



CONTINENTAL EVENTS' RULES AND RECOMMENDATIONS

1. PURPOSE:

- 1.1. Establish a procedure to create the ITU competition calendar for Continental Cups that has consistent rules for all 5 continents.
- 1.2. Clearly list:
 - a) Procedure for adding new events to the Continental calendars;
 - b) Level and number of Continental events;
 - c) Minimum prize money in the different category of events.
- 1.3. Harmonize all ITU competitions globally.

2. TIMELINES:

| Date | Deadline |
|--|---|
| Date when the ITU World Triathlon Series calendar to be set. | |
| + 15 days | ITU Triathlon World Cup calendar to be set. |
| + 45 days | Date and locations of the ITU Continental Cups and Continental Championships to be proposed by Continental Confederation to ITU |
| + 60 days | ITU confirms the continental calendars and post it on triathlon.org |

3. GEOGRAPHIC DISTRIBUTION:

- 3.1. According to the number of National Federations in each continent, there will be a maximum number of continental cups as follows:

| Continent | Quota |
|-----------|-------|
| Africa | 10 |
| America | 20 |
| Asia | 18 |
| Europe | 20 |
| Oceania | 8 |

- 3.2. The Continental Confederations can select the events that are awarded premium status according to their own standards, i.e., prize money, sanction fee, TV coverage, free accommodation for the top/developing athletes and/or other criteria. There is no limit to the number of Premium event within their quota.
- 3.3. In each continent, two or 30% of the Continental Cups (whichever is more), within the maximum quota, can be organised at the sprint distance.

4. CONDITIONS:

- 4.1. ITU sets the minimum conditions as recommendation, but these can be modified by the Continental Confederation. All changes must be communicated to ITU.
- 4.2. Premium Continental Cups:
 - a) Prize money: \$20.000USD;
 - b) Sanction fee: \$3.000USD;
 - c) Separate races for men and women;
 - d) Anti-Doping tests: Minimum of 8 in-competition tests.

- 4.3. Continental Cups:
 - a) Prize money: \$10.000 USD;
 - b) Sanction fee: \$1.500 USD;
 - c) Separate races for men and women;
 - d) Anti-Doping tests: Minimum of 8 in-competition tests.

5. TECHNICAL DELEGATE (TD) AND ASSISTANT TECHNICAL DELEGATE (ATD):

- 5.1. TDs and ATDs will be appointed according to the ITU Technical Officials' Appointment Policy available on www.triathlon.org.
- 5.2. The travel costs for TDs and ATDs will be covered by the Continental Confederations and accommodation costs will be covered by the LOCs.
- 5.3. ITU requires all Continental Confederations to run the Assistant Technical Delegate program at Continental Cups, which is a significant part of the Technical Officials' education system (http://www.triathlon.org/development/technical_education/).

6. RANKINGS:

- 6.1. Continental Cups and Continental Championships will carry points for the various rankings outlined in the Ranking Criteria posted on www.triathlon.org:
 - a) ITU Points List (Premium Continental Cups and Continental Cups have the same amount of points);
 - b) Continental Ranking (Premium Continental Cups give more points than Continental Cups);

7. QUALIFICATION:

- 7.1. Athletes qualify for Continental Cups and Continental Championships according to the Qualification Criteria posted on www.triathlon.org.

8. EVENT AGREEMENTS:

- 8.1. ITU can provide a consistent template agreement upon request by the Continental Confederations.
- 8.2. The Event Agreement must be signed by the Continental Confederation, the National Federation and the LOC.

9. CONTINENTAL CALENDAR PREPARATION CRITERIA:

| | |
|--|---|
| 9.1. Maximum number of Continental Cups per country per year: | 3 |
| 9.2. Maximum number of Continental Cup per continent on the same weekend: | 2 |
| 9.3. Maximum number of Continental Cup per continent on the same weekend as a World Cup/WTS events in the same continent: | 1 |
| 9.4. Maximum number of Continental Cup per continent on the same weekend as the Continental Championships on the same continent: | 0 |
| 9.5. Maximum number of Continental Cup on the same weekend as the World Triathlon Grand Final: | 0 |
| 9.6. Changes to these criteria and the approval of the final calendar must be approved by the ITU Executive Board. | |