ITU Continental Qualification Criteria

1. The General Qualification Rules and Procedures for all ITU and Continental Events are outlined in the ITU website under the following link:

2. Triathlon Continental Championships (Elite, U23, Junior):
   a.) 65 athletes for the Elite events;
   b.) 70 athletes for the U23 events;
   c.) 70 athletes for the Junior events;
   d.) 70 athletes for the Elite/U23 combined events.

2.2. Athletes will gain a start position based on the points accumulated in the ITU World Ranking, according to the procedures in Competition Rules Appendix E;

2.3. National Federation and Host National Federation will have a maximum quota as follows:
   a.) Elite:
      (i) Five (5) athletes.
   b.) U23:
      (i) Three (3) athletes or;
      (ii) Four (4) athletes if the National Federation had three (3) athletes among the top thirty (30) of the previous Continental Championships or;
      (iii) Five (5) athletes if the National Federation had three (3) athletes among the top fifteen (15) of the previous Continental Championships.
   c.) Junior:
      (i) Two (2) athletes or;
      (ii) Three (3) athletes if the National Federation had two (2) athletes among the top fifteen (15) of the previous Continental Championships or;
      (iii) Four (4) athletes if the National Federation had three (3) athletes among the top fifteen (15) of the previous Continental Championships.
   d.) Elite/U23 combined:
      (i) Four (4) Elite athletes;
      (ii) Four (4) U23 athletes.

2.4. National Federation and Host National Federation Quotas may be increased without limitation if at any moment of the process the number of athletes in the start list is lower than outlined in 2.1 of this document.

2.5. In the Americas, athletes are entered to the Waiting List 60 days before the first day of an Elite/U23/Junior Continental Championships by the National...
Federations. Substitutions and withdrawals without penalty will still be allowed till 30 days before the first day of competition of the given event. National Federation Quotas may be increased up to 8 and Host National Federation Quotas may be increased up to 10 if at any moment of the process the number of athletes in the start list is lower than outlined in 2.1 of this document.

3. **Triathlon Continental Cup**
   
   3.1. Start lists will contain a maximum of 70 athletes, or 90 in case of semi-final/final format;
   
   3.2. Athletes will gain a start position based on the points accumulated in the ITU World Ranking, according to the procedures in Competition Rules Appendix E;
   
   3.3. National Federations from the host continent will have a maximum quota of nine (9) athletes and from rest of the continents three (3) athletes;
   
   3.4. Host National Federation will have a maximum quota of fourteen (14) athletes;
   
   3.5. National Federation and Host National Federation Quotas may be increased without limitation if at any moment of the process the number of athletes in the start list is lower than 70.

4. **Junior Triathlon Continental Cup:**
   
   4.1. Start lists will contain a maximum of 70 athletes, or 90 in case of semi-final/final format;
   
   4.2. Athletes will gain a start position based on the points accumulated in the ITU World Ranking as first priority and the Continental Junior Ranking as second priority, according to the procedures in Competition Rules Appendix E;
   
   4.3. National Federations from the host continent will have a maximum quota of nine (9) athletes and from rest of the continents three (3) athletes;
   
   4.4. Host National Federation will have a maximum quota of fourteen (14) athletes;
   
   4.5. National Federation and Host National Federation Quotas may be increased without limitation if at any moment of the process the number of athletes in the start list is lower than 70;
   
   4.6. 28 days before the first competition day ITU Invitation Panel will award 7 invitations based on the requests received.

5. **Multisport events (Elite, U23, Junior and Paratriathlon):**
   
   5.1. These criteria affect all World Championships, Continental Championships and other competitions of any ITU Multisport Event;
   
   5.2. The size of the different start lists is determined by ITU Competition Rules 10.1;
   
   5.3. Athletes will gain start position based on the points accumulated in the related Multisport ITU Ranking;
   
   5.4. National Federation will have a maximum quota of six (6) athletes per gender and paratriathlon Medal Event;
5.5. Host National Federation will have a maximum quota of six (6) athletes per gender and paratriathlon Medal Event.

5.6. National Federations (including Host National Federation) may request the extension of quotas to the Technical Delegate;

6. Triathlon Mixed Relay Continental Championships:

6.1. These criteria affect all Triathlon World Championships and Continental Championships in the Elite, U23, Junior, Youth and any combination of these categories;

6.2. Start lists will contain a maximum of 18 teams. ITU Technical Delegate may modify the number of teams according to the local conditions;

6.3. Teams will gain a start position according to the following priorities:

   a.) World Championships and Mixed Relay Series:
      (i) Host National Federation;
      (ii) Top 9 teams of the former edition of the World Championships, excluding the host National Federation;
      (iii) Top ranked team of previous Continental Championships entered.

   b.) Continental Championships:
      (i) Host National Federation;
      (ii) Top 12 teams of the former edition of the same event, excluding the host National Federation.

6.4. National Federation will have a maximum quota of one (1) team;

6.5. Host National Federation will have a maximum quota of one (1) team;

6.6. Start list will be created 60 days before the first competition day;

6.7. Invitation: 55 days before the first competition day ITU Invitation panel will award three (3) invitations for World Championships/Series and five (5) invitations for Continental Championships based on the requests, but not limited to it.

7. Development Events:

7.1. Start lists will contain a maximum of 70 athletes, or 90 in case of semi-final/final format;

7.2. Only athletes from development National Federations as defined by ITU are eligible to compete;

7.3. Athletes will gain a start position based on the points accumulated in the ITU World Ranking, according to the procedures in Competition Rules Appendix E;

7.4. National Federations will have a maximum quota of ten (10) athletes;

7.5. Host National Federation will have a maximum quota of fifteen (15) athletes;

7.6. National Federation and Host National Federation Quotas may be increased without limitation, if at any moment of the process the number of athletes in the start list is lower than 70.
8. **2018 Youth Olympic Games Qualifier events:**

8.1. Start lists will contain a maximum of 70 athletes;

8.2. Only athletes born in 2001 and 2002 are eligible to compete;

8.3. Junior Continental Championships criteria will apply, if applicable based on the previous Youth Continental Championships results;

8.4. ITU may approve that Youth Olympic Games Qualifier event is part of the Junior Continental Championships by extracting the results for the eligible athletes. Continental Confederations may request this exceptional format to ITU.

8.5. In the Americas, athletes are entered to the Waiting List 60 days before the first day of a YOG Qualifier by the National Federations. Substitutions and withdrawals without penalty will still be allowed till 30 days before the first day of competition. National Federation Quotas may be increased up to 8 and Host National Federation Quotas may be increased up to 10 if at any moment of the process the number of athletes in the start list is lower than 70.

9. **Age Group events:**

9.1. These criteria affect all World Championships, Continental Championships and other ITU event;

9.2. Athletes will gain a start position based on the internal selection processes established by their National Federations;

9.3. Start list will be created 60 days before the first competition day;

9.4. National Federations will have a maximum quota of twenty (20) athletes;

9.5. Host National Federation will have a maximum quota of twenty-five (25) athletes;

9.6. ITU Technical Delegate may reduce the National Federation and Host National Federation quota;

9.7. National Federations (including Host National Federation) may request the extension of quotas to the Technical Delegate;