

WORLD TRIATHLON ANTI-DOPING EDUCATION PLAN 2023

1st February 2023

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1. Introduction

World Triathlon is a not-for-profit corporation incorporated under the laws of Switzerland, domiciled and residing at Avenue de Rhodanie 54, Lausanne CH-1007, Switzerland. World Triathlon is the worldwide governing body of international triathlon and is recognised as such by the International Olympic Committee (IOC) and the International Paralympic Committee (IPC). World Triathlon is responsible for Triathlon and Para Triathlon and its Related Multisport (such as, but not limited to Duathlon, Aquathlon, Aquabike, Winter Triathlon).

The World Triathlon Anti-Doping Education Program is a priority to promote positive values, ethical behaviours and to protect clean athletes, and to preserve the spirit of sport and, in particular of Triathlon.

The World Triathlon Anti-Doping Education Plan complies with the World Anti-Doping Code (Code) and other applicable International Standards, in particular the 2021 International Standard for Education.

World Triathlon endeavours through its Education Plan that the first experience with Anti-Doping is with education rather than sample collection in doping control.

2. Fight against Doping

The World Triathlon's Anti-Doping Program is founded on the intrinsic value of sport, which is often defined as the spirit of sport. The spirit of sport is the celebration of the human spirit, body and mind, which is the essence of Olympism.

World Triathlon seeks to protect the health of Athletes and wishes to provide them the opportunity to pursue excellence without the use of doping.

3. Anti-Doping Education Assessment

Education has always been the cornerstone to the World Triathlon's Anti-Doping Program.

We have a strong Development Department which has always included Anti-Doping values-based education into their courses for Athletes, Coaches and Technical Officials at all levels. These have been included in person-classes, online courses as well as webinars. These courses have focussed on juniors and emerging athletes and coaches.

One of World Triathlon's most important coach education projects since 2018 takes place in Korea every year, where the Korea Anti-Doping Agency joins in by running practical anti-doping education sessions. Participating coaches can get hands-on experience regarding protocols and can ask their questions from experts.

In addition, World Triathlon has included Anti-Doping educational outreach booths at its World Championships for over the past decade. These have usually been manned in conjunction with the host NADO (when possible), WADA and/or trained volunteers from other International Federations. Due to covid, no outreach booths were held in 2020 or 2021. In 2022, World Triathlon was able to come back on the majors' events of World Triathlon and to deliver an education awareness and prevention against doping for its Stakeholders.

These booths have been placed in public areas so that they have been accessible to the general public as well as all of the Triathlon Stakeholders, including all levels of athletes, athlete support personnel, spectators, technical officials, World Triathlon Executive Board Members and members of National Federations.

Although this was considered successful in reaching a great number of people at the event, it did not necessarily reach the athletes prior to needing a TUE or having a test.

In 2022, World Triathlon integrated Athletes in the different Education Pool based on their ranking in each discipline and based on their inclusion on the World Triathlon Testing Pools (RTP/TP). In 2022, World Triathlon launched for the first time its own Anti-Doping Education Program on its Education Platform. The Education Pools were requested to complete this course via its platform.

The Evaluation report is annexed to this Plan and contained all the details regarding the completion of the courses in 2022.

- World Triathlon has decided to extend the validity of all the certificates delivered through the Anti-Doping Education courses in 2022 until 31st December 2023. Any Athletes that completed one of the courses in 2022 will not be including in the new Education Pools for 2023.

Thanks to the data collected in 2022, World Triathlon is able to understand and target the need of its Stakeholders for the season 2023. It revealed that substances like EPO, Anabolic Androgenic Steroids were likely used in the sport of Triathlon. As well, blood manipulation method is also likely to be used by athletes to improve their performance.

4. World Triathlon Education Pools and Target Group

4.1 Education Pools Identification Process

The Education Pool has been defined following a thorough risk assessment process following the Code and the International Standard for Education requirements. World Triathlon is therefore targeting a large panel of its Stakeholders.

