

## Medical and Anti-Doping Committee Meeting Minutes

January 24<sup>th</sup>, 2022 – Zoom

### Participants:

- Dr. Sergio Migliorini (ITA) - Chair
- Dr. Doug Hiller (USA) – Vice-Chair
- Dr. Yasser Hosny (EGY)
- Dr. Marie-Claude Gregoire (CAN)
- Dr. Angela Pedro (POR)
- Dr. Claude Marble (FRA)
- Dr. Debbie Alexander, Executive Board Liaison
- Leslie Buchanan, Executive Board Liaison
- Tomoko Wada, Japanese translator
- Jeanne Courbe, Staff Liaison

Duration: minutes via Zoom.

*\*For ease of minute taking only first names of the members will be referred to in the minutes.  
You can see full names above*

### Agenda of the Meeting:

1. Collaboration ITA/World Triathlon
2. Joint position Statement of the International Federation of Sports (FIMS) Medicine and European Federation of Sports Medicine Associations (EFSMA)
3. Perform the workshop for the Race Medical Director
4. Heat conditions and Long Distance Events
5. Covid Updates

Discussion Items:	Action Items and notes:
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**1- Collaboration  
ITA/World Triathlon**

- Update on the collaboration between ITA and World Triathlon : ITA will replace CCES with whom we were working for many years. They will be in charge of the organization of the In-Competition and Out-of-Competition Tests, revision of the TDP and Risk Assessment, the Intelligence and Investigations (use of the REVEAL platform), the management of the Whereabouts of World Triathlon's RTP/TP, support in the Education activities.
- World Triathlon is still in charge of the Result Management and the management of the TUE (with the Medical Committee).
- Agreed to have an update of the Anti-Doping Activities every 3 months.

**2- Joint position  
Statement of the  
International  
Federation of Sports  
(FIMS) Medicine and  
European Federation  
of Sports Medicine  
Associations (EFSMA)**

- Continuous request from National Federations (5) to have rules to follow.
- About transgender: request to the IOC Medical Committee a revision of the rule in place regarding transgender. Lot of International Federations are asking for this review. Probably after the Winter Olympic Games.
- Other International Federations have already adopted the limit of 5 for testosterone for the transgender to compete in the women categorie.Should we move to 5 as well?
- The question is about doping (performance enhancing) and a fair competition for the women athletes competing. The transgenders must perform the TUE to the WT TUE com.
- Proposition to have a monitored period, giving us research and time to monitor the situation in our own population of Triathlon.
- The question: should the limite be 10 or 5 for testosterone? The use of 5nmol/L in transwomen is a

<p>3- <b><u>Perform the medical race workshop for the Race Medical Director</u></b></p> <p>4- <b><u>Heat conditions and Long Distance Events</u></b></p> <p>5- <b><u>Covid updates and competitions</u></b></p>	<p>justifiable threshold based on the best available scientific evidence.</p> <ul style="list-style-type: none"> <li>● WADA transgender Guidelines</li> <li>● Abu Dhabi is a good place to perform this workshop, as more doctors from National Federations are present. Could it be in collaboration with World Athletics.</li> <li>● Also a good opportunity to have a WT med com meeting in person during this event (if the covid situation allows us to meet in person).</li> <li>● Rule for the Long distance : data about the IRONMAN competition from WU, athletes in the medical tent, in comparison with different environments of the competitions.</li> <li>● Safety and long distance races: having rules to compete in the heat for our athletes (as we now do for the Olympics distance and not for the Long Distance).</li> <li>● Research is conducted by the Washington University (discussion to have a MOU with them).</li> <li>● Round Table about the covid situation in each country and the competitions calendar and the conditions.</li> </ul>
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Next meeting, 23<sup>th</sup> of February, 2022 at 9pm CET.

Minutes by Jeanne Courbe, Staff liaison.

Meeting Closed