

WORLD TRIATHLON ANTI-DOPING EDUCATION PLAN 2024

1st February 2024

Contents

1. Introduction	3
2. Fight against Doping	3
3. Anti-Doping Education Assessment.....	3
4. World Triathlon Education Pools and Target Groups	4
4.1 Education Pools Identification Process.....	4
4.2 World Triathlon Education Pools for 2024	4
A. Education Pool A	4
B. Education Pool B	4
C. Education Pool C	4
D. Education Pool D	5
E. Education Pool E	5
E. Education Pool F.....	5
4.3 World Triathlon Target Groups	5
A. Target Group 1.....	5
B. Target Group 2.....	5
C. Target Group 3.....	5
D. Target Group 4.....	5
5. World Triathlon Education Program.....	6
5.1 Program Objectives	6
5.2 Education Tools available and Activities.....	7
A. Education Tools available	7
B. Education Activities.....	7
a) Education Pool A	7
b) Education Pool B	8
c) Education Pool C	8
d) Education Pool D	9
e) Education Pool E	10

f)	Target Group 1	10
g)	Target Group 2	10
h)	Target Group 3	10
i)	Target Group 4	10
5.3	Monitoring and Evaluation of the Education Program.....	10
A-	Monitoring	10
B-	Evaluation	10
5.4	Cooperation with ADO	11
6.	Communication	11
7.	Resources and Contact	11
7.1	Resources.....	11
A-	World Anti-Doping Agency (WADA).....	11
C.	World Triathlon.....	11
D.	International Testing Agency (ITA)	11
7.2	Contact.....	12
Annexe 1 –	How to use the World Triathlon Education & Knowledge HUB.....	13
Annexe 2 –	Learning Objectives for the Education Pools and Target Groups.....	14

1. Introduction

World Triathlon is a not-for-profit corporation incorporated under the laws of Switzerland, domiciled and residing at Avenue de Rhodanie 54, Lausanne CH-1007, Switzerland. World Triathlon is the worldwide governing body of international triathlon and is recognised as such by the International Olympic Committee (IOC) and the International Paralympic Committee (IPC). World Triathlon is responsible for Triathlon and Para Triathlon and its Related Multisport (such as, but not limited to Duathlon, Aquathlon, Aquabike, Winter Triathlon).

The World Triathlon Anti-Doping Education Program is a priority to promote positive values, ethical behaviours and to protect clean athletes, and to preserve the spirit of sport and, in particular of Triathlon.

The World Triathlon Anti-Doping Education Plan complies with the World Anti-Doping Code (Code) and other applicable International Standards, in particular the 2021 International Standard for Education.

World Triathlon endeavours through its Education Plan that the first experience with Anti-Doping is with education rather than sample collection in doping control.

2. Fight against Doping

The World Triathlon's Anti-Doping Program is founded on the intrinsic value of sport, which is often defined as the spirit of sport. The spirit of sport is the celebration of the human spirit, body and mind, which is the essence of Olympism.

World Triathlon seeks to protect the health of Athletes and wishes to provide them the opportunity to pursue excellence without the use of doping.

3. Anti-Doping Education Assessment

Education has always been the cornerstone to the World Triathlon's Anti-Doping Program.

We have a strong Development Department which has always included Anti-Doping values-based education into their courses for Athletes, Coaches and Technical Officials at all levels. These have been included in person-classes, online courses as well as webinars. These courses have focussed on juniors and emerging Athletes and Coaches.

One of World Triathlon's most important Coach education projects since 2018 takes place in Korea every year, where the Korea Anti-Doping Agency joins in by running practical Anti-Doping Education sessions. Participating Coaches can get hands-on experience regarding protocols and can ask their questions from experts.

In addition, World Triathlon has included Anti-Doping educational outreach booths at its World Championships for over the past decade. These have usually been manned in conjunction with the host NADO (when possible), WADA and/or trained volunteers from other International Federations. Due to covid, no outreach booths were held in 2020 or 2021. In 2022 and 2023, World Triathlon was able to come back on the majors' events of World Triathlon and to deliver an education, awareness and prevention against doping for its Stakeholders.

