WORLD TRIATHLON MULTISPORT RANKINGS

1. World Triathlon Duathlon Rankings:
   1.1. Purpose:
      a.) World Triathlon Duathlon Rankings will be used to determine the best performing duathletes.
   1.2. Scoring:
      a.) The World Triathlon Events counting for the World Triathlon Duathlon Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>World Championships (*)</td>
<td>400</td>
<td>25</td>
</tr>
<tr>
<td>Continental Championships (*)</td>
<td>300</td>
<td>15</td>
</tr>
<tr>
<td>World Series</td>
<td>300</td>
<td>15</td>
</tr>
<tr>
<td>Continental Cup</td>
<td>200</td>
<td>10</td>
</tr>
<tr>
<td>Duathlon National Championships (**)</td>
<td>100</td>
<td>5</td>
</tr>
</tbody>
</table>

(*) Standard, Middle and Long distance
(‡) If a National Federation organises several championships in the same year/season, the standard distance one will be preferred followed by Sprint, Middle and Long distance in this order.

b.) The points will be decreased by 7.5% for every position;

c.) Only athletes representing the respective National Federation will be considered in the National Championships;

d.) The events included in more than one level (i.e. National Championships taking place in a Continental Championships event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered.

1.3. Total number of events to count:
   a.) It will be a maximum of 6 events to count:
1.4. Value of the points depending on the periods:
   a.) The value of the points in the current period is the same as those gained in the event;
   b.) The value of the points in the previous period is 1/3 of those gained in the event.

2. World Triathlon Long Distance Rankings:
   2.1. Purpose:
   a.) World Triathlon Long Distance Rankings will be used to determine the best performing long distance triathletes.

2.2. Scoring:
   a.) The World Triathlon Events counting for the World Triathlon Long Distance Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>World Championships (*)</td>
<td>400</td>
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<td>Continental Cup</td>
<td>200</td>
<td>10</td>
</tr>
<tr>
<td>National Championships (**)</td>
<td>100</td>
<td>5</td>
</tr>
</tbody>
</table>

(*) Middle and Long distance
(**) If a National Federation organises several championships in the same year/season, the standard distance one will be preferred followed by Sprint, Middle and Long distance in this order.

b.) The points will be decreased by 7.5% for every position;

c.) Only athletes representing the respective National Federation will be considered in the National Championships;

d.) The events included in more than one level (i.e. National Championships taking place in a Continental Championships event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e.
points for the overall event and points for the National Championships) only the highest score will be considered.

2.3. Total number of events to count:
   a.) It will be a maximum of 6 events to count:
      (i) 3 from the 52 weeks previous to the date of the publication of the list (current period);
      (ii) 3 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).

2.4. Value of the points depending on the periods:
   a.) The value of the points in the current period is the same as those gained in the event;
   b.) The value of the points in the previous period is 1/3 of those gained in the event.

3. World Triathlon Winter Rankings:

3.1. Purpose:
   a.) World Triathlon Winter Rankings will be used to determine the best performing Winter Triathlon athletes.

3.2. Scoring:
   a.) The World Triathlon Events counting for the World Triathlon Winter Rankings, the amount of points earned by the winner of the event, the number of athletes earning points and the modification of the points by the inclusion of a Quality of Field Factor are summarized in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>World Championships</td>
<td>400</td>
<td>25</td>
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</tr>
<tr>
<td>National Championships</td>
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<td>5</td>
</tr>
</tbody>
</table>

   b.) The points will be decreased by 7.5% every position;
   c.) Only athletes representing the respective National Federation will be considered in the National Championships;
   d.) The events included in more than one level (i.e. National Championships taking place in a Continental Championships event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e.
points for the overall event and points for the National Championships) only
the highest score will be considered.

3.3. Total number of events to count:
   a.) It will be a maximum of 6 events to count:
       (i) 3 from the 52 weeks previous to the date of the publication of the list
           (current period);
       (ii) 3 from the days between the 53rd and the 104th week previous to the
date of publication of the list (previous period).

3.4. Value of the points depending on the periods:
   a.) The value of the points in the current period is the same as those gained in
   the event;
   b.) The value of the points in the previous period is 1/3 of those gained in the
   event.

4. World Triathlon Powerman Long Distance Duathlon Rankings:
   4.1. Purpose:
       a.) World Triathlon Powerman Long Distance Duathlon Rankings will be used
to determine the best performing Long Distance Duathlon athletes.

4.2. Scoring:
   a.) The events counting for the World Triathlon Powerman Long Distance
Duathlon Rankings, the amount of points earned by the winner of the event
and the number of athletes earning points will be as shown in the following
table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duathlon World Championships (*)</td>
<td>400</td>
<td>25</td>
</tr>
<tr>
<td>Duathlon Continental Championships (*)</td>
<td>300</td>
<td>15</td>
</tr>
<tr>
<td>Duathlon World Series</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Duathlon National Championships (**)</td>
<td>100</td>
<td>5</td>
</tr>
</tbody>
</table>

(*) Middle and Long distance

(/**) If a National Federation organises several championships in the
same year/season, the Long distance one will be preferred over the
Middle distance.

b.) The points will be decreased by 7.5% for every position;
c.) Only athletes representing National Federations from the respective
continent will be considered in the Continental Championships.
d.) The events included in more than one level (i.e. National Championships taking place in a Continental Championships event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships), only the highest score will be considered.

4.3. Total number of events to count:
   a.) It will be a maximum of 6 events to count:
      (i) 3 from the 52 weeks previous to the date of the publication of the list (current period);
      (ii) 3 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).

4.4. Value of the points depending on the periods:
   a.) The value of the points in the current period is the same as those gained in the event;
   b.) The value of the points in the previous period is 1/3 of those gained in the event.

5. World Triathlon Aquathlon Rankings:

5.1. Purpose:
   a.) World Triathlon Aquathlon Rankings will be used to determine the best performing aquathletes.

5.2. Scoring:
   a.) The World Triathlon Events counting for the World Triathlon Aquathlon Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>World Championships</td>
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<td>10</td>
</tr>
<tr>
<td>National Championships</td>
<td>100</td>
<td>5</td>
</tr>
</tbody>
</table>

b.) This table is applicable for events from January 1st, 2018.

c.) The points will be decreased by 7.5% for every position;

d.) Only athletes representing the respective National Federation will be considered in the National Championships;

e.) The events included in more than one level (i.e. National Championships taking place in a Continental Championships event) will give only one score.
to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered.

5.3. Total number of events to count:
   a.) It will be a maximum of 6 events to count:
      (i) 3 from the 52 weeks previous to the date of the publication of the list (current period);
      (ii) 3 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).

5.4. Value of the points depending on the periods:
   a.) The value of the points in the current period is the same as those gained in the event;
   b.) The value of the points in the previous period is 1/3 of those gained in the event.