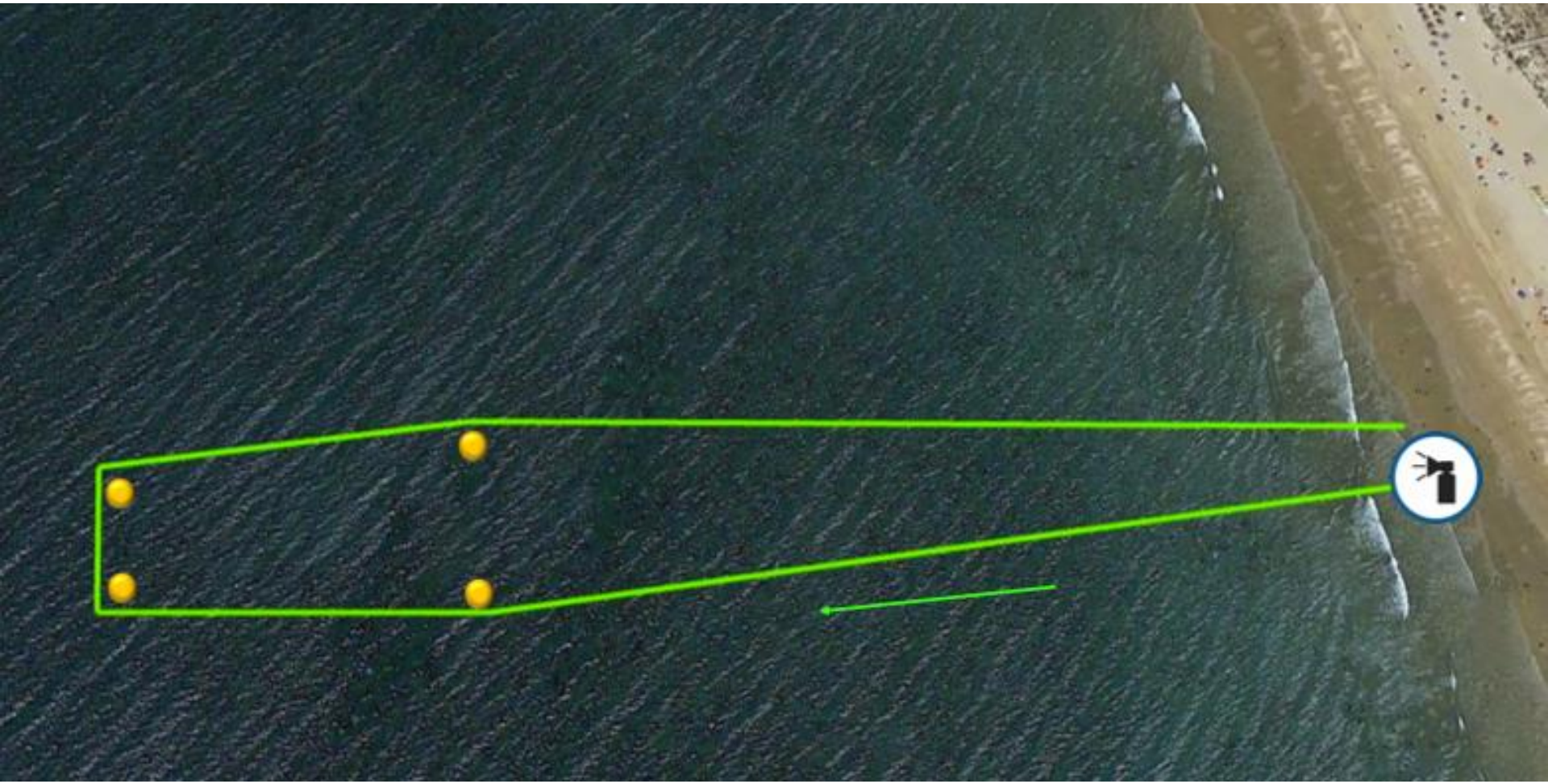
- 2 laps (total distance of 1500m) - clockwise
- Distance to the first turn buoy 285m
- Take cap, goggles to transition into your box

