



AJ BELL  
World Triathlon  
Para Series  
LEEDS  
2021



**PARA  
SERIES**

ITU  
**ZONE3  
ELLIS  
GBR**

# ATHLETE GUIDE

**SATURDAY 5 JUNE 2021**



leeds  
hospitals  
charity



YellowJersey  
Insurance for cycling



**SUPERSAPIENS**



World Triathlon Para Series  
Yokohama | Leeds

Live and on-demand at  
**Triathlonlive.tv**

# WELCOME



## WAYNE COYLE

Event Director,  
AJ Bell 2021  
World Triathlon Leeds

## WELCOME FROM AJ BELL 2021 WORLD TRIATHLON LEEDS

Welcome to the AJ Bell 2021 World Triathlon Leeds. Following last year's postponement, we're really excited for you to join us in Roundhay Park for this festival of triathlon where a packed weekend will see the park is transformed into a hub of triathlon.

As an organising team, we've worked hard to ensure that the event is Covid-Secure, so that you can take part knowing you're in safe hands whilst having the same great experience. The brand-new courses and entire event process have been designed to give you the physical challenge you're after in an environment that participants, volunteers and staff can feel comfortable in.

There have been so many people from British Triathlon, Leeds City Council, World Triathlon and UK Sport involved in helping to make this year's event possible, and there will be even more volunteers and officials involved across the weekend to support you. My sincere thanks go out to everyone involved in what will be an event like no other.

We are delighted to welcome athletes to Leeds for the first time for the World Triathlon Para Series. It is a great addition to the programme and will provide a great spectacle for the Festival participants following their events.

I hope you have a great race and enjoy the Roundhay Park experience.



## BILL JAMES

Chair,  
British Triathlon

## WELCOME FROM BRITISH TRIATHLON

AJ Bell 2021 World Triathlon Leeds is Britain's flagship triathlon event and I'm delighted to welcome you as you join us for our fifth year in the city. Covid-19 has meant many of you will have had few or no swim, bike, run events to take part in for the past year or so, which is why it's so exciting for me that we're able to host this year's event to help bring the sport together again.

The breadth of the swim, bike, run community will be on full show in Leeds this year, so whether you're a first-timer giving the sport a go, an elite athlete heading to Tokyo this summer or anywhere in-between, you're in for a treat as Roundhay Park becomes the centre for the world of triathlon on 5 and 6 June.

Good luck with the rest of your training, and whatever you're aiming to get out of the event, I hope you're able to do so.

# WELCOME



## BILLY MACKAY

Marketing Director,  
AJ Bell

## WELCOME FROM AJ BELL

At the heart of AJ Bell is a mission to help people to invest in their future. The last 18 months has highlighted the importance of planning for tomorrow, and our range of investment products – including ISAs, pensions and dealing accounts – continues to help thousands of people build a financially-secure future.

The pandemic has also reminded us all how important it is to invest in our health as well, and we believe that by partnering with sporting events, teams and athletes, we have an opportunity to raise awareness of the positive impact that keeping active can have on our physical and mental wellbeing.

After a year of restrictions on how we exercise and a world dominated by home workouts, the AJ Bell World Triathlon Leeds 2021 feels really special. It is the result of an enormous effort from a huge number of people, and I would like to thank everyone involved for pulling it together and making it happen.

Now it's over to you: the athletes who have put in the hard graft with the ultimate reward of experiencing the finish on the famous blue carpet. Good luck – I hope to see you out there!



## JAMES LEWIS

Councillor James Lewis,  
Leader of Leeds City  
Council

## WELCOME FROM LEEDS CITY COUNCIL

After an incredibly challenging time in 2020, which unfortunately resulted in the cancellation of last year's event, we are incredibly excited to be welcoming back the AJ Bell 2021 World Triathlon Leeds on 5-6 June.

We are particularly delighted that for the first time, elite paratriathletes will be taking to the start line for the World Triathlon Para Series which is a very welcome inclusion to the biggest celebration of triathlon in the UK.

Another exciting change is that all the races will start and finish in Roundhay Park. Staging the event in and around the park means that we are able to create a Covid-19 secure area within the event perimeter, complemented with social distancing and increased hygiene measures in-place across the whole site.

It is hard to believe that this will be the fifth year that Leeds plays host to this incredible event and we look forward to welcoming everyone and hope everyone enjoys the event and their time in our fantastic city.

Finally, I would like to thank everyone involved in the planning of this year's event, these are unprecedented times and I know this would have been impossible without the hard work and commitment from so many people.

# WELCOME



## MARISOL CASADO

President, World Triathlon  
IOC Member

## GREETINGS AND WELCOME TO THE 2021 AJ BELL WORLD TRIATHLON CHAMPIONSHIP SERIES LEEDS

It is my great pleasure to be able to welcome the triathlon family back to the north of England for another edition of the WTCS Leeds and the first ever Para Series Leeds in this hugely important Olympic and Paralympic year.

The very fact that we are able to stage these races is a result of the hard work of the LOC alongside World Triathlon staff to make it possible and to ensure that the athletes have this important qualification opportunity for the Tokyo Olympic Games. It is so important that all the guidelines and protocols are followed in the coming days and I urge you to always consider the health and safety of yourselves and those around you.

This year we will see a brand new course unveiled, still starting in Waterloo Lake but for the first time staying in and around the beautiful green spaces of Roundhay Park. It will provide a new challenge on what has become a favourite stop on the circuit for athletes and fans alike, and offers a sustainable solution to hosting the world's most prestigious events in conjunction with a major city like Leeds.

It was local favourite Georgia Taylor-Brown who had the crowds on their feet here in 2019 with a superb run that earned her a debut World Series gold, a feat also matched by Australia's Jacob Birtwhistle, as he came out on top of a thrilling Elite men's race. With the Tokyo 2020 Olympic Games on the horizon and vital qualification points available, we can expect even more first-class racing from the world's best this weekend.

