

World Triathlon Non-Binary Policy

World Triathlon welcomes athletes from the entire gender spectrum and celebrates their participation as their authentic selves. The term Non-Binary refers to a trans person who has a gender that is not binary (not male and not female).

For the purposes of athletic gender classification, the following policies apply to non-binary athletes:

Female Category of Sport

Non-binary athletes assigned male at birth (AMAB) entering the female category of sport must reduce their testosterone concentrations in their serum to ≤ 2.5 nmol/L. This concentration of testosterone (i.e. ≤ 2.5 nmol/L) must be maintained for a minimum period of 24 months to be eligible for this category and maintained for as long as the athlete wishes to compete in this category.

The non-binary athletes assigned female at birth (AFAB) entering in female category are allowed to compete without restrictions.

All athletes must follow the World Anti-Doping Agency's (WADA's) prohibited list (see <https://www.wada-ama.org/en/resources/world-anti-doping-program/prohibited-list>) and also follow WADA's guidelines on Therapeutic Use Exemptions (TUEs, see <https://www.wada-ama.org/en/resources/therapeutic-use-exemption>).

Male category of Sport

Non-binary athletes AMAB and non-binary athletes AFAB may compete in the male category of sport without any restrictions on their testosterone or oestradiol concentrations. However, all athletes in this category must additionally follow WADA's prohibited list (see <https://www.wada-ama.org/en/resources/world-anti-doping-program/prohibited-list>) and follow WADA's guidelines on TUEs, especially in regard to testosterone supplementation.