Swim course

Swim behaviour will be closely monitored and

recorded by water based & broadcast room based technical officials

Swim course Map



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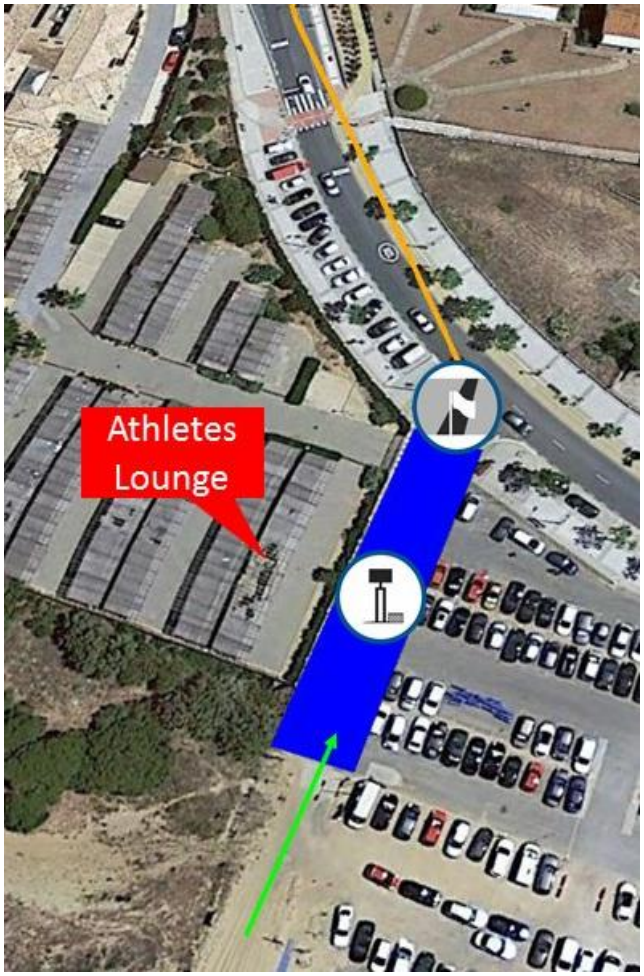
Transition Area 1

- Swim Exit to TA 180m women/250m men
- Traditional Bike Racks
- Helmet on the bike
- Bags to the Athletes Lounge
- All used equipment into the box
- Mount line at the end of the TA

Transition Area 2

- Individual bike racks
- All used equipment into the box
- Dismount line at the beginning of the TA

Transition Flow TA1



Bike course

- 1+4laps (total distance of 40,9km)
- Hilly and technical, cobble stone section in Huelva
- 2 Wheel Stations
  - 1 Neutral wheel station (following from Punta Umbria to Huelva, static in Huelva)
  - 1 Team wheel station
  - For locations see the map
- Lap Counter: at TA2
- Littering Zones – at wheel stations
- Lapped athletes are out of the race
  - First runner – last biker scenario and lapping in Huelva

