

Appendix E17

ITU Duathlon Points List Criteria

1. PURPOSE:

- 1.1. ITU Duathlon Points Lists will be used to determine the best performing duathletes.

2. SCORING:

- 2.1. The ITU Events counting for the ITU Duathlon Points List, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for the winner	Maximum athletes to score
Duathlon World Championships(*)	400	25
Duathlon Continental Championships (*) Duathlon World Series	300	15
Duathlon National Championships (**)	100	5

(*) Standard, Middle and Long distance

(**) If a NF organize several championships in the same year/season the standard distance one will be preferred. Then Sprint, Middle and Long distance in this order.

- 2.2. This table is applicable for events from January 1st, 2017. Points from events held prior to January 1st, 2017 will be calculated according to the 2016 version of the ITU Duathlon Points List Criteria and the points earned at those events will be divided by 2.
- 2.3. The points will be decreased by 7.5% for every position;
- 2.4. Only athletes representing National Federations from the respective National Federation will be considered in the National Championships.
- 2.5. The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered;
- 2.6. **Total Events to Count:** It will be a maximum of 6 events to count.
 - a) 3 from the 52 weeks previous to the date of the publication of the list (current period);
 - b) 3 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).
- 2.7. **Value of the points depending on the periods**
 - a) The value of the points in the current period is the same as those gained in the event;
 - b) The value of the points in the previous period is 1/3 of those gained in the event.

Appendix E18

ITU Long Distance Triathlon Points List Criteria

1. PURPOSE:

- 1.1. ITU Long Distance Triathlon Points Lists will be used to determine the best performing Long Distance triathletes.

2. SCORING:

- 2.1. The ITU Events counting for the ITU Long Distance Triathlon Points List, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for the winner	Maximum athletes to score
World Championships(*)	400	25
Continental Championships (*) World Series	300	15
National Championships (**)	100	5

(*) Middle and Long distance

(**) If a NF organize several championships in the same year/season the Long distance one will be preferred over the Middle distance.

- 2.2. This table is applicable for events from January 1st, 2017. Points from events held prior to January 1st, 2017 will be calculated according to the [2016 version](#) of the ITU Long Distance Triathlon Points List Criteria and the points earned at those events will be divided by 2.
- 2.3. The points will be decreased by 7.5% for every position;
- 2.4. Only athletes representing National Federations from the respective National Federation will be considered in the National Championships.
- 2.5. The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered;
- 2.6. **Total Events to Count:** It will be a maximum of 6 events to count.
 - a) 3 from the 52 weeks previous to the date of the publication of the list (current period);
 - b) 3 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).
- 2.7. **Value of the points depending on the periods**
 - a) The value of the points in the current period is the same as those gained in the event;
 - b) The value of the points in the previous period is 1/3 of those gained in the event.

Appendix E19

ITU Winter Triathlon Points List Criteria

1. PURPOSE:

- 1.1. ITU Winter Triathlon Points Lists will be used to determine the best performing Winter Triathlon athletes.

2. SCORING:

- 2.1. The ITU Events counting for the ITU Winter Triathlon Points List, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for the winner	Maximum athletes to score
World Championships	400	25
Continental Championships World Series	300	15
National Championships	100	5

- 2.2. This table is applicable for events from January 1st, 2017. Points from events held prior to January 1st, 2017 will be calculated according to the [2016 version](#) of the ITU Winter Triathlon Points List Criteria and the points earned at those events will be divided by 2.
- 2.3. The points will be decreased by 7.5% every position;
- 2.4. Only athletes representing National Federations from the respective National Federation will be considered in the National Championships.
- 2.5. The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered;
- 2.6. **Total Events to Count:** It will be a maximum of 6 events to count.
 - a.) 3 from the 52 weeks previous to the date of the publication of the list (current period);
 - b.) 3 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).
- 2.7. **Value of the points depending on the periods**
 - a.) The value of the points in the current period is the same as those gained in the event;
 - b.) The value of the points in the previous period is 1/3 of those gained in the event.

Appendix E22

ITU Powerman Long Distance Duathlon Points List

1. PURPOSE:

- 1.1. ITU Powerman Long Distance Triathlon Points Lists will be used to determine the best performing Long Distance duathletes.

2. SCORING:

- 2.1. The ITU Events counting for the ITU Powerman Long Distance Duathlon Points List, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for 1st place	Maximum athletes to score
Duathlon World Championships(*)	400	25
Duathlon Continental Championships (*)	300	15
Duathlon World Series	100	5
Duathlon National Championships (**)	100	5

(*) Middle and Long distance

(**) If a NF organize several championships in the same year/season the Long distance one will be preferred over the Middle distance.

- 2.2. This criteria is applicable for events from January 1st, 2017.
- 2.3. The points will be decreased by 7,5% for every position;
- 2.4. Only athletes representing the respective National Federation will earn points for the respective National Championships.
- 2.5. The events included in more than one level (i.e. National Championships taking place in an ITU International event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships), only the highest score will be considered.
- 2.6. Total events to count: The total number of points acquired by an athlete at any moment will be the result of adding:
 - a.) The best 3 scores gained in the previous 52 weeks (Current period);
 - b.) 1/3 of the best 3 scores gained in the weeks between the 53rd and the 104th previous to the date of publication. (Previous period).
- 2.7. The total number of points acquired by an athlete in a given week will be determined by adding the best 3 scores in the current period, plus 1/3 of the addition of the 3 best scores in the previous period.