

Medical and Anti-Doping Committee Meeting Minutes

September 14th, 2021 – Zoom

Participants:

- Dr. Sergio Migliorini (ITA) - Chair
- Dr. Doug Hiller (USA) – Vice-Chair
- Dr. Yasser Hosny (EGY)
- Dr. Marie-Claude Gregoire (CAN)
- Dr. Angela Pedro (POR)
- Dr. Ryoji Kasami (JPN)
- Dr. Claude Marble (FRA)
- Dr. Debbie Alexander, Executive Board Liaison
- Leslie Buchanan, Executive Board Liaison
- Thanos Nikopoulos, Staff Liaison
- Jeanne Courbe, Staff Liaison

Duration: 75 minutes via Zoom.

**For ease of minute taking only first names of the members will be referred to in the minutes.
You can see full names above*

Agenda of the Meeting:

- 1- Presentation of the medical report of the Olympic and Paralympic Games and Multisport**
- 2- Website Data Project**
- 3- IOC Consensus Meeting in Lausanne**

1)

Discussion Items:	Action Items and notes:
<p><u>1) Presentation of the medical report of the Olympic and Paralympic Games and Multisport</u></p>	<ul style="list-style-type: none"> ● Congratulations for the Olympic and Paralympic Games, how it was conducted and to all the medical committee for the work they have done through the years of preparation of the Games. ● Presentation of the medical report by Dr. Ryoji Kasami about the Olympic Games. ● Paralympics: Dr. Doug Hiller, great job done during the event, well executed para triathlon race executed. ● Medical and health were the priority concerns: heat conditions, covid, water pollution. ● Multisport: nice, with some issues that we need to improve: AG they need a pre-travel covid test, and in some cases, athletes did the test 1 month before the race. Difficult for the organiser, and the TO to control everything. Need a rule for the pre-travel race. Masks were not really respected in Almere. ● Difficulty: Different rules in Europe and out of Europe about the test to do to travel. Should be the responsibility of the National Federation or the Age Groupers Athletes. Test should be done 5 days before the race and not 1 month. ● Recommendation : Events are more and more allowed in countries: in some countries, the rules are less restrictive. We should not put more complicated rules than the ones in the country. ● In some countries where we will have Age Groups Events: either we review the guidelines, or we manage all events with exceptions if we do not want to touch the guidelines. ● Recommendation: to have the medical certificate removed, keep the questionnaire for the elite, and

do not request the Pre-travel covid test (if it is required by the country hosting the event, that is fine). To keep the covid test for the elite before the event. For the Age Grouper: not complicate the process and keep the same rules as the ones applicable in the hosting country, unless the authorities are requesting the LOC to have specific measures.

2) Website Data Project

- Purpose: everything we have a bad outcome, we can communicate why and people can learn from experiences shared.
- Two levels of information: get the global information asked from the events, the outcome. The second level: detailed information about each athlete.
- The idea is to have this system working from 1st January 2022, and start collecting data at our events, the two levels of data (global and individual).
- To get a MOU, sent and need to be approved by the Board. How to implement this ? Mandatory information to fulfil? Officially agreed to proceed with the MOU.
- As soon as it is approved, we will use an event as a case study to see how the process is working.

3) IOC Consensus Meeting in Lausanne

- Part of this meeting, meeting chair of medical committee of International Federations, scientist from Universities.
- Congratulations received due to the rules we have in place for competitions for heat stroke.
- Rules revision this year, rules around heat stroke. It will be moved to the rules book. How will we articulate these rules with the Longue Distance

	<p>(cut the distance of the run? What about the balance with the other disciplines?). This situation needs to be discussed.</p>
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	<p>Next meeting, 12th of October, 2021 at 9pm CET.</p> <p>Minutes by Jeanne Courbe, Staff liaison.</p> <p>Meeting Closed</p>
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