Bike Course Map 1

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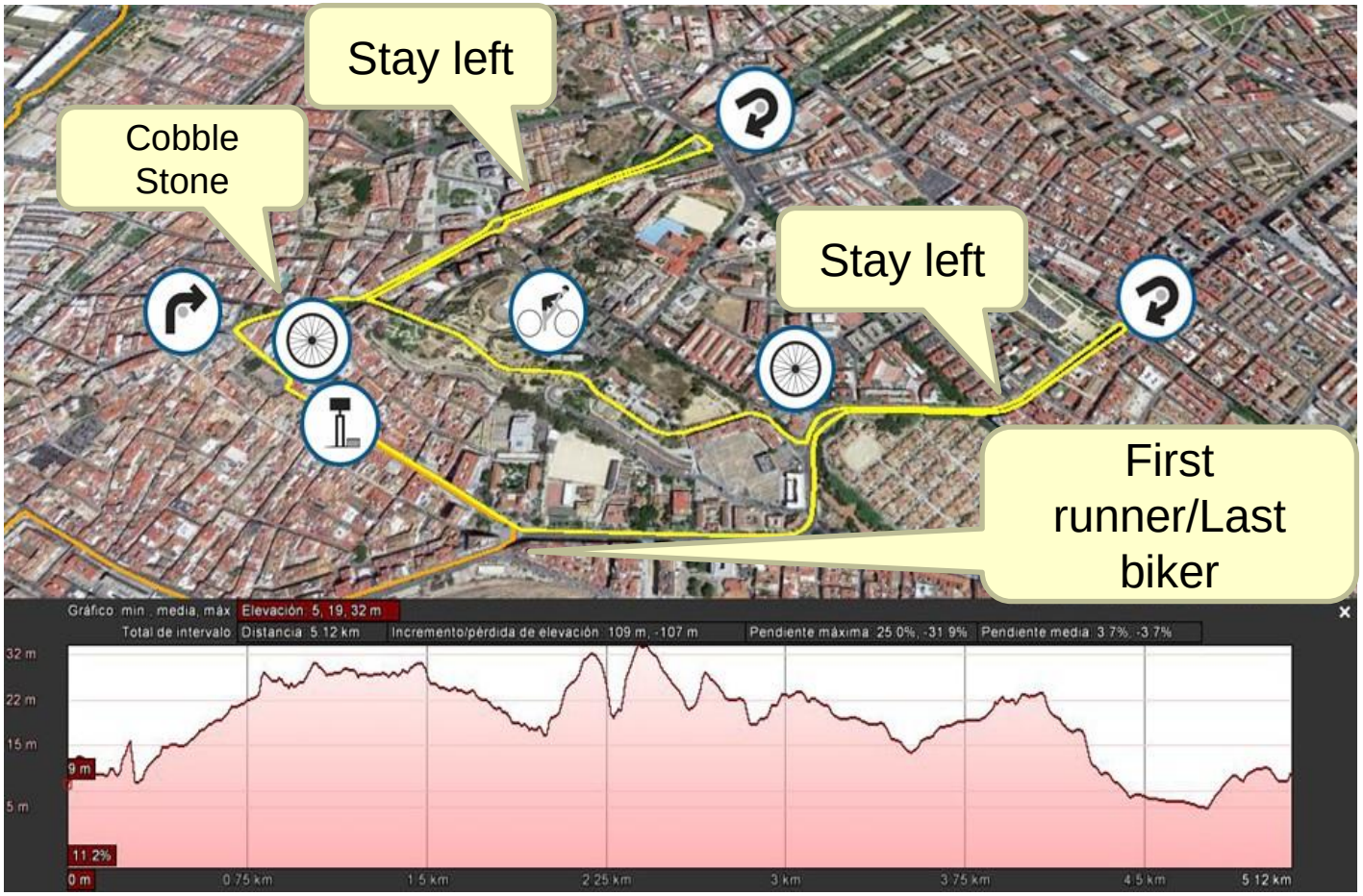
Bike Course Map 2