There will also be stacked fields for the first ever WTPS Leeds, as the city hosts World and Paralympic Champions, breakthrough talents and legends of para triathlon for the first time. It is always exciting to debut a new race in the Series, and this course will represent a new test for the biggest names in the sport.

As ever here in Leeds, the action won't be confined to the Elites. The weekend will feature something for triathlon enthusiasts of all ages and abilities, with youth and open races on Saturday as well as the aquathlon and British Championships. It is through great occasions like this we can continue to underline triathlon's accessibility as a sport that anyone can enjoy, regardless of age or gender.

I would like to thank British Triathlon, the Local Organising Committee and the city of Leeds for bringing another great triathlon weekend together, and all of the volunteers for their hard work. I wish everybody the best of luck over the coming days and hope that you enjoy this beautiful city safely and responsibly as it hosts the spectacle of the World Triathlon Championship Series.

# WELCOME



## KRISTIAN ELVEFORS

Managing Director,  
Volvo Car UK

## WELCOME FROM VOLVO

It's Volvo Car UK's pleasure to welcome all participants to this year's AJ Bell World Triathlon Para Series event in Leeds.

Volvo shares many values with triathlon, including placing equality, accessibility and connecting with nature at the heart of everything we do. Across swim, bike and run, we continue to show our support of a discipline that embraces nature through the art of competition in an inclusive environment.

For this reason, we are building on our partnership with British Triathlon by becoming the official Presenting Partner of the AJ Bell World Triathlon Para Series event in Leeds. In an important year for triathlon and paratriathlon, we are excited to grow our support of the sport by partnering with the UK's first world championship-level paratriathlon event. Triathlon continues to reach thousands of people at all levels and champions our shared care for the environment. On behalf of Volvo Car UK, I'd like to wish all participants good luck out on the course and a very safe and enjoyable weekend.



## ESTHER BRITTEN

Head of Major Events,  
UK Sport

## WELCOME FROM UK SPORT

It is fantastic to be able to welcome you to the AJ Bell 2021 World Triathlon Leeds. On behalf of UK Sport, I congratulate British Triathlon, Leeds City Council and World Triathlon on delivering an excellent event during these uncertain times. We hope you enjoy racing here as part of your preparations for Tokyo 2020.

UK Sport is proud to use National Lottery funding to help bring the biggest and best sporting events to the UK, they play an important role in supporting homegrown talent and giving fans the chance to see the best in the world compete.

By hosting world-class sporting events like this, we can inspire the nation – and by competing in the event, you are testament to this.

V O L V O

## Introducing the Smart XC60

A refreshed design with new intelligent features, the XC60 comes with Google apps seamlessly integrated, so you can get directions to your next event using your voice.

And the superb in-car sound with Bowers & Wilkins will help to get you in the zone.

FIND OUT MORE AT [VOLVOCARS.CO.UK](https://www.volvocars.co.uk)



Fuel consumption and CO<sub>2</sub> figures for the MY22 Volvo XC60 Recharge range, in MPG (l/100km): WLTP Combined 85.6 – 113.0 (3.3 – 2.5). WLTP CO<sub>2</sub> emissions 73 – 55g/km. WLTP electric energy consumption 3.5 – 4.1 miles/kWh. Equivalent all electric range 28.0 – 32.3 miles.

Figures shown are for comparability purposes; only compare fuel consumption, CO<sub>2</sub> and equivalent electric range figures with other cars tested to the same technical procedures. These figures were obtained using a combination of battery power and fuel. The Volvo plug-in hybrid vehicles require mains electricity for charging. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load. Emission and fuel consumption figures are preliminary data and are subject to confirmation.

# CONTENTS

## GENERAL INFORMATION ..... 08-14

Bubble Rules .....	08-11
Key Dates .....	12
Host Federation/Organiser .....	12
Key Contacts .....	12

## VENUE LOCATIONS..... 15-16

Competition .....	15
Athlete Lounge .....	15
Doping Control .....	15
Athlete Briefing .....	15
LOC Office .....	16
World Triathlon Office .....	16
Official Hotels .....	16

## EVENT SCHEDULE..... 17-18

## PRE-COMPETITION ..... 19-23

Travel & Accommodation .....	19
Accreditation .....	20
Training.....	20
Course Familiarisation.....	20
Medical Services .....	22
Bike Mechanic Service .....	22
Transport.....	23

## COMPETITION..... 24-26

Rules .....	24
Start.....	24
Swim Course .....	24
Water Quality.....	25
Bike Course .....	26
Wheel Stations.....	26
Run Course .....	26
Aid Stations/Littering Zones .....	27
Penalties.....	29
Weather Conditions .....	29

## POST-COMPETITION..... 29-30

Results .....	30
Protests and Appeals.....	30
Medal Ceremonies .....	30

## COURSE MAP ..... 31

# GENERAL INFORMATION



## BEFORE YOU TRAVEL TO THE UK

- Please make sure you have booked your Day 2 and 8 PCR Tests using the link in this guide
- Make sure you have filled in your passenger locator form
- Make sure you have conducted a PCR test within 72 hours of travelling to the UK and have written evidence of the negative test in English
- Have your letter of support from the British Triathlon Federation with you to present at border control
- Make sure you have booked your transportation and accommodation



## WHEN AND HOW WILL EVERYONE ENTER THE BUBBLE?

### WHEN?

The bubble will be open from Tuesday 1 June and close on Monday 7 June. If National Federations arrive outside their core times but within the bubble operational times, they can join but at their cost and with the LOC's agreement. However, please be aware that there is no access to training venues. **If they arrive before Tuesday 1 June**, they will need to follow full quarantine regulations.

