



World Triathlon
Para Cup
BESANÇON
2021

Elite Para triathlon briefing

11 June 2021



World
Triathlon

Agenda

Welcome and Introductions

Competition Jury

Schedules and Timetables

Check-in and Procedures

The Course

Post-Race Procedures

Water Quality Test Results

Weather forecast



Welcome and introductions



- Bernard SAINT JEAN, World Triathlon Executive Board representative
- Gergely MARKUS, World Triathlon Sport Department director and Team Leader
- Eugène KRAUS, World Triathlon Technical Delegate
- Cédric GOSSE, President FFTRI
- Franck DEPARDEU, Medical Delegate
- Thomas MANTELLI, World Triathlon Head Referee
- Ludo MOUCHET, LOC Race Director
- David PEIFFER, World Triathlon assistant Technical Delegate



Competition Jury



- Eugène KRAUS, Chair
- Cédric GOSSE
- Gergely MARKUS



Athlete Committee Members



- Yannick BOURSEAUX



General Behaviors (Event Overview)



Schedule and Timetables



Saturday June 12th

- 09:00 Transportation from IBIS Hotel to the venue Osselle (only for those who registered)
- 10:00 – 11:00 Swim familiarization
- 12:00 Shuttle Departure from Osselle to IBIS Hotel
- 17:00 – 18:30 Race package Distribution Salle Bartholdi

}



Schedule and Timetables

Race Pack Distribution – Saturday June 11th

Venue: Salle Bartholdi

Collect your race packs according this time schedule:

17:00-17:15 AUS, AUT, BEL, COL, CYP, CZE, DEN, ESP, FIN

17:15-17:30 GER, GBR, HUN

17:30-17:45 FRA, IRL

17:45-18:00 ITA, JPN, KGZ, LTU, LUX, MEX

18:00-18:15 NED, POL, POR, RUS

18:15-18:30 TPE, TUR, USA

Race Pack include items as per the Competition Rules

Before coming to registration

- All athletes, guides, personal handlers, coaches and team medical must complete online the pre-event COVID-19 screening process
https://triathlon.org/pre_event_covid_19_screening_guide?mc_cid=190edf69ae&mc_eid=e189c58d9b
- All athletes are required to sign the agreement online via their personal access to the backend of triathlon.org prior to the first World Triathlon event they are willing to compete at.
- Without completing online both of the processes above, you will not be allowed to compete.

Schedule and Timetables



Sunday June 13th

- 06:30 Athlete's Transportation IBIS Hotel / Venue (only for those registered)
- 07:00 – 08:30 Athletes' Lounge Open
- 07:15 – 08:45 Transition Open
- 07:45 – 08:45 Swim Warm Up
- 08:50 Athletes' Presentation
- 09:00 Besançon World Triathlon Para Cup Start
- 12:30 Medals Ceremony

The start times / waves



Wave	Time	Category
1	09:00:00	PTS 5 M
2	09:05:00	PTVI 1 M
3	09:06:00	PTVI 1 W
4	09:08:21	PTVI 2/3 M
5	09:09:48	PTVI 2/3 W
6	09:40:00	PTS 2-3-4 M
7	09:45:00	PTS 3-4-5 W
8	09:46:00	PTS 2 W
9	10:00:00	PTWC 1 M
10	10:03:08	PTWC 2 M
11	10:05:00	PTWC 1 W
12	10:09:04	PTWC 2 W



Situation map



NEW VENUE
PLAGE D'OSSELLE
(15 minutes by car to Besançon)



Athletes Parking



Check-in procedures



Entering the venue on Saturday and Sunday

- Only athletes, guides, personal handlers, coaches and team medical with paratriathlon accreditation can come to the venue on Saturday and during the races on Sunday
- Using the wristband, different colours
- Social distancing
- Mask and hand disinfection
- Measurement of temperature & oxygen saturation level
 - With your registered Handler/Guide

Time schedule

Saturday 09:30 – 11:00

Sunday 07:00 – 08:30



Check-in procedures

Bike Check

Athletes Lounge (Mask, hand disinfection, social distancing)

Comme with your registered Handler/Guide

- Uniform & race gear check (name, country, logos, World Triathlon logo) – photos taken of each uniform. [Wearing other uniform during the race = DSQ](#)
- Body marking check (both arms, both legs)
- Swim cap distribution
- Timing chips (2x) distribution
- Wave number written on left hand
- Registration of equipment for pre-transition area
- Registration of spare wheels for wheel station
- Leave bags in the Athletes' Lounge, they will be transferred to Bag storage



Swim Cap Colors



Athletes Lounge

- **PTWC** **RED**
- **PTS2 / PTS3 / PTS4 / PTS5** **RED** or **YELLOW** or **GREEN**
- **PTVI 2/3 (athlete)** **GREEN**
- **PTVI 1 (athlete)** **ORANGE**
- **PTVI (guide)** **WHITE**

Timing Chips – Where to Wear



PTWC

1 - handcycle (rear axle)

1 - race wheelchair (close to the front fork)

PTS2 – PTS5

Double amputees: Bike prosthesis + run prosthesis

Single amputees: Existing ankle + run prosthesis

Non amputees: Both ankles

PTVI

1 - Athlete ankle

1 - Guide ankle



Permitted Equipment - Uniform

Swim

- Wetsuits up to 5mm thickness
- Vest warmers are NOT allowed
- Gloves are NOT permitted
- Face, hands and feet cannot be covered
- **No prosthetic socks, unless the pins are adequately covered. This will be checked**
- **PTVI 1 athletes must wear black-out goggles during the swim and can only be removed once the bike position has been reached in transition**