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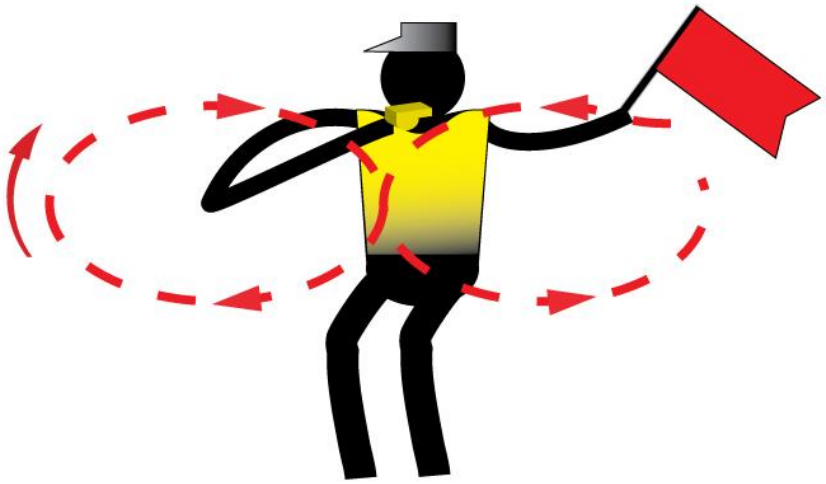
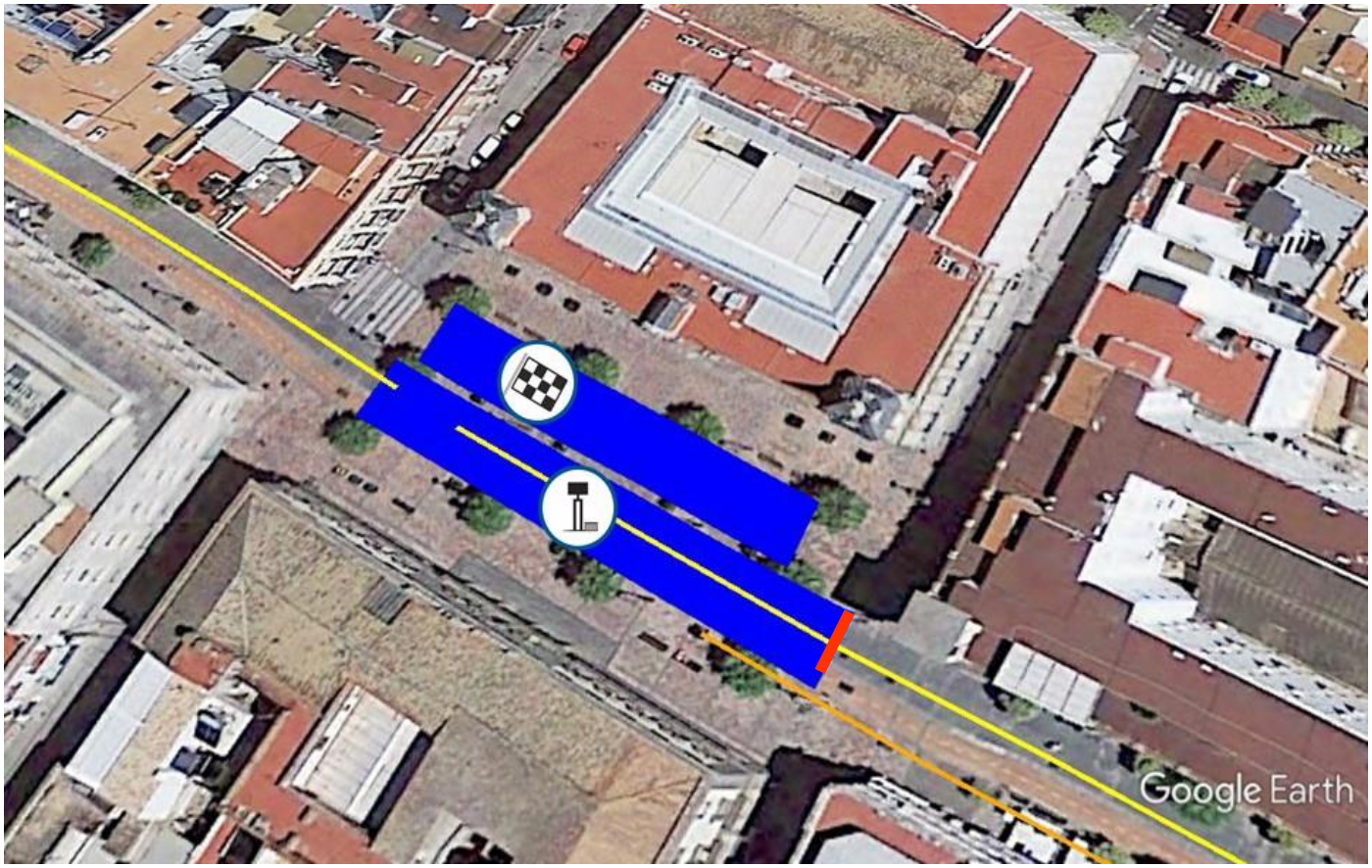
Caution