4.2 World Triathlon Education Pools for 2023

A. Education Pool A

This Education Pool A includes the high-priority athletes established at the international level. This includes:

- a) All the Athletes newly including in 2023 in the World Triathlon's Registered Testing Pool (RTP) and Testing Pool (TP), who are subject to in and out of competition testing.
- b) The athletes sanctioned returning into competition.
- c) International Athletes in the different World Triathlon Rankings (multi disciplines) in the top 100. The Athletes must have at least competed in 2021 or later. If the last competition is dated prior to 2021, and the athlete doesn't wish to compete in 2023, the athlete will not be included in the Pool. As well, any athletes who already completed the course in 2022, will not be including in the Pool: (*all rankings are taken on January 1st 2023*)
 - World Triathlon Rankings: 20 per gender;
 - Duathlon Rankings: 10 per gender;
 - Long Distance Rankings: 15 per gender;
 - Winter Triathlon Rankings: 15 per gender;
 - Aquathlon Rankings: 10 per gender;
- d) Athletes in the Top 20 from each Continental Rankings

This Education Pool represents 203 athletes in total. No athlete currently sanctioned is returning to competition in 2023.

B. Education Pool B

This Education Pool includes Para Triathletes from all the Para Triathlon categories. Per category, up to 10 athletes will be including in this Education Pool. As well, the Athletes newly included in the World Triathlon RTP/TP in 2023.

- PTS2: 12 athletes in total (both gender);
- PTS3: 13 athletes in total (both gender);
- PTS4: 18 athletes in total (both gender);
- PTS5: 20 athletes in total (both gender);
- PTWC: 15 athletes in total (both gender);
- PTVI: 20 athletes in total (both gender);
- RTP: 4 athletes in total (both gender);
- TP: 2 athletes in total (both gender);

The Athletes must have competed in 2021 or later. If the last competition is dated prior 2021, the athlete will not be included in the Pool.

As well, any athletes who already completed the course in 2022, will not be including in the Pool.

This Education Pool represents 104 Athletes.

C. Education Pool C

This Education Pool includes Juniors and U23 (Youth) Athletes who will compete in the 2023 World Triathlon Championships Grand Final and/or the 2023 World Triathlon Sprint and Relay Championships in 2023.

In 2023, World Triathlon will encourage the Youth who will participate in the Commonwealth Youth Games to complete the course with World Triathlon or with another Code Signatory.

The numbers of athletes of this Education Pool will be known at a later stage, as it is linked with a participation to Events. Based on 2022, this would represent 225 Athletes.

D. Education Pool D

This Education Pool includes Coaches accredited in World Triathlon's Events. The number of coaches of this Education Pool cannot be known ahead of time.

In 2023, World Triathlon will request all Coaches to complete this course in order to obtain the Event's accreditation. Without this, Coaches will not be able to get the accreditation and then to access the coach's area at the World Triathlon's events.

E. Education Pool E

This Education Pool includes the National Federation and its Members which has been sanctioned by World Triathlon.

No National Federation is currently sanctioned.

4.3 World Triathlon Target Groups

World Triathlon is developing activities and content for other targeted Stakeholders.

For this reason, we have decided not to include these Target Groups in our Education Pools for now, because either these courses/activities are on a voluntary basis, or the project is only in the development phase (or in the first year of implementation). Indeed, no obligation will come out for these Target Group but this is proposed to World Triathlon Stakeholders to develop their knowledge about Anti-Doping.

A. Target Group 1

This Target Group includes Age Group athletes. In 2022, World Triathlon has done Event based Education for the Age group Athletes.

World Triathlon is still wishing and developing for the future some activities and to share anti-doping information to the Age-Group Athletes worldwide by taking into consideration the particularity of this Group (communication, not many events, resources available.)

B. Target Group 2

This Target Group includes Development Coaches Level 1 and 2. This course is done on a voluntary basis. To pass the certification, the candidates have to complete different modules, including an Anti-Doping one, and to keep the certificate up to date, they have to complete the revalidation course (again, including Anti-Doping).

C. Target Group 3

This Target Group includes the National Federation. World Triathlon targets to develop in 2023 a new course for the National Federation and their Anti-Doping administrator. This course is not mandatory and will bring support to the National Federation in their roles regarding Anti-Doping matters.

D. Target Group 4

This Target Group includes the Technical Officials of World Triathlon. This course is about the operational part of Anti-Doping (organisation of the In-Competition Testing).

5. World Triathlon Education Program

5.1 Program Objectives

World Triathlon seeks through its Education Program to give an Anti-Doping Education by raising awareness, providing information, values-based education and anti-doping education through the delivery of online activities and trainings that develop the values and principles of clean sport to its Stakeholders and prepare them to make decisions to behave ethically (*Anti-Doping Education and Values-based Education*).

With the courses developed and the content shared on the website, World Triathlon shares accurate and up-to-date information about anti-doping to its Triathlon Community. Using these different resources, World Triathlon reminds its Stakeholders of the rules and regulations in force as well as the good habits and behaviours regarding clean sport.

