



# 2012 Devonport OTU Triathlon Oceania Championships

# ELITE & U23 COURSE DESCRIPTION 1500m Swim/40km Bike/10km Run

# **Venue/Transition**

- Devonport Surf Life Saving Club (DSLSC), Mersey Bluff Beach, Bluff Road, Devonport
- Transition is located in the car park East of the Surf club adjacent to Bluff Road
- Registration and Race Brief Upstairs at DSLSC

#### 1500m Elite & U23 Swim (2 x 750m Laps)- Ocean Swim

- The swim is a 2 lap ocean swim off Mersey Bluff Beach in front of the DSLSC
- Beach start
- Athletes will be seeded as per ITU Rules for Conti Champs

# 40km Elite & U23 Bike (8 x 5km Laps) – Flat/Fast Bike Course

- Exit Eastern end of transition and turn LEFT
- Ride along Bluff Road/Victoria Parade heading East towards Mersey River and George St
- U Turn at Corner of Victoria Parade and George Street then return to transition along Victoria Parade/Bluff Road
- Ride past transition turn right at T junction onto William street and then immediately left onto Coles Beach Road (this is a very quick "s" bend corner).
- Travel along Coles Beach Road for approx 1.25km to a U turn point just before Coles Beach Car Park
- Return back to transition via Coles Beach Road onto Bluff Rd to complete lap 1
- On the completion of the 8<sup>th</sup> lap enter transition from the Western end

# 10km Elite & U23 Run (4 x 2.5km Laps) - Flat/Fast Out and Back Run

- Exit Eastern end of transition and turn <u>LEFT</u> (same as Bike)
- Run along Bluff Road/Victoria Parade towards Mersey River and George Street
- Athletes MUST not cross the centre line of the road during the run
- U Turn at Corner of Victoria Parade and George Street then return to transition along Victoria Parade/Bluff Road (same as bike turn around)
- Enter transition from Western end, run through transition and exit Eastern end to complete 1 lap of 2.5km.
- On the completion of the 4<sup>th</sup> lap enter Western end of transition and then veer left to enter the finish straight on the foreshore paved area.
- Proceed down the finish straight to finish line in front of the surf club