



@IbizaMultisport2018    
@ISport2018 



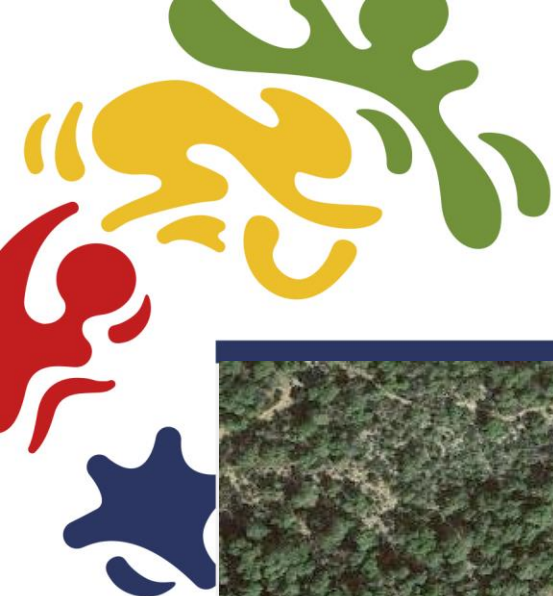
Elite/U23/Age Group Triathlon Cross European Championships



# General

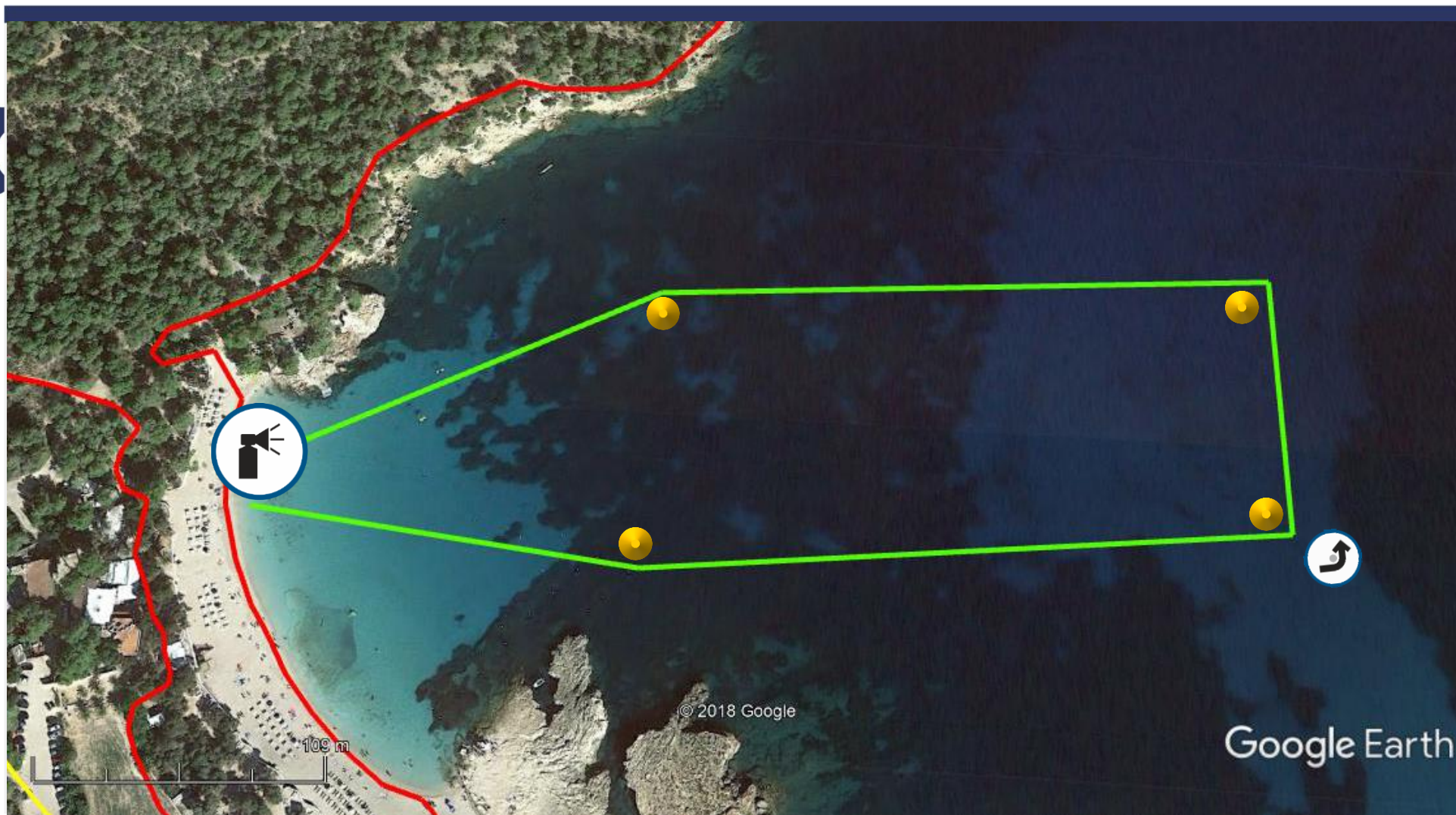






# Swim

*1 lap x 1 km.*







# Transition 1







# Bike

4 laps x 5 km







# Laps of the bike



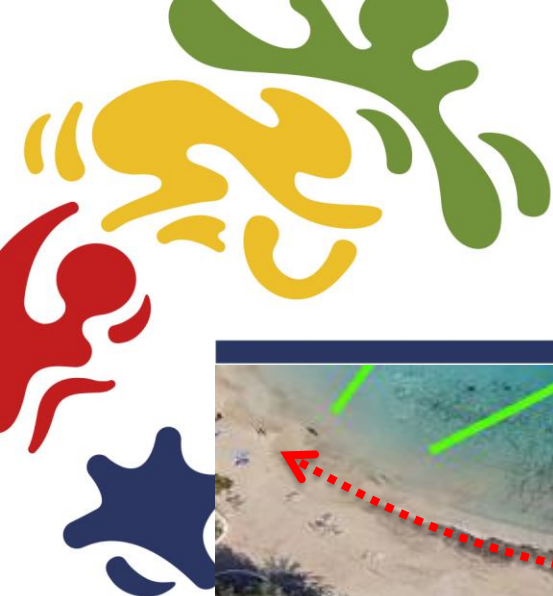




# Transition 2



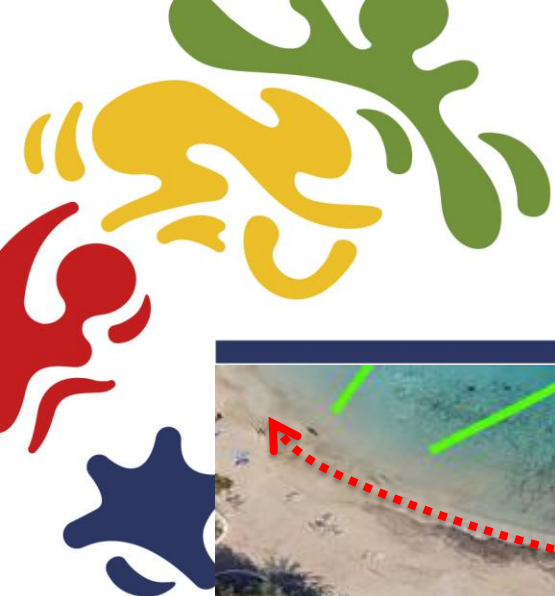




# Start of the run







# Laps of the run







# Run

*3 laps x 2 km.*







# Finish