World Triathlon educational resources on the website can be consulted by anyone seeking to learn about anti-doping or to strengthen his/her accurate knowledge: [Education — World Triathlon](#) (*Awareness Raising and Information Provision*).

What World Triathlon wants its Stakeholders to be aware of via the diverse World Triathlon Anti-Doping Education activities?

With the implementation of its Anti-Doping Education Program and its World Triathlon Anti-Doping Education Courses, the global World Triathlon's Program Objectives are:

- Know and understand the principles and values associated with clean sport.
- Know and understand the Anti-Doping Charter of Athlete Rights.
- Know and understand what the principle of Strict Liability is.
- Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.
- Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs).
- Know and understand the purpose, structure and substances/methods listed in the Prohibited List.
- Know and understand the risks of supplement use and how to select the safest supplement.
- Know and understand how to check the status of their medications and the use of medications.
- Know and understand how to apply for a Therapeutic Use Exemptions (TUE).
- Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.
- Know and understand how and where they can speak up to share concerns about doping.
- Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.
- Know and understand what is the Athlete Biological Passport.
- Know and understand the possible Modifications during the Doping Control Process
- Know and understand the need of a TUE when taking specific substances (Masking Agents/Diuretics)

The Learning Objectives per Education Pools can be found in Annexe 2.

5.2 Education Tools available and Activities

A. Education Tools available

World Triathlon uses different tools to deliver its Education Program. World Triathlon publishes educational documents in its website ([Education — World Triathlon](#)) and has its [own platform](#) where Development courses are available for its Stakeholders (upon registration). A guideline is available in Annex 1 of this document where the learner will be able to follow the step to connect to the platform and how to find the module to complete.

World Triathlon is also using ITA resources in the Education & Knowledge Hub to implement its Education Program for its Stakeholders. Furthermore, World Triathlon encourages its Stakeholders to consult the WADA and ITA websites and the e-learning platform [ADEL](#).

Before starting the course in the World Triathlon Education Platform, the learner will be requested to upload any anti-doping education certificate completion done with any other Anti-Doping Organiser (for instance, NADO, another International Federation) or any course via ADEL. World Triathlon will recognise it, avoiding any duplication.

B. Education Activities

To seek a better understanding of the following activities, World Triathlon prefers to clarify the following:

- Education Platform: to complete the online course, the learner will have to go through all the documents and slides of the module (lessons and activity). If not, the learner will not obtain the certificate of the full completion of the course.
- Webinars: if there is resource available towards the end of the year or if it becomes clear there is a gap in knowledge of target groups.

a) Education Pool A

- **Online Education:**

As described in the point 4.2.A Athletes part of the world Triathlon Education Pool A will have to complete the following activities in the World Triathlon Education & Knowledge Hub (ITA resources) before **31 August 2023** or to upload within the Platform another Anti-Doping Course Certificate:

Course "**International Athlete Anti-Doping Education 2023**" to be completed will contain the following items:

- Anti-Doping Rule Violations (ADRVs) and the Consequences + Strict Liability.
- Doping Control Process.
- RTP/TP and Whereabouts/ADAMS/Athlete Biological Passport.
- Therapeutic Use Exemption (TUE) and medications.
- The use of supplements.
- Quiz (15 questions) available in English, French and Spanish (verified translation for Spanish and French) to be completed. To pass the quiz, a minimum score of 80% must be reached. Multiple attempts are possible.
- The Quiz is available in 120 languages via the google translation function available
- Survey about the Education Activity

- **Events-Based:**

At the World Triathlon World Championships, an Anti-Doping booth should be held at the expo area for activities on site.

- **Webinars:**

Webinars could be organised throughout the year if World Triathlon thinks that they could be needed (optional).

b) Education Pool B

- **Online Education:**

As described in the point 4.2.B Athletes part of the World Triathlon Education Pool B will have to complete the following activities in the World Triathlon Education & Knowledge Hub (ITA resources) before **31 of August 2023** or to upload within the Platform another Anti-Doping Course Certificate:

Course "**International Para Athlete Anti-Doping Education 2023**" to be completed will contain the following items:

- Anti-Doping Rule Violations (ADRVs) and the Consequences + Strict Liability.
- Doping Control Process.
- RTP/TP and Whereabouts/ADAMS/Athlete Biological Passport.
- Therapeutic Use Exemption (TUE) and medications.
- The use of supplements.
- Para Triathlon Specificities.