#### **World Triathlon Para Series**

Athletes & support staff core times Thursday June 3 – Mon 7 June

#### **World Triathlon Championship Series**

Athletes and support staff core times Friday June 4 – Mon 7 June

### HOW?

**All transport should be booked through our designated travel partner Nirvana**

International arrivals – using designated event transport (either using the shuttle or hire vehicles)  
UK based - personal transport

# GENERAL INFORMATION



## WHAT IS THE TESTING REGIME FOR JOINING THE BUBBLE?

There is a new legal requirement in the UK for everyone to complete a **PCR test on Day 2** and on **Day 8** of their arrival into the country.

Your arrival date is Day 0, meaning that if a Federation arrives on Thursday 3 June, they will need to take a PCR test on Saturday 5 June. If they depart prior to Day 8, they do not need to take a Day 8 test.

This can then also act as their 'Fit to Fly' PCR test for their return journey.

All international arrivals must include evidence of their booked PCR test on days 2 and 8 in order to enter the country. This will come in the form of a unique reference code and must be added to a passenger locator form, which must be filled out prior to arrival.

The booking for this can be found using the link below:

[PCR TEST BOOKING](#)

**Clients will need to enter the password "leeds2021" to be allowed access to the page.**

Once inside, they can book their tests with our testing provider who will be based at the hotel. When booking they will have to book each test separately in quantities of one, this allows us to capture the details we need for each individual and they can then pay for them as a collective at the end.

Once they have booked this package, they will receive an order number for their passenger locator form, the link to this form is in the description of the item, if they enter their order number using the prefix "**MEDIC**" they will have met all the requirements for entry into the United Kingdom.

We need to set a deadline of May 21 for all National Federations to have booked and paid for their test.

# GENERAL INFORMATION



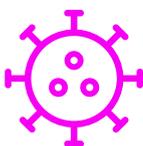
## WORLD TRIATHLON PRE-EVENT COVID-19 SCREENING PROCESS

As has been communicated to everyone at the beginning of the season, all athletes along with the support staff applying for accreditation to a World Triathlon or Continental Triathlon event must respect the following pre-event Covid-19 screening conditions (as a minimum):

- Fill in the online pre-event questionnaire
- Perform an Antigenic or PCR swap pre-travel within 72 hours before the athletes' travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests.
- All athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in the World Triathlon COVID-19 guidelines
- World Triathlon has developed an online tool for the World Triathlon pre-event Covid-19 screening process. Please follow the instructions below based on your role at the event to learn how to submit the questionnaire and upload the necessary documents.

### COVID-19 SCREENING PROCESS

The above process is standard at all events this season. Additional conditions may be imposed on events from the local health authorities. These additional measures will be communicated to all via the events' Athletes Guides.



## WHAT HAPPENS IN THE CASE OF A POSITIVE TEST ?

- If a positive test is received at any point during the event period, isolation in their bedroom will be enforced immediately and a PCR test will be implemented as confirmation that the participant or member of support staff needs to isolate in their bedroom for 10 days.
- Close contacts of the positive test will also need to self isolate and anyone who is in isolation will be reported to Public Health England.
- As per government guidance, 'close contact' means having face-to-face contact with someone less than a metre away (even if a face-covering or face-mask is worn) or being within 2 metres of an infected person for 15 minutes or more.
- If team members require additional medical treatment, this should be requested through the LOC.
- Paramedics are on hand at all times in the event hotel.
- If a team member needs to be transferred to hospital, the LOC will call 999 and summon an emergency vehicle.

# GENERAL INFORMATION



## WHAT HAPPENS ONCE YOU ENTER THE BUBBLE?

### Hotel

All are required to stay in their hotel rooms.

### Meals

You will be asked on arrival of your preferred meal times. Breakfast, lunch and dinner will be collected at allocated times from the restaurant area and eaten in your room. If you wish to order additional food through take away services, these can be ordered to the hotel and delivered to your bedrooms.

The food offering is a served buffet with a variety of options to cater for all dietary requirements.

### Training

There will not be access to training venues. Athletes will be able to use bike trainers in their bedrooms.

### Familiarisation

Transport will be provided to/from swim and bike familiarisation. Refer to the transportation section below for info.

Alternatively, those who have booked their own transport through Nirvana can travel to the venue using their own transport, but will need to request a Vehicle Access Pass prior to arriving in the UK via the LOC. If you have booked your own transport through Nirvana, you may travel to the venue directly, but must leave in line with transportation times advertised, and must go directly to the venue with no stopping.

## VENUE ROUTE



## DEPARTURE FROM THE BUBBLE

Anyone who needs a PCR test and fit to fly certificate for their onward journey will need to purchase this prior to arrival into the UK. Please use the link on page [8](#) to book this.



## CONSEQUENCES OF NOT ABIDING BY THE BUBBLE RULES

Any member of the bubble who break the rules will have their accreditation removed and athletes will be withdrawn from the race.

# GENERAL INFORMATION



## KEY DATES

<b>Thursday 3 June</b>	All day	Arrival and testing	Clayton Hotel
<b>Friday 4 June</b>	10:00 – 11:00	Bike and run familiarisation	Roundhay Park
	11:00 – 12:00	Swim familiarisation	Roundhay Park
	12:00 – 12:30	World Triathlon coaches' committee rep meeting with TD	Roundhay Park
	14:00 – 15:00	Elite athlete and coach's briefing (virtual)	Race briefing online via Zoom
	15:00 – 17:00	Race pack pick up staggered	Clayton Hotel
<b>Saturday 5 June</b>	14:00 – 16:00	Competition	Roundhay Park
	18:00 – 18:30	Medal presentation	Roundhay Park

## HOST NATIONAL FEDERATION & ORGANISER

The AJ Bell 2021 World Triathlon Leeds is organised and hosted by British Triathlon.

