

Appendix E15

ITU Continental Points Lists Criteria

1. GENERAL:

- 1.1. There are 5 Continental Points Lists (one per continent: Africa, the Americas, Asia, Europe and Oceania);
- 1.2. The ITU Triathlon Continental Cup events may be categorised into two levels, according to system established by the Continental Confederation (i.e., difference in prize money, in television coverage, etc). The higher level ITU Triathlon Continental Cup events will be called "ITU Triathlon Premium Continental Cup" and the lower level "ITU Triathlon Continental Cup";
- 1.3. The title of the event will have the name of the continent replacing the word, "continent" and the short name of the Continental Confederation, i.e., 2010 Pontevedra ETU Triathlon Premium European Cup.

2. ELIGIBILITY:

- 2.1. Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the ITU Continental Points Lists from their continent.

3. SCORING:

- 3.1. The ITU Events counting for the ITU Continental Points Lists, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for the winner	Maximum athletes to score
Continental Championships (*)	600	50
Continental Cup Final	500	30
Premium Continental Cup	400	30
Continental Cup U23 Continental Championships	250	30
Regional Championships	150	10
Junior Continental Championships	125	10
National Championships (**)	100	5

(*) Both Standard and Sprint distance.

(**) If a NF organize several championships in the same year/season, Standard distance will be preferred over sprint distance, and sprint will be preferred over any other distance.

- 3.2. This table is applicable for events from Jan 1st, 2017. Points from events held prior to January 1st, 2017 will be calculated according to the [2016 version](#) of the ITU Continental Points Lists Criteria.
- 3.3. The points will be decreased by 7.5% for every position;
- 3.4. Only athletes representing the respective National Federation will earn points for the respective National Championships. If the National Federation holds two National Championships, in Standard and Sprint Distance, the Standard Distance Championship will be the one considered.

- 3.5. The events included in more than one level (i.e. National Championships taking place in a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered.
- 3.6. **Cut-off:** To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner's time in the men's event and 8% in the women's event;
- 3.7. **Quality of field:** Each athlete starting the race among the top 20 of the current ITU Continental Points Lists will increase the value of the event by 2%. This increase is limited to 20%;
- 3.8. **Total Events to Count:** It will be a maximum of 10 events to count.
 - a) 5 from the 52 weeks previous to the date of the publication of the list (current period);
 - b) 5 from the days between the 53rd and the 104th week previous to the date of publication of the list (previous period).
- 3.9. **Value of the points depending on the periods**
 - a) The value of the points in the current period is the same as those gained in the event;
 - b) The value of the points in the previous period is 1/3 of those gained in the event.

Appendix E16

ITU Junior Continental Ranking Criteria

1. GENERAL:

- 1.1. There are 2 Junior Continental Rankings: America and Europe.

2. ELIGIBILITY:

- 2.1. Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the ITU Junior Continental Rankings from their continent.

3. SCORING:

- 3.1. The ITU Events counting for the ITU Junior Continental Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for the winner	Maximum athletes to score
Junior Continental Championships	600	25
Junior Regional Championships	500	25
Junior Continental Cup	400	20
Junior National Championships (*)	100	10

(*) If a NF organize several championships in the same year/season, sprint distance will be preferred over any other distance.

- 3.2. The points will be decreased by 7.5% for every position;
- 3.3. Only athletes representing the respective National Federation will earn points for the respective National Championships.
- 3.4. The events included in more than one level (i.e. National Championships within a Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the National Championships) only the highest score will be considered.
- 3.5. The total number of points acquired by an athlete will be determined by adding the best 3 scores.
- 3.6. The rankings start on January 1st and finish in December 31st of every year.

4. NATIONS' RANKING:

- 4.1. The Continental Confederation may decide to have a Nations' Junior Ranking. In this case the addition of the points of the best 3 men and the best 3 women will determine the points of the National Federation.

Appendix E21

ITU Continental Ranking Criteria

1. GENERAL:

- 1.1. The Continental Confederations will decide on the existence of the Continental Ranking. The title "ITU Continental Ranking" is generic and the word "ITU" will be replaced by the initials of the respective Continental Confederation.
- 1.2. ITU Continental Rankings will be used to determine the best performing triathletes of the season within the continent;
- 1.3. Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the ITU Continental Rankings.
- 1.4. The title of the event will have the name of the continent replacing the word, "continent" and the short name of the Continental Confederation, i.e., 2010 Pontevedra ETU Triathlon Premium European Cup.

2. ELIGIBILITY:

- 2.1. Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the ITU Continental Rankings from their continent.

3. SCORING:

- 3.1. The season is determined by the Final event. Events taking place after the Final will be included in the next season.
- 3.2. The ITU Events counting for the ITU Continental Rankings, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

Events	Points for the winner	Maximum athletes to score
Elite Continental Championships	600	40
Continental Cup Final	500	30
Premium Continental Cup	400	20
Continental Cup	250	20
Elite Regional Championships	150	10

- 3.3. The points will be decreased by 7.5%;
- 3.4. **Cut-off:** To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner's time in the men's event and 8% in the women's event;
- 3.5. **Total Events to Count:** The final score will be obtained by adding the points gained in the ITU Continental Cup Final plus the 4 best scores obtained in the rest of scoring events of the season.