CONTINENTAL TRIATHLON CUP RANKINGS
(ELITE, U23, JUNIOR)

1. Continental Triathlon Cup Rankings:
   1.1. General:
      a.) The Continental Confederations will decide on the existence of the
         Continental Triathlon Cup Rankings. The title “Continental Triathlon Cup
         Rankings” is generic and the word “Continental” will be replaced by the
         name of the respective Continent;
      b.) Continental Triathlon Cup Rankings will be used to determine the best
         performing elite triathletes of the season within the continent;
      c.) Pool prize money may be established by the Continental Confederation
         and will be distributed after the last scoring event according to the
         Continental Triathlon Cup Rankings.

   1.2. Eligibility:
      a.) Only athletes in good standing with their National Federations affiliated with
         the Continental Confederation are eligible to be included in the Continental
         Triathlon Cup Rankings from their continent.

   1.3. Scoring:
      a.) The rankings start on January 1st and finish on December 31st of every
         year;
      b.) The events counting for the Continental Triathlon Cup Rankings, the
         amount of points earned by the winner of the event and the number of
         athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elite Continental Triathlon Championships</td>
<td>600</td>
</tr>
<tr>
<td>Continental Triathlon Cup Final</td>
<td>400</td>
</tr>
<tr>
<td>Premium Continental Triathlon Cup</td>
<td>400</td>
</tr>
<tr>
<td>Continental Triathlon Cup</td>
<td>250</td>
</tr>
<tr>
<td>Elite Regional Triathlon Championships</td>
<td>150</td>
</tr>
</tbody>
</table>
c.) The points will be decreased by 7.5%.

1.4. **Cut-off:**

a.) To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner’s time in the men’s event and 8% in the women’s event;

b.) In case of a qualifying round format or time trial qualifying round format, a maximum of 50 athletes may score points according to the World Triathlon Competition Rules 20.6 and 21.7. The cut-off times do not apply to any scoring positions achieved during the qualifying rounds.

1.5. **Total Events to Count:**

a.) The final score will be obtained by adding the 5 best scores obtained in the scoring events of the season.
2. **Continental Triathlon Junior Cup Rankings:**

   2.1. **General:**

   a.) The Continental Confederations will decide on the existence of the Continental Triathlon Junior Cup Rankings. The title “Continental Triathlon Junior Cup Rankings” is generic and the word “Continental” will be replaced by the name of the respective Continent;

   b.) There are 3 Continental Triathlon Junior Cup Rankings: Africa, America and Europe;

   c.) Continental Triathlon Junior Cup Rankings will be used to determine the best performing junior triathletes of the season within the continent;

   d.) Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the Continental Triathlon Nations’ Junior Ranking.

2.2. **Eligibility:**

   a.) Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the Continental Triathlon Junior Cup Rankings from their continent.

2.3. **Scoring:**

   a.) The rankings start on January 1\textsuperscript{st} and finish on December 31\textsuperscript{st} of every year.

   b.) The Events counting for the Continental Triathlon Junior Cup Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continental Triathlon Junior Championships</td>
<td>600</td>
<td>Cut-off rule</td>
</tr>
<tr>
<td>Continental Triathlon Junior Cup</td>
<td>400</td>
<td>Cut-off rule</td>
</tr>
<tr>
<td>Continental Triathlon Youth Championships</td>
<td>200</td>
<td>Cut-off rule</td>
</tr>
<tr>
<td>National Triathlon Junior Championships</td>
<td>100</td>
<td>5</td>
</tr>
</tbody>
</table>

   c.) The points will be decreased by 7.5% for every position;

   d.) The events included in more than one level (i.e. National Triathlon Junior Championships within a Continental Triathlon Junior Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the Junior National Championships) only the highest score will be considered;
e.) If the National Federation holds two National Triathlon Junior Championships, in Sprint and Super Sprint Distance, the Sprint Distance Championship will be the one considered;

2.4. Cut-off:

a.) To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner’s time in the men’s event and 8% in the women’s event;

b.) In case of a qualifying round format or time trial qualifying round format, a maximum of 50 athletes may score points according to the World Triathlon Competition Rules 20.6 and 21.7. The cut-off times do not apply to any scoring positions achieved during the qualifying rounds.

c.) Cut-off rules will not be applied for the National Triathlon Junior Championships events.

2.5. Total Events to Count:

a.) The total number of points acquired by an athlete will be determined by adding the best 4 scores in Europe and by adding the best 3 scores in the other Continents.

2.6. Continental Triathlon Nations’ Junior Ranking:

a.) The Continental Confederation may decide to have a Continental Triathlon Nations’ Junior Ranking.

b.) Continental Triathlon Nations’ Junior Ranking will be used to determine the best performing National Federation at Junior level of the season;

c.) The points of the National Federations in the Continental Triathlon Nations’ Junior Ranking will be the addition of:

   (i) The points of the three best ranked women from the Continental Triathlon Junior Cup Rankings;

   (ii) The points of the three best ranked men from the Continental Triathlon Junior Cup Rankings;

   (iii) The three best scores from the Mixed Relay events as indicated in letter d.).

d.) Continental Triathlon Junior Mixed Relay scoring:

   (i) The Mixed Relay events counting for the Continental Triathlon Nations’ Junior Ranking will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continental Triathlon Junior Mixed Relay Championships</td>
<td>800</td>
</tr>
<tr>
<td>Continental Triathlon Youth Mixed Relay Championships</td>
<td>600</td>
</tr>
</tbody>
</table>
(ii) The points will be decreased by 7.5% for every position;

(iii) Cut-off: To earn points, teams must finish within the cut-off time which will be determined by adding 10% to the winner’s time.
3. Continental Triathlon U23 Cup Rankings:

1.1. General:
   a.) The Continental Confederations will decide on the existence of the Continental Triathlon U23 Cup Rankings. The title “Continental Triathlon U23 Cup Rankings” is generic and the word “Continental” will be replaced by the name of the respective Continent;
   b.) There are Continental Triathlon U23 Cup Rankings in Europe;
   c.) Continental Triathlon U23 Cup Rankings will be used to determine the best performing U23 (18-23 years of age) triathletes of the season within the continent;
   d.) Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the Continental Triathlon U23 Cup Rankings.

1.2. Eligibility:
   a.) Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the Continental Triathlon U23 Cup Rankings from their continent.

1.3. Scoring:
   a.) The rankings start on January 1st and finish in December 31st of every year;
   b.) The events counting for the Continental Triathlon U23 Cup Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continental Triathlon U23 Championships</td>
<td>500</td>
</tr>
<tr>
<td>Continental Triathlon Cup</td>
<td>250</td>
</tr>
</tbody>
</table>
   c.) The points will be decreased by 7.5%.

1.4. Cut-off:
   a.) To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the time of the best U23 men athlete in the event and 8% to the time of the best U23 women in the event;
   b.) In case of a qualifying round format or time trial qualifying round format, a maximum of 50 athletes may score points according to the World Triathlon Competition Rules 20.6 and 21.7. The cut-off times do not apply to any scoring positions achieved during the qualifying rounds.

1.5. Total Events to Count:
   a.) The final score will be obtained by adding the 4 best scores obtained in the scoring events of the season.