- Quiz (15 questions) available in English, French and Spanish (verified translation for Spanish and French) to be completed. To pass the quiz, a minimum score of 80% must be reached. Multiple attempts are possible.
- The Quiz is available in 120 languages via the google translation function available.
- Survey about the Education Activity

- **Events-Based:**

At the World Triathlon World Championships, an Anti-Doping booth should be held at the expo area for activities on site.

- **Webinars:**

Webinars could be organised throughout the year if World Triathlon thinks that could be needed (optional).

c) *Education Pool C*

- **Online Education:**

As described in the point 4.2.C Athletes part of the World Triathlon Education Pool C will have to complete the following activities in the World Triathlon Education & Knowledge Hub **one (1) month prior to the Event or to upload within the Platform another Anti-Doping Course Certificate (2023 World Triathlon Championships Grand Final and/or the 2023 World Triathlon Sprint and Relay Championships in 2023).**

Course “**Youth Athlete Anti-Doping Education 2023**” to be completed with contain the following items: This course is available in 120 languages via the google translation function available.

- Anti-Doping Rule Violations (ADRVs) and the consequences + Strict Liability.
- Doping Control Process.
- Whereabouts.
- Therapeutic Use Exemption (TUE) and medications.
- Dietary Supplements.
- Athlete’s Right and Responsibilities
- Report Concerns
- Quiz (8 questions) available in English, French and Spanish to be completed (verified translation for Spanish and French). To pass the quiz, a minimum score of 80% must be reached. Multiple attempts are possible.
- Bonus Quiz: 2 questions from the Quiz “*International Athlete Anti-Doping Education 2023*” will need to be completed without being scored.
- The Quiz is available in 120 languages via the google translation function available.
- Survey about the Education Activity

- **Events-based:**

At the World Triathlon World Championships, an Anti-Doping booth should be held at the expo area for activities on site.

- **Webinars:**

Webinars could be organised throughout the year if World Triathlon thinks that they could be needed (optional).

d) Education Pool D

- **Online Education:**

All Coaches who will request to be accredited at World Triathlon's Events must complete the High-Performance Coach Course in 2023:

Course "**High-Performance Anti-Doping Education 2023**" to be completed with contain the following items: This course is available in 120 languages via the google translation function available.

- Quiz (10 questions) available in English, French and Spanish to be completed (verified translation for Spanish and French). To pass the quiz, a minimum score of 90% must be reached. Multiple attempts are possible.
- The Quiz is available in 120 languages via the google translation function available
- Survey about the Education Activity

- **Events-based:**

At the World Triathlon World Championships, an Anti-Doping booth should be held at the expo area for activities on site.

- **Webinars:**

Webinars could be organised throughout the year if World Triathlon thinks that could be needed (optional).

e) Education Pool E

For the Sanctioned National Federation. In 2023, no National Federation is sanctioned.

f) Target Group 1

World Triathlon has decided to limit this pool as a Target Group and try to develop education at Events-based.

World Triathlon will continue in 2023 to come to the Age Groups Events and deliver an awareness and prevention about doping.

g) Target Group 2

The Development Coaches in Level 1 and 2 have to complete a course that contains an anti-doping module. This has to be done through the World Triathlon Education Hub Platform.

h) Target Group 3

World Triathlon is willing to develop in 2023 an education program for its National Federations, in particular for the administrator of Anti-Doping within the National Federation. The course will summarise the role of the National Federation, including their rights and responsibilities with regards to anti-doping.

i) Target Group 4

Education will be provided to the World Triathlon Technical Officials throughout the year. This Education course develops the needs at the event about Anti-Doping (Anti-Doping requirements for an event).

5.3 Monitoring and Evaluation of the Education Program

A- Monitoring

World Triathlon has created a Monitoring Document based on the specificities of each of the World Triathlon Education Pools and Target Groups. This document is housed in Annexe 2 of the document. As well, from 2023 on, a Survey has been included in the online course and is a mandatory part of the Education Activity.

In order to monitor the effectiveness of the Education Program, World Triathlon will use different assessment tools: surveys, quiz's scores.

At the end of 2023, this Monitoring document will be reviewed with the Evaluation Document in order to improve the World Triathlon Education Plan for 2024.

B- Evaluation

World Triathlon has also created an Evaluation Document, that is based on the delivery of the Program in 2023.

The evaluation of the implementation of the World Triathlon Anti-Doping Program will be carried out annually in December. This evaluation will allow World Triathlon to assess the execution of the Program and see how World Triathlon's Plan should be modified for the next season to improve the education of its Stakeholders.