These booths have been placed in public areas so that they have been accessible to the general public as well as all of the Triathlon Stakeholders, including all levels of Athletes, Athlete Support Personnel (ASP), spectators, volunteers, Local Organising Committee (LOC), Technical Officials (TO), World Triathlon Executive Board Members and members of National Federations.

Although this was considered successful in reaching a great number of people at the event, it did not necessarily reach the Athletes prior to needing a TUE or having a test.

In 2023, World Triathlon integrated Athletes in the different Education Pool based on their ranking in each discipline and based on their recent inclusion on the World Triathlon Testing Pools (RTP/TP).

As in 2023, Doping Education Program was implemented on its Education Platform. The same year, World Triathlon launched its new anti-doping education module for the Para Triathletes, available in English, French and Spanish.

The Education Pools were requested to complete this course via its platform.

Thanks to the data collected in 2023, World Triathlon is able to understand and target the need of its Stakeholders for the season 2024. It revealed that substances like EPO, Anabolic Androgenic Steroids were likely used in the sport of Triathlon. As well, blood manipulation method is also likely to be used by athletes to improve their performance.

4. World Triathlon Education Pools and Target Groups

4.1 Education Pools Identification Process

The Education Pool has been defined following a thorough risk assessment process following the Code and the International Standard for Education requirements.

4.2 World Triathlon Education Pools for 2024

A. Education Pool A

This Education Pool A includes all the Elite Athletes that wish to compete or to be admitted to the waiting list in all World Triathlon and Continental Confederations competitions from all Multisport, programs and categories.

Athletes who did an Anti-Doping Education course in 2023 will not have to complete a course in 2024. Athletes will have to show any certificate obtained from another ADO in 2023 and 2024

B. Education Pool B

This Education Pool B includes all the Para Triathletes and Athlete's Guide from all the Para Triathlon categories that wish to compete or to be admitted to the waiting list in all World Triathlon and Continental Confederations competitions from all Multisport, programs and categories.

Athletes who did an Anti-Doping Education course in 2023 will not have to complete a course in 2024. Athletes will have to show any certificate obtained from another ADO in 2023 and 2024.

C. Education Pool C

This Education Pool C includes all the Juniors and U23 (Youth) Athletes that wish to compete or to be admitted to the waiting list in all World Triathlon and Continental Confederations competitions from all Multisport, programs and categories.

Athletes who did an Anti-Doping Education course in 2023 will not have to complete a course in 2024. Athletes will have to show any certificate obtained from another ADO in 2023 and 2024.

D. Education Pool D

This Education Pool D includes Coaches and Medical accredited in World Triathlon's Events. Without the completion of the Anti-Doping course, Coaches and Medical will not be able to get the accreditation and then to access the coach's area at the World Triathlon's Events.

Coaches and Medical Staff who did an Anti-Doping Education course in 2023 will not have to complete a course in 2024. Coaches and Medical Staff will have to show any certificate obtained from another ADO in 2023 and 2024.

E. Education Pool E

This Education Pool E includes the National Federation and its Members which has been sanctioned by World Triathlon.

No National Federation is currently sanctioned in 2024.

F. Education Pool F

This Education Pool F includes all the Athletes that are qualified and will compete at the Paris 2024 Olympic Games and Paralympic Games.

4.3 World Triathlon Target Groups

World Triathlon is developing activities and content for other targeted Stakeholders.

For this reason, we have decided not to include these Target Groups in our Education Pools for now, because either these courses/activities are on a voluntary basis, or the project is only in the development phase. Indeed, no obligation will come out for these Target Groups but this is proposed to World Triathlon Stakeholders to develop their knowledge about Anti-Doping.

A. Target Group 1

This Target Group includes Age Group athletes. In 2023, World Triathlon has done Event based Education for the Age group Athletes.

World Triathlon is still wishing and developing an online course for the Age Group Athletes before the international competition, to share Anti-Doping information and provide guidance before competition. World Triathlon takes into consideration the particularity of reaching out to this Group (communication, not many events, resources available.)

