ITU Continental Cup Ranking Criteria
(Elite, U23, Junior)

1. ITU Continental Cup Ranking Criteria:

1.1. General:

   a.) The Continental Confederations will decide on the existence of the Continental Cup Ranking. The title “ITU Continental Cup Ranking” is generic and the word “ITU” will be replaced by the initials of the respective Continental Confederation;

   b.) Continental Cup Ranking will be used to determine the best performing elite triathletes of the season within the continent;

   c.) Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the Continental Cup Ranking.

1.2. Eligibility:

   a.) Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the Continental Cup Ranking from their continent.

1.3. Scoring:

   a.) The rankings start on January 1st and finish in December 31st of every year;

   b.) The events counting for the Continental Cup Ranking, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elite Continental Championships</td>
<td>600</td>
</tr>
<tr>
<td>Continental Cup Final</td>
<td>400</td>
</tr>
<tr>
<td>Premium Continental Cup</td>
<td>400</td>
</tr>
<tr>
<td>Continental Cup</td>
<td>250</td>
</tr>
<tr>
<td>Elite Regional Championships</td>
<td>150</td>
</tr>
</tbody>
</table>

   c.) The points will be decreased by 7.5%.

1.4. Cut-off:

   a.) To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner’s time in the men’s event and 8% in the women’s event;

   b.) In case of a qualifying round format or time trial qualifying round format, a maximum of 50 athletes may score points according to the ITU Competition Rules 20.6 and 21.7. The cut-off times do not apply to any scoring positions achieved during the qualifying rounds.

1.5. Total Events to Count:

   a.) The final score will be obtained by adding the 5 best scores obtained in the scoring events of the season.
2. ITU Junior Continental Cup Ranking Criteria:

2.1. General:

a.) The Continental Confederations will decide on the existence of the Junior Continental Cup Ranking. The title “ITU Junior Continental Cup Ranking” is generic and the word “ITU” will be replaced by the initials of the respective Continental Confederation;

b.) There are 3 Junior Continental Rankings: Africa, America and Europe;

c.) Junior Continental Cup Ranking will be used to determine the best performing junior triathletes of the season within the continent;

d.) Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the Nations’ Junior Ranking.

2.2. Eligibility:

a.) Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the Junior Continental Cup Ranking from their continent.

2.3. Scoring:

a.) The rankings start on January 1st and finish in December 31st of every year.

b.) The Events counting for the Junior Continental Cup Ranking, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
<th>Maximum athletes to score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Continental Championships</td>
<td>600</td>
<td>Cut-off rule</td>
</tr>
<tr>
<td>Junior Continental Cup</td>
<td>400</td>
<td>Cut-off rule</td>
</tr>
<tr>
<td>Youth Continental Championships</td>
<td>200</td>
<td>Cut-off rule</td>
</tr>
<tr>
<td>Junior National Championships</td>
<td>100</td>
<td>5</td>
</tr>
</tbody>
</table>

c.) The points will be decreased by 7.5% for every position;

d.) The events included in more than one level (i.e. Junior National Championships within a Junior Continental Cup event) will give only one score to every athlete. If an athlete should gain points by more than one way (i.e. points for the overall event and points for the Junior National Championships) only the highest score will be considered;

e.) If the National Federation holds two Junior National Championships, in Sprint and Super Sprint Distance, the Sprint Distance Championship will be the one considered;

2.4. Cut-off:

a.) To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the winner’s time in the men’s event and 8% in the women’s event;

b.) In case of a qualifying round format or time trial qualifying round format, a maximum of 50 athletes may score points according to the ITU Competition
Rules 20.6 and 21.7. The cut-off times do not apply to any scoring positions achieved during the qualifying rounds.

c.) Cut-off rules will not be applied for the Junior National Championship events.

2.5. **Total Events to Count:**

a.) The total number of points acquired by an athlete will be determined by adding the best 4 scores in Europe and by adding the best 3 scores in the other Continents.

2.6. **Nations’ Junior Ranking:**

a.) The Continental Confederation may decide to have a Nations’ Junior Ranking.

b.) Nations’ Junior Rankings will be used to determine the best performing National Federation at Junior level of the season;

c.) The points of the National Federations in the Nations’ Junior Ranking will be the addition of:

(i) The points of the three best ranked women from the Junior Continental Cup Ranking.

(ii) The points of the three best ranked men from the Junior Continental Cup Ranking.

(iii) The three best scores from the Junior Mixed Relay events as indicated in letter d.)

d.) **Junior Mixed Relay scoring:**

(i) The Mixed Relay events counting for the Nations’ Junior Ranking will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Continental Championships</td>
<td>800</td>
</tr>
<tr>
<td>Youth Continental Championships</td>
<td>600</td>
</tr>
<tr>
<td>Junior Continental Cup</td>
<td>400</td>
</tr>
</tbody>
</table>

(ii) The points will be decreased by 7.5% for every position;

(iii) Cut-off: To earn points, teams must finish within the cut-off time which will be determined by adding 10% to the winner’s time.
3. ITU U23 Continental Cup Ranking Criteria:

1.1. General:

a.) The Continental Confederations will decide on the existence of the U23 Continental Cup Ranking. The title “ITU U23 Continental Cup Ranking” is generic and the word “ITU” will be replaced by the initials of the respective Continental Confederation;

b.) There is U23 Continental Ranking in Europe;

c.) U23 Continental Cup Ranking will be used to determine the best performing U23 (18-23 years of age) triathletes of the season within the continent;

d.) Pool prize money may be established by the Continental Confederation and will be distributed after the last scoring event according to the U23 Continental Cup Ranking.

1.2. Eligibility:

a.) Only athletes in good standing with their National Federations affiliated with the Continental Confederation are eligible to be included in the Continental Cup Ranking from their continent.

1.3. Scoring:

a.) The rankings start on January 1st and finish in December 31st of every year;

b.) The events counting for the U23 Continental Cup Ranking, the amount of points earned by the winner of the event and the number of athletes earning points will be as shown in the following table:

<table>
<thead>
<tr>
<th>Events</th>
<th>Points for the winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>U23 Continental Championships</td>
<td>500</td>
</tr>
<tr>
<td>Continental Cup</td>
<td>250</td>
</tr>
</tbody>
</table>

c.) The points will be decreased by 7.5%.

1.4. Cut-off:

a.) To earn points, athletes must finish within the cut-off time which will be determined by adding 5% to the time of the best U23 men athlete in the event and 8% to the time of the best U23 women in the event;

b.) In case of a qualifying round format or time trial qualifying round format, a maximum of 50 athletes may score points according to the ITU Competition Rules 20.6 and 21.7. The cut-off times do not apply to any scoring positions achieved during the qualifying rounds.

1.5. Total Events to Count:

a.) The final score will be obtained by adding the 4 best scores obtained in the scoring events of the season.