Appendix E15

ITU Continental Points Lists Criteria

1. GENERAL:
   1.1. There are 5 Continental Points Lists (one per continent: Africa, the Americas, Asia, Europe and Oceania);
   1.2. The ITU Triathlon Continental Cup events may be categorised into two levels, according to system established by the Continental Confederation (i.e., difference in prize money, in television coverage, etc). The higher level ITU Triathlon Continental Cup events will be called “ITU Triathlon Premium Continental Cup” and the lower level “ITU Triathlon Continental Cup”;
   1.3. The title of the event will have the name of the continent replacing the word, “continent” and the short name of the Continental Confederation, i.e., 2010 Pontevedra ETU Triathlon Premium European Cup.

2. ELIGIBILITY:
   2.1. Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the ITU Continental Points Lists from their continent.

3. SCORING EVENTS:
   3.1. General:
   a) There will be 6 levels of events included in the ITU Continental Points Lists:
      • The ITU Triathlon Continental Championships (standard distance);
      • The ITU Triathlon Continental Championships (sprint distance);
      • The ITU Triathlon Continental Cup Final events;
      • The ITU Triathlon Premium Continental Cup events;
      • The ITU Triathlon Continental Cup events;
      • The ITU Triathlon U23 Continental Championships;
      • The ITU Triathlon Regional Championships;
      • The ITU Triathlon Junior Continental Championships;
      • The Triathlon National Championships.
      (*) Only athletes representing the respective NF will earn points. If the National Federation holds two National Championships, in Standard and Sprint Distance, the Standard Distance Championship will be the one considered.
   b) The points earned by the winner of each event will be:
      • 600 for the ITU Triathlon Continental Championships (standard distance);
      • 450 for the ITU Triathlon Continental Championships (sprint distance);
      • 500 for the ITU Triathlon Continental Cup Final events;
      • 400 for the ITU Triathlon Premium Continental Cup events;
      • 250 for the ITU Triathlon Continental Cup events;
      • 250 for the ITU U23 Triathlon Continental Championships;
      • 150 for the ITU Triathlon Regional Championships;
      • 125 for the ITU Junior Triathlon Continental Championships;
      • 100 for the Triathlon National Championships;
   c) The points table for each level of event will be from:
      • 1st to 40th for the ITU Triathlon Continental Championships (standard distance);
1st to 30th for the ITU Triathlon Continental Championships (sprint distance);
• 1st to 30th for the ITU Continental Cup Final events;
• 1st to 20th for the ITU Triathlon Premium Continental Cup events;
• 1st to 20th for the ITU Triathlon Continental Cup events;
• 1st to 20th for the ITU Triathlon U23 Continental Championships;
• 1st to 10th for the ITU Triathlon Regional Championships;
• 1st to 10th for the ITU Triathlon Junior Continental Championships;
• 1st to 5th for the Triathlon National Championships.

d) The points will be decreased by 7.5%;
e) The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered.

3.2. Cut-off: To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner’s time in the men’s event and 8% in the women’s event;

3.3. Quality of field: Each athlete starting the race among the top 20 of the current ITU Continental Points Lists will increase the value of the event by 2%. This increase is limited to 20%;

3.4. Total Events to Count:
It will be a maximum of 10 events to count:
  a) 5 from the 365 days previous to the date of the publication of the list (current period);
  b) 5 from the days between the 366th and 730th previous to the date of publication of the list (previous period).

3.5. Value of the points depending on the periods:
  a) The value of the points in the current period is the same as those gained in the event;
  b) The value of the points in the previous period is 1/3 of those gained in the event.
Appendix E16

ITU Junior Continental Ranking Criteria

1. GENERAL:
   1.1. There are 2 Junior Continental Rankings: America and Europe.

2. ELIGIBILITY:
   2.1. Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the ITU Junior Continental Rankings from their continent.

3. SCORING EVENTS:
   3.1. General:
      a) There will be 4 levels of events included in the ITU Junior Continental Ranking:
         • The ITU Triathlon Junior Continental Championships;
         • The ITU Triathlon Junior Regional Championships;
         • The ITU Triathlon Junior Continental Cup;
         • The Triathlon Junior National Championships.
      b) The points earned by the winner for each event will be:
         • 600 for the ITU Triathlon Continental Championships;
         • 500 for the ITU Triathlon Junior Regional Championships;
         • 400 for the ITU Triathlon Junior Continental Cup;
         • 100 for the Triathlon National Championships. (*)

         (*) Only athletes representing the respective NF will earn points. If the National Federation holds two National Championships, in Sprint and Super Sprint Distance, the Sprint Distance Championship will be the one considered.
      c) The points table for each level of event will be from:
         • 1st to 25th for the ITU Triathlon Junior Continental Championships;
         • 1st to 25th for the ITU Junior Regional Championships;
         • 1st to 20th for the ITU Triathlon Junior Continental Cup;
         • 1st to 5th for the Triathlon National Championships.
      d) The points will be decreased by 7.5% (i.e., if the winner of the ITU Continental Championships gets 600 points, the second will get 555.00, the third 513.38, etc.);
      e) The events included in more than one level (i.e. National Championships within a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered.
3.2. **Total Events to Count:**
It will be a maximum of 3 events to count.

3.3. **Validity of the rankings:**
   a) The rankings start on January 1st and finish in December 31st of every year.
Appendix E21

ITU Continental Ranking Criteria

1. **GENERAL:**
   1.1. The Continental Confederations will decide on the existence of the Continental Ranking. The title “ITU Continental Ranking” is generic and the word “ITU” will be replaced by the initials of the respective Continental Confederation.
   1.2. ITU Continental Rankings will be used to determine the best performing triathletes of the season within the continent;
   1.3. Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the ITU Continental Rankings.
   1.4. The title of the event will have the name of the continent replacing the word, “continent” and the short name of the Continental Confederation, i.e., 2010 Pontevedra ETU Triathlon Premium European Cup.

2. **ELIGIBILITY:**
   2.1. Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the ITU Continental Rankings from their continent.

3. **SCORING EVENTS:**
   3.1. The season is determined by the Final event. Events taking place after the Final will be included in the next season.
   3.2. There will be 5 levels of events included in the ITU Continental Points Lists:
      a) The ITU Triathlon Continental Championships (standard distance);
      b) The ITU Triathlon Continental Cup Final events;
      c) The ITU Triathlon Premium Continental Cup events;
      d) The ITU Triathlon Continental Cup events;
      e) The ITU Triathlon Regional Championships;
   3.3. The points earned by the winner of each event will be:
      a) 600 for the ITU Triathlon Continental Championships (standard distance);
      b) 500 for the ITU Triathlon Continental Cup Final events;
      c) 400 for the ITU Triathlon Premium Continental Cup events;
      d) 250 for the ITU Triathlon Continental Cup events;
      e) 150 for the ITU Triathlon Regional Championships;
   3.4. The points table for each level of event will be from:
      a) 1st to 40th for the ITU Triathlon Continental Championships (standard distance);
      b) 1st to 30th for the ITU Continental Cup Final events;
      c) 1st to 20th for the ITU Triathlon Premium Continental Cup events;
      d) 1st to 20th for the ITU Triathlon Continental Cup events;
3.5. The points will be decreased by 7.5%.

3.6. **Cut-off**: To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner’s time in the men’s event and 8% in the women’s event.

3.7. **Total Events to Count**: The final score will be obtained by adding the points gained in the ITU Continental Cup Final plus the 4 best scores obtained in the rest of scoring events of the season.