B. Target Group 2

This Target Group includes Development Coaches Level 1 and 2. This course is done on a voluntary basis. To pass the certification, the candidates have to complete different modules, including an Anti-Doping one, and to keep the certificate up to date, they have to complete the revalidation course (again, including Anti-Doping).

C. Target Group 3

This Target Group includes the National Federation. World Triathlon targets to develop in the coming years a course for the National Federation and their Anti-Doping administrator. This course would not be on a mandatory basis and would bring support to the National Federation in their roles regarding Anti-Doping matters.

D. Target Group 4

This Target Group includes the Technical Officials of World Triathlon. This course is about the operational part of Anti-Doping (organisation of the In-Competition Testing).

5. World Triathlon Education Program

5.1 Program Objectives

World Triathlon seeks through its Education Program to give an Anti-Doping Education by raising awareness, providing information, values-based education and anti-doping education through the delivery of online activities, event-based education that develop the values and principles of clean sport to its Stakeholders and prepare them to make decisions to behave ethically (*Anti-Doping Education and Values-based Education*).

With the courses developed and the content shared on the website, World Triathlon spreads accurate and up-to-date information about Anti-Doping to its Triathlon Community. Using these different resources, World Triathlon reminds its Stakeholders of the anti-doping rules and regulations in force as well as the good habits and behaviours regarding Clean Sport.

World Triathlon educational resources on the website can be consulted by anyone seeking to learn about anti-doping or to strengthen his/her accurate knowledge: [Education — World Triathlon](#) (*Awareness Raising and Information Provision*).

In 2024, World Triathlon's main Program Objectives is to target 100% of the Athletes and Coaches competed or accredited to any World Triathlon Events or Continental Confederation Events.

What World Triathlon wants its Stakeholders to be aware of via the diverse World Triathlon Anti-Doping Education activities?

With the implementation of its Anti-Doping Education Program and its World Triathlon Anti-Doping Education Courses, the World Triathlon's Program Objectives are that 100% of Athletes and Coaches competing or accredited at the World Triathlon's events and Continental Events:

- Know and understand the principles and values associated with Clean Sport
- Know where to find the TRI ADR and the definition of International Athlete
- Know and understand what is the Athletes' Rights and Responsibilities and the Athlete's Anti-Doping Rights Act
- Know and understand what the principle of Strict Liability is
- Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.
- Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs) and their consequences in case of violation
- Know and understand the purpose, structure and Substances/Methods listed in the Prohibited List.
- Know and understand the risks of supplement use and how to select the safest supplement.
- Know and understand how to check the status of their medications and the use of medications.
- Know and understand how to apply for a Therapeutic Use Exemptions (TUE).
- Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.
- Know and understand how and where they can speak up to share concerns about doping.
- Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.
- Know and understand what is the Athlete Biological Passport.
- Know and understand the possible Modifications during the Doping Control Process
- Know and understand the need of a TUE when taking specific substances (Masking Agents/Diuretics)

The Learning Objectives per Education Pools can be found in Annexe 2.

5.2 Education Tools available and Activities

A. Education Tools available

World Triathlon uses different tools to deliver its Education Program. World Triathlon publishes educational documents in its website ([Education — World Triathlon](#)) and has its [own platform](#) where Development courses are available for its Stakeholders (upon registration). A guideline is available in Annex 1 where to find instructions to create an account and how to complete the course.

Before starting the course in the World Triathlon Education Platform, the learner will be requested to upload any anti-doping education certificate completion done in 2023 or 2024 with any other Anti-Doping Organiser (for instance, NADO, another International Federation) or any course via ADEL. World Triathlon will recognise it, avoiding any duplication.

B. Education Activities

a) Education Pool A

- **Online Education:**

Athletes part of the World Triathlon Education Pool A will have or to complete the following activities or to upload in the platform another Anti-Doping Education course certificate dated of 2023 or 2024 (obtained by a NADO or other International Federation) before being entered into a waiting list or start list for any World Triathlon or Continental Confederations events.