Permitted Equipment - Uniform



Bike and Run

- Athletes can wear a long-sleeve shirt under the uniform – it must be worn for the entire event
- Athletes will not be able to remove the shirt at any time during the event
- Arm covers can be worn and can be removed during the event **BUT only in Transition.**
Removal elsewhere during the race will lead to DSQ
- **PTVI 1 athletes must wear black-out glasses on the bike and run segments**
- **PTWC athletes can wear uniform with sleeves extending from the shoulder up to but not covering the elbow**



World Triathlon
Para Cup
BESANÇON
2021

Check-in procedures



Transition Area

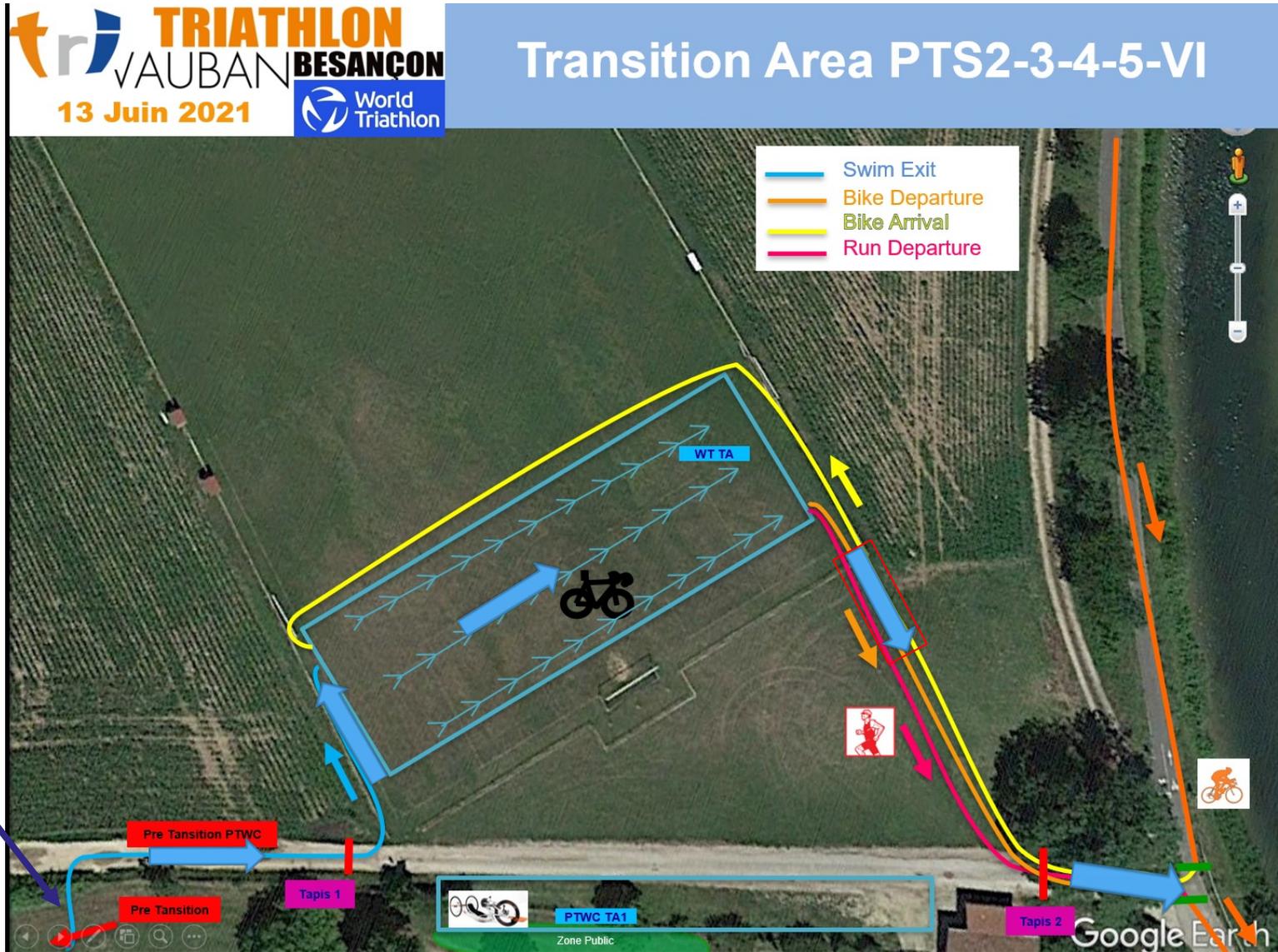
- A folding chair will be provided to athletes if required
- To add any equipment to the bike, approval is to be obtained from the TD at the end of the athletes' briefing.
- Only athletes and their handlers will be allowed in the Transition Area
- Helmet check – Don't leave your helmet fastened in the transition
The athlete who do not comply with this rule will receive a time penalty of 10 seconds in TA1.
- Running Shoes on the ground, helmet on the bike
- Spare wheels collected close to the PTWC transition area & returned to Athletes Lounge



The Venue



Transition Area Map PTS & PTVI categories



Pre-Transition

Pre-start Procedures

Athletes' line-up

- 10 minutes before your start, line up before entrance to start area (numbered boxes)
- Order will be wave number, then category, then race number
- **Remove the mask just before entering the water (use garbage bin)**
- Move to the swim start when you are introduced, select a position and stay behind the line!
(inside the water)
- All athletes' mobility equipment must be managed only by themselves (deposit to pre-transition) or by their team support (moving equipment from the start to other locations, etc).
Everyone must disinfect his/her hands before managing any athletes' equipment.
These items need to be clearly numbered!
- Prosthesis covers/socks are NOT allowed in the swim unless pins are covered.
Not covered covers/socks will be removed before the start.