British Triathlon  
Michael Pearson East  
1 Oakwood Drive  
Loughborough, LE11 3QF

[leeds@britishtriathlon.org](mailto:leeds@britishtriathlon.org)  
**+44 (0) 1509 226 161**  
[leeds.triathlon.org](http://leeds.triathlon.org)



## KEY CONTACTS

World Triathlon Team Leader	Thanos Nikopoulos	<a href="mailto:thanos.nikopoulos@triathlon.org">thanos.nikopoulos@triathlon.org</a> +44 (0) 7898 372 284
World Triathlon Technical Delegate	Jan Philipp Krawczyk	<a href="mailto:jpkrawczyk@t-online.de">jpkrawczyk@t-online.de</a> +44 (0) 7882 808 894
World Triathlon Medical Delegate	Dr. Claude Marblé	<a href="mailto:cmarblitu@gmail.com">cmarblitu@gmail.com</a> +44 (0) 7310 061 041
LOC Race Director	Andrew Taylor	<a href="mailto:andrew@taylormadeevents.co.uk">andrew@taylormadeevents.co.uk</a>
LOC Operations Coordinator	Laura Carton	<a href="mailto:lauracarton@britishtriathlon.org">lauracarton@britishtriathlon.org</a> +44 (0) 7384 214723
National Federation Liaison Manager	Helen Lawrance	<a href="mailto:helenlawrance@britishtriathlon.org">helenlawrance@britishtriathlon.org</a> +44 (0)7384 214722
LOC Event Queries	<a href="mailto:leeds@britishtriathlon.org">leeds@britishtriathlon.org</a>   <b>07384 421 4722</b>	



## LIVE TV COVERAGE

Live on BBC Sport website from 15:30 to 17:30 on Saturday 5 June  
Highlights on BBC 2 between the female and male standard distance coverage on Sunday 6 June  
Highlights on Channel 4 as part of their coverage of the World Para Athletics European Championships on the weekend of 12/13 June

# ARE YOU INVESTING?

At AJ Bell, our wide range of award-winning products and services supports thousands of customers to invest in their dreams.

Whatever your goals, find out more about how we could help you.

Invest in your tomorrow  
[ajbell.co.uk](http://ajbell.co.uk)

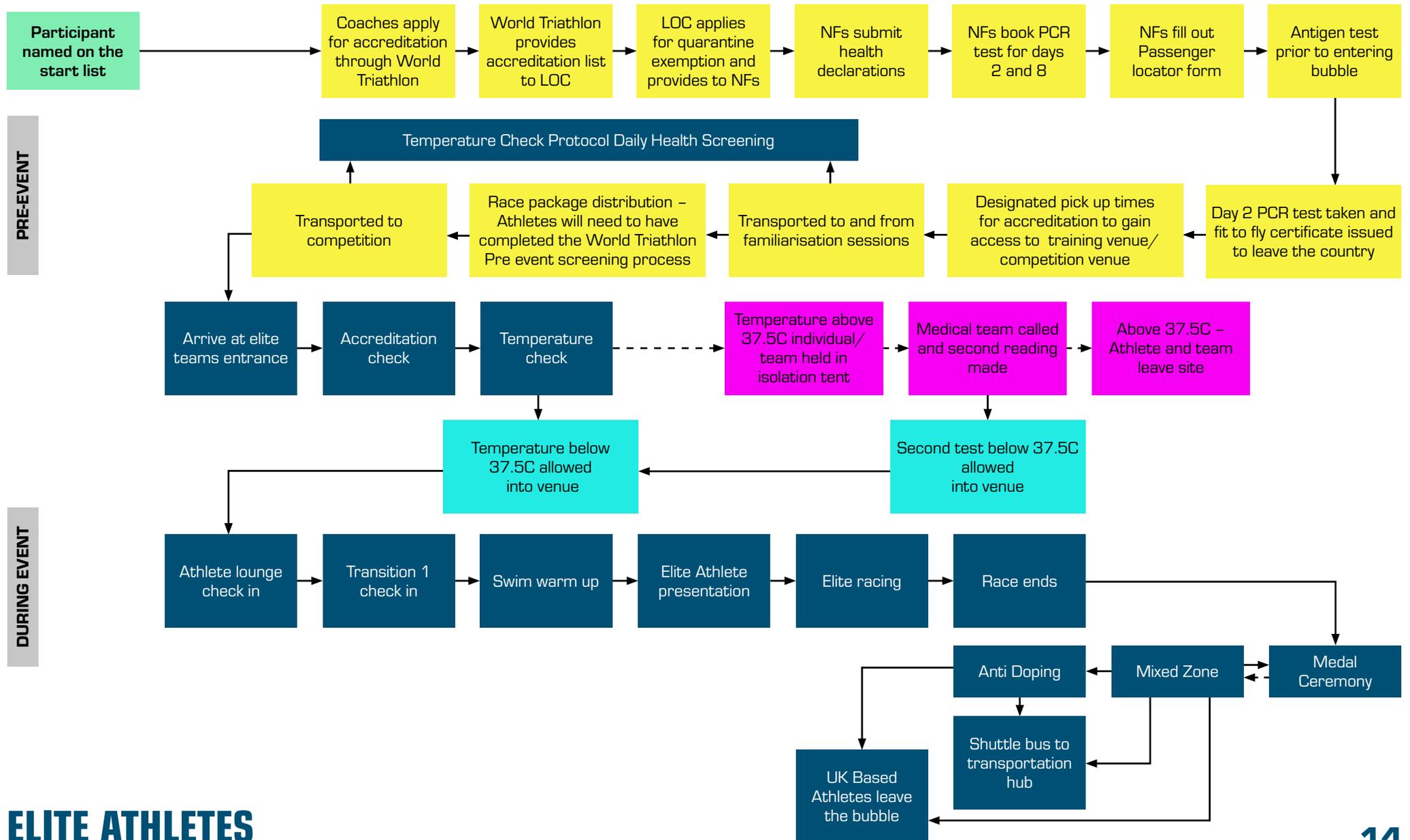
Proud partner of the



AJ BELL  
World Triathlon  
Championship Series  
LEEDS  
2021



# GENERAL INFORMATION



**ELITE ATHLETES**

# VENUE LOCATIONS



## COMPETITION

The venue for AJ Bell 2021 World Triathlon Para Series, Leeds Presented by Volvo is in and around Roundhay Park.

