

Medical and Anti-doping Committee Minutes

Meeting: 24 February 2021

Approved

Duration: via Zoom 01:30.00

Present

- Dr Sergio Migliorini (SM), ITA
- Dr Anglela Pedro (AP), POR
- Dr Doug Hiller (DH), USA
- Dr Mourad Yasser Abdel Rahman (YR), EGY
- Dr Ryoji Kasanami (RY), JPN
- Dr Claude Marble (CM), FRA
- Dr Marie Claude Gregoire (MCG), CAN
- Dr Debbie Alexander (DA), Executive Board
- Leslie Buchanan (LB), Executive Board
- Tomoko Wada (TW), Interpreter
- Thanos Nikopoulos (TN), GRE – World Triathlon Staff Liaison

Absent

-
-

*For ease of minute taking only first names or initials of the members will be referred to in the minutes. You can see full names above

| Item | Discussion Items | Discussion | Actions |
|------|------------------|---|---|
| 1 | Opening remarks | <ul style="list-style-type: none">- TN and SM thanked everyone for joining the call. There was some informal discussion about how different countries were dealing with COVID-19 vaccines. Some doctors have already been vaccinated with various versions. | TN asked for an additional item to be added to the agenda which was accepted. |

| | | | |
|---|--|--|---|
| 2 | Apologies/absence | <ul style="list-style-type: none"> - Jeanne Courbe, World Triathlon staff, was unable to join the call. | |
| 3 | Approval of minutes | <ul style="list-style-type: none"> - TN asked if there were any changes for the minutes of the previous meeting. | TN to put the previous minutes up on the website. |
| 4 | Return to Play (RTP) document and algorithm. | <ul style="list-style-type: none"> - Discussion around updating the PPE document and the summary of various positions, including Italian society, literature, JAMA, GER sport medicine. - There was discussion around the ability to get MRI tests for athletes in various countries. There can also be false positive rates in MRIs - There was discussion around the pros and cons between the PCR and antigen tests. World Athletics only asks for PCR tests but is not working with Age Group athletes. - TN described the use of bubbles in various countries. | <p>YR to update the algorithm and COVID-19 document, PDF, and then send it to TN to send out to everyone.</p> <p>TN to include the question (#18) about whether the person has had COVID-19 to the PPE.</p> |
| 5 | Washington State University Study | <ul style="list-style-type: none"> - There was discussion around the Global Safety Taskforce and how it was meant to, and has, included the whole triathlon community. This research is to be an offshoot of that intention. - The study will need access to our data. The ITU department has said that they can integrate it. - We need a good compromise of the number and depth of questions so that the data will be worthwhile and that people will complete it. - This data could deal with overuse injuries and fractures as well. - There was discussion about other research that has been done in other sports. - Questions to be answered for the research platform could include: What is the baseline for an endurance athlete on a MRI? Who would be | <p>Gergely Markus (GM) to return the MOU to DH.</p> <p>TN and GM to make sure that the WSU study is on the Executive Board (EB) agenda.</p> <p>The EB can set additional requirements.</p> <p>DH to create the rules around the research and to be in charge of the research.</p> <p>SM to send the British questionnaire to DH.</p> <p>DH to improve upon the British questionnaire.</p> |

| | | | |
|---|--|--|--|
| | | involved in the research? How will we use this data? Who is to publish what? How will this managed? What oversight will be done? What external checks will be done? Will we have a Research Working Group? | |
| 6 | SEMLI/Pretoria University Update of the AWARD Study | <ul style="list-style-type: none"> - This research project have collected data around infections, including COVID-19. - CM discussed what research has been done by the FRA NF. | <p>SM asked all of the Committee members to encourage their NFs to collect and share any data with the Committee.</p> <p>SM will send the questionnaire to the Committee.</p> <p>TN will make sure that the survey gets sent out to the athletes (elite and AG), NF medical staff via email and social media. Also, the information needs to be put on the World Triathlon and Continental Federations websites.</p> |
| 7 | Development Return to Play Webinars (March 11, 2021) | <ul style="list-style-type: none"> - The Development department has asked for an English and Spanish speaking doctor to record a segment for the webinar. | <p>TN to connect MCG with Zita to record the English recording.</p> <p>SM to ask Dr Humberto Aguilar if he would be willing to record the Spanish recording.</p> |
| 8 | Next Meeting | <ul style="list-style-type: none"> - Any items needing discussion before the next meeting will be discussed over email. | <p>TN to send out an invitation for the next scheduled meeting for Wednesday, April 14th, 2021 at 9pm CET. This is the same time as this meeting.</p> |