Pre-start Procedures



Wave starts Athletes' line-up

- Interval Start System PTVI & PTWC
- Each wave will start at an exact time
- Please follow instructions promptly

New Water temperature limit for wetsuit use:

- **24.6°**
- PTWC wetsuit bottoms always allowed if the swim takes place

Pre-start to start area



Start Procedures



Athlete in position in the water

- Deep water start between the two starting buoys
- The start can be given any time after the Head Referee announces "On your mark"
- Air horn blast
- The race starts

Athletes not moving forward at the start will receive a time penalty in TA1.

False-start Procedures

False-start (many athletes)

- Several horn blasts
- Kayaks move in front of you
- Everyone goes back to her/his original start spot

Valid start with early starters

- If a few athletes start before the horn and everyone else starts with the horn, **the false starter(s) will receive a 10 seconds penalty in TA1.**
- **During the time penalty, the athlete CANNOT touch any equipment.**



The course



Swim 1 lap of 750 m

Bike 1 lap of 10,75 km + 1 lap of 8,8 km + 2,8km (Total 21,35 km)

Run 200m + 2 laps of 2,3 km + 200m to finish

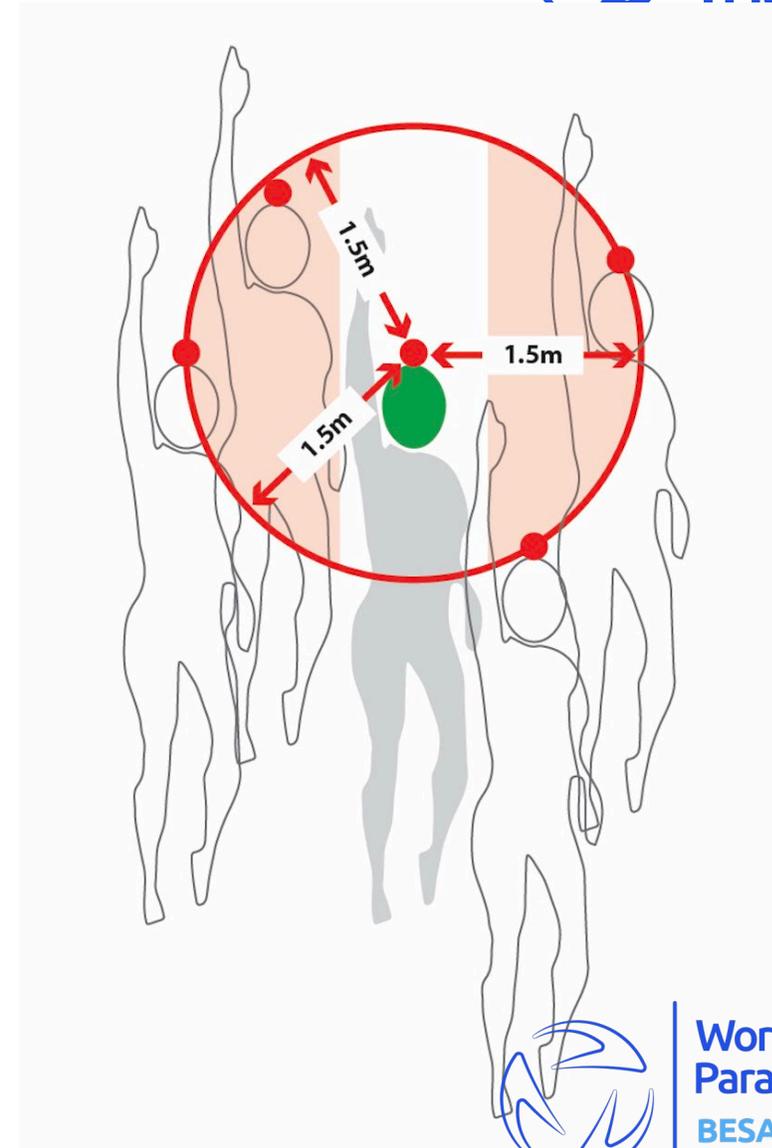


Swim course

- On Friday June 11th at 09:00: **water temperature 22,8 ° C**
air temperature 20,5 ° C
- Wetsuit allowed / Wetsuit not allowed (not clear on this moment?)
- 1 lap (total distance of 750m)
- Distance to the first turn buoy 320m
- Pass all buoys on the right shoulder
- Raise arm in air if assistance required
- Water exit with swim exit assistants
- Take cap, goggles to transition into your box
- Swim behavior will be closely monitored and recorded by water based and Video Review officials

PTVI Swim Conduct

- Each athlete must be tethered to their own guide during the swim.
- At no time may a guide lead or pace the competitor nor propel them forward by pulling or pushing.
- The guide must swim next to the athlete within a maximum separation of 1.5m from the athlete's head to the guide's head.
- The tether shall be elastic rope with bright or reflective colour and 80cm long when measured with no tension. It can be fixed at any point of the athlete's body.
- Guide's head can be at any point with the two red hemispheres next to the athlete, as shown in the drawing. If outside these areas it will be considered as a violation



Swim Exit Handling



- Swim exit handling only by the LOC swim exit assistants.
- They will provide support to all athletes according to their swim cap colour.
- No personal handlers allowed to assist at swim exit.