- **Swim** – Waterloo Lake, Roundhay Park
- **Transition 1** – Lakeside, Roundhay Park
- **Bike** – 4 laps of Roundhay Park
- **Transition 2** – Mansion Lane
- **Run** – 3 laps of Roundhay Park
- **Finish** – Roundhay Park in front of Mansion House

More information about the course can be found in the Competition Section, on page [23](#) and on the course maps at the end of this guide.



## ATHLETE LOUNGE

The Athlete Lounge is located adjacent to transition 1 in Roundhay Park in a large marquee space.

The Recovery Area is located within the Education Rooms adjacent to Mansion House, near the Finish Line.

Toilets and changing facilities are available at both locations.

Sealed bottles of water will also be provided at both locations.



## DOPING CONTROL

Doping Control will be performed in compliance with the World Triathlon Anti-doping rules and WADA International Standard for Testing.



## ATHLETE BRIEFING

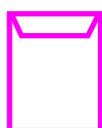
Paratriathlon briefing will be virtual and it will take place on **Friday June 4 at 14:00** local time.

Please register for the athletes' briefing using the link below.

[ATHLETE BRIEFING](#)

The recording of the briefings and the presentation will be available after the sessions here.

[RECORDED BRIEFINGS](#)



## RACE PACKAGE PICK UP

The Race Package pick up will take place in a staggered allocated manner.

Race package can only be picked up if the athletes agreement has been signed and the World Triathlon pre-event COVID-19 screening process has been completed.

Please see registration timings as part of the [schedule](#).

# VENUE LOCATIONS



## LOC OFFICE

The LOC Office is located at the Clayton Hotel and is open between Tuesday 1 June and Monday 7 June.

**Location:**

Clayton Hotel Leeds, City Walk, Sweet Street, Leeds LS11 9AT, United Kingdom

**Phone:**

+44 (0)7384 214 722

**Opening Hours:**

- Tuesday 1 June 08:00 – 18:00
- Wednesday 2 June 08:00 – 18:00
- Thursday 3 June 08:00 – 18:00
- Friday 4 June 08:00 – 18:00
- Saturday 5 June 08:00 – 18:00
- Sunday 6 June 05:00 – 18:00
- Monday 7 June 08:00 – 18:00



## WORLD TRIATHLON OFFICE

Located in the Clayton Hotel on the ground floor



## OFFICIAL HOTELS

The Official Hotels of the AJ Bell 2021 World Triathlon Leeds is the Clayton and the Hilton. The nearest train station is Leeds Station.

**Addresses:**

**Clayton Hotel Leeds** - City Walk, Sweet Street, Leeds LS11 9AT, United Kingdom

**Hilton** - Neville St, Leeds LS1 4BX, United Kingdom

All hotel rooms are single occupancy and team members are requested to stay in their bedrooms except for collecting meals, attending familiarisation, attending competition or registering for the event.

# EVENT SCHEDULE

For transportation times refer to the section below:

<b>THURSDAY 3 JUNE</b>		
All Day	Arrive and testing	Clayton Hotel
<b>FRIDAY 4 JUNE</b>		
10:00 – 11:00	Bike and run familiarisation	Roundhay Park
11:00 – 12:00	Swim familiarisation	Roundhay Park
12:00 – 13:00	Check of hand bikes and race Wheel Chairs for PTWC categories	Roundhay Park
12:00 – 12:30	World Triathlon coaches' committee rep meeting with TD	Roundhay Park
14:00 – 15:00	Elite athlete and coach's briefing and registration (virtual)	Via Zoom
15:00 – 17:00	Race pack pick up staggered	Clayton Hotel

## REGISTRATION TIMES

The following table shows the allocated registration times for each National Federation.

<b>Clayton Hotel</b>	
15:00	AUS, AUT, BEL, CAN, DEN, ESP
15:20	FIN, FRA
15:40	GBR, HUN, IRL
16:00	ITA, JPN, KGZ, LTU, LUX, MEX
16:20	NED, POL. RUS, TPE. TUN, TUR
16:40	UKR, USA, other
<b>Hilton Hotel</b>	
17:20	SLO, other

# EVENT SCHEDULE

For transportation times refer to the section below:

<b>SATURDAY 5 JUNE</b>		
11:30 – 11:50	Athlete transport leave hotel for venue	Clayton Hotel
11:30 – 13:45	Check-in all categories into Transition 2	Roundhay Park
11:45 – 14:00	Check-in all categories into Transition 1 – (all standing categories can take out their equipment for warm-up and check in again 14:45 – 15:15)	Roundhay Park
12:45 – 13:45	Athletes check-in and swim warm up	Roundhay Park
13:30	Paratriathlon coaches run course measurement	Roundhay Park
13:50	Athlete introductions	Roundhay Park
14:00 – 16:00	World Triathlon Para Series racing starts	Roundhay Park
14:00	PTVI1 Male	Roundhay Park
14:01	PTVI1 Female	Roundhay Park
14:03:21	PTVI2/3 Male	Roundhay Park
14:04:48	PTVI2/3 Female	Roundhay Park
14:30	PTWC1 Male	Roundhay Park
14:30 – 15:15	Transition check-in - PTS2-3-4-5	Roundhay Park
14:31	PTWC1 Female	Roundhay Park
14:33:08	PTWC2 Male	Roundhay Park
14:35:04	PTWC2 Female	Roundhay Park
14:45 – 15:15	Check in equipment for all standing categories	Roundhay Park
14:45 – 15:15	Swim warm up - PTS2-3-4-5	Roundhay Park
15:30	PTS5 Male	Roundhay Park
15:40	PTS4/3/2 Male	Roundhay Park
15:55	PTS5/4/3 Female	Roundhay Park
16:00	PTS2 Female	Roundhay Park
17:45 – 18:15	Medal presentation	Roundhay Park
18.45	Departure from Roundhay to Clayton	Roundhay Park

