

Medical and Anti-Doping Committee Meeting Minutes

January 20th, 2021 – Zoom

Participants:

- Dr. Sergio Migliorini (ITA) - Chair
- Dr. Doug Hiller (USA) – Vice-Chair
- Dr. Yasser Hosny (EGY)
- Dr. Claude Marble (FRA)
- Dr. Marie-Claude Gregoire (CAN)
- Dr. Angela Pedro (POR)
- Dr. Ryoji Kasami (JPN)
- Tomoko Wada (JPN, translator)
- Debbie Alexander, Executive Board Liaison
- Leslie Buchanan, Executive Board Liaison
- Gergely Makus, World Triathlon Sport Director
- Thanos Nikopoulos, Staff Liaison
- Jeanne Courbe, Staff Liaison

Duration: 75 minutes via Zoom.

**For ease of minute taking only first names of the members will be referred to in the minutes.
You can see full names above*

Agenda of the Meeting:

- 1) *Presentation and summary of “Covid-19 Document for 2020” and discussion for update in the documentation*
- 2) *Competitions agenda et OG qualification*

Discussion Items:	Action Items and notes:
<p data-bbox="188 333 427 434"><u>1) Documents</u> <u>Covid-19 and</u> <u>update</u></p> <p data-bbox="140 1283 440 1350"><u>DISCUSSION ABOUT</u> <u>THOSE QUESTIONS</u></p>	<ul style="list-style-type: none"> <li data-bbox="608 333 1369 517">● Introduction from and welcome everybody. This topic of Covid-19 has been brought also in the Coach, Athlete, Para Triathlon and Technical Committees to have feedback from all of them and see if we need any update. <li data-bbox="608 555 1369 622">● What will be the conditions to restart the events in 2021? <li data-bbox="608 660 1369 728">● Presentation to recap how the events had been delivered in 2020 with the pandemic. <li data-bbox="608 766 1369 1211">● Questions after this presentation: <ul style="list-style-type: none"> <li data-bbox="703 846 1369 913">▪ Do we need to update the questionnaires? Add vaccination information? <li data-bbox="703 920 1369 954">▪ Anything more to be checked this year? <li data-bbox="703 960 1369 1028">▪ Do we need to update the Pre-travel Medical certificate? <li data-bbox="703 1034 1369 1068">▪ Are we imposing testing protocols? <li data-bbox="703 1075 1369 1108">▪ Are we asking for vaccination certification? <li data-bbox="703 1115 1369 1211">▪ Are we asking fro PPE/PHE for the athletes that have been affected with COVID-19? <li data-bbox="608 1283 1369 1518">● A need to update the Pre-Travel Certificate considering the vaccination (as information and not an obligation) and update the mandatory or not PCR test before to travel. The procedures put in place last year are really good and some organisation inspired to create their own. We have a great management of events. <li data-bbox="608 1556 1369 1653">● Divide in 2 sections the Pre-Travel Certificate, what the doctor needs to confirm and sign and what the athlete needs to confirm and sign. <li data-bbox="608 1691 1369 1861">● To have a PCR or Antigenic Test mandatory before travelling and recommend to stay away from the anti-body test (as it was in Spain) if the health authority of the country request an additional test at the event. <li data-bbox="608 1899 1369 1951">● Lot of airline offer Antigenic Test which helps to know if someone if infectious or not, and the PCR Test needs

some guidelines. How are we gonna proceed with the person who are still positive (sometimes a long time after, 60 days) but not infectious ?

- The return to play after a positive covid PCR Test? Only after a cardiac MRI? The airlines allow the PCR but not the Antigenic.
- We have right now in World Triathlon in the Covid-19 Guidelines : athletes who had been affected have to go through a Pre-Participation Examination and additional diagnostic test based on the evaluation, if needed. Is this something that need to be reviewed or considered that must be done with the certificate getting by the National Federation?
- In the case of a positive covid test, the second level of investigation must be performed: echography, MRI. We will prepare a guideline to the return to play after covid infection.
- The cost in charge of the LOC. The Pre-Travel Test are in charge of the National Federation (for the Elite), for the athletes for the Age Groups if it is not supported by the National Federation.
- Case of 2 competitions closed to each other in two different countries: there is always the possibility to request to do a PCR test at your cost. If we are back to events: as we did in Hamburg and Karlovy Vary, managed by the LOC.
- In many circumstances, it is not our decision because many countries request anyway a PCR test at least 72 hours, and that level of decision is above. At the airport, there is the possibility to do an Antigenic Test: they play a very different role in.
- At least request an antigenic or PCR, and if there is any governmental obligation to have a PCR, so then the athletes must respect. Everybody agrees with that.
- Are we requesting any mandatory test conduction by LOC at the arrival? Or do we leave it with the authority? Best solution would be as soon as arrival to be tested. Need to organise an area before the check-in in the hotel and to be ready in case of positive test to quarantine the

	<p>athlete. Or we can leave it to the National Federation to decide : Antigenic or the PCR test.</p> <ul style="list-style-type: none"> • The Committee agrees to have mandatory Antigenic test before departure and upon arrival to event for the athlete. If the country is requesting a PCR test, this will be applicable. In case of a positive Antigenic Test, we will proceed with a PCR Test. This procedure shall apply for all the events sanctioned by World Triathlon. • What about the Age Groupers? How to manage the Medical certificate for AG? A mandatory Pre-Travel Medical Certificate and Antigenic Test. The Certificate should be online to facilitate the procedure (Thanos raised that this has to be double check if it is feasible for the administration). For the AG : only for the travel and the certificate. • Presentation where we are regarding the competitions calendar and the qualification for the Olympic Games. • Are we taking a legal risk if someone is positive and lot of people are impacting at the race? We ensure via the Athlete's Agreement and the Waiver for the Age Group to disclaim any kind of responsibilities from World Triathlon, the LOC for any contamination. We also ensure that we respect the guidelines provided by the Health Authority of the Territory. It is furthermore impossible to prove legally speaking that the infection is due to the race.
	<p>Next meeting, 24th of February, 2021 at 9pm CET.</p> <p>Minutes by Jeanne Courbe, Staff liaison.</p> <p>Meeting Closed</p>