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# 1. GENERAL INFORMATION

# 1.1. INTRODUCTION

The purpose of the Athletes Info Guide is to ensure that all Elite Athletes and Coaches are informed about all procedures concerning the Event.

However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

# 1.2. KEY DATES

Athletes Briefing	18:00	May 5th	
Aguilas World Paratriathlon Event	08:00	May 6th	

# 1.3. KEY CONTACTS

Event Director	Jorge García - jorge.garcia@triatlon.org	
Race Director	Salvador Palazón	
ITU Technical Delegate	Dave Rigby - rigbydn@virginmedia.com	
Media Manager	Daniel Márquez - comunicacion@triatlon.org	
Athletes Services	Armando Rodríguez - inscripciones@triatlon.org Victor de Rus - Victor.rus@inscripciones.org	

# 1.4. CONTACT DETAILS

Spanish Triathlon Federation:

C/ Ferraz, 16, 3°Derecha, 28008 Madrid

Jorge García: jorge.garcia@triatlon.org

Tel: +34 650 64 63 62









# 2. VENUE



# **2.1. VENUE**

The venue is located in front of the Audtiorium in Aguilas

# 2.2. ATHLETE'S LOUNGE

Facilities including athletes' lounge and toilets are provided to the athletes at the Athletes' Village, inside the auditorium.

# 2.3. PARATRIATHLETES' RACE PACKAGES AND PERSONAL HANDLERS' CREDENTIALS

Athletes' race packets will be distributed after the Athletes' Briefing along with the t-shirt of the personal handlers. For this event, the LOC is NOT providing Personal Handlers.

#### 2.4. DOPING CONTROL

Doping Control will be performed according to the ITU/WADA rules.

# 2.5. COURSE FAMILIARIZATION

The swim course familiarization, will take place on Saturday morning from 12:00 to 13:00; although the quality of the beaches, allow to swim at any time.

Bike course familiarization, will take place on Saturday from 11:30 to 12:00, one lap escorted by the police.

# 2.6. MEDICAL SERVICES

First Aid and Emergency Medical Services will be available during the official familiarization and competition hours to anyone requiring medical assistance.

Medical Tents will be provided on site at the post finish area.

All the athletes and team support personal should ensure that they have appropriate medical insurance.









# 2.7. SECURITY

A private security company will be responsible for the venue security. Police will manage the road closures and the traffic throughout the course.

Emergency services telephone number: 112

# 2.8. SPORT INFORMATION CENTRE

The Information Center/LOC OFFICE will be located at the venue from Friday 4th.

# 2.9. BIKE MECHANIC CENTRE

There will be bike mechanical service during the familiarizations and race days, in the Athlete's Village









# 3. ACCOMMODATION & TRANSPORTATION

Reservations through Halcon Viajes Travel Agency:



Halcon Viajes Travel Agency
Araceli Garcia
araceligarcia@halconviajes.com
www.halcondeportes.halconviajes.com
+34 91 399 01 79









# 4. TRANSFER AND TRANSPORT

For Visa requests, you have to contact:

Lourdes López Spanish Triathlon Federation Lourdes.lopez@triatlon.org

Complimentary transfer service will be offered to the athletes and coaches that have made the reservations through the official travel agency and getting the accommodation at the official hotels.

For transfer services, please write, Armando Rodriguez (inscripciones@triatlon.org), with the following data:

- Arrival time
- Arrival Airport / Station
- Flight / Train number
- Number of persons
- Number of bikes
- Departure time
- Departure Airport / Station
- Flight / Train number

All the transfer requests, need to be confirmed to Armando Rodriguez (inscripciones@triatlon.org); latest April 1<sup>ft</sup>.