Pre-Transition Area

- Athlete's registered equipment (prosthesis, crutches, day chairs)
- Chair number (0-9) corresponds to last digit of race number
- Chairs for wetsuit removal
- PTWC athletes must transfer in a daily wheelchair from pre-transition to transition
- No athletes' equipment can be left in the pre-transition area, once the athlete exits the P.T. area
- Adapted cleats and bike shoes with non-exposed cleats are allowed provided the cleats are covered or enclosed by anti-slip material
- PTS2 to PTS5 with an absent lower limb must use a prosthesis or crutches between pre-transition and transition. Hopping on one leg is not allowed
- PTVI athletes are not allowed to use the pre-transition area
- Only PTWC personal handlers are allowed in this area (can athletes' gear)
- No wetsuit removal by TOs nor swim exit assistants/volunteers



Transition Area



- Individual bike racks
- Name, number, country code and flag
- Mount line at the end of the TA (**GREEN LINE**)
- Dismount line at the beginning of TA (**RED LINE**)
- **PTWC shall stop completely at mount and dismount lines and wait TO signal to start**

Transition Area



- All mobility equipment shall remain within the assigned space in transition. Used swim caps, goggles, wetsuits, tethers, helmets in the box;
Failure to do so = 10 second penalty on run
- Bike shoes must be left in the assigned space in transition area before and after bike leg
- Helmet MUST be fastened before unranking bike
- Personal Handlers moving to the Wheel Stop should inform the TOs before going there
- PTWC athletes must put the bib on the hand cycle

Bike course



- 1 lap of 10,75km + 1 lap of 8,8km + 1,8km (Total 21,35km)
- Hilly and technical
- 1 Wheel Stations
 - For locations see the map (near cemetery)
- Electronic lap control, but you are responsible to count for yourself !
- Bike Penalty box as you exit the 2nd lap
- **Littering zone at wheel station**
- Always ride on the right, pass on the left
- Warn the athlete you want to pass

PTWC handbikes – new rules

- Paratriathletes must ensure that their lower limbs have enough support/bracing/foot rest to prevent them from dragging or making contact with the ground during the event;

Bike course

- Draft illegal event
- If shown a **BLUE** card for drafting, you
 - **MUST** stop at the bike penalty box - 1 min/penalty
 - **Failure to stop at the next bike penalty box: DSQ**
- It is the athlete's responsibility to stop at the Penalty Box – numbers not posted on board
Dismount the bike and inform the Bike Penalty Box TO your race number, the number of penalties to serve, and the colour of card received
- Time penalties for littering on bike course will be served at run penalty box: **10 sec penalties** (**YELLOW** card)
- 2 accumulated drafting time penalties = **DSQ**

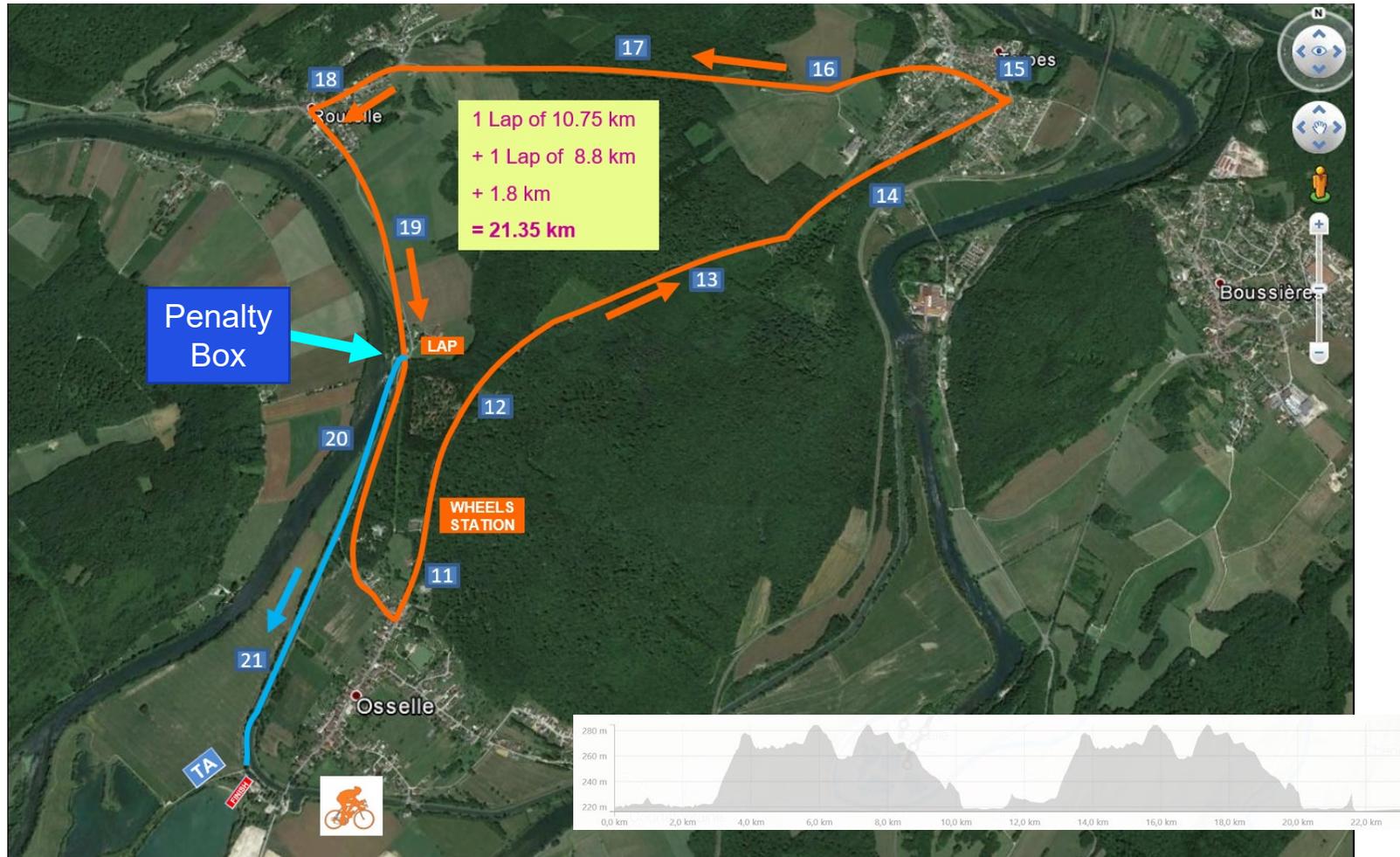
Draft Zones



10m (from your front to their front wheel)