Caution signal: three sharp whistles and red flags



Transition Flow TA2



Run course

- 4 laps (total distance of 10000m)
- Aid stations:
  - 2 per lap
  - For locations see the map
  - Sealed water
  - Discard plastic bottles within the littering zones. (20m before and 80m after Aid stations)

- Photo-finish
- Congestion in finish area:
  - Go to mixed zone / recovery area

Run Course Map

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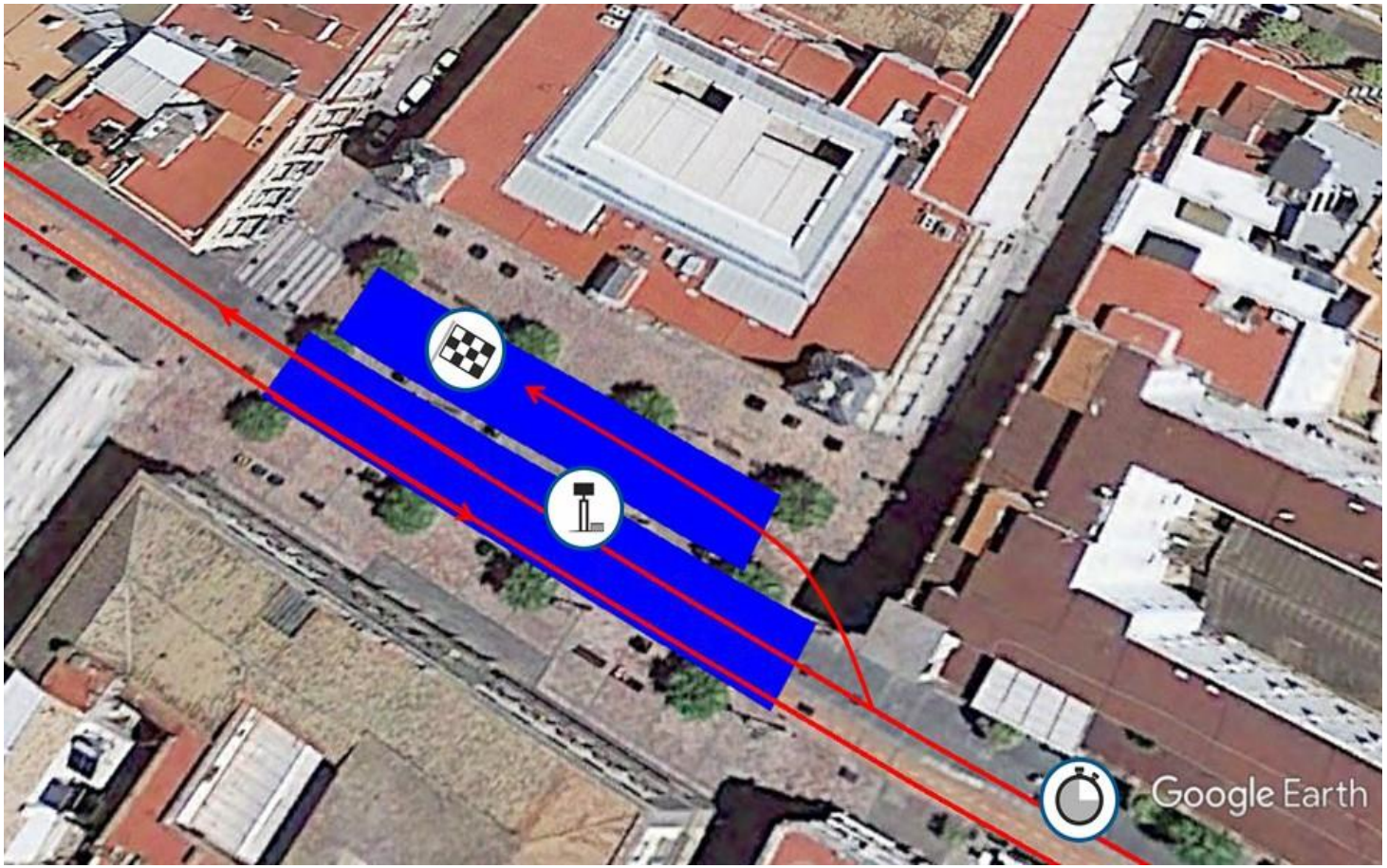
Finish