Course "**International Athlete Anti-Doping Education 2024**" to be completed will contain the following items (available in English, French and Spanish):

- Course
 - Values of Clean Sport
 - Athlete's Rights and Responsibilities
 - Prohibited List
 - ADRVs, Strict Liability and Consequences
 - Testing Pools, ADAMS and Whereabouts
 - Testing Procedure and ABP
 - TUE
 - Risks of Supplement use
 - Results Management
 - Speak Up and report concerns
 - Activity
 - Quiz (**10 questions**) available in English, French and Spanish (verified translation for Spanish and French) to be completed.
 - Cases Scenario (**3 cases**) available in English, French and Spanish as well to be completed.
 - To pass the activity, a minimum score of **80%** must be reached. Multiple attempts are possible.
 - Evaluation of the course
 - Survey about the Course
- **Events-Based:**

At the World Triathlon World Championships, an Anti-Doping booth should be held at the expo area for activities on site.

b) Education Pool B

● **Online Education:**

Athletes and Athlete's Guide part of the World Triathlon Education Pool B will have or to complete the following activities or to upload in the platform another Anti-Doping Education course certificate dated of 2023 or 2024 (obtained by a NADO or other International Federation) before being entered into a waiting list or start list for any World Triathlon or Continental Confederations events.

Course "**International Para Athlete Anti-Doping Education 2024**" to be completed will contain the following items (available in English, French and Spanish):

- Course
 - Values of Clean Sport
 - Athlete's Rights and Responsibilities
 - Prohibited List
 - ADRVs, Strict Liability and Consequences
 - Testing Pools, ADAMS and Whereabouts
 - Testing Procedure and ABP
 - Para Triathlon Specificities
 - TUE
 - Risks of Supplement use
 - Results Management
 - Speak Up and report concerns

- Activity
 - Quiz (**10 questions including 3 related to the Para Triathlon specificities**) available in English, French and Spanish (verified translation for Spanish and French) to be completed.
 - Cases Scenario (**3 cases**) available in English, French and Spanish as well to be completed.
 - To pass the activity, a minimum score of **80%** must be reached. Multiple attempts are possible.

- Evaluation of the course
 - Survey about the Course

● **Events-Based:**

At the World Triathlon World Championships, an Anti-Doping booth should be held at the expo area for activities on site.

c) Education Pool C

● **Online Education:**

Athletes part of the World Triathlon Education Pool C will have or to complete the following activities or to upload in the platform another Anti-Doping Education course certificate dated of 2023 or 2024 (obtained by a NADO or other International Federation) before being entered into a waiting list or start list for any World Triathlon or Continental Confederations events.

Course "**Youth Athlete Anti-Doping Education 2024**" to be completed with contain the following items (available in English, French and Spanish):

- Course
 - Introduction and Values of Clean Sport

- ADRVs, Strict Liability and Consequences
 - Prohibited List
 - World Triathlon ADR
 - Risks of Supplement use
 - Medications
 - TUE
 - Doping Control
 - Whereabouts
 - Speak up and report concerns
 - Resources
- Activity
 - Quiz (**8 questions**) available in English, French and Spanish (verified translation for Spanish and French) to be completed.
 - Cases Scenario (**2 cases**) available in English, French and Spanish as well to be completed.
 - To pass the activity, a minimum score of **80%** must be reached. Multiple attempts are possible.
- Evaluation of the course
 - Survey about the Course

d) *Education Pool D*

- **Online Education:**

All Coaches and Medical who will request to be accredited at World Triathlon's Events must complete the High-Performance Coach Course in 2024:

Course "**High-Performance Anti-Doping Education 2024**" to be completed with contain the following items (available in English, French and Spanish):

- Course
 - Values of Clean Sport
 - Athlete's Rights and Responsibilities
 - Prohibited List
 - ADRVs, Strict Liability and Consequences
 - Testing Pools, ADAMS and Whereabouts
 - Testing Procedure and ABP
 - TUE
 - Risks of Supplement use
 - Results Management
 - Speak Up and report concerns
- Activity
 - Quiz (**8 questions**) available in English, French and Spanish (verified translation for Spanish and French) to be completed.
 - Cases Scenario (**4 cases**) available in English, French and Spanish as well to be completed.
 - To pass the activity, a minimum score of **80%** must be reached. Multiple attempts are possible.
- Evaluation of the course
 - Survey about the Course

e) Education Pool E

For the Sanctioned National Federation. In 2024, no National Federation is sanctioned.

f) Education Pool F

All Athletes and Athlete's Guide that are qualified and will compete at the Paris 2024 Olympic Games and Paralympic Games must complete the ADEL Course "Paris 2024 Olympic Games" or "Paris 2024 Paralympic Games".

g) Target Group 1

World Triathlon has decided to limit this pool as a Target Group and try to develop education at Events-based.