20 seconds to overpass

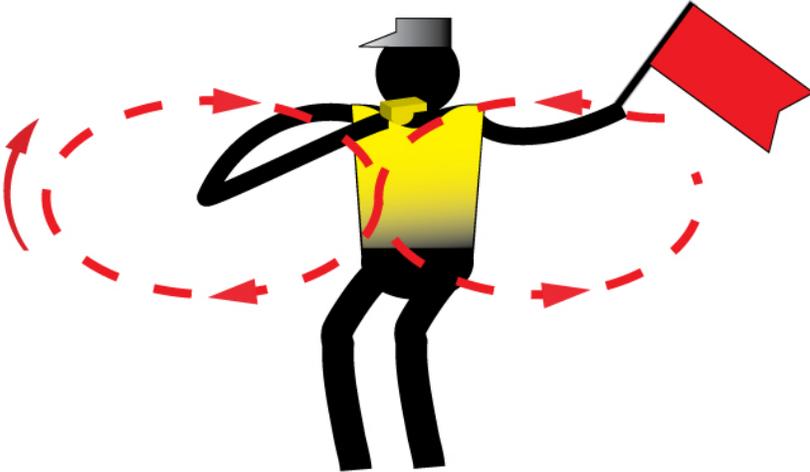
Bike Course Map



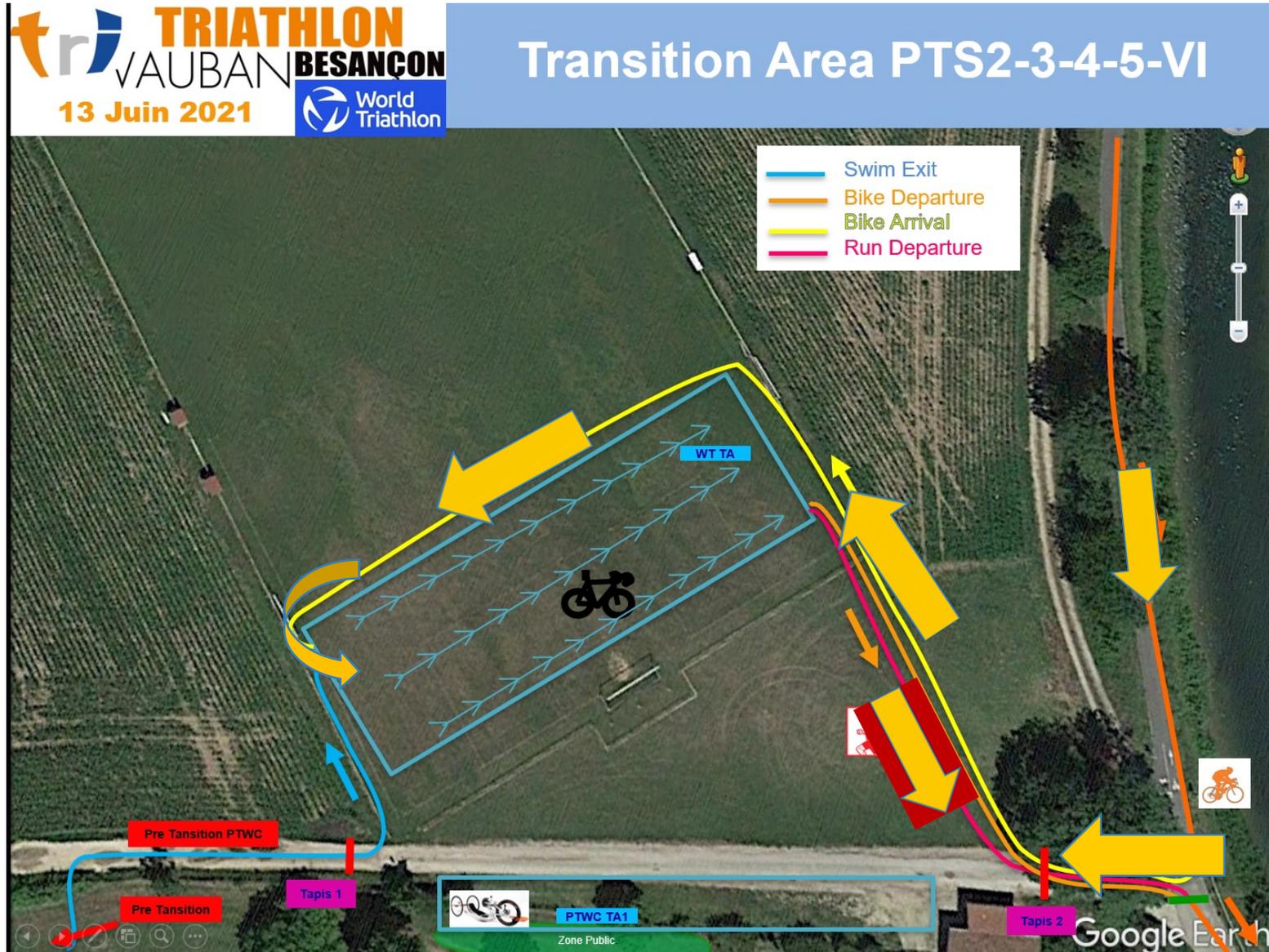
Bike Course

Caution

Caution signal: three sharp whistles and red flags



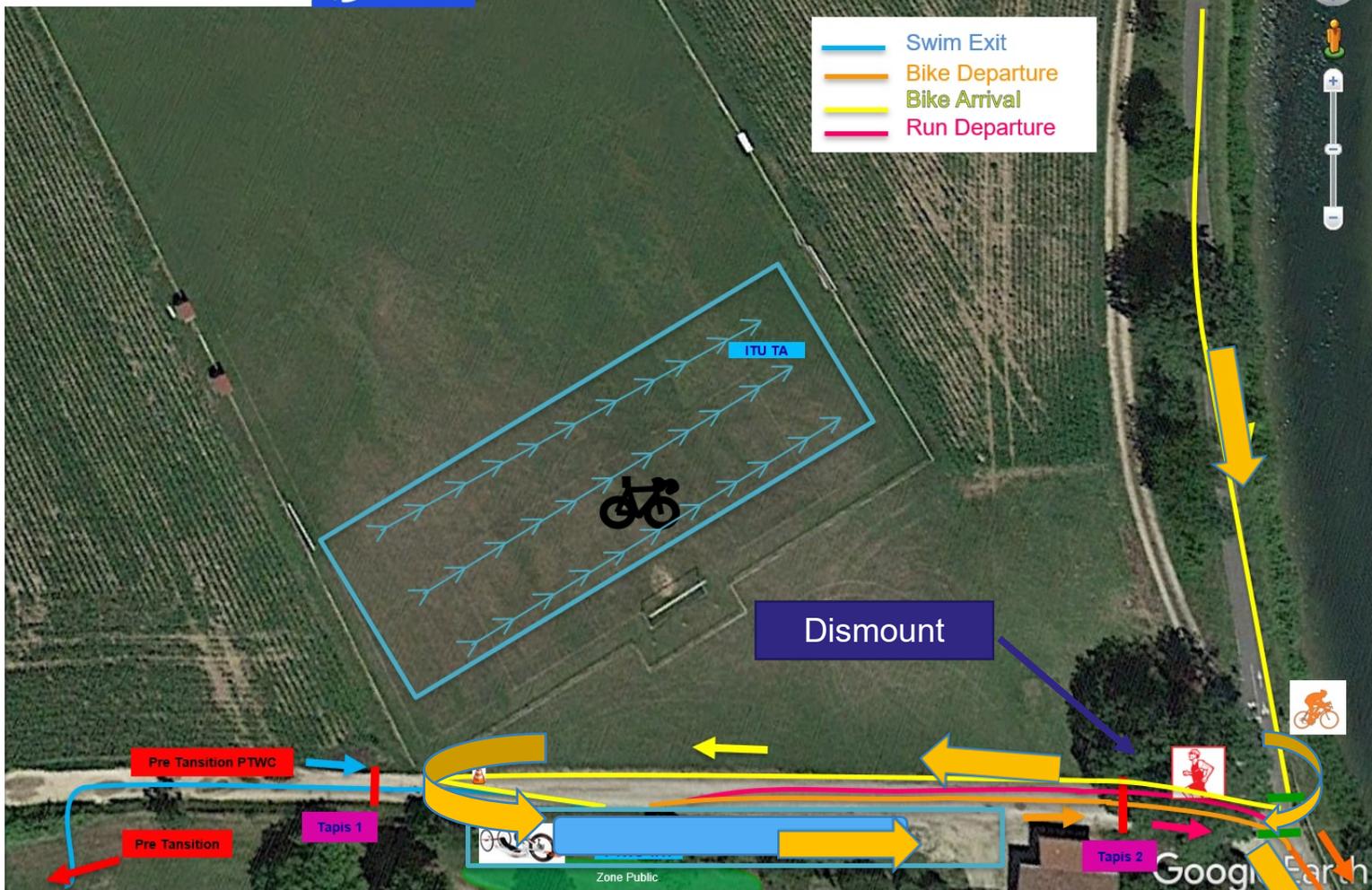
Bike to Run



Bike to run PTWC

TRIATHLON
VAUBAN BESANCON
13 Juin 2021
World Triathlon

Transition Area PTWC



Run course

- 200m + 2 laps of 2,3km + 200m (total distance of 5km)
- Aid stations:
 - 2 per lap
 - For locations see the map
 - Sealed water, isotonic, fruit and ice sponges {if applicable}
 - Discard plastic bottles and litter within the littering zones indicated by the signs below
- Congestion in finish area: **No hugs – keep your distance**
 - Go to mixed zone / recovery area



Run Penalty Box

- Swim, T1, Bike, T2 and Run Infringements will be served in Run Penalty Box
- **Location:** 220m before the Transition Area
- **Information:** White board to show race numbers and letters to indicate violations
- (Athletes need to read the board – coaches are advised to check and inform their athletes)
- **Procedure:** 10 seconds time penalty served on any lap of the run

Penalties must be posted prior to the last lap on the run. Any penalties following that point will be served on the spot.

Athletes have the option to decide whether to stop at the penalty box and serve the penalty or continue to the finish. **Not stopping will result in DSQ on crossing the finish line.** The athlete may then appeal the penalty. Evidence will only be made available if an appeal is filed..