Run Penalty Box

Refer to 3.3 on the Competition Rules

- Start infringements will be served in TA1
- Swim, TA1, Bike, TA2 and Run Infringements will be served in Run Penalty Box

Location: 150m before the Transition Area

Information: White board to show race numbers

(Athletes need to read the board – coaches are advised to check and inform their athletes)

Procedure: 15s time penalty served on any lap of the run

If you don't stop DSQ

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Run Penalty Box

Rule interpretation

Mount after the mount line: One foot of the athlete has to be in contact with the floor after the mount line. If this contact doesn't occur the action is considered as mount the bike before the mount line.

Dismount before the dismount line: One foot of the athlete has to be in contact with the floor before the dismount line. If this contact doesn't occur the action is considered as dismount the bike before the dismount line.

Discharge or store your equipment inside your designated area: Leaving the equipment (swim cap, googles, helmet, etc.) in the designated box.

Rack the bike inside your own space: In case of Traditional bike rack, the bike must be racked with at least one side of the handlebar or the seatpost with 0,5m to the name plate. In case of Individual bike race, the bike must be racked with the front wheel to the designated rack.

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Post-race Procedures

- “Mixed Zone” - immediately after finish 1, 2, 3 with host broadcaster first.
- Medal Presentation - protocol – at 14:30
- First three women can have a shower in a nearby hotel
- Please follow the ambush marketing rules
- Dress “up” in national uniform
- Prize money – you will be contacted by ITU

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Ambush Marketing Rules

- Ambush marketing is defined as:

  "*Deliberately using the opportunity of live television and media photographers to acquire additional exposure for your sponsor product, apparel or brand.*"

- The consequence for this behavior is:

  The athlete will immediately forfeit their prize money for that event

Post-race Procedures

Anti-Doping Control

- Photo ID is needed for every athlete to have ready for Doping Control

Team Medical Access

- Only team medical will be allowed to enter the medical tent after the LOC Doctor's perimission.
- Every NF can have 1 team medical accreditation but for team doctors only