World Triathlon will continue in 2024 to come to the Age Groups Events and deliver an awareness and prevention about doping. World Triathlon would like to offer in the future an online course dedicated for the Age Groupers participating to its events.

h) Target Group 2

The Development Coaches in Level 1 and 2 have to complete a course that contains an Anti-Doping module. This has to be done through the World Triathlon Education Hub Platform.

i) Target Group 3

World Triathlon is willing to develop in the coming yeas an education program for its National Federations, in particular for the administrator of Anti-Doping within the National Federation.

j) Target Group 4

Education will be provided to the World Triathlon Technical Officials throughout the year. This Education course develops the needs at the event about Anti-Doping (Anti-Doping requirements for an event).

5.3 Monitoring and Evaluation of the Education Program

A- Monitoring

World Triathlon has created a Monitoring Document based on the specificities of each of the World Triathlon Education Pools and Target Groups. As well and as implemented in 2023, the Survey is included in the online course.

In order to monitor the effectiveness of the Education Program, World Triathlon will use different assessment tools: surveys, quiz's scores, social media views, etc.

At the end of 2024, this Monitoring document will be reviewed with the Evaluation Document in order to improve the World Triathlon Education Plan for 2025.

B- Evaluation

World Triathlon has also created an Evaluation Document, that is based on the delivery of the Program in 2024.

The evaluation of the implementation of the World Triathlon Anti-Doping Program will be carried out annually in December. This evaluation will allow World Triathlon to assess the execution of the Program and see how World Triathlon's Plan should be modified for the next season to improve the education of its Stakeholders.

5.4 Cooperation with ADO

As cooperation between the Anti-Doping Organisation (ADO) is the key to reach the effectiveness of the education in Anti-Doping, World Triathlon will recognise the awareness and education activities carried out on the national level by the National Anti-Doping Organisation (NADO) or international level by another International Federation.

The recognition of the accomplishment of any other Education Program from another ADO **will be automatic if the certificate shown is still valid (less than 2 years)**.

6. Communication

To promote its Education Plan World Triathlon will be using different tools to target a large audience within its Stakeholders to spread the message of Clean Sport.

The communication strategy of World Triathlon includes the following tools:

- Newsletters to Stakeholders which can be specific for Anti-Doping;
- Social media;
- Mailing list;
- Event-based;
- Training camps of Athlete Development Team;
- Virtual Open Hours with the National Federations.

7. Resources and Contact

7.1 Resources

A- World Anti-Doping Agency (WADA)

WADA is providing and regularly updating relevant resources:

- World Anti-Doping Code ([2021_wada_code.pdf \(wada-ama.org\)](#))
- List of Prohibited Substances and Methods ([Prohibited List Documents | World Anti-Doping Agency \(wada-ama.org\)](#))
- International Standards ([International Standards | World Anti-Doping Agency \(wada-ama.org\)](#))
- Toolkits and Guidelines

C. World Triathlon

The World Triathlon website in the Anti-Doping section provides information about its Rules, Education, and Doping Violations. [Anti-Doping — World Triathlon](#)

D. International Testing Agency (ITA)

[Home - International Testing Agency International Testing Agency \(ita.sport\)](#)

7.2 Contact

World Triathlon Anti-Doping Contact:

Jeanne Courbe, World Triathlon Anti-Doping Manager
jeanne.courbe@triathlon.org

Eriketti Margari, World Triathlon Anti-Doping Manager
eriketti.margari@triathlon.org

For any requests regarding General Questions and Education please contact Jeanne Courbe at jeanne.courbe@triathlon.org.