Run Penalty Box



Violations Abbreviations:

Littering	L	Mount Line	M
Swim violations	S	Dismount Line	D
Equipment outside the box	E	Other violations	V

For example:

12 D athlete #12 received a time penalty for a dismount line violation

12x2 ME athlete #12 received 2-time penalties for mount line and equipment outside the box violations

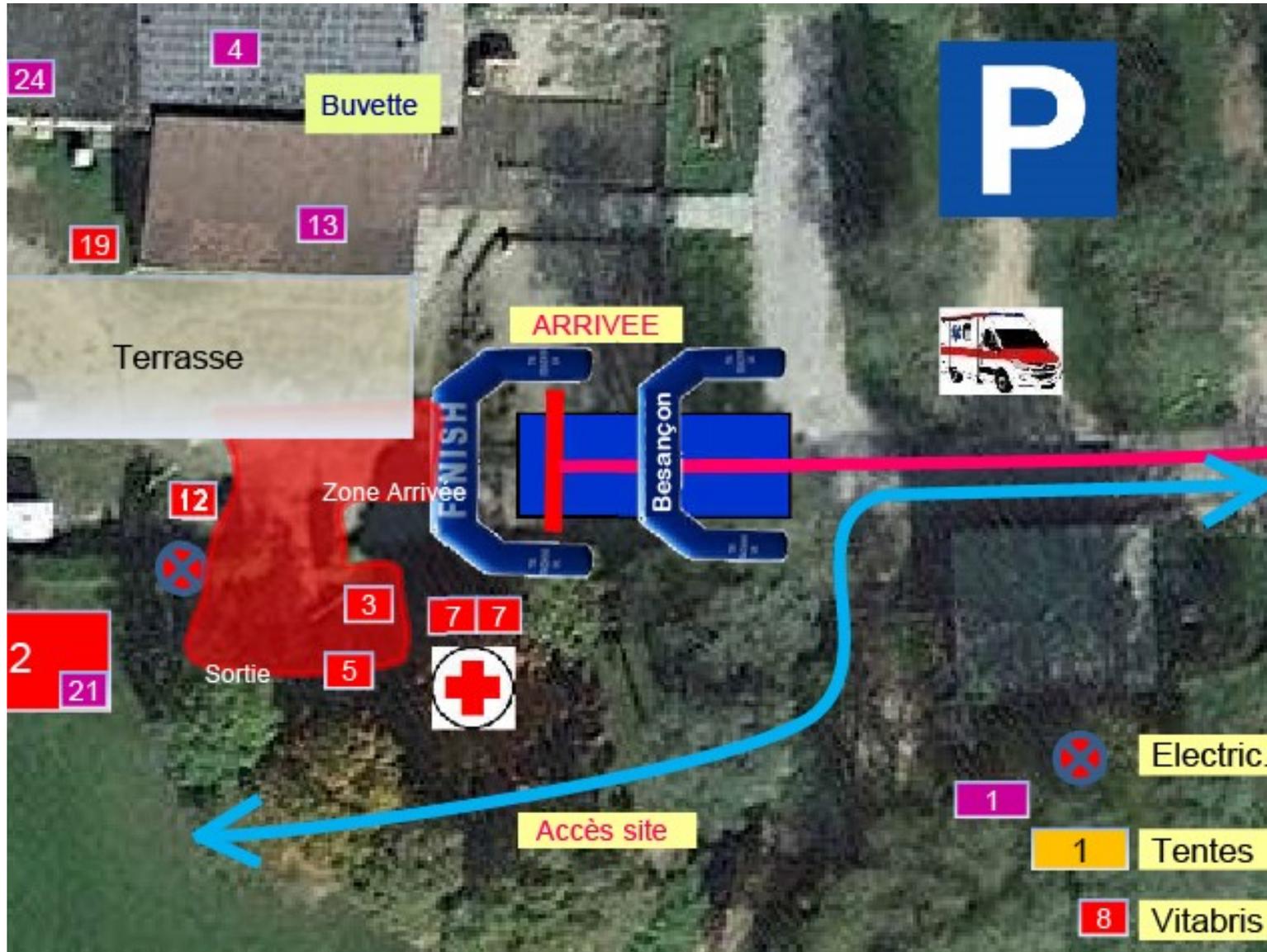


Handlers Direction after T2



- Proceed to finish line via Recovery area, off the FOP
- Do not go down the finish chute
- Bike check out: 12:00

Finish Area



Post race Procedures

- Photo-finish
- **No congestion in the finish area**
- **Wear a mask, distributed at the finish**
- **No contacts, no hugs, keep your distance**