Coaches areas

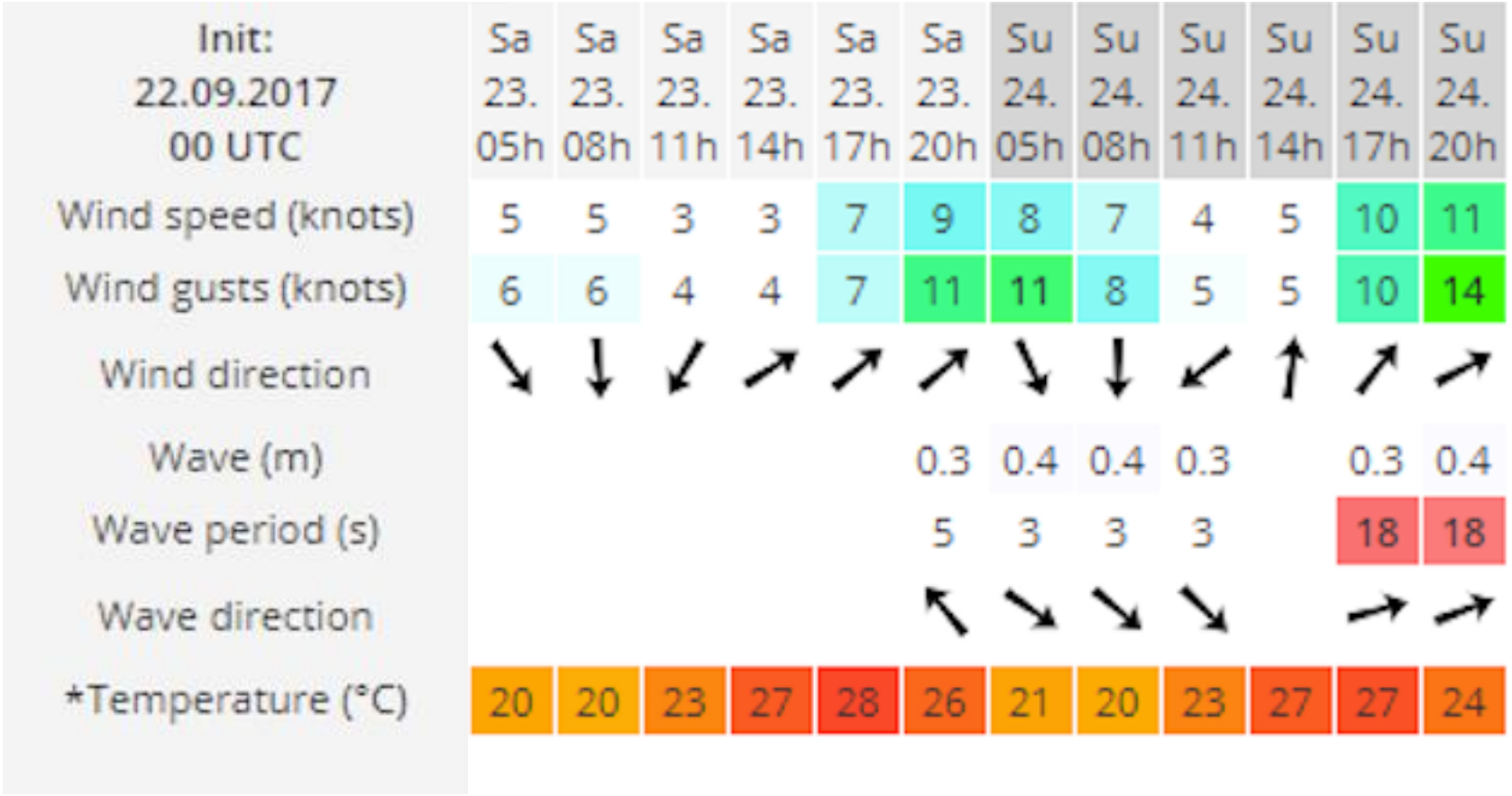
Accreditation

- Every registered coach has to collect accreditation to be able to enter the venue.
- Only Coaches who have been registered from their NF into the ITU online system are entitle for an accreditation
- Coaches areas are at
  - Athletes' lounge
  - Start
  - Next to Run Penalty Box
  - Recovery Area

Important Updates

- Briefing is online, check event website on www.triathlon.org

Weather forecast



Init: 22.09.2017 00 UTC	Sa 23. 05h	Sa 23. 08h	Sa 23. 11h	Sa 23. 14h	Sa 23. 17h	Sa 23. 20h	Su 24. 05h	Su 24. 08h	Su 24. 11h	Su 24. 14h	Su 24. 17h	Su 24. 20h
Wind speed (knots)	5	5	3	3	7	9	8	7	4	5	10	11
Wind gusts (knots)	6	6	4	4	7	11	11	8	5	5	10	14
Wind direction	↘	↓	↙	↗	↗	↗	↘	↓	↙	↑	↗	↗
Wave (m)						0.3	0.4	0.4	0.3		0.3	0.4
Wave period (s)						5	3	3	3		18	18
Wave direction						↖	↘	↘	↘		→	→
*Temperature (°C)	20	20	23	27	28	26	21	20	23	27	27	24

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Good Luck!

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