For any requests regarding In-Competition Testing please contact Eriketti Margari at eriketti.margari@triathlon.org

For any requests regarding Whereabouts, please contact ITA at whereabouts@ita.sport

For any requests regarding Testing, please contact ITA at worldtriathlon@ita.sport

For any requests regarding Results Management, please contact Jeanne Courbe at jeanne.courbe@triathlon.org or ITA at legal@ita.sport

For any request regarding TUE, please contact ITA at tue@ita.sport

Annexe 1 – How to use the World Triathlon Education & Knowledge HUB

INSTRUCTION EDUCATION

Anti-Doping Education Course Instructions:

https://triathlon.org/anti-doping/education_course_details

Annexe 2 – Learning Objectives for the Education Pools and Target Groups

The following Annexe will detail the Learning Objectives per Education Pools.

Learning Objectives of the Education Pool A (Elite Athletes):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Know and understand the Anti-Doping system and the principles and values associated with clean sport	By the end of the activity, the athlete will know what is the Anti-Doing System and the main actors, and will understand the principles and values associated with clean sport
Know and understand what is the Athletes' Rights and Responsibilities and the Athlete's Anti-Doping Rights Act	By the end of this activity, the athlete will understand their Rights and Responsibilities and will know about the Anti-Doping Rights Act
Know and understand what the principle of Strict Liability is	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the consequences of doping, for example, sport, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs) and their consequences in case of violation	By the end of this activity, the athlete will be able to list all the ADRVs and define them and will know the period of ineligibility that apply in case of violation
Know and understand the purpose, structure and Substances/Methods listed in the Prohibited List	By the end of this activity, the athlete will be able to navigate to the Prohibited List, will understand the different classification of Substances and Methods and will be capable of finding a Prohibited Substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of medications	By the end of this activity, the athlete will be aware of the different status of the medication and will be capable of checking the status of a medication
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will

	understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the activity Athletes will be know what is ADAMS; will understand the whereabouts requirements and the consequences of non-compliance; will know when and where file the whereabouts information
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will understand the importance of reporting any concern and will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand what it the Athlete Biological Passport.	By the end of this activity, the athlete will be aware of the existent of the Athlete Biological Passport, will understand its purpose and operation.
Know and understand what the Provisional Suspension and the Results Management Agreement	By the end of this activity, the Athlete will know what is a Provisional Suspension (Mandatory and Voluntary) and will be capable of listing the different Results Management Agreement.

Learning Objectives of the Education Pool B (Para Athletes):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Know and understand the Anti-Doping system and the principles and values associated with clean sport	By the end of the activity, the athlete will know what is the Anti-Doing System and the main actors, and will understand the principles and values associated with clean sport
Know and understand what is the Athletes' Rights and Responsibilities and the Athlete's Anti-Doping Rights Act	By the end of this activity, the athlete will understand their Rights and Responsibilities and will know about the Anti-Doping Rights Act
Know and understand what the principle of Strict Liability is	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the consequences of doping, for example, sport, physical and	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main

mental health, social and economic effects, and sanctions.	consequences of the sanction, will be aware of the risk of being sanctioned
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs) and their consequences in case of violation	By the end of this activity, the athlete will be able to list all the ADRVs and define them and will know the period of ineligibility that apply in case of violation
Know and understand the purpose, structure and Substances/Methods listed in the Prohibited List	By the end of this activity, the athlete will be able to navigate to the Prohibited List, will understand the different classification of Substances and Methods and will be capable of finding a Prohibited Substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of medications	By the end of this activity, the athlete will be aware of the different status of the medication and will be capable of checking the status of a medication
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the activity Athletes will be know what is ADAMS; will understand the whereabouts requirements and the consequences of non-compliance; will know when and where file the whereabouts information
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will understand the importance of reporting any concern and will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand what it the Athlete Biological Passport.	By the end of this activity, the athlete will be aware of the existent of the Athlete Biological Passport, will understand its purpose and operation.

Know and understand the possible Modifications during the Doping Control Process	By the end of this activity, Athletes will be aware of the possibility to have modification during the Doing Control Process, will understand when these modifications can apply and will be capable of listing the modification that could apply to them.
Know and understand the need of a TUE when taking specific substances (masking agent/diuretics)	By the end of this activity, the athlete will be aware of the specific need for a TUE when using a masking agent or diuretic with another substance, and will understand the important of asking for a TUE in these circumstances.