# PRE - COMPETITION



## TRAVEL & ACCOMMODATION

British Triathlon looks forward to welcoming you to the AJ Bell 2021 World Triathlon Para Series, Leeds Presented by Volvo. In partnership with Nirvana, our Official Travel and Logistics Supplier, British Triathlon have developed accommodation and transport packages to ensure a smooth journey for you.

For any queries on these packages, please contact our Official Travel and Logistics Partner, Nirvana - [worldtriathlon@nirvanaeurope.com](mailto:worldtriathlon@nirvanaeurope.com)

### Key Transport & Accommodation Locations

<b>Leeds</b>	<b>The Clayton</b> (Official Event Hotel) <b>The Hilton</b> (Official Event Hotel)
<b>Airport</b>	<b>MAN</b> Manchester (main airport for Leeds)

### Cost Responsibilities

#### National Federation

Per Person Per Day £175\*

#### Includes

- Full Board (3 meals per day)
- Transport to / from transport hub
- Transport to / from competition and familiarisation
- Accommodation

\*National Federations will be paid the subsidy for each athletes post event by the LOC.

#### Additional Costs - National Federation

- PCR test (if a positive lateral flow received): £200
- PCR test and fit to fly certificate is required as part of the day 2 test to return to country of origin: £189 - must be booked prior to the 21 May
- Additional Days: £175 PER DAY
- Hire of own vehicle (9-seater minivan) (through Nirvana): £800 approx.\*
- Hire of own vehicle (9-seater minivan) PLUS driver (through Nirvana): £1750\*
- **Airport Transfer (if outside the specified event dates) £40 one way to/from Leeds and £140 one way to/from Manchester in 9-seater minivans for luggage/bikes.**

\*By hiring your own vehicle, this is an additional cost and no saving can be made due to not taking the shuttle

For more information and to book your travel and accommodation, please email [worldtriathlon@nirvanaeurope.com](mailto:worldtriathlon@nirvanaeurope.com)

All bookings and requests must be submitted by 17:00 (BST) on 29 April 2021.

# PRE - COMPETITION



## ACCREDITATION

All elite athletes will be provided with Official Event Accreditation to facilitate access to certain venue areas. Accreditation cards are number coded and provide access to specific areas of the competition areas.

**All accredited persons are required to carry their accreditation cards with them at all times and to show them upon request this includes the hotel.**

**NOTE:** Coaches and medical teams need to register via their NF on the World Triathlon online registration. No accreditation will be handed over if the names are not on the World Triathlon list.

**Accreditation will be issued post receipt of a negative lateral flow test at the hotel on arrival.**



## TRAINING

Due to Covid-19 restrictions and the implications on the elite athlete 'bubble' there will unfortunately not be any access to training venues other than for event familiarisation sessions. Athletes can use bike trainers in their rooms.

All participants and support staff are therefore restricted from leaving the event bubble and the event hotel other than to go to the venue during familiarisation sessions or competition times.



## COURSE FAMILIARISATION

### Bike and run familiarisation

This will take place on Friday 4 June between 10:00 – 11:00. Athletes will need to use provided event transport or take private transport to Roundhay. They must not ride there or use public transport.

### VENUE ROUTE

FRIDAY 4 JUNE	
09:45	Transition
10:00	Departure - 2 laps of the bike course
10:05	PTWC Run Course Familiarisation
10.30	PTWC Bike Course Familiarisation
10:30	Remaining categories - Athletes head to transition 2 after the completion of lap 2.
10:30 – 10.50	Remaining categories - Run course familiarisation

### Swim familiarisation

The swim course familiarisation will take place in Waterloo Lake, Roundhay Park at 11:00 - 12:00 on Friday 4 June.

Transportation is provided for athletes and coaches who have venue accreditation from the hotels to Roundhay Park and return. You must show your accreditation to use this service.

For full transportation information, please refer to the transport section at the end of this document.

Athletes must report to the athlete lounge to register for swim familiarisation. Only accredited people will be granted access to the athlete lounge. During the swim course familiarisation, there will be lifeguards and swim safety in place.

**Please note:** Swimming in Waterloo Lake outside of the swim familiarisation at any time is forbidden.

# Triathlonlive

Triathlonlive.tv

**SIGN UP NOW**

TO WATCH LIVE AND ON DEMAND + HOURS OF  
ARCHIVE AND ALL NEW BONUS CONTENT



# PRE - COMPETITION



## MEDICAL SERVICES

First Aid and Emergency Medical Services will be available to anyone requiring medical assistance at the hotel and venue for the duration of your stay.

Medical and paramedic personnel will be available throughout competition times. Several ambulances will be available to provide emergency transfer to hospital. A medical tent will also be provided on site at the finish area.

If you require medical assistance during your stay in Leeds, outside of competition hours, please contact the LOC Office. Medical resource is available on call in the hotel.