5.4 Cooperation with ADO

As cooperation between the Anti-Doping Organisation (ADO) is the key to reach the effectiveness of the education in Anti-Doping, World Triathlon will recognise the awareness and education activities carried out on the national level by the National Anti-Doping Organisation (NADO) or international level by another International Federation.

The recognition of the accomplishment of any other Education Program from another ADO **will be automatic if the certificate shown is still valid (less than 2 years)**.

6. Communication

To promote its Education Plan World Triathlon will be using different tools to target a large audience within its Stakeholders to spread the message of clean sport.

The communication strategy of World Triathlon includes the following tools:

- Newsletters to Stakeholders which can be specific for Anti-Doping;
- Social media;
- Mailing list;
- Event-based;
- Training camps of Athlete Development Team;
- Virtual Open Hours with the National Federations.

7. Resources and Contact

7.1 Resources

A- World Anti-Doping Agency (WADA)

WADA is providing and regularly updating relevant resources:

- World Anti-Doping Code ([2021_wada_code.pdf \(wada-ama.org\)](#))
- List of Prohibited Substances and Methods ([Prohibited List Documents | World Anti-Doping Agency \(wada-ama.org\)](#))
- International Standards ([International Standards | World Anti-Doping Agency \(wada-ama.org\)](#))
- Toolkits and Guidelines

C. World Triathlon

The World Triathlon website in the Anti-Doping section provides information about its Rules, Education, and Doping Violations. [Anti-Doping — World Triathlon](#)

D. International Testing Agency (ITA)

[Home - International Testing Agency International Testing Agency \(ita.sport\)](#)

7.2 Contact

World Triathlon Anti-Doping Contact:

Jeanne Courbe, World Triathlon Anti-Doping Manager
jeanne.courbe@triathlon.org

Eriketti Margari, World Triathlon Anti-Doping Manager
eriketti.margari@triathlon.org

For any requests regarding Whereabouts, Testing, Intelligence and Investigation, please contact ITA at worldtriathlon@ita.sport.

For any requests regarding Education, Results Management and TUE, please contact Jeanne Courbe at jeanne.courbe@triathlon.org.

Annexe 1 – How to use the World Triathlon Education & Knowledge HUB

If you already have an account on the World Triathlon Education and Knowledge Hub:

If you already have an account on the Hub, then you will need to login to the hub first at <https://education.triathlon.org/> (If you have forgotten your password, there is a forgotten password link you can use)

You can then access the Anti-doping modules via the button that appears on the frontpage or you can go directly to: <https://education.triathlon.org/mod/page/view.php?id=9745>

When you click on the desired module you may be asked for an enrolment key (password) for that module, which will have been provided to you.

If you don't have an account on the World Triathlon Education and Knowledge Hub:

The first step is to create an account, via <https://education.triathlon.org/login/signup.php> you will have to agree to the Cookies policy, after which you will come to a screen where you can enter your information and create an account. This will send you an email, which contains a link you have to click on in order to complete the account creation process. Once you have done this, follow the instructions above for people that already have an account on the Hub.

If there is a problem creating your account (which is possible if there are any special characters or numbers in your email) then please contact development@triathlon.org and an account can be created for you.

Education Courses:

➤ **High Performance Coach Anti-Doping Education 2022.**

<https://education.triathlon.org/course/view.php?id=156>

Enrolment Key: *CoachCleanSport2022*

➤ **Youth Athlete Anti-Doping Education 2022.**

<https://education.triathlon.org/course/view.php?id=155>

Enrolment Key: *CleanSport2022Youth*

➤ **International Athletes Anti-Doping Education 2022.**

<https://education.triathlon.org/course/view.php?id=154>

Enrolment Key: *EliteCleanSport2022*

Annexe 2 – Learning Objectives for the Education Pools and Target Groups

The following Annexe will detail the Learning Objectives per Education Pools.