Learning Objectives of the Education Pool C (Youth Athletes):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Know and understand the Anti-Doping system and the principles and values associated with clean sport	By the end of the activity, the athlete will know what is the Anti-Doing System and the main actors, and will understand the principles and values associated with clean sport
Know where to find the TRI ADR and the definition of International Athlete	By the end of this activity, the Athlete will know where to find the World triathlon Anti-Doping Rules and will be able to identify himself as a national or International Level Athletes according to the rules
Know and understand what the principle of Strict Liability is	By the end of this activity, the athlete will understand the principle of Strict Liability
Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs) and their consequences in case of violation	By the end of this activity, the athlete will be able to list all the ADRVs and define them and will know the period of ineligibility that apply in case of violation
Know and understand the purpose, structure and substances/methods listed in the Prohibited List.	By the end of this activity, the athlete will be aware of the criteria that WADA applies to include a Substance into the Prohibited List, will understand that some Substances are Prohibited at all times and some Substances are Prohibited only in competition, and will be capable of finding a Prohibited Substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement	By the end of this activity, the Athlete will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of supplements	By the end of this activity, the athlete will be aware of the different status of the medication

	and will be capable of checking the status of a medication (Global Dro)
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, the athlete will be aware of the existent of a TUE, will understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the education activity: the athletes will be aware of ADAMS; will understand the whereabouts requirements and the consequences of not failing the whereabouts
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, the athlete will be aware of the existent of platform to report any concern of doping, will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities	By the end of this activity, the athlete will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, the athlete will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned

Learning Objectives of the Education Pool D (Coaches):

PROGRAM OBJECTIVES	LEARNING OBJECTIVES
Know and understand the Anti-Doping system and the principles and values associated with clean sport	By the end of the activity, coaches will know what is the Anti-Doing System and the main actors, and will understand the principles and values associated with clean sport
Know and understand what is the Athletes' Rights and Responsibilities and the Athlete's Anti-Doping Rights Act	By the end of this activity, coaches will understand their Rights and Responsibilities and will know about the Anti-Doping Rights Act
Know and understand what the principle of Strict Liability is	By the end of this activity, coaches will understand the principle of Strict Liability
Know and understand the consequences of doping, for example, sport, physical and mental health, social and economic effects, and sanctions.	By the end of this activity, coaches will understand the consequences of doping, and will be capable of listing the main consequences of the sanction, will be aware of the risk of being sanctioned

Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs) and their consequences in case of violation	By the end of this activity, coaches will be able to list all the ADRVs and define them and will know the period of ineligibility that apply in case of violation
Know and understand the purpose, structure and Substances/Methods listed in the Prohibited List	By the end of this activity, coaches will be able to navigate to the Prohibited List, will understand the different classification of Substances and Methods and will be capable of finding a Prohibited Substance within the Prohibited List
Know and understand the risks of supplement use and how to select the safest supplement	By the end of this activity, coaches will be aware and understand the risk of taking supplements, and will be capable of selecting the safest supplements
Know and understand how to check the status of their medications and the use of medications	By the end of this activity, coaches will be aware of the different status of the medication and will be capable of checking the status of a medication
Know and understand how to apply for a Therapeutic Use Exemptions (TUE).	By the end of this activity, coaches will be aware of the existent of a TUE, will understand when a TUE is needed, and will be capable of applying for a TUE
Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.	By the end of the activity, coaches will be know what is ADAMS; will understand the whereabouts requirements and the consequences of non-compliance; will know when and where file the whereabouts information
Know and understand how and where they can speak up to share concerns about doping.	By the end of this activity, coaches will be aware of the existent of platform to report any concern of doping, will understand the importance of reporting any concern and will be capable of finding the REVEAL platform
Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process.	By the end of this activity, coaches will understand the doping control process, will be capable of naming the different steps of the doping control process and will be aware of his rights and responsibilities.
Know and understand what it the Athlete Biological Passport.	By the end of this activity, coaches will be aware of the existent of the Athlete Biological Passport, will understand its purpose and operation.