HOSPITAL	
<b>FOR ALL EMERGENCIES DIAL – 999</b>	
Leeds General Infirmary, Great George Street, Leeds Tel: 0113 243 2499	St James's Hospital Beckett Street, Leeds Tel: 0113 243 3144
DOCTOR	
One Medicare, Balcony Level 7 The Light, The Headrow, Leeds, LS1 8TL Tel: 0113 242 7425	Leeds Student Medical Practice, 4 Blenheim Court, Blenheim Walk, Leeds, LS2 9AE Tel: 0113 2954488
DENTIST	
Leeds Dental Hospital Clarendon Way Leeds, LS2 9LU Tel: 0113 2440111	Clarendon Dental Spa 9 Woodhouse Square Leeds, LS3 1AD Tel: 0113 245 9004



## BIKE MECHANIC SERVICE

A bike mechanic will be present at the athlete lounge during open hours on competition day and during bike course familiarisation.

If you need help outside these hours please contact the LOC Office.

# PRE - COMPETITION



## TRANSPORT

Various shuttle buses will be in place to transport athletes and coaches between venues. Teams will be placed in groups which will be allocated on your arrival with specific times for bus shuttles. Below you will find a shuttle bus schedule and maps of the pick-up/drop off locations, which can be found at the end of this guide.

Any hired cars can park within The Clayton Hotel.

If you wish to drive your car to the venue, please use the map on page [11](#) to arrive via Wetherby Road. You will be asked to park inside the park close to the swim start.

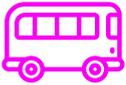
DAY	PURPOSE	MOVEMENT	DEPARTURE TIME	ARRIVAL TIME
Friday 4 June	Race familiarisation	Hotels to Roundhay	08:00	08:30
Friday 4 June	Race familiarisation	Hotels to Roundhay	08:15	08:45
Friday 4 June	Race familiarisation	Roundhay to Hotels	12:15	12:45
Friday 4 June	Race familiarisation	Roundhay to Hotels	12:30	13:00
Saturday 5 June	Race	Hotels to Roundhay	11:00	11:30
Saturday 5 June	Race	Hotels to Roundhay	12:00	12:30
Saturday 5 June	Race	Roundhay to Hotels	18:30	19:00
Saturday 5 June	Race	Roundhay to Hotels	18:45	19:15

# COMPETITION



## RULES

The AJ Bell 2021 World Triathlon Para Series, Leeds Presented by Volvo will follow the latest published Competition Rules from World Triathlon.



## TRANSPORT

Various shuttle buses will transport athletes to Roundhay Park and coaches to / from Roundhay Park during the race weekend. All shuttle buses will abide by Covid-Secure protocols. Athletes and support staff are asked to follow the instruction of the transport service provider. Only venue accredited personnel will be allowed to access the bubble transport.



## WARM UP

An area in the Lakeside car park opposite the athletes lounge will be available to athletes for bike trainers to warm up.



## START

The start is a deep water start, with athletes being asked to hold onto the pontoon and await the instructions of the race referee.



## SWIM COURSE

Athletes will swim one lap of the course which totals 750m in an anti-clockwise direction. You can see the course map at the end of this guide.

Athletes can leave their pre-competition bags at the Athlete Lounge.

Swim exit handlers will be provided by the LOC and will be available to rehearse at swim course familiarisation. All swim exit handlers will have been COVID tested and will join the athlete bubble.

The run from pre transition at swim exit to Transition 1 is 300m.

During June, the water temperature in Waterloo Lake is expected to be 17°C – 21°C.

# COMPETITION



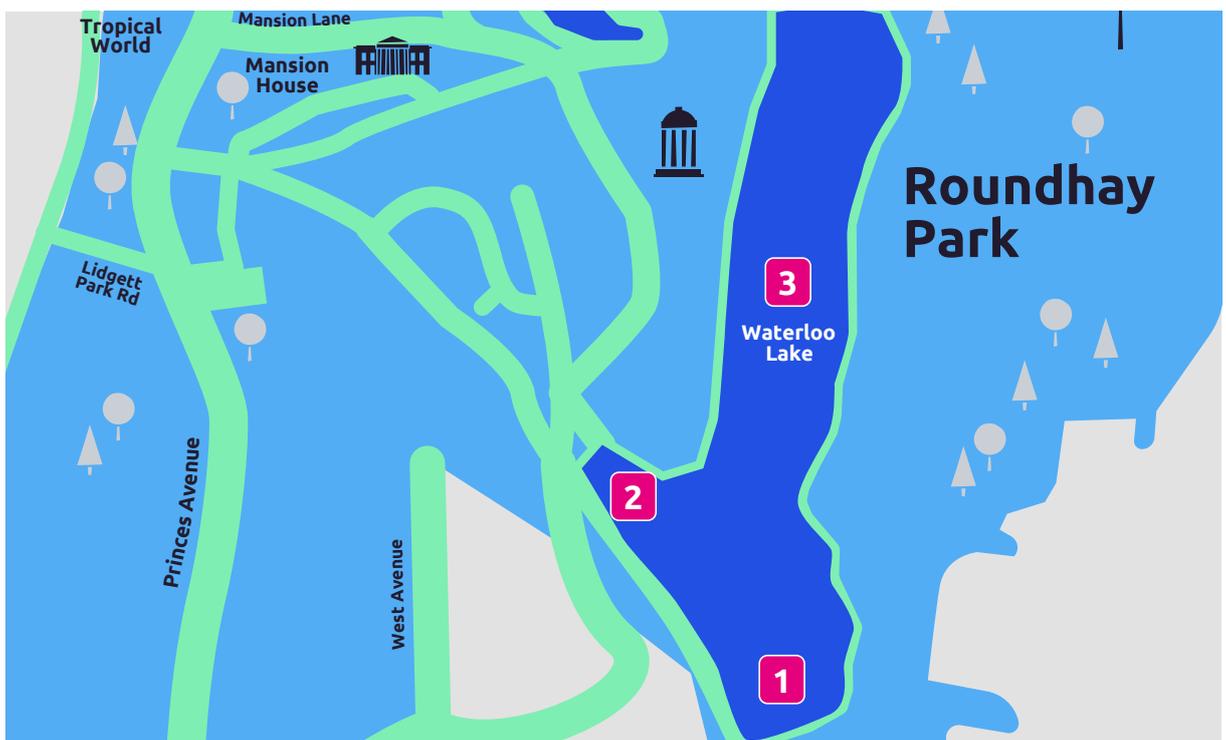
## WATER QUALITY

ENTEROCOCCI	
19.05.2021	NMP/100ml
Location 1	11
Location 2	17
Location 3	20
Enterococci Limit	<200