Learning Objectives of the Education Pool A (International Athletes):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Athletes will know and understand the principles and values associated with clean sport	By the end of the activity, the athlete will be aware of and understand the principles and values associated with clean sport
Athletes will know the Anti-Doping Charter of Athlete Rights	By the end of this activity, the athlete will understand the Anti-Doping charter and will be capable of listing the Athlete's rights
Know and understand what the principle of Strict Liability is.	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs).	By the end of this activity, the athlete will know and understand the ADRVS and will be capable of listing them
Know and understand the purpose, structure and substances/methods listed in the Prohibited List.	By the end of this activity, the athlete will be aware of the main changes of the Prohibited List 2023, will understand that some substances are prohibited at all times and some substances are prohibited only in competition, and will be capable of finding a prohibited substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement.	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of medications	By the end of this activity, the athlete will be aware of the different status of the medication and will be capable of checking the status of a medication
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will understand

	when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the education activity: the athletes will be aware of ADAMS; will understand the whereabouts requirements; will be able to file their whereabouts information
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will understand the importance of reporting any concern and will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand what it the Athlete Biological Passport.	By the end of this activity, the athlete will be aware of the existent of the Athlete Biological Passport, will understand its purpose and operation.

Learning Objectives of the Education Pool B (International Para Athletes):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Athletes will know and understand the principles and values associated with clean sport	By the end of the activity, the athlete will be aware of and understand the principles and values associated with clean sport
Athletes will know the Anti-Doping Charter of Athlete Rights	By the end of this activity, the athlete will understand the Anti-Doping charter and will be capable of listing the Athlete's rights
Know and understand what the principle of Strict Liability is.	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs).	By the end of this activity, the athlete will know and understand the ADRVS and will be capable of listing them

Know and understand the purpose, structure and substances/methods listed in the Prohibited List.	By the end of this activity, the athlete will be aware of the main changes of the Prohibited List 2023, will understand that some substances are prohibited at all times and some substances are prohibited only in competition, and will be capable of finding a prohibited substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement.	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of medications	By the end of this activity, the athlete will be aware of the different status of the medication and will be capable of checking the status of a medication
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the education activity: the athletes will be aware of ADAMS; will understand the whereabouts requirements; will be able to file their whereabouts information
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will understand the importance of reporting any concern and will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand what it the Athlete Biological Passport.	By the end of this activity, the athlete will be aware of the existent of the Athlete Biological Passport, will understand its purpose and operation.
Know and understand the possible Modifications during the Doping Control Process	By the end of this activity, the athlete will be aware of the possibility to have modification during the Doing Control Process, will understand when these modifications can apply and will be capable of listing the modification that could apply to him.

Know and understand the need of a TUE when taking specific substances (masking agent/diuretics)	By the end of this activity, the athlete will be aware of the specific need for a TUE when using a masking agent or diuretic with another substance, and will understand the important of asking for a TUE in these circumstances.
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Learning Objectives of the Education Pool C (Youth Athletes):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Know and understand what the principle of Strict Liability is.	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs).	By the end of this activity, the athlete will know and understand the ADRVs and will be capable of listing them
Know and understand the purpose, structure and substances/methods listed in the Prohibited List.	By the end of this activity, the athlete will be aware of the criteria that WADA applies to include a substance into the Prohibited List, will understand that some substances are prohibited at all times and some substances are prohibited only in competition, and will be capable of finding a prohibited substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement.	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of supplements	By the end of this activity, the athlete will be aware of the different status of the medication and will be capable of checking the status of a medication (Global Dro)
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the education activity: the athletes will be aware of ADAMS; will understand the whereabouts requirements and the consequences of not failing the whereabouts
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will be capable of finding the REVEAL platform

Know and understand the key steps of Doping Control and the rights and responsibilities	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned

Learning Objectives of the Education Pool D (Coaches):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Athletes will know and understand the principles and values associated with clean sport	By the end of the activity, the athlete will be aware of and understand the principles and values associated with clean sport
Athletes will know the Anti-Doping Charter of Athlete Rights	By the end of this activity, the athlete will understand the Anti-Doping charter and will be capable of listing the Athlete's rights
Know and understand what the principle of Strict Liability is.	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs).	By the end of this activity, the athlete will know and understand the ADRVs and will be capable of listing them
Know and understand the purpose, structure and substances/methods listed in the Prohibited List.	By the end of this activity, the athlete will be aware of the main changes of the Prohibited List 2023, will understand that some substances are prohibited at all times and some substances are prohibited only in competition, and will be capable of finding a prohibited substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement.	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements

Know and understand how to check the status of their medications and the use of medications	By the end of this activity, the athlete will be aware of the different status of the medication and will be capable of checking the status of a medication
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the education activity: the athletes will be aware of ADAMS; will understand the whereabouts requirements; will be able to file their whereabouts information
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will understand the importance of reporting any concern and will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand what it the Athlete Biological Passport.	By the end of this activity, the athlete will be aware of the existent of the Athlete Biological Passport, will understand its purpose and operation.