

Medical and Anti-Doping Committee Meeting Minutes

July 6th, 2021 – Zoom

Participants:

- Dr. Sergio Migliorini (ITA) - Chair
- Dr. Doug Hiller (USA) – Vice-Chair
- Dr. Yasser Hosny (EGY)
- Dr. Marie-Claude Gregoire (CAN)
- Dr. Angela Pedro (POR)
- Dr. Ryoji Kasami (JPN)
- Debbie Alexander, Executive Board Liaison
- Leslie Buchanan, Executive Board Liaison
- Thanos Nikopoulos, Staff Liaison
- Jeanne Courbe, Staff Liaison

Duration: 85 minutes via Zoom.

**For ease of minute taking only first names of the members will be referred to in the minutes.
You can see full names above*

Agenda of the Meeting:

- 1) **Strategic Plan**
- 2) **Covid-19 Guidelines**
- 3) **Concussion**
- 4)
- 5)

| Discussion Items: | Action Items and notes: |
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| <p><u>1) Strategic Plan</u></p> <p><u>2) Covid-19 Guidelines</u></p> | <ul style="list-style-type: none">● Introduce other questions in the strategic plan: research done, for instance transgender and woman health, safeguarding, eating disorder.● Presentation by Antonio to explain how to draft the Strategic Plan.● Research about triathlon and other sport done in France by a cardiologist (prevalence of heart diseases in triathlon). Do we want to have specific monitoring linked to this research? We should pursue the research.● For the Strategic Plan, we should include that the Medical Committee should use the available tool to safeguard the athlete's health: create protocol for competitions? Other research? Information about the athlete?● Exemple of Mission: Through science, research, and collaboration, to support members to ensure atheltes achieve excellence to providing a safe, fair, healthy environment in which athlete can participate and compete. <ul style="list-style-type: none">● In some country, lots of vaccination, in Europe we do have a green pass.● New rules after the Olympics. Suggestions:● to reduce the problem of the pre-travel and certificate, remove th part of the doctor rexamination.● Remove the covid test before traveling, considering that in most of the country,with the green pass, it is already requested by the country.● To use the masks only in closed space, but not in openspace. |

3) Concussion

- One problem facing for the vaccination exception (This can reduce the period of quarantine) : in the country where the event is hosting: we can get exception for the vaccinated athlete but only for the vaccin that are approved in the country. That complicate the situation, as all the athlete will not be on the same base (issue with the fairness and fairplay).
- In Para Triathlon: in some federation, there is no support from the medical staff. Athlete asking advise to World Triathlon.
- Suggest to the National Federation to follow the rules approved by the IOC. For Para Triathlon it could have different impact, and have to consider this.
- Engaging in the National Federtion a medical staff attached to the Federation.
- Could it be possible for World Triathlon to oblige the National Federatio not have a medical staff in the event, without the presence of the doctor and the pre-competition medical assistant, they would not be allowed to compete.
- Important to give to the National Federation the responsibility to have a medical staff and have the medical check performed.
- Does it concerned events sanctioned by the Federation? Or does it concern all the events? The athletes must follow the rules of the National Federation.
- By using the group of National Federation (by the survey), we can push the National Federation to do medical examination before an event. To speak with the National Service Department.

4) Update Tokyo

- Presentation by Dr. Ryoji Kasami about the Covid-19 status in Tokyo, before the hosting of the Olympic Games.
- Infection 54%.
- Max spectators can changed due to the infection in Tokyo.
- Vaccination situation: health care personel is under the process of vaccination. Medical test will be vaccinated.
- Wheather condition: temperature near normal.
- Water quality: the test started since the 5th of July (screen open). The results were much above our limits. 2 days ago, other tests conducted with the screen closed, and the results were below the limit. The screens are protecting us.
- Preparation of the medical tent and the ice cold bath.

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| | <p>Next meeting, 14th of September, 2021 at 9pm CET.</p> <p>Minutes by Jeanne Courbe, Staff liaison.</p> <p>Meeting Closed</p> |