E. COLI	
19.05.2021	NMP/100ml
Location 1	57
Location 2	48
Location 3	40
E Coli Limit	<500

PH	
19.05.2021	NMP/100ml
Location 1	8.1
Location 2	8
Location 3	8.2
PH Limit	6-9

### Roundhay Park Water Samples Map



# COMPETITION



## BIKE COURSE

18.9km bike course consisting of 4 laps.

For the start of the bike course, athletes will leave the park and climb up along Wetherby Road to Oakwood Clock, then along Princes Avenue and back to Park Avenue and West Avenue before turning and starting the next lap, using Park Avenue, Princes Avenue and West Avenue.

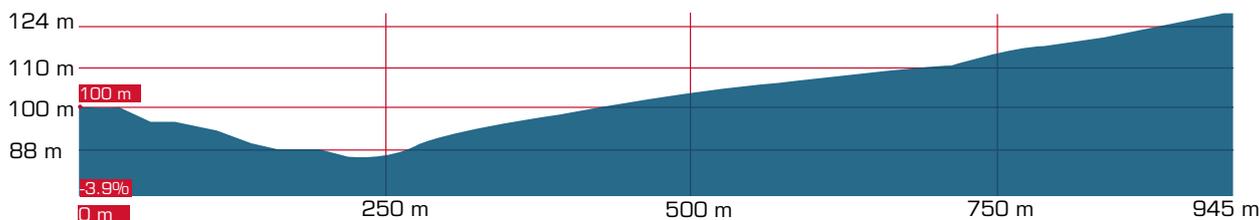
The bike laps are flat and technical, ending with a descent back into the park, followed by a steady climb up towards Transition 2 behind the Mansion House.

The elevation profile for the end of the bike course can be found below:

Graph: Min. Avg. Max **Elevation: 88. 103. 124m**

**Range Totals:** Distance 945m **Elev Gain/Loss:** 37.8m. - 14.5m

**Max Slope:** 16.4%.- 18.8% **Avg Slope:** 4.9%. - 5.5%



This gradient has been approved by the World Triathlon Technical Committee.



## WHEEL STATIONS

The neutral wheel station will be located on Princes Avenue at the end of the bike loop.

The team wheel station is located at the end of each bike loop at the top of the hill into the park on Park Avenue.

The PTWC run wheel station is located at the start of each run lap on New Walk close to the finish line.



## RUN COURSE

The run course starts by leaving transition 2, heading out of Mansion Lane, turning left onto Princes Avenue and then left into the park to start your laps. The run then consists of 3 laps on tarmac paths inside the park and on Princes Avenue and Lidgett Park Road. At the end of the third lap, athletes head straight onto the finish in front of the Mansion House.

An asphalt ramp will be built on Lidgett Park Road to take athletes up onto the pavement to widen the U turn. Other U turns are at least 7.5m in width.

# COMPETITION



## AID STATIONS & LITTERING ZONES

There will be two aid stations on the run course. One is on Princes Avenue and the second is at the end of each run lap.

A littering zone will be attached to each aid station.

VI free leading zones will be in place at all aid stations and wheel stations as well as through transition areas and pre transition areas. VI free leading zones will be clearly marked with signage and green / red marks on the floor.



## FINISH

Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.

- All recovery stations will be self-served.
- Massage facilities will not be provided.
- Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). Any non-accredited persons can watch the event from the spectator's areas.
- A minimum number of volunteers will be available to support the athletes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering.
- Masks will be distributed to the athletes to wear at their earliest convenience.



*Moving Forward Together*

*Your  
Value  
Partner*



WORLD-RANKED TENNIS PLAYER  
**KEI NISHIKORI**

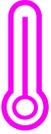
# POST - COMPETITION



## PENALTIES

The bike penalty box is on Park Avenue at the end of every bike lap.

The run penalty box is on New Walk at the end of every run lap



## WEATHER CONDITIONS

The weather in Leeds during June can be unpredictable. The average temperature is 12°C, but temperatures vary and rain is possible during June. Come prepared for all eventualities.

For weather forecasts go to [www.metoffice.gov.uk](http://www.metoffice.gov.uk)



## COACHES AREAS

There are coaches areas in the following locations:

- Swim start
- Transition - Lakeside car park
- Bike course at the team wheel station
- Run course prior to penalty box



# POST - COMPETITION



## RESULTS

Results will be uploaded live on the World Triathlon website: [www.triathlon.org](http://www.triathlon.org)  
All the results information will be distributed to the Team Leaders at the LOC Information Office.



## PROTESTS AND APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.



## MEDAL CEREMONIES

They will take place staggered throughout Saturday afternoon, with various categories having their medal ceremonies throughout the afternoon. Required athletes will be escorted via staff to where they need to be for ceremonies.

**MEDAL CEREMONY: FROM 17:30**

# Para Series Route

## Distances

-  750m
-  18.9km
-  5km

## Key

-  — Swim
-  — Bike
-  — Run
-  — Turning Point
-  — Directional Arrows





AJ BELL  
**World Triathlon  
 Para Series**  
**LEEDS  
 2021**



# THANK YOU TO OUR EVENT PARTNERS



**SUPERSAPIENS**