Post-race Procedures



Anti-Doping Control

- Photo ID is needed for every athlete to have ready for Doping Control

Medical

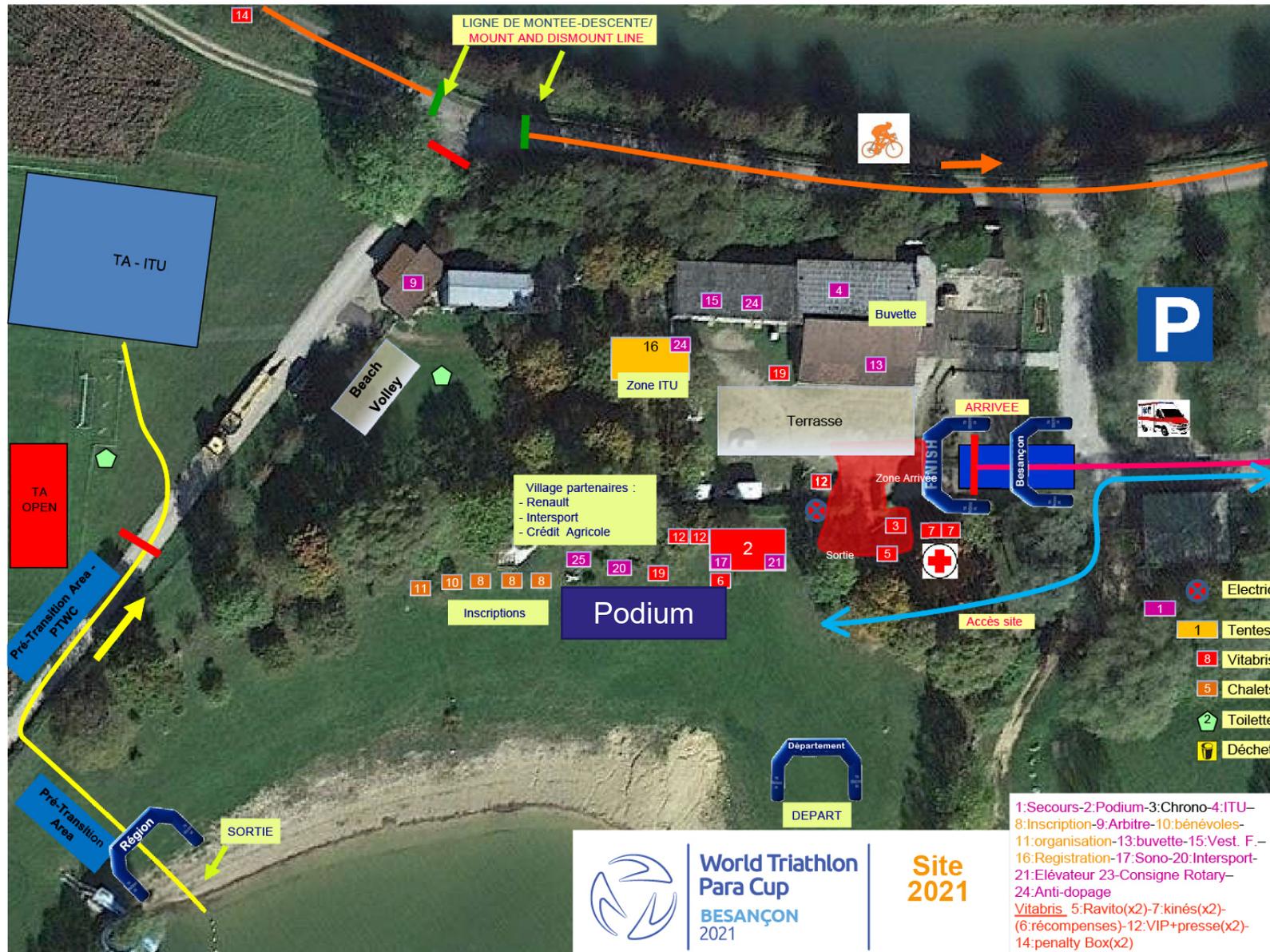
- Accredited team medical will be allowed to enter the medical tent after permission from the World Triathlon Medical Delegate

Post-race Procedures



- Race Results posting at the recovery area
- Medal ceremonies at 12:30
Please be there at least 15 mins before the official time of the awards!
- For the athletes on the podium who are unable to attend the medal ceremony, we will give the medals to the National Team Leader/Coach AT THE END of the medal ceremony.
- Athletes are not allowed to carry their country flag on the podium.

Medal Ceremonies



Ambush Marketing Rules

- For ceremony awards, please dress up with race uniform (or country uniform)
Ambush marketing rules apply.
- Race caps/visors are allowed at the podium
- Ambush marketing is defined as:
“Deliberately using the opportunity of live television and media photographers to acquire additional exposure for your sponsor product, apparel or brand.”
- Please follow the ambush marketing rule

Coaches Area



Accreditation

- All coaches must pass the health screening test to be able to enter the venue.
- Only Coaches who have been registered from their NF into the World Triathlon online system are entitle for an accreditation

Coaches' areas

- Behind the Finish area

{select the appropriate}

Water Quality Assessment (Inland)

Update orange text accordingly

Enterococci	
Insert Sample Date	NMP/100mL
Location A	10
Location B	10
Location C	10
Enterococci limit	<200

E.Coli	
Insert Sample Date	NMP/100mL
Location A	80
Location B	80
Location C	80
E.Coli limit	<500

PH	
Insert Sample Date	
Location A	7
Location B	7
Location C	7
PH limit	6-9

Weather forecast	
Day	Weather
Briefing (B)	Overcast with light rain
B +1	Overcast (20% chance of rain)
Race Day	Overcast (20% chance of rain)

Weather report	
Day	Weather
B-3	Heavy rain in the evening
B-2	Sunny
B-1	Sunny

Visual Sanitary Inspection (last 12 hours)				
Location	Visual Pollution	Odour	Time of visit	Comments
Location	None	None	09:15	Insert comments if necessary

SUMMARY

Add text from competition rules – 10.3.f.i or 10.3.g.i YOU CAN FIND IT IT THE SLIDE NOTES BELOW, eg.

3 = 'Fair Water Quality':
 (E.Coli: 250 to 500 or Enterococci 100 to 200), but with potential or poor visual pollution during sanitary check and/or potential for forecast of heavy rain;



Weather forecasts



	Temperature in °C	Weather
Friday	16 - 28° C	Sunshine
Saturday	14 – 27° C	Sunshine, some clouds
Sunday	19 – 25° C	Sunshine

Briefing available at

- Briefing presentation and recording will be available on

https://triathlon.org/about/downloads/category/race_briefings

ENOUGH

NEED HELP?

Contact

safesport@triathlon.org

Visit

triathlon.org/about/safeguarding_policy

WORLD TRIATHLON
SAFEGUARDING & ANTI-HARASSMENT POLICY



Have a good race!



Be your
extraordinary