# 5. COMPETITION SCHEDULE

# 5.1. SCHEDULE

DAY	START	END	ACTIVITY	PLACE
Sat	11:30	12:00	Bike Course Familiarization	Venue
Sat	12:00	13:00	Swim Course Familiarization	Venue
Sat	17:00	18:00	Hand bikes check in	Venue
Sat	18:00	18:30	Athletes Briefing	Auditorium
Sat	18:30	19:00	Athletes Registration	Auditorium
Sat	19:00	20:00	Welcome Reception	Auditorium
Sun	6:00	7:30	Athletes Village Open	Venue
Sun	6:30	7:30	Transition Area Check in	Venue
Sun	7:45		Calling Area	Venue
Sun	8:00		Start of the race	Venue
Sun	11:00		Awards Ceremonies	Venue

# 5.2. COMPETITION RULES

The ITU World ParaTriathlon Event will follow the latest published Competitions Rules of the International Triathlon Union.

#### 5.3. PARATRIATHLETES' AND HANDLERS' BRIEFING

Athletes' briefing will take place on Saturday 5th of May at the auditorium Infanta Elena at 18.00

# 5.4. TIMING CHIPS

On the race day, athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

2 timing chips will be given to the PTWC1 / PTWC2 and PTS5 athletes. Instructions on how to wear them will be provided at the race briefing

# 5.5. INFORMATION ABOUT THE FOP

#### 5.5.1. START

The start will be a water start.

# 5.5.2. SWIM COURSE

The swim course is one lap anticlockwise, of 750m each. At each turn there will be orange buoys.

The pre-transition area, will be located 20 meters after the swim exit, on the left side

# 5.5.3. TRANSITION T1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in their area beside the bike racks. At T1 the bike is racked with the bike facing towards the exit. Athletes' names and numbers are displayed on the top of each bike rack. After the helmet is secures, athletes unrack the bike by moving forward into the center lane and towards the mount line.

# 5.5.4. BIKE COURSE









The bike course is 3 laps of 6,6 km. The course is totally flat; with a total distance of 19,8 km; totally flat

# 5.5.5. WHEEL STATION

One (1) wheel station will be located on the bike course. This will be a team wheel station, located at the end of the lap of the bike, at the roundabout

#### 5.5.6. TRANSITION T2

From the dismount line, athletes run in the center lane taking the bikes towards their bike rack. Running shoes may be placed beside the rack or in the bin. After putting on their shoes, athletes will run forward the outer run lane.

# 5.5.7. RUN COURSE

The run course is 2 laps with a total distance of 5 km. The athletes will run on asphalt. The course is totally flat

The Penalty Box will be located before the end of the run lap

# 5.5.8. AID STATION

Two (2) aid stations will be located on the run course.

# 5.6. RESULTS

Results will be uploaded live at the ITU official website www.triathlon.org.

Also live coverage of the race will be displayed through the web page.

All the Results information will be distributed to the Team Leaders at the Information Centre.

# 5.7. PROTEST & APPEALS

Standard procedures will be followed according to the ITU Competition Rules.









# 6. ACCREDITATION

Organizers will provide to all the Organizing Committee Members, ITU Technical Officials, Athletes, VIPs, journalist, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Accreditations will be distributed at the Race Briefing.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards are color-coded and provided access to specific areas of the competition areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.









# 7. USEFUL INFORMATION

# 7.1. LANGUAGE

The official language in Aguilas is Spanish. A lot of citizens speak English in Spain.

#### 7.2. POPULATION

More than 34.000 people live in Aguilas.

# 7.3. CURRENCY

The Spain's currency is Euro. Most major currencies may be exchanged at banks (open Monday to Friday 8:30 – 13:30). Otherwise, exchange bureau and travel agencies may provide currency exchange facilities. Rates at hotels tend to be more expensive than at banks and currency exchanges.

# 7.4. TIME

Aguilas time is (GMT +01:00).

# 7.5. ELECTRICITY

The electric current is 220 volts.

#### **7.6. WATER**

Tap water is suitable for drinking.

# 7.7. TELEPHONE CONNECTIONS

If calling from abroad to Spain dial +34, and the phone directly chosen (9 digits).

To call abroad from Spain telephones must dial the prefix 00, the country code the phone selected.

Vodafone, Movistar and Orange are the major mobile phone service providers in Spain. Check with your home service provider to find out if Roaming Service is available for you – but be aware that a "local" call will then be routed internationally and will turn out to be very expensive.









# 8. COURSE MAPS





















































