



# INTERNATIONAL TRIATHLON UNION

## Entry process for Age-Group athletes

### Nationality representation

- The ITU Constitution (2019) states that:

*28.1. Where an athlete:*

*a. Wishes to represent a NF other than the NF to which they originally belonged, they must reside in the country of the subsequent NF for at least three years after the date they last represented the original NF in any sanctioned event.*

*b. Holds or is legally entitled to hold citizenship of two or more countries, provided that it is at least three years since the athlete last represented the first NF in any competition.*

According to this:

- National Federations will enter athletes for the World Championships according to their internal regulations and qualification systems
  - Athletes will represent the NF of the Nation they are citizen of or in which they reside
  - In cases that the athlete's nationality is different to their Nation of residence, or if the athlete has more than one nationality, the athlete has the possibility to represent either NF, if it is their first time competing in an ITU event. Otherwise the athlete has to represent the NF he/she represented before or he/she goes through the change of representation process.
- Specific cases
    1. Athlete from Nation A, living in Nation B with no previous participation in ITU events. He/she can compete:
      - Representing Nation A according to their internal regulations and qualification systems
      - or Representing Nation B according to the internal regulations and qualification systems
    2. Athlete from Nation A, living in Nation B with previous participation in ITU events representing Nation A. He/she can compete:
      - Representing Nation A according to their internal regulations and qualification systems
      - Or if the athlete wishes to represent Nation B he/she needs to go through the change of representation process.
    3. The same applies to an athlete with